



CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Chas. H. Fletcher

In
Use

For Over
Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41

Office 419-11

DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG.,
EXPERIENCE.

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.

OFFICE HOURS—10 a. m. to 1 p. m.;
2 p. m. to 5 p. m.
Phone—338-11

DR. L. R. DAVISON, DENTAL SURGEON

Graduate of R. C. D. S., Toronto, Ont.

OFFICE—Inces Building, Queen St.,
Lately Occupied by Capt. F. W.
Barbour.

Telephone 261-21

J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funerals
Equipment in the City.

Residence Telephone 70-41

Business Telephone 118-41

HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE WINTER TERM of the

FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1919. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

OF INTEREST TO WOMEN

CAKE RECIPES.

Golden Puff.

One-half cup of rice flour, half cup
of potato flour, 1 cup of sugar, 1 tea-
spoon of cream of tartar, 1 teaspoon
salt, 1 teaspoon of lemon extract, six
eggs. Beat whites until stiff; add the
sugar gradually; beat again until stiff,
add cream of tartar and salt. Beat
yolks of eggs until stiff; add extract;
add to white mixture; cut and fold in
sifted potato and rice flour.

Sponge Cake.

Four large eggs, half a cup potato
flour, 1 teaspoon vanilla, 1 cup granu-
lated sugar, grated rind and juice of
half a lemon, 1 teaspoon baking pow-
der, a pinch of salt. Beat white of
eggs and salt until very light; add the
sugar and beat; then lemon rind and
juice, yolks (which have been beaten
until lemon-colored), vanilla, and last-
ly, fold in flour and baking powder.
Bake in square pan and take out the
moment it is done, so it will not be
dry. Sift powdered sugar over top
and break in squares when ready to
serve.

HELPFUL HINTS.

To keep ivory handles like new, go
over them once in a while with wet
baking soda and dry quickly with a
clean soft cloth. Never put ivory in
water. It will turn it dark yellow.

By adding a little kerosene to the
water, nickel plating will polish bright-
ly.

A tablespoon of turpentine added to
the rinsing water will make calicoes
and gingham like new.

The worst cases of burnt tins can be
removed by a little baking soda when
all cleansers have failed. This does
not scratch the tins, and leaves them
sweet and clean.

If your sink drain becomes clogged
with grease or dirt, it can be quickly
cleaned by putting salt or soda down
the drain (dry). Leave a while, then
pour scalding water into the drain. If
the case is obstinate, repeat. Many a
plumber's bill can be saved in this
way.

Never try to wash windows with the
sun shining on them, because this
will leave them streaked. A little
kerosene gives a bright lustre.

A small piece of red flannel put in
kerosene lamps will keep the oil clear
and catch any dirt in the oil.

The busy mother will find by wash-
ing gingham, percales and any shrink-
able goods before making, that it will
save the thread, her nerves and time,
as hems will be put in only once.

Cook's Cotton Root Compound.

A safe, reliable regulating
medicine. Sold in three de-
grees of strength—No. 1, \$1;
No. 2, \$2; No. 3, \$5 per box.
Sold by all druggists, or sent
prepaid on receipt of price.
Free pamphlet. Address:
THE COOK MEDICINE CO.,
TORONTO, ONT. (Formerly Windsor.)

EGGS FOR HATCHING

S. C. Rhode Island Reds and White
Plymouth Rocks; prize-winning bred-
to-lay stock, equal to anything in the
province. Pen 1 of my Reds is head-
ed by a cock bird which I imported
from the Owens farm at Vineyard
Haven at a cost of \$25. He comes
from one of the best laying strains in
the world. Eggs from this pen, 20c.
each, or \$3 per setting of 15.

Pen No. 2 is headed by the first
cock at Moncton and Fredericton poul-
try shows. Eggs from this pen \$2
for 15.

White Rock Pen No. 1 is headed by
Colonel, a famous prize-winning cock,
and consists of 6 splendid females.
Eggs \$3 per 15.

Pen No. 2 is composed of large
healthy birds with splendid egg record.
Would strongly recommend these for
farmers, utility men. Price \$2 per
setting.

WALTER BAILEY,
77 Argyle St. Fredericton, N. B.

Increased Production is the Patriotic Duty.

As an aid we can furnish the most up-to-date FARM MA-
CHINERY and IMPLEMENTS, including
THE IRON AGE (Robbins) Potato Planter, the one that
plants 100 per cent.

THE ASPINWALL, the best one man Planter.
Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and
Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed
Drills, John Deere Riding Cultivators and Manure Spreaders,
De Laval Cream Separators and other leading lines.

J. Clark & Son Ltd.

FREDERICTON, N. B.

Germany at Bay

Major Haldane MacFall.

Face to Face with Kaiserism

Ex-Ambassador Gerard.

WARNING These books are sure to be widely discussed, and there
will be a big call for them. Buy Now.

Ripping new novel, the best Joseph Vance has ever written.

The McMurray Book & Stat'y Co., Ltd.

TROUBLED WITH CONSTIPATION HEART AND NERVE From 16 to 20.

Constipation is one of the common-
est ills of mankind, and one too often
allowed to go unlooked after until
some serious complication sets in.

If the bowels are properly looked af-
ter there will be no constipation, jaun-
dice, sick or bilious headaches, heart-
burn, coated tongue, sour stomach,
floating specks before the eyes, etc.

Milburn's Laxa-Liver Pills will keep
your bowels so regulated that in no
time the constipation will disappear.
Miss Emma E. Melanson, Halifax,
entirely.

N. S., writes: "I am now 20 years of
age and since I was 16 I have been
greatly troubled with constipation, so
much so that at times I would be in
bed three or four days a month. I tried
all the old fashioned remedies, castor
oil, cascara, etc., with only temporary
relief until my sister-in-law gave me
some of Milburn's Laxa-Liver Pills.
From the first they seemed beneficial
and I gave them a fair trial. This was
two years ago, and with an occasional
dose I have kept entirely free from
constipation for the period mention-
ed."

Milburn's Laxa-Liver Pills are 25c.
a vial at all dealers, or mailed direct
on receipt of price by The T. Milburn
Co., Limited, Toronto, Ont.

REGULATIONS IN EFFECT ON WEDNESDAY

(Canadian Press direct wire.)

Ottawa, May 13.—The Canada Food
Board calls public attention to the fact
that the clause providing for the seizure
and forfeiture of holdings of flour
and sugar in excess of the amount pre-
scribed by the board comes into ef-
fect at midnight on Wednesday.

After that time flour and sugar in
excess of the quantity prescribed in
the Food Board's orders of April 25
and 26 may be seized and forfeited.

Reports just received from differ-
ent parts of Canada show that large
supplies of both flour and sugar have
already been turned back to dealers,
in compliance with the order.

THE ONLY WAY.

On troubled waters, oil, I think,
Is one sure way to peace,
And every little sub we sink
Makes one more spot of grease.

ISLAND LAND FOR SALE.

I am offering for sale a fifty-four
acres of choice island land located in
the lower part of Sugar Island, in the
Parish of Kingsclear. Will cut be-
tween 80 and 100 tons of hay annually.
I am prepared to sell this land at a
bargain.

JAMES B. CAMPBELL,
Fredericton, R. F. D. No. 6.

Wholesale Dry Goods and Woolens.

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Chests and Casements
Clothes
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS

ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.



WHICH?

"This bulk tea is the best I could
buy at the price, Mrs. Brown, but I
believe you will like Red Rose better.

"We use Red Rose at home and
like the rich flavor. My wife says it
goes further."

Hundreds of grocers are making statements
somewhat like this.

They have sold Red Rose Tea for many years and
have found the quality so good that they use it in
their homes.

Most grocers naturally like to make an extra
profit on their bulk tea, but they cannot help recom-
mending Red Rose Tea because they know it's
worth the price.

They know it goes further because it consists
chiefly of the teas from Assam in Northern India, the
strongest, richest teas grown anywhere in the world.

Red Rose tastes better and goes further.

Kept Good
by the
Sealed
Package



T. H. Estabrooks Co., Limited
31 John, Toronto, Montreal, Winnipeg, Calgary, Edmonton

Red Rose Coffee is as
generously good as Red Rose Tea