

## CASTORIA

For Infants and Children.

**Mothers Know That  
Genuine Castoria**

**Always  
Bears the  
Signature**

*Chas. H. Fletcher.*  
**In  
Use  
For Over  
Thirty Years  
CASTORIA**

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

### ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

#### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence . . . . . 349-41  
Office . . . . . 419-11

#### DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG.,  
EXPERIENCE.

King Street, - - - Opposite Boyle's  
Telephone 574.

#### W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door  
to Bank of N. S. Building,  
Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,  
2 p.m. to 5 p.m.  
'Phone—338-11

#### DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:  
Inches Building, Queen Street, lately  
occupied by Dr. L. R. Davison.  
Telephone 261-21

#### J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funera  
Equipment in the City.

Residence Telephone . . . . . 70-41  
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#### HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

\*Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

Following the removal of the ban  
against public gatherings by the Pro-  
vincial Public Health Department,  
classes will be resumed at the

#### FREDERICTON BUSINESS COLLEGE

Fredericton, N. B., on NOVEMBER 20,  
1918.

We trust that all our old students  
will be able to return on that date.  
Information regarding our courses of  
study will be furnished on request.

#### JUST ARRIVED

A NEW SHIPMENT OF

### PALMS

LARGE and SMALL

A LARGE VARIETY OF FERNS.  
WEDDING BOUQUETS and FLOR-  
AL DESIGNS A SPECIALTY.

All orders receive careful attention.

#### ADA M. SCHLEYER, FLORIST.

#### Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,  
Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS

#### BURTT & CATERER

Wagons and Sleds Made and  
Repaired.

T. J. BURTT. H. CATERER

All Kinds of Jobbing Repairs.  
281 KING STREET

Gone, gone are the days when the  
simple ambitions of the working man's  
family demanded nothing more than a  
red carpet and a cottage organ in the  
front room. The desire now is for a  
neat, well ordered world with a fence  
around it and no incumbrances.

#### EARLY CLOSING OF THE RAILWAY FREIGHT SHEDS

CANADIAN GOVERNMENT  
RAILWAYS

Order of Railway Board Not to  
be Effective Until Janu-  
ary 1st, 1918.

The Canadian Railway War Board  
has extended the time for their recent  
order regarding the early closing of  
railway freight sheds until January 1st,  
1919, and the public is therefore ad-  
vised that on the Canadian Govern-  
ment Railway lines the regulations at  
present governing the opening and  
closing of freight sheds will continue  
in force until that date.

### OF INTEREST TO WOMEN

FURNITURE CAMOUFLAGE.

Many an Article Classed as "Junk"  
Can be Made Bright, Attractive  
and Useful.

Furniture Camouflage is both prac-  
tical and attractive. In fact, it gives  
one something "different" something  
just a little more exclusive than one  
can buy, for no two people will as-  
semble the same group of furniture  
in any one home. The idea is this—  
say you have some pieces of that hor-  
rible Victorian walnut, old bits that  
clutter up the house but which you  
do not feel that you can afford to dis-  
pose of as yet. Well, this is just the  
sort of junk (it really can't be called  
by a more respectful name—that cam-  
ouflage will glorify into beauty.

One of the loveliest dining room sets  
was composed of a once despised Vic-  
torian table of walnut and a half doz-  
en or so of bulgy old chairs of that  
period. One of the old hall consoles  
of that age formed a serving table,  
and there was a Victorian sideboard  
denuded entirely of its cumbersome  
and needless mirror and overbearing  
top. A sane, plain mirror of a later  
period hung over what remained of  
the sideboard.

Every ugly brown piece was color-  
ed a glorious green blue, neither light  
nor dark, but just of a right blue, to  
effectively combine with the little  
splashes of yellow and flame with  
which the carved roses were touched.

The wonders that can be done by  
covering or upholstering old furni-  
ture need not here be dwelt upon. It  
can safely be left to the taste of the  
housekeeper.

### WORTH KNOWING.

Common wrapping twine, when cro-  
cheted with a bone hook into little  
round mats, makes excellent holders  
for hot pans.

To make the ends of boys' suspen-  
ders last longer, pull the tongue out  
of an old shoe, cut in the shape of  
the old leather or braid ends and sew it  
on in place of the worn-out ends.

Grease may sometimes be easily re-  
moved from a material by laying a  
piece of white blotting paper over the  
grease and rubbing with the flat side  
of a hot knife. Move the paper as it  
absorbs the grease.

Mend your broken china and glass-  
ware yourself by applying to the bro-  
ken parts common alum that has been  
melted in an old iron spoon. When  
thoroughly dry these mended pieces  
will withstand washing in hot water.

Since linen is so expensive, why not  
have your tablecloths only the size of  
the top of the table. Besides cutting  
new ones in this way, cut in this shape  
old ones which have become worn at  
the edges.

### THE AFTER EFFECTS OF DREADED LA GRIPPE

Worse Than the Disease Itself  
—Victims Left Weak, Ner-  
vous and Worn Out.

La Grippe, or Spanish influenza as  
the epidemic now sweeping over all  
America is called, is one of the most  
dangerous diseases known to man-  
kind. Anyone who has felt its pangs  
is not likely to forget the trouble. La  
Grippe or influenza starts with a slight  
cold and ends with a complication  
of troubles. It lays the victim on his  
back, it tortures him with fevers and  
chills, headaches and backaches. It  
leaves him a prey to pneumonia,  
bronchitis, consumption and other  
deadly diseases. Its after effects are  
often more serious than the disease  
itself. It is quite possible to avoid la  
grippe by keeping the blood rich and  
red by the use of Dr. Williams' Pink  
Pills—a tonic medicine which enriches  
the blood and strengthens the nerves.  
If, however, the disease attacks you,  
the patient should at once go to bed,  
and call a doctor before complications  
set in. That is the only safe thing to  
do. But to recover your strength after  
the severity of the attack has passed  
you will find Dr. Williams' Pink Pills  
an unsurpassed tonic. Through the use  
of this medicine all the evil after ef-  
fects of this trouble will be banished.  
This has been proved in thousands of  
cases throughout Canada, where in  
previous seasons la grippe has at-  
tacked them. Among the many thus  
restored to full health is Miss Irene  
Bootes, Portsmouth, Ont., who says:  
"I take much pleasure in recommend-  
ing Dr. Williams' Pink Pills, because  
I have proved their worth in my own  
case. Last winter I had a severe at-  
tack of la grippe and it left me weak  
and all run down. I had severe pains  
in the chest and under the arms, pal-  
pitation of the heart and attacks of  
neuralgia which left me with a feel-  
ing that life was scarcely worth liv-  
ing. I was advised to try Dr. Williams'  
Pink Pills and began their use only  
on the principle that I would try any-  
thing that might better my condition.  
I had only been using the pills a couple  
of weeks when the pains began to  
leave me. Gradually my strength re-  
turned, my appetite improved, and in  
a little more than a month I felt all  
my old time vigor had returned. I am  
sincerely glad I was persuaded to try  
Dr. Williams' Pink Pills, and I shall  
always have a good word to say for  
them.

Dr. Williams' Pink Pills not only  
cure the disastrous after effects of la  
grippe, but are also a specific for all  
troubles due to poor blood, such as  
anaemia, rheumatism, indigestion, wo-  
men's ailments, and the generally  
worn out feeling that effects so many  
people. You can get these pills through  
any dealer in medicine, or by mail at  
50 cents a box or six boxes for \$2.50  
from The Dr. Williams' Medicine Co.,  
Brockville, Ont.

### FEMININE FRIPPERIES.

Fine knife-pleats are excellent as  
trimming.

V-necks are almost as popular as  
square ones.

Embroidery in worsted and angora  
is smart.

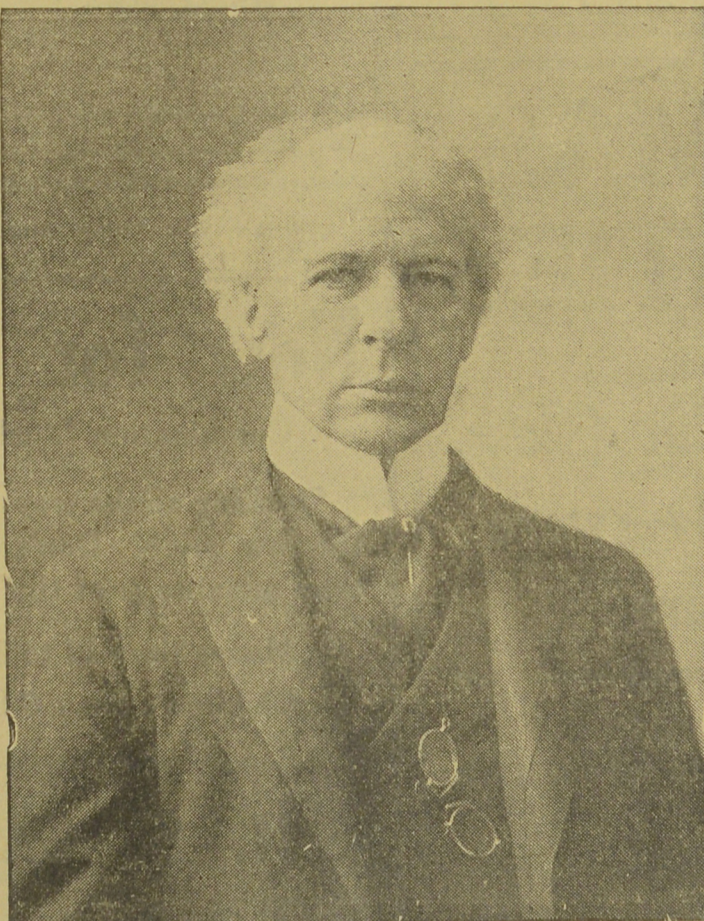
The smartest veils are those with  
spots and dots.

Caps to match the dress are made  
for tiny children.

### WE KNEW IT!

Jefferson County, Wis., Union: Miss  
Cora Sleep is learning to operate at  
the central office.

### LIBERAL CHIEFTAIN IS 77 YEARS OLD.



LONDON, Ont., Nov. 20.—Scores of telegrams congratulating Sir Wilfrid  
Laurier on the attainment of his 77th birthday were received by the Liberal  
leader this morning. Receptions at the Tecumseh House were held by Sir  
Wilfrid during the morning and afternoon. At noon he was the guest at an  
informal luncheon given by Mr. Arthur Little at "The Kennels." A large  
number of Liberals were invited.

## RECIPES FOR COOKING

### Barley Sponge Cake.

4 eggs 1 c. sugar  
1 tbsp. lemon juice One and one-third c. barley flour  
½ tsp. salt

Beat yolks of eggs, salt, lemon juice and add the sugar.  
Fold in the whites of the eggs and the flour; cook in a pan with  
lining of greased paper from thirty-five to forty minutes in a  
moderate oven.

### Potato Flour Sponge Cake.

6 egg yolks ½ tsp. almond extract to be added  
6 egg whites to beaten yolks  
¾ c. fruit sugar for egg whites 7½ tsp. potato flour  
6 tsp. fruit sugar for egg yolks 4½ tsp. white flour  
¾ tsp. lemon extract ¾ tsp. salt  
1½ tsp. baking powder

Beat yolks until thick and add 6 tsp sugar; beat whites and  
¾ c sugar until a stiff meringue is formed; cut and fold this  
into the yolks and gradually add the blended flour, baking pow-  
der and salt, cutting and folding in until completely blended.  
Bake in an unbuttered pan in a slow oven 1 hour.

### Barley Flour Cake.

2 c. barley flour 3 tbsp. brown sugar  
¼ c. fat 1 c. corn syrup  
¼ tsp. salt 2 eggs  
½ c. milk 1 tsp. vanilla  
4 tsp. baking powder

Ordinary cake method.

### Fruit Cake.

1 c. brown sugar 1 tsp. nutmeg  
1 c. seeded raisins 1 tsp. cinnamon  
One-third c. shortening 1 c. corn flour  
2 oz. citron, cut fine 1 c. rye flour  
1½ c. water ½ tsp. salt 5 tsp. baking powder

Boil the first eight ingredients for 3 minutes; when cool,  
add the blended flour and baking powder; mix well; bake in  
a moderate oven.

### Corn Flake Drop Cakes.

½ c. butter ½ tsp. soda and 1½ tsp cream of tartar  
1 c. sugar dissolved in hot water  
2 eggs 4 c. corn flakes  
Vanilla 1½ c. flour

Cream butter, add sugar, eggs (beaten), soda and cream  
of tartar dissolved in a little hot water, then dry ingredients;  
drop on greased pan and bake in moderate oven.

### Cornmeal Ginger Bread.

2 c. cornmeal 1 c. barley flour  
¾ c. molasses 1 tsp. soda  
½ c. sugar 2 tsp. baking powder  
2 tbsp. fat 1 egg  
1 tsp. salt 1 tsp. ginger  
1 c. sour milk 1½ tsp. cinnamon  
1½ c. sweet milk ½ tsp. cloves

Mix first seven ingredients in double boiler and cook 35  
minutes over hot water; cool; add beaten egg, blended flour,  
soda, baking powder and spice. Bake in shallow tin in mod-  
erate oven.

### Chocolate Potato Cake.

¼ c. fat ¾ c. flour  
½ c. sugar ¼ tsp. salt  
1 egg 3 tsp. baking powder  
¾ c. dry riced potatoes ¼ c. milk  
1 square chocolate or 3 tsp. cocoa

Cream fat and sugar; add beaten yolk of egg, then potatoes;  
beat well; blend flour, salt and baking powder and add to the  
mixture; add milk; add cocoa or melted chocolate; cut and  
fold in white of egg, beaten until stiff; bake in moderate oven.

### Raisin Cake.

1 c. brown sugar ¾ tsp. soda  
1 c. water ¾ c. barley flour  
2 tbsp. fat ¾ c. flour  
½ tsp. salt ½ tsp. cloves  
½ pound raisins ½ tsp. cinamon

Boil together for 5 minutes the sugar, water, fat, salt and  
raisins. Stand till cold. Add blended dry ingredients; bake in  
loaf pan about one hour in a slow oven.



### A Full Line of Moosehead Brand Shoepacks

Men's and Boys' Caps for  
Fall, Men's Heavy Shirts,  
Men's Overalls, Men's and  
Boys' Mackinaws,  
Country knit Mitts & Socks.  
Boys' School Boots a Speci-  
alty.

### James Monteith

St. Mary's Street - - - - North Devon.  
Across the river from Fredericton.

## PALMER'S Trench Boot

MAIL us \$19.00 and we will send  
postage paid a pair of these  
Celebrated Waterproof Trench Boots,  
to your boy "OVER THERE."

NO wet or cold feet for him during the  
winter months. Nothing you could  
send would make him as happy.

WHEN mailing order, state size of street shoe  
worn, approximate height and weight of  
party boot is intended for, his name and address.  
We will look after the packing and mailing.

ORDER at once. The bad weather is "OVER  
THERE" now.

Free Trench or  
Sporting Boot  
Bootlets on re-  
quest to Dept.