



CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

**Always
Bears the
Signature**

of

Chas. H. Fletcher

**In
Use**

For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Exact Copy of Wrapper.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:
Residence 349-41
Office 419-11

DR. GERRARD, DENTIST

27 YEARS' LONDON, ENG.,
EXPERIENCE.

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,
2 p.m. to 5 p.m.
'Phone—338-11

DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:
Inches Building, Queen Street, lately
occupied by Dr. L. R. Davison.
Telephone 261-21

J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funera
Equipment in the City.

Residence Telephone 70-41
Business Telephone 118-41

HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

60 Queen Street.

'Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

Following the removal of the ban
against public gatherings by the Pro-
vincial Public Health Department,
classes will be resumed at the

FREDERICTON BUSINESS COLLEGE

Fredericton, N. B., on NOVEMBER 20,
1918.

We trust that all our old students
will be able to return on that date.
Information regarding our courses of
study will be furnished on request.

JUST ARRIVED

A NEW SHIPMENT OF

PALMS

LARGE and SMALL

A LARGE VARIETY OF FERNS.

WEDDING BOUQUETS and FLOR-

AL DESIGNS A SPECIALTY.

All orders receive careful attention.

ADA M. SCHLEYER, FLORIST.

Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,

Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS

BURTT & CATERER

Wagons and Sleds Made and

Repaired.

T. J. BURTT. H. CATERER

All Kinds of Jobbing Repairs.

281 KING STREET

Wood's Phosphodine.

The Great English Remedy.
Tones and invigorates the whole
nervous system, makes new blood
in old veins. Cures Nervous
Debility, Mental and Brain Worry, Le-
prosy, Loss of Energy, Palpitation of the
Heart, Failing Memory. Price \$1 per box, six
for \$5. One will please, six will cure. Sold by all
druggists or mail, in plain pkg. on receipt of
price. New pamphlet mailed free. THE WOOD
MEDICINE CO., TORONTO, ONT. (Formerly, Minto, Ont.)

EARLY CLOSING OF THE RAILWAY FREIGHT SHEDS

CANADIAN GOVERNMENT RAILWAYS

Order of Railway Board Not to
be Effective Until Janu-
ary 1st, 1919.

The Canadian Railway War Board
has extended the time for their recent
order regarding the early closing of
railway freight sheds until January 1st,
1919, and the public is therefore ad-
vised that on the Canadian Govern-
ment Railway lines the regulations at
present governing the opening and
closing of freight sheds will continue
in force until that date.

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OF INTEREST TO WOMEN

FASHION FAVORS SMALL HAT.

They Generally Take the Form of a
Turban—Ways of "Indi-
vidualizing."

Smart hats there are these days and
also picturesque hats. And there are
many which do not come under the
heading of either, and are rather com-
monplace. There is still another hat
of medium size which has originality
and style, and is charming for the right
wearer. This model may be called, as
a certain milliner said the other day,
"a cute hat."

Never have there been so many of
these little distinctive designs in evi-
dence as at the present time. They
generally take the form of a turban,
toque or a small narrow-brimmed
shape, and much has been done in the
way of "individualizing" the little
draped turban or toque. With regard
to form, they are pretty much the
same, these little toques, but it is
the trimming that imparts the dis-
tinctive note.

In one shop there were at least a
half dozen little turbans about the
same size, but each had a different
trimming scheme. One, for instance,
was draped in old blue velvet. At the
front there was a shaped trimming of
subdued Oriental embroidery and an-
tique gold. An antique gold braid fin-
ished the lower part of the brim, and
the effect was extremely Oriental.

Another model was draped with
some of the lovely taupe woolen cloths
embroidered in wool embroidery in
harmonizing colors. A third was in
gray cloth embroidered in blue.

There is much fur on suits this win-
ter, and the lines of the suits, long and
narrow, with a rather stately air, are
well adapted to this long and sumptu-
ous trimming. The coats are longer
often cut irregularly about the bottom
and the skirts come well to the ankle
itself, and not to the point, which we
have come to think of as the ankle.

Muffs are large and long, although
some of the strictly round ones will
also be used. A big beaver muff goes
with a navy blue duvetyne suit with
beaver cape collar and high cuffs. The
buttons are also of fur.

Jaunty little Eton coats of fur often
complete a costume of cloth. An ex-
ample is a costume of soft, warm wool
velour which has almost the warmth
of a wrap which may be made com-
fortable enough for even average win-
ter weather by the addition of a smart
little coat of fur. Narrow bands of the
fur could also be used to trim the
frock.

THE AFTER EFFECTS OF DREADED LA GRIPPE

Worse Than the Disease Itself
—Victims Left Weak, Ner-
vous and Worn Out.

La Grippe, or Spanish influenza as
the epidemic now sweeping over all
America is called, is one of the most
dangerous diseases known to man-
kind. Anyone who has felt its pangs
is not likely to forget the trouble. La
Grippe, or influenza starts with a
slight and ends with a complication
of troubles. It lays the victim on his
back, it tortures him with fevers and
chills, headaches and backaches. It
ejects him a prey to pneumonia,
bronchitis, consumption and other
deadly diseases. Its after effects are
often more serious than the disease
itself. It is quite possible to avoid la
grippe by keeping the blood rich and
red by the use of Dr. Williams' Pink
Pills—a tonic medicine which enriches
the blood and strengthens the nerves.
If, however, the disease attacks you,
the patient should at once go to bed,
and call a doctor before complications
set in. That is the only safe thing to
do. But to recover your strength after
the severity of the attack has passed
you will find Dr. Williams' Pink Pills
an unsurpassed tonic. Through the use

of this medicine all the evil after ef-
fects of this trouble will be banished.
This has been proved in thousands of
cases throughout Canada, where in
previous seasons la grippe has at-
tacked them. Among the many thus
restored to full health is Miss Irene
Bootes, Portsmouth, Ont., who says:
"I take much pleasure in recommend-
ing Dr. Williams' Pink Pills, because
I have proved their worth in my own
case. Last winter I had a severe at-
tack of la grippe and it left me weak
and all run down. I had severe pains
in the chest and under the arms, pal-
pitation of the heart and attacks of
neuralgia which left me with a feel-
ing that life was scarcely worth liv-
ing. I was advised to try Dr. Williams'
Pink Pills and began their use only
on the principle that I would try any-
thing that might better my condition.
I had been using the pills a couple
of weeks when the pains began to
leave me. Gradually my strength re-
turned, my appetite improved, and in
a little more than a month I felt all
my old time vigor had returned. I am
sincerely glad I was persuaded to try
Dr. Williams' Pink Pills, and I shall
always have a good word to say for
them."

Dr. Williams' Pink Pills not only
cure the disastrous after effects of la
grippe, but are also a specific for all
troubles due to poor blood, such as
anaemia, rheumatism, indigestion, wo-
men's ailments, and the generally
run out feeling that effects so many
people. You can get these pills through
any dealer in medicine, or by mail at
50 cents a box or six boxes for \$2.50
from the Dr. Williams' Medicine Co.,
Brockville, Ont.

R. C. DESROCHERS,
Secretary.
Department of Public Works,
Ottawa, November 9, 1918.

A SLUGGISH LIVER

CAUSED
Severe Headaches

The duty of the liver is to prepare
and secrete bile and serve as a filter
to the blood, cleansing it of all impar-
ities and poisons.

Healthy bile in sufficient quantity
is Nature's provision to secure regular
action of the bowels and when the
liver is sluggish it is not working
properly, and does not manufacture
enough bile to thoroughly act on the
bowels and carry off the waste prod-
ucts from the system, hence the bow-
els become clogged up, the bile gets
into the blood, constipation sets in,
followed by sick and bilious headaches
coated tongue, bad breath, heartburn,
water brash, bad taste in the mouth in
the morning, jaundice, floating specks
before the eyes, etc.

Miss Dian Clark, Myer's Cave, Ont.,
writes:—"I take pleasure in writing
you concerning the good I have re-
ceived by using Milburn's Laxa-Liver
Pills for a sluggish liver. When my
liver got bad I would have severe
headaches, but I got better after I had
used a couple of vials of your pills."

Milburn's Laxa-Liver Pills gently
unlock the secretion, clear away all
waste and effete matter by acting di-
rectly on the liver, and make the bile
pass through the bowels instead of al-
lowing it to get into the blood.

Milburn's Laxa-Liver Pills are 25c.
a vial at all dealers, or mailed direct
on receipt of price by The T. Milburn
Co., Limited, Toronto, Ont.

New Travelling Regulations

Persons Embarking at U. S. Sea-
ports Must Procure Permis-
sion Before Leaving Canada.

UNDER an order issued by the
Secretary of State, Washing-
ton, effective November 11th,
1918, all persons going from Canada
to foreign destinations by way of
United States seaports must procure
permission for embarkation before
leaving Canada.

Such permission must be arranged
for either by executing declaration
and procuring visa on passport be-
fore one of the American Consuls in
Canada, or by making formal applica-
tion before any of the United States
immigration officers located in Cana-
da upon forms furnished by the said
officers.

In order to allow sufficient time for
investigation, transmission of papers
to Washington, etc., applications
should be filed either with the Con-
sul or the Immigration Officer at
least 17 days prior to the date of pro-
posed departure.

The State Department invites spe-
cial attention of prospective travel-
ers to the fact that unless they have
obtained visa by an American Consul,
the said Department must decide
whether or not departure from an
American port will be allowed, such
decision being based upon the appli-
cation submitted through the immi-
gration officers. Passengers are
accordingly warned not to proceed to
the port of embarkation until they
are in possession of either the Con-
sular visa, or proper certificate from
the U. S. Immigration authorities
showing that the permit for departure
has been granted.

The foregoing applies to all per-
sons not citizens of the United States,
and it is effective regarding all des-
tinations, including Mexico, U. S. In-
sular possessions, etc., but not in-
cluding Bermuda.

United States citizens seeking to
proceed to foreign ports are required
to have passports issued by the
State Department, applications for
same being obtainable from the vari-
ous American Consuls.

TART ADVICE

Mrs. Norman Whitehouse wasn't en-
tirely successful as a propagandist,
many claiming that her tongue was
too sharp and her wit too subtle, but
there is at least one recruit to her
credit and it all came about at a lun-
cheon. The young man sat next to her
and was so impolite as to yawn in the
middle of a speech. Mrs. Whitehouse
stared at him in surprise and he con-
tritely apologized, ending, "but I real-
ly am terribly bored."

"Don't be bored, go on and get drill-
ed," was the prompt reply, and he
did.

of this medicine all the evil after ef-
fects of this trouble will be banished.
This has been proved in thousands of
cases throughout Canada, where in
previous seasons la grippe has at-
tacked them. Among the many thus
restored to full health is Miss Irene
Bootes, Portsmouth, Ont., who says:
"I take much pleasure in recommend-
ing Dr. Williams' Pink Pills, because
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ing. I was advised to try Dr. Williams'
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thing that might better my condition.
I had been using the pills a couple
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leave me. Gradually my strength re-
turned, my appetite improved, and in
a little more than a month I felt all
my old time vigor had returned. I am
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50 cents a box or six boxes for \$2.50
from the Dr. Williams' Medicine Co.,
Brockville, Ont.

R. C. DESROCHERS,
Secretary.
Department of Public Works,
Ottawa, November 9, 1918.

RECIPES FOR COOKING

Oatmeal Droplets.

¼ c. fat ½ tsp. soda
½ c. brown sugar ½ tsp. baking powder
1 egg well beaten 1 c. oat flour
¼ c. thick sour milk 1 c. buckwheat flour
½ tsp. salt ½ c. seeded raisins

Mix in the order given, sifting all the dry ingredients to-
gether. Drop from a teaspoon on greased pans and bake in
a moderate oven.

War Rocks.

1½ c. ground oatmeal 1 c. brown sugar
½ c. boiling water ½ c. nuts
½ c. fat (melted) ½ c. stoned dates
2 c. barley flour 1 tsp. vanilla
1 tsp. salt 1 tsp. lemon juice
3 tsp. baking powder 1 egg 1 tsp. orange juice

Add oatmeal to the boiling water and melted fat; cool;
blend dry ingredients, add nuts and dates chopped fine; beat
egg lightly and add together with the vanilla, lemon juice and
orange juice. Mix thoroughly and add the oatmeal mixture;
beat well; drop by spoonfuls on greased baking sheets. Bake
in moderate oven until brown.

Drop Cakes.

1 c. rye flour 3 tbsp. water
1¼ c. rolled oats ½ c. corn syrup
2 tsp. baking powder 1 egg
½ tsp. salt ½ tsp. cinnamon
¼ c. brown sugar ½ c. nut meats
½ c. fat ½ c. raisins

Cream together the sugar and fat; add beaten egg; add the
syrup and water; blend flour, rolled oats, baking powder and
salt, and add to the first mixture; add cinnamon, nuts and
raisins. Drop on greased pans and bake in a moderate oven.

Corn Peanut Cookies.

3 tbsp. fat 2 tsp. cocoa
4 tbsp. sugar 4 tbsp. cornmeal
2 eggs 4 tsp. corn flour or other flour
1 tsp. baking powder 2 tbsp. milk
¼ tsp. salt ¼ c. peanuts

Cream fat and sugar; add eggs well beaten, then blended
dry ingredients, milk, finely chopped peanuts. Drop in spoon-
fuls not too close together on a greased pan. Bake in mod-
erate oven.

Barley and Oatmeal Drop Cakes.

1 c. barley flour ½ c. fat
1¼ c. rolled oats ½ c. brown sugar
2 tsp. baking powder ½ c. corn syrup
½ tsp. salt 2 tbsp. water
1 egg ½ c. nuts

Cream butter and sugar; add beaten egg; blend dry ingre-
dients and add to first mixture alternately with the blended
syrup and water. Add nuts finely cut. Drop from spoon upon
buttered tin. Bake in moderate oven.

Trilbys (50 Cakes)

1 c. rolled oats ½ tsp. soda
1 c. flour ½ tsp. salt
½ c. brown sugar ¼ c. fat ½ c. sour milk

Blend dry ingredients; cut in fat and add milk gradually.
Dough should be very soft. Roll out and cut as cookies. Put
two cookies together with date filling between them. Bake
in moderate oven.

Date Filling.

½ lb. dates 1 c. water ½ c. brown sugar

Wash and stone dates, add sugar and water and cook until
mixture becomes a paste. Cool.

Oatmeal Cookies.

1½ c. oatmeal ½ c. raisins (seeded and chopped)
Two-thirds c. brown sugar ½ c. fat
½ tsp. soda 1 egg
½ tsp. salt ¼ c. milk
½ tsp. cinnamon Flour for stiff batter

Blend first five ingredients; cut in fat, add beaten egg, milk,
flour and fruit. Drop from teaspoon on buttered baking sheet
one inch apart and bake in slow oven 12 to 15 minutes.

A Full Line of

Moosehead Brand Shoepacks

Men's and Boys' Caps for
Fall, Men's Heavy Shirts,
Men's Overalls, Men's and
Boys' Mackinaws,
Country knit Mitts & Socks.
Boys' School Boots a Speci-
ality.

James Monteith

St. Mary's Street - - - - North Devon.
Across the river from Fredericton.

SEALED TENDERS

addressed to the
undersigned and endorsed "Ten-
der for Orderlies Building, Military
Hospital, Fredericton, N. B." will be
received until 12 o'clock noon, Thurs-
day, November 21, 1918, for the con-
struction of Orderlies Building at Mil-
itary Hospital, Fredericton, N. B.

Plans and specification can be seen
and forms of tender obtained at the
offices of the Chief Architect, Depart-
ment of Public Works, Ottawa, the
Superintendent of Dominion Buildings,
St. John, N.B., and the Caretaker, Pub-
lic Building, Fredericton, N. B.

Tenders will not be considered un-
less made on the forms supplied by the
Department and in accordance with
the conditions set forth therein.

Each tender must be accompanied
by an accepted cheque on a chartered
bank, payable to the order of the Min-
ister of Public Works, equal to 10 per
cent of the amount of tender. War
Loan Bonds of the Dominion will also
be accepted as security, or War Bonds
and cheques if required to make up an
odd amount.

R. C. DESROCHERS,
Secretary.
Department of Public Works,
Ottawa, November 9, 1918.

Palmer's Trench Boot

MAIL us \$19.00 and we will send
postage paid a pair of these
Celebrated Waterproof Trench Boots,
to your boy "OVER THERE."

NO wet or cold feet for him during the
winter months. Nothing you could
send would make him as happy.

WHEN mailing order, state size of street shoe
worn, approximate height and weight of
party boot is intended for, his name and address.
We will look after the packing and mailing.

ORDER at once. The bad weather is "OVER
THERE" now.

Free Trench or
Sporting Boot
Boots on re-
quest to Dept.

JOHN PALMER CO. LTD.
FREDERICTON, N.B.