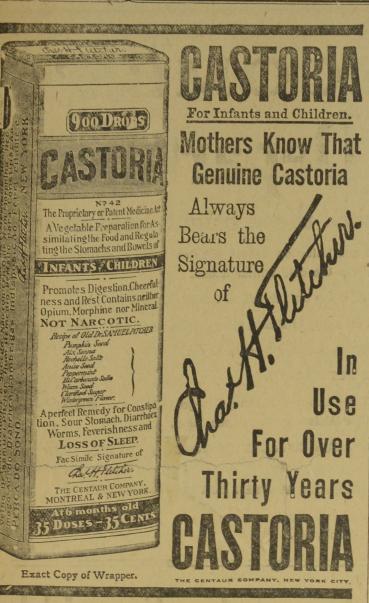
THE DAILY, MAIL, FREDERICTON, N. B., TUESDAY, NOVEMBER 19, 1918



ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has comselled the people to seek all the information possible before buying.





They Generally Take the Form of a Turban-Ways of "Individualizing."

Smart hats there are these days and also picturesque hats. And there are many which do not come under the heading of either, and are rather commonplace. There is still another hat of medium size which has originality and style, and is charming for the right wearer. This model may be called, as a certain millimer said the other day, 'a cute hat."

Never have there been so many of these little distinctive designs in evidence as at the present time. They generally take the form of a turban, toque or a small narrow-brimmed shape, and much has been done in the way of "individualizing" the little draped turban or toque. With regard to form, they are pretty much the same, these little toques, but it is the trimming that imparts the disinctive note.

In one shop there were at least a half dozen little turbans about the same size, but each had a different trimming scheme. One, for instance was draped in old blue velvet. At the front there was a shaped trimming of subdued Oriental embroidery and anique gold. An antique gold braid finshed the lower part of the brim, and the effect was extremely Oriental.

Another model was draped with some of the lovely taupe woolen cloths embroidered in wool embroidery in harmonizing colors. A third was in gray cloth embroidered in blue.

There is much fir on suits this win er, and the lines of the suits, long and narrow, with a rather stately air, are well adapted to this long and sumptuous trimming. The coats are longer often cut irregularly about the bottom and the skirts come well to the ankle itself, and not to the point which we have come to think of as the ankle. Muffs are large and long, although some of the strictly round ones will also be used. A big beaver muff goes with a navy blue duvetyne suit with beaver cape collar and high cuffs. The buttons are also of fur.

Jaunty little Eton coats of fur often complete a costume of cloth. An example is a costume of soft, warm wool velour which has almost the warmth of a wrap which may be made com fortable enough for even average winer weather by the addition of a smart fur could also be used to trim the

THE AFTER EFFECTS OF DREADED LA GRIPPE

Worse Than the Disease Itself -Victims Left Weak, Nervous and Worn Out.

La Grippe, or Spanish influenza as he epidemic now sweeping over all America is called, is one of the most dangerous diseases known to man-ltind. Anyone who has felf its pangs is not likely to forget the trouble. La slight and ends with a complication of troubles. It lays the victim on his back, it tortures hi mwith fevers and chills. Norman Whitehouse wasn't en-tirely successful as a propagandist, many claiming that her tongue was too sharp and her wit too subtle, but there is at least one recruit to her credit and it all came about at a lunchills, headaches and backaches. It seleaves him a prey to pneumonia, pronchitis, consumption and other leadly diseases. Its after effects are often more serious than the disease self. It is quite possible to avoid la tritely apologized, end ippe by keeping the blood rich and ly am terribly bored. ed by the use of Dr. William' Pink ills—a tonic medicine which enriches blood and strengthens the perves. ed," 'however, the disease attac

A SLUGGISH LIVER CAUSED

Severe Headaches

The duty of the liver is to prepare and secrete bile and serve as a filter to the blood, cleansing it of all impur-

ies and poisons. Healthy bile in sufficient quantity Healthy bile in sufficient quantity is Nature's provision to secure regular action of the bowels and when the liver is sluggish it is not working properly, and does not manufacture enough bile to thoroughly act on the bowels and carry off the waste pro-ducts from the system, hence the bow-els become clogged up, the bile gets into the blood, constipation sets in, followed by sick and bilious headaches coated tongue, bad breath, heartburn. coated tongue, bad breath, heartburn water brash, bad taste in the mouth in

ceived by using Milburn's Laxa-Liver Pills for a sluggish liver. When my liver got bad I would have severe headaches, but I got better after I had used a couple of vials of your pills." Milburn's Laxa-Liver Pills gently unlock the secretion, clear away all waste and effete matter by acting di-rectly on the liver, and make the bile pass through the bowels instead of al-lowing it to get into the blood. Milburn's Laxa-Liver Pills are 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

New Travelling Regulations

Persons Embarking at U. S. Seaports Must Procure Permission Before Leaving Canada.

NDER an order issued by the Secretary of State, Washing-ton, effective November 11tn, Luis, all persons going from Canada to ioreign destinations by way of United States seaports must procure permission for embarkation before leaving Canada

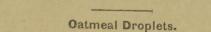
Such permission must be arranged for either by executing declaration and procuring vise on passport betore one of the American Canada, or by making formal appli-cation before any of the United States immigration officers located in Canada upon forms furnished by the said

In order to allow sufficient time for investigation, tra-smission of papers to Washington, etc., applications should be filed either with the Con-sul or the Immigration Officer at least 17 days prior to the date of pro-loand denarture

The State Department invites spe-cial attention of prospective travel-lers to the fact that unless they have obtained vise by an American Consul, the said Department must decide whether or not departure from an American port will be allowed, such decision being based upon the appli-cation submitted through the immi-gration officers. Passengers are accordingly warned not to proceed to the port of embarkation until they are in possession of either the Con-sular vise, or proper certificate from the U. S. Immigration authorities showing that permit for departure has been granted. The foregoing applies to all per-sons not citizens of the United States, and it is effective regarding all des-tinations, including Mexico, U. S. In-sular possessions, etc., but not in-cluding Bermuda. The State Department invites spe-

uding Bermuda. United States citizens seeking to proceed to foreign points are requir-ed to have passports issued by the State Department, applications for same being obtainable from the vari-ous American Consuls.

TART ADVICE



RECIPES FOR COOK

¹/₄ c. fat ¹/₂ tsp. soda ¹/₂ c. brown sugar ¹/₂ tsp. baking powder 1 egg well beaten 1 c. oat flour ¹/₄ c. thick sour milk 1 c. buckwheat flour ¹/₂ tsp. salt ¹/₂ c. seded raisins Mix in the order given, sifting all the dry ingredients to

gether. Drop from a teaspoon on greased pans and bake in a moderate oven.

1 c. brown sugar ¹ / ₂ c. nuts 1 c. stoned dates 1 tsp. vanilla 1 tbsp. lemon juice	
	1/2 c. nuts 1 c. stoned dates 1 tsp. vanilla

 water brash, but taste in the mouth in the morning, jaundice, floating specks
 1 tsp. value

 before the eves, etc.
 1 tsp. value

 Miss Dian Clark, Myer's Cave, Ont.
 1 tsp. baking powder
 1 egg

 writes:--''I take pleasure in writing you concerning the good I have re-ceived by using Milburn's Laxa-Liver
 1 dtsp. value

 egg lightly and add together with the vanilla, lemon juice

 orange juice

orange juice. Mix thoroughly and add the oatmeal mixture; beat well; drop by spoonfuls on greased baking sheets. Bake in moderate oven until brown.

ro	pp	Ca	ke	s.	

oats powder	3 tbsp. water ½ c. corn syrup 1 egg	
sugar	½ tsp. cinnamon ½ c. nut meats	
	½ c. raisins	

Cream together the sugar and fat; add beaten egg; add the syrup and water; blend flour, rolled oats, baking powder and salt, and add to the first mixture; add cinnamon, nuts and raisins. Drop on greased pans and bake in a moderate oven.

1 c. rye flour 1¼ c. rolled 2 tsp. baking ½ tsp. salt ¼ c. brown ½ c. fat

3 tbsp. fat

4 tbsp. sugar 2 eggs 1 tsp. baking 1/4 tsp. salt

Corn	Peanut	Cookies.
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	2 tsp. cocoa
	4 tbsp. cornmeal
	4 tbsp. corn flour or other flour
g powder	2 tbsp. milk
	1/4 c. peanuts

Cream fat and sugar; add eggs well beaten, then blended dry ingredients, milk, finely chopped peanuts. Drop in spoonfuls not too close together on a greased pan. Bake in mod-

Barley and Oatmeal Drop Cakes.

c. barley flour	1/2 c. fat
1/4 c. rolled oats	¹ / ₄ c. brown sugar
tsp. baking powder	1/2 c. corn syrup
2 tsp. salt	2 tbsp. water
egg	½ c. nuts

Cream butter and sugar; add beaten egg; blend dry ingredients and add to first mixture alternately with the blended syrup and water. Add nuts finely cut. Drop from spoon upon buttered tin. Bake in moderate oven.

Trilbys (50 Cakes)

1 c. rolled oats		1/2 tsp. soda
1 c. flour		1/8 tsp. salt
½ c. brown sugar	1/4 c. fat	1/2 c. sour milk

Blend dry ingredients; cut in fat and add milk gradually. Dough should be very soft. Roll out and cut as cookies. Put two cookies together with date filling between them. Bake in moderate oven.

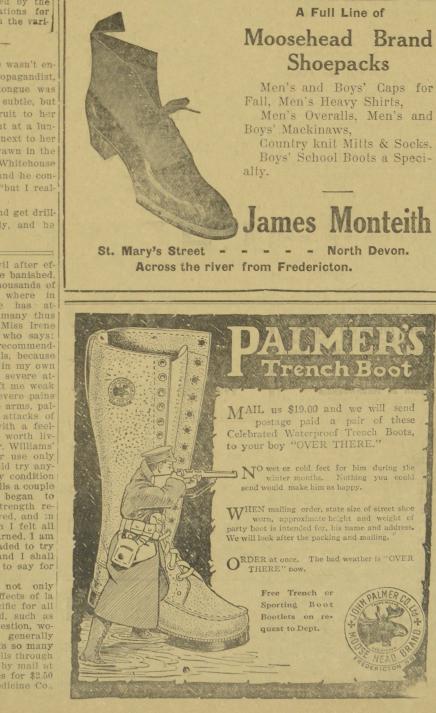
Date Filling.

1 c. water 1/2 lb. dates 1/2 c. brown sugar Wash and stone dates, add sugar and water and cook until mixture becomes a paste. Cool.

Oatmeal Cookies.

1½ c. oatmeal Two-thirds c. brown sugar	½ c. raisins (seeded and chopped) ½ c. fat
1/2 tsb. soda	1 egg
⅓ tsp. salt	1/4 c. milk
½ tsp. cinnamon	Flour for stiff batter
D1 10 10 1	

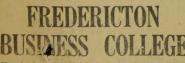
Blend first five ingredients; cut in fat, add beaten egg, milk, flour and fruit. Drop from teaspoon on buttered baking sheet one inch apart and bake in slow oven 12 to 15 minutes.



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Phone or Telegraph Orders Shipped on all trains or boats at short notice.

Following the removal of the ban against public gatherings by the Pro-vincial Public Health Department,



CANADIAN GOVERNMENT RAILWAYS

r, nowever, the disease attaction he patient should at once go ded, and call a doctor before complications set in. That is the only safe thing to do. But to recover your strength after the severity of the attack has passed you will find Dr. Williams' Pink Pils n unsurpassed tonic. Through the use



SEALED TENDERS addressed to the undersigned and endorsed "Ten-ler for Orderlies Building, Military Hospital, Fredericton, N. B.," will be received until 12 o'clock noon, Thurs-

Following the removal of the ban against public gatherings by the Provincial Public Health Department, classes will be resumed at the
 Charlen of Railway Board Not to be Effective Until January 1st. 1918. Charlen of Railway Board Not to be Effective Until January 1st. 1918. Charlen of Railway Board Not to be Effective Until January 1st. 1918. Charlen of Railway Board Not to be Effective Until January 1st. 1918. Charlen of Railway Board Not to be Effective Until January 1st. 1918. Charlen of Railway Board Not to be Effective Until January 1st. 1918. Charlen of Railway Board Not to be Effective Until January 1st. 1919. Charlen of Railway Board Not to be Effective Until January 1st. 1919. Charlen of Railway Board Not to be Effective Until January 1st. 1919. Charlen of Railway Board Not to be Effective Until January 1st. 1919. Charlen of Public Works, equal to 10 per tender to the amount of tender. War Indended the time for their recent of the amount of tender. War Indended the time for their recent of the amount of tender. War Indended to tender the public is therefore advised that on the Canadian Government Railway lines the regulations at the popening and closing of freight sheds will continue in force until that date. Beartment of Public Works, Sceretary. Department of Public Works, Ottawa, November 9, 1918.

"Don't be bored, go on and get drilled," was the prompt reply, and he

of this medicine all the evil after ef fects of this trouble will be banished This has been proved in thousands cases throughout Canada, where previous seasons la grippe has tacked them. Among the many thus restored to full health is Miss Irene Bootes, Portsmouth, Ont., who says: "I take much pleasure in recommend ing Dr. Williams' Pink Pills, because I have proved their worth in my own case. Last winter I had a severe at tack of la grippe and it left me weal and all run down. I had severe pains in the chest and under the arms, pal pitation of the heart and attacks o neuralgia which left me with a feel iospital, Fredericton, N. B., struction of Orderlies Building at Mili-tary Hospital, Fredericton, N. B. Plans and specification can be seen and forms of tender obtained at the offices of the Chief Architect, Depart-ment of Public Works, Ottawa, the Superintendent of Dominion Buildings, St. John, N.B., and the Caretaker, Pub-lic Building, Fredericton, N. B. Tenders will not be considered un-less made on the forms supplied by the Department and in accordance with the conditions set forth therein.

Dr. Williams' Pink Pills not only cure the disastrous after effects of grippe, but are also a specific for all troubles due to poor blood, anaemia, rheumatism, indigestion, wo men's ailments, and the generally You can get these pills thro 50 cents a box or six boxes for \$2.50 from the Dr. Williams' Medicine Co., Brockville, Ont.