

## STOP A MOMENT! LISTEN TO THIS

Cincinnati man tells how to lift off any corn without hurting one bit

You reckless men and women who are pestered with corns and who have at least once a week invited an awful death from lockjaw or blood poison are now told by a Cincinnati authority to use a drug called freezone, which the moment a few drops are applied to any corn, the soreness is relieved and soon the entire corn, root and all, lifts off with the fingers.

It is a sticky substance which dries the moment it is applied and is said to simply shrivel the corn without inflaming or even irritating the surrounding tissue or skin. It is claimed that a quarter of an ounce of freezone will cost very little at any of the drug stores, but is sufficient to rid one's feet of every hard or soft corn or callus.

You are further warned that cutting at a corn is a suicidal habit.

## Public Health Bill

(Continued from page 2.)

6. Remove or remedy unhealthy conditions, localities, nuisances.

7. Education of individuals in hygiene and personal care.

8. The study of diseases, causes and treatment.

9. To keep accurate records of vital statistics.

10. Bringing of modern methods into practice in every part of the province.

11. To insure pure food and water supplies.

The bill proposed as a means to make the same effective:—

1. A government department with a responsible minister.

2. A technical staff having an oversight over the operation of the act throughout the entire province.

3. A division of the province into districts, with a Health Officer supervising the work in each district.

4. Sub-district boards of health responsible for the carrying out of the legislation.

## Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

5. Powers given to the department to compel obedience to the law or the fulfillment of duties.

He had given for the benefit of the hon. members an outline of the act and had spoken of its principle, its purpose and its efficiency. He now proposed to devote some attention to a more technical analysis and was hopeful that it would prove more interesting as he would deal with particulars rather than generalities.

Mr. Hall's Report.

He did not believe that there was one hon. member who had not at some time or other, during the last year or two, realized the need of reformation along the line of public health matters, as they have existed in the province. The government before undertaking to arrange for reorganization had engaged Mr. John Hall, a sanitary expert, to make a survey of the province and it was in part because of his report that the legislation was now being brought forward.

The speaker here quoted extracts from Mr. Hall's report to show that the health laws in many sections of the province were administered in a perfunctory manner, that many local boards were absolutely useless, that no accurate vital statistics were kept, that the mortality of children was much greater than it should be and that there was general indifference in many sections as to health conditions. He also quoted from Mr. Hall's report to show that the Public Health Act since 1911 had been amended but four times, while during the same period much legislation had been placed on the statute books with reference to domesticated animals, bees, insects, etc.

### A War Measure.

He said that the conditions which Mr. Hall had found to exist in the province were part of an argument in favor of reorganization in reference to the public health, but he was free to say as people were viewing matters today, it was not the least important. The conservation of health and life is viewed today as a war measure.

From a report prepared after three years of war, it was found that approximately there had been killed some 7,000,000 officers and men. That information was astounding, but what would they say of the statement of scientific men that over 6,500,000 people died annually from preventable diseases. When one stops to consider such facts, one could not help thinking that all the wars were not waged on the fields of France and Flanders and it behooved people who had the care of the Dominions beyond the Seas to legislate to carefully conserve the life and health of every individual soul. And the more grave the situation in France became, the more keenly they should strive to shield those who can aid in greater production from sickness, local or epidemic. With such a fearful drain on the world's manhood, everything possible should be done to check the high death rate from tuberculosis and

## "I BELIEVE THEY HAVE CURED ME"

What Newton P. Smith Says of Dodd's Kidney Pills.

He Had Previously Tried Doctor's Medicine, Plasters and Liniments for His Sore Back, Without Getting Permanent Results.

Parker's Ridge, York Co., N. B.—Aur. 5. (Special).—After suffering for years from pain in the back, Newton P. Smith, a highly-respected citizen of this place, believes that at last he has found a permanent cure through the use of Dodd's Kidney Pills. Asked to make a statement for publication, Mr. Smith said:—

"I suffered for a number of years with pain in my back. At times I was unable to work. After taking doctor's medicine and using plasters and liniments with but temporary results, I decided to try Dodd's Kidney Pills, which I believe have cured me."

All through York county you find people who give credit to Dodd's Kidney Pills for a renewed lease of health. They have been tried for all forms of kidney disease, including rheumatism, dropsy, Bright's disease, lumbago, heart disease and diabetes, as well as the milder forms of kidney trouble. Their popularity all over the country is a tribute to the splendid results obtained. If you haven't used them, ask your neighbors about them.

other preventable diseases, to say nothing of infantile mortality. He held that medical inspection of public schools put into effect in the province would inside of a decade present an entirely different type of physique, both in men and women. If they wished to know one of the reasons why Germany possessed such a hardy nation in brain and brawn, he could tell them it was because that nation for thirty-five years had not only had public health legislation and medical in-

## BE CURED TODAY OF BACKACHE

Your persistent backache can have but one cause—Diseased Kidneys—and they must be strengthened before the backache can be cured.

Your best remedy and the quickest to act, is Dr. Hamilton's Pills; they cure kidney backache in a hurry. Simply wonderful is the action of this grand old medicine for liver, kidney and stomach disorders has no equal. Dr. Hamilton's Pills will surely cure you back weariness, they will bring you appetite, color, strength and good spirits. Being purely vegetable they are mild, not drastic. Get a 25c. bottle of Dr. Hamilton's Pills today.

spection of schools, but had put it in force.

The speaker here quoted an editorial from the St. John Times, which cordially approved of the proposal to establish a department of public health. He also quoted the Times as saying that: "The members of the legislature should give the most sympathetic consideration to the subject when it comes before them, remembering that an investment in health is one the province can well afford to make, because the return is sure and ample."

### The Social Evil.

HON. MR. ROBERTS continuing said that Benjamin Disraeli, one of England's prime ministers, on the occasion of his introduction of the public health bill for England in 1874 had declared that: "Public health is the foundation upon which rests the happiness of the people and the strength of the nation." He (the speaker) felt that there was another phase to that argument, one that perhaps in its effect on the human family was worse, many times over that death—for it was a living death—not only for those who have sinned but in a far greater degree to those who are innocent. He had reference to the social evil, which subject was eagerly the attention of all governments, which were making more drastic legislation affecting the spread of those loathsome diseases. In time of peace the status of that evil was of sufficient importance to warrant the best organization possible, but under conditions necessarily obtaining during an extended war period, the evil had increased by leaps and bounds, and until more effective work came as a result of organized effort, it would take precedence over tuberculosis in its depressing and destructive influences. It was really today the scourge of the social world, and if for no other reason than to make an effort to harness and control those conditions, the House would be justified in a thorough reorganization of matters pertaining to public health. It was very essential that the fathers and mothers of the country be thoroughly wide awake as to the associates adopted by their sons and daughters.

Regarding the death rate from preventable diseases, the immortal Pasteur has said that: "It is within the power of man to make all infectious diseases disappear from the world." At the top of the cover page of the New York Public Health Manual it was set for that: "Public health is purchasable; within natural limitations, any community can determine its own death rate." These and many other sayings could be cited to show the dire need of the practical application of knowledge regarding public health and their duty in that regard.

He wished now briefly to discuss the health problem from the economic standpoint. The hon. leader of the opposition, in his speech on the address, had intimated that he favored the idea of safeguarding the health of the people, but did not approve of going to the expense suggested or of the creation of a new department. He (the speaker) wished to say that if a department with its organization was thought necessary, say for agriculture that presides over the well-being of horses, cattle, sheep, swine and bees, he could not see the inconsistency of having such to preside over the conservation of the health and life of the people themselves, for whom all legislation was enacted.

Regarding the expense he would direct the attention of hon. members to the following extract from the "Toronto Health Bulletin": "People are apt to think that a department of health costs a lot of money to operate, forgetting that they are receiving a return for their money invested many times over. Nothing pays so well or yields such returns as an efficient and fearless health organization. The results may not be spectacular, but they are there nevertheless."

Now it was estimated that from one-

### 5,000 OUT OF WORK

Not men, but corns that were put out of business last week by Putnam's Corn Extractor. No corn can live if treated by Putnam's. It is safe, painless and sure. Use only Putnam's, 25c. at all dealers.

## MOTHER! YOUR CHILD IS CROSS, FEVERISH, FROM CONSTIPATION

If tongue is coated, breath bad, stomach sour, clean liver and bowels.

Give "California Syrup of Figs" at once—a teaspoonful today often saves a sick child tomorrow.

If your little one is out-of-sorts, half-sick, isn't resting, eating and acting naturally—look, Mother! see if tongue is coated. This is a sure sign that its little stomach, liver and bowels are clogged with waste. When cross, irritable, feverish, stomach sour, breath bad or has stomach-ache, diarrhoea, sore throat, full of cold, give a teaspoonful of "California Syrup of Figs" and in a few hours all the constipated poison, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again.

Mothers can rest easy after giving it never fails to cleanse the little one's this harmless "fruit laxative," because liver and bowels and sweeten the stomach and they dearly love its pleasant taste. Full directions for babies, children of all ages and for grown-ups printed on each bottle.

made by the "California Fig Syrup Company." Beware of counterfeit syrups. Ask

half to two per cent. of the industrial population, according to climatic conditions, were totally and continuously incapacitated by preventable diseases from earning a livelihood. That, taken at the lowest estimate, one-half per cent. would represent over \$1,000,000. And secondly, the employer was deprived of the profits on that amount of labor. And lastly, the province has comparatively its industry and commerce interfered with to that extent.

He was strongly impressed with the idea that thus far they had been studying the question of economy backwards. It might be in order for some hon. member to ask what change the proposed reorganization would effect in regard to the figures he had quoted. He would say in reply that in estimating the amount of improvements at the absurdly low figure of ten per cent., there would be a total of \$100,000, or double the estimated cost of the entire administration of the law, both governmental and municipal.

### The Maine Law.

With respect to the proposed organization, he would like to read for the benefit of hon. members a telegram from Dr. Thos. Tetreau, the able and experienced health officer of Portland, Maine, forwarded to the Maine Legislature, when a proposal to organize a department of health, to replace the old fashioned board was under consideration.

Portland, Me., Mar. 27, 1917. "The proposed public health bill meets with my hearty approval, as a long step towards putting our state where it should be in the front rank of the commonwealth, where first consideration is the conservation of the lives and health of the people. The organization of the state health forces as outlined is virtually that which was recommended by the highest public health authorities and it has already shown most pronounced results, affecting a marked reduction in the death rate in those states in which it has been adopted. If our death rate were reduced to the average rate for the registration area, it would mean an annual saving to the state of more lives than were lost on the Lusitania. Maine can ill afford to overlook any measure tending to check the enormous race of human lives, and an active, virile, well equipped state organization, earnestly co-operating with federal and local health forces would be worth many times its cost as an effective agent for vital conservation, lessening sickness and prolonging life."

Hon. David I. Walsh, Governor of Massachusetts, in a letter forwarded to the State House in Augusta, at the same time, said: "As I was governor of the commonwealth at the time Massachusetts made a change similar to the one you are considering, I have had a special opportunity to observe the beneficial results of such organization."

"The great need of the day in our state government is a vigorous and energetic health department, actively interested in all these activities, which would prevent the cause of disease and spread of disease. The physician's business is to treat and cure disease, it is the government's business to prevent disease as far as possible. The elimination of the cause and prevention of disease is to my mind the most important function of the government."

The speaker quoted Governor Whitman of New York as saying that: "The promise of the Commissioner of Health made at the beginning of this year to save 25,000 lives in the state in five years seems almost certain of realization, if only the necessary support is afforded to the department in its work."

Dr. L. K. Franklin, vice president of the Metropolitan Life Insurance Company, in a letter forwarded to the Maine Legislature had said: "The Metropolitan Life Insurance Company and other insurance companies are deeply interested in the welfare of policy holders and are doing all in their power, both by precept and example, to extend the span of human life. The legislation now under consideration in your state is in harmony with the tendency everywhere directed towards the conservation and extension of human life and happiness."

Dr. Richard M. Smith, lecturing on child welfare at the Harvard Medical School has said: "The war has brought about many changes in our conception of war and we realize today war means more to us than merely a conflict of nations with the army as the first line of defense. It has impressed us with the fact that the childhood of the nation is the second great line of defense and every child must be saved, not for his own or his parents' sake, but for the sake of the nation."

"We must teach the protection of the mother as the unit around which the child must be built. The care of the child in its own home must be the solution of the problem for the day nursery and the institution cannot take the place of home for any child."

HON. DR. ROBERTS continuing said that he knew of no arguments against a department of public health but many in its favor. One in particular was that such a department always would be subject to the control of the people through their representatives. Again it would be in direct communication with the executive and in touch with the other departments through the minister who would be a member of the executive and be in touch with the other members of the cabinet.

Dr. Hastings of Toronto, speaking before the Canadian Medical Association concerning preventive medicine referred to the mortality rate of typhoid fever in 1910 as being 40.8 per hundred thousand which was reduced in 1915 to 1.9 per hundred thousand and for the most part by safeguarding the supplies of water and milk. Concerning infant mortality, Dr. Hastings had stated that in three years it had been reduced at least one-third, the lives of 676 babies having been saved. In 1910 the general death rate of Toronto had been 14 per thousand, but in 1910 the general death rate of Toronto, which meant a saving of 402 lives.

The speaker proceeded to the expression of opinion by people of New Brunswick on the matter of a department of public health. He said he had received petitions from representative portions of the entire province and out of some 900 reports sent out with a questionnaire attached some 700 answers had been received. These reports had been sent to public persons such as chairmen and secretaries of boards of health, wardens and secretaries of municipalities, school principals and teachers of cities and towns, judges, physicians, members of the legal profession, prominent business men, clergymen of all denominations and editors of newspapers. Many not only answered in the affirmative, but also offered suggestions. Practically every newspaper had made editorial comment, the great majority favorable to the establishment of such a department.

(Continued on page 5.)

## STALE EGGS MADE TROUBLE

Montreal, April 4.—Because his eggs were boiled too long and were "ancient" as well, Joseph Gauvin yesterday struck his boarding house keeper Charles Lepine, over the head with a carving knife and threw him down stairs. He was convicted of assault and pending sentence is boarding at the city jail, where they do not serve eggs, soft or hard boiled.

## MINARD'S "KING OF PAIN" LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

### Best Liniment Made

MR. A. E. LAUNDY, EDMONTON, writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co., Limited  
Yarmouth, N.S.



## Palmer's Moose Head Brand Shoepacks, Moccasins, Summer Packs, Sporting and Trench Boots.

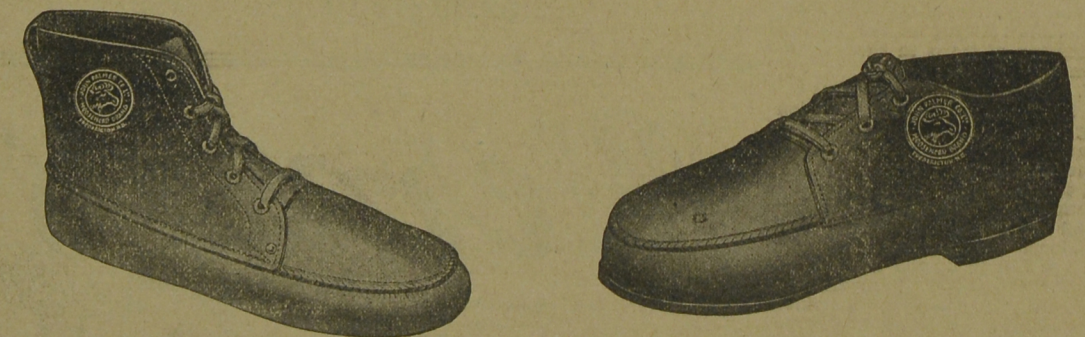
Our goods are all hand made from genuine Oil-Tanned Waterproof Leather, tanned in our own Tannery.

The enviable reputation our Trench Boots have gained through the Gruelling Tests of War in the Trenches of France and Belgium testify to the high standard of our products.

## John Palmer Company, Limited

Fredericton, N. B.

Canada's Largest and Oldest Manufacturers of Oil-Tanned Waterproof Footwear. Free catalogue on request.



## What is Crushed Coffee?

Briefly, Crushed Coffee is coffee that has had the beans crushed between steel rollers with just enough pressure exerted to break the beans into clean, even grains from which the bitter chaff and dust are easily separated by air suction—

Resulting in a coffee so pure that no egg is needed to settle it. Red Rose Coffee is as easy to make as Red Rose Tea, and its flavor, aroma, and smoothness are a delight as compared with the ordinary ground coffees.

Sold only in double-sealed air-tight cans to keep it good.

The same price as it was three years ago.

## Red Rose Coffee

