

Exact Copy of Wrapper.

CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Chas. H. Fletcher

In

Use

For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:
Residence 349-41
Office 419-11

DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG., EXPERIENCE.

King Street, - - - Opposite Boyle's Telephone 574.

W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,
2 p.m. to 5 p.m.
Phone—338-11

DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:
Inches Building, Queen Street, lately
occupied by Dr. L. R. Davison.
Telephone 261-21

J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funeral Equipment in the City.

Residence Telephone 70-41
Business Telephone 118-41

HARRY R. ADAMS,

SUCCESSOR TO THE LATE

JOHN G. ADAMS

UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our
graduates than ever. Get particulars
regarding our courses of study, tuition
rates, etc., and prepare to enter on
our opening date. Descriptive pamphlet
on request. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

Choice Roses and Carnations

Wedding Bouquets and Floral

Designs a Specialty.

Good Assortment of Ferns,
Palms, etc.

Bedding Geraniums.

All orders receive careful
attention.

ADA M. SCHLEYER, FLORIST.

AT THE CELESTIAL CAFE

CLEANLINESS REIGNS SUPREME.

Everything new and up to date.

Regular meals served. First Class

service.

Breakfast from 7 to 9; Dinner from

12 to 2; Supper from 5 to 7.

Lunches served at all hours.

Beer, ice cream and fruit always in

stock.

CELESTIAL CAFE

75 REGENT STREET.

HARRY L. McGUIRE, Prop.

Cabbage, Tomato

Cauliflowers, Celery, etc.

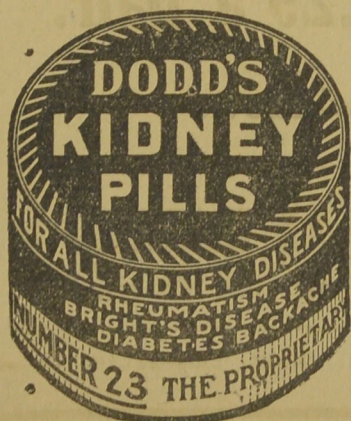
Flowers, Asters, Stocks, Phlox,
Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS



OF INTEREST TO WOMEN

THE SALAD SEASON.

Salad Combinations.

Two cups cottage cheese, 1 cup of
pickled beets, cut up. Mix and add
salad dressing. This makes a very
pretty red salad. Serve on lettuce.

One cup chopped cabbage, half cup
chopped celery, 1 cup chopped apple
(red peel may be left on). Add cot-
tage cheese salad dressing and serve
on lettuce leaf.

Cottage Cheese Salad.

Cottage cheese lends itself especi-
ally well to salads. If enough is used
the salad may serve as the main dish
of the meal. French mayonnaise and
boiled dressings all go well with
cheese salad. The cheese may be
formed into balls or slices; it may be
molded in tiny cups or passed through
a pastry tube.

Pineapple Salad.

For the salad use 1 large can of
sliced pineapple, $\frac{3}{4}$ lb. grated cheese.
Place each slice of pineapple on a let-
tuce leaf. Form grated cheese into
small balls and place in centre of the
pineapple. Pour over this one table-
spoon of mayonnaise.

Potato Salad.

To make a potato salad the pota-
toes must be boiled and cold, cut in
slices, with salt, pepper, oil and vine-
gar, and a little parsley, and just move
them gently around. Also one can
slice beef which has been boiled in
broth, and take the same dressing, only
adding mustard.

FOOD BOARD FLASHES FOR FEMININE FOLK

Work Waiting for Them.

"The work is waiting for them if
girls will take the dairying course and
go in for it in earnest," says Professor
Dean, professor of dairy husbandry at
the Ontario Agricultural College, of
Guelph. The dairymaid is now one of
the world's war workers. Never again
in sunbonnet and gingham frock, per-
haps, but in breeches and leggings.

Canada is only meeting about 14
per cent. of Britain's butter require-
ments—not good enough for such a
country as this. Labor on dairy farms
is scarce. There are about 3,500,000
cows in Canada, and the best use is
not being made of them at the present
time. Butter and cheese are needed
by the Allies as they never were be-
fore. Canadian girls have a rare op-
portunity here. There are colleges all
over the Dominion where they can
get instruction in dairying, and the
course is short and inexpensive.

Think it over and see if you would
like to be a dairymaid. You might end
up by being a dairy farmer—ette!

THE WAR GARDEN

Issued by the Canada
Food Board.

Marketing Garden Truck.

Nine out of ten war gardeners are
able to use most of the vegetables they
grow, but there will of course be some
who will want to market their produce.
The community spirit pays in this as
in most other things.

Last year the Women's Canadian
Club, of Ottawa, had a wayside mar-
ket and through this medium \$750 was
made on the sale of vegetables. This
year they are to have a motor truck
which will bring the produce right in-
to the city to be sold at street corners.
This is a novel scheme that might
be adopted in other cities. A motor
truck in a country community may be
made the means of transporting to the
city market the produce of a score of
war gardens. Fresh, good looking veg-
etables are always easy enough to sell.
The biggest difficulty as a general rule
is transportation. This may be over-
come by team work on the part of war
gardeners.

CROP OUTLOOK FAIRLY BRIGHT

Winnipeg, Man., July 17—The
weekly crop report of conditions along
the Canadian Northern Railway lines
in the west indicates a slight im-
provement on the whole over condi-
tions reported the previous week. In
Manitoba the majority of the reports
are fairly cheerful, while in Saskat-
chewan and Alberta conditions are
somewhat improved in Canadian
Northern territory. There has been
rain in some districts since these re-
ports were received.

In the Same Place.

Truth crushed to earth will rise again,
An act exceeding rash;
For scarcely has she done so when
She gets another smash.

"What kind of a man is Close?"
"Well, he's one of those fellows who
can take a glass and stop—provided
you treat first."

MINARD'S "KING OF PAIN" LINIMENT

The old reliable remedy for rheu-
matism, neuralgia, sore throat and
sprains.

Best Liniment Made

MR. A. E. LAUNDY, Edmonton, writes—
"I fell from a building and received what
the doctor called a very
bad sprained ankle, and
told me I must not walk
on it for three weeks. I
got MINARD'S LINI-
MENT and in six days I
was out to work again.
I think it the best lini-
ment made."

Minard's Liniment
always gives satis-
faction. For any
ache or pain. It
gives instant relief.

Minard's Liniment
Co., Limited
Yarmouth, N. S.

Wedding Invitations.

"How about asking Mrs. Brown?"

"Good for apple knife; put her down."

"Cousin Jim is a queer old fish."

"Still, he might give you a pickle dish"

"There's Uncle Henry, of New York."

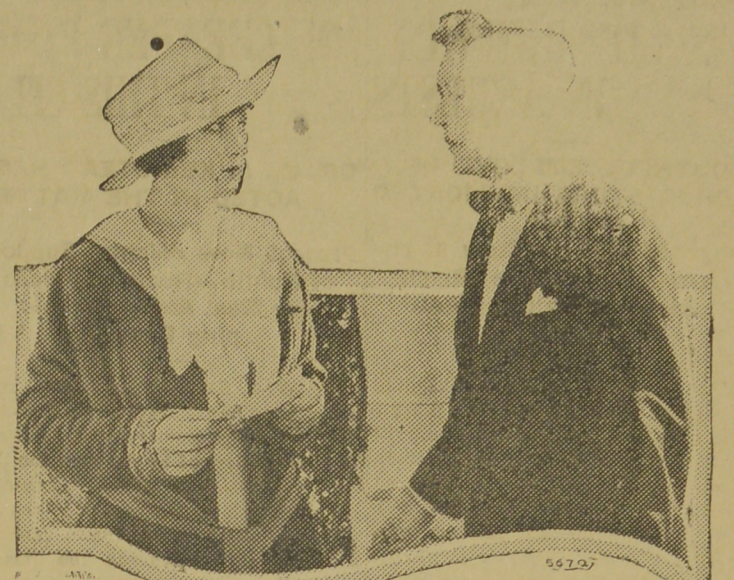
"Pretty safe for an ice-cream fork."

"I don't know how to pick and choose"

"Ask 'em all. You can never lose."

Cook's Cotton Root Compound.

A safe, reliable regulating
medicine. Sold in three de-
grees of strength—No. 1, 2, 3.
No. 2, 25¢; No. 3, 50¢ per bot-
tle. Sold by all druggists, or sent
prepaid on receipt of price.
Free pamphlet. Address:
THE COOK MEDICINE CO.,
TORONTO, ONT. (Formerly "Makars").



SESSIE HAYAKAWA in "Hidden Pearls" A Paramount Picture
AT THE GAIETY THEATRE WEDNESDAY and THURS

BE PREPARED!

Haying time is at hand.

You cannot afford to waste time and money tinkering with worn-out
machinery. Send in your order now for the DEERING IDEAL MOWER,
either 4, 5 or 6 foot cut. If you have rough fields we specially recommend
the new VERTICAL LIFT IDEAL MOWER.

Help Old Sol on his job by getting a HAY TEDDER so as to dry your
hay quickly. Horses and cattle prefer tedded hay.

We have the DEERING ALL STEEL RAKES.
We are advised that prices will be higher next year.
We sell ARSENOID to kill Potato bugs.

J. Clark & Son Ltd.

FREDERICTON, N. B.

Any time is dancing time, where ever there is a

VICTROLA

Whenever you feel like dancing, when a few friends stop in, when soldier boys
are home on furlough, the Victrola is always ready with the music.

Everywhere the Victrola and Victor Dance Records are a constant invitation to
dance.

Come in and let us give you a demonstration, and show you how you can have
a Victrola at once, by our plan of deferred payments.

The McMurray Book & Stat'y Co., Ltd.

Booksellers, Stationers and Printers.

Have Your Job Printing Done At Home

The Mail now has every facility for turning out High
Class Job Printing work and there is no longer any reason
why manufacturers, merchants and others should send their
orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run
by electric power, and can turn out work promptly and
efficiently. If you have a job of printing call up No. 67 and
we will do the rest.

The Mail Printing Co

327-329 Queen Street, Up Town