PAGE THREE

HEART PALPITATED

COULD COUNT EVERY BEAT.

When the heart begins to palpitate it will beat fast for several seconds, then slow, then start to flutter, and a feeling of utter depression will come over your whole system, accompanied

When the heart gets into this condierable, and are unable to attend to either social, business or household

Milburn's Heart and Nerve Pills

will give prompt and permanent relief to all sufferers from any heart weak-

Mrs. Walter Grieves, Apsley, Ont., writes:—"I had been run down, and doctors told me I was anaemic, but did not help me with their medicines I could not sleep nights, my heart palpitated so, and I could count every bat

I used to have such dizzy spells I

would have to go to bed. I was not able to do any work for eight months.

able to help every day with the work

o some one who is suffering the way did."

ess or nerve derangements.



Telephones, Bells, Watchmen's Clocks, Annunciators, Burglar Alarm Systems, etc. Lighting Plants Installed in Isolated Places. We carry a large assortment of Electric Fixtures and []Heating Appliances.

# DRESS, OR THE LACK OF IT, A **GREAT PROBLEM**

#### (Philadelphia Bulletin)

What should women wear interests good many women much-and a ood many husbands even more. And now it has been taken up by the doctors, and with no better chance at a final decision than the problem had ever had.

Out in Chicago, at a meeting of the American Public Health Association the discussion was revived once more and the opinions of women physicians looks abroad. there caused several women physic ians here to say what they had to say It seems that some of the Chicago

ans thought that a lavalliere wasn't enough to wear to protect the wearen against pneumonia, while others de lared emphatically that the wearing of fewer clothes by women was both moral and hygienic. As Dr. Effie Lob dell rather enigmatically expressed i 'Women are cleaner now because they have to wear these thin clothes.' However that might be, it started

a discussion as soon as the women physicians here heard about it. "All the trouble," said Dr. Rose Lil ning gowns than I. The trouble is so

many girls adopt them, with slight modifications, for street wear or the office.

But Dr. Clara Frances Allen, 1701 Chestnut St., thinks differently. She likes a divided skirt, even a "uniform' as she expresses it, for women.

"I am greatly in favor of a loose one-piece dress with a divided skirt she said today. "The divided skirt is lecent and certainly more comfortable am also in favor of a sort of uniform

But Dr. Barnett put her foot right lown on the uniform idea. "No uniform is attractive," she declared firmly. "Some women physicians seem to forget that women are women. Just why they are so adverse to lace and ruffles I can't see. Dr. Maud Boyer 250 S. 16th st.

thinks that women should wear what the signing of the armistice terms by suits them, which, incidentally, is Germany and Mackey was found to sheepmen guessed Sep. 23, 1918, as mean it just that way, as she went on to explain.

"Women should wear what bring: out the best that is in their character she added. "If a women feels that she ran bring out the best that is in her character by wearing high heels, she should wear them, even though don't think high heels are beautiful

"As far as the amount of clothing is concerned, it stands to reason that all parts of the body must be equally clothed, unless perhaps, certain parts have been trained otherwise from

"Nature, originally did not intend us to wear clothes at all. We must get closer to nature. We cannot of course go back to nature's original plan, but we can wear looser clothing and we in give up being slaves to fashion We can get to the point where we will not discard last year's perfectly good coat just because it does not conform with this years style.' Dr. Boyer declared that corsets were the invention of the devil.

## TURKEY AT LAST FEELING SHAME **OVER ATROCITIES IN ARMENIA**

#### (Boston Record.)

The engaging admission by Abdul Medjid Effendi, heir to the Ottoman throne, and at present more articulate than the by weak, fainting and dizzy spells. Sultan, that he is "more asham ed of the Armenian atrocities committed during the war than of anything in our history," indicates a wholesome non-German frame of mind. The heir accepts a large order of shame, for in Turkish history there are

several matters of which even an average conscience might without special effort, be ashamed. If he is honestly ashamed now, he becomes an interesting figure. We prefer a Turk ashamed to a German in his natural condition. Perhaps there is hope for Turkey-the Ottoman heir appears pliant, and

The future of Turkey is one of the problems. We are confident that matters will be so arranged that no Turkish monarch, or heir, will in the future have the doleful opportunity to be ashamed of anything like the Armenian massacres. Our murdered the Armenians was Turkish, the brain that moved the hand was German. And excellent men, missionairies and others, tell us that there is hope for the Turk, one of the first measures of his salvation being to remove from him all tempmeasures of his salvation being to remove from him all tempation in the way of dominion over other peoples.

Beyond a degree of emergency relief and aid, presumably, the Turk wishes most to be left alone. The more alone he is 50° a box at all dealers, or mailed the better he acts. One of the results of peace should obviously direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont. lian Barnett, 1822 W. Erie av., 'is be to give the Armenians complete independence, and to cut that the modern girl doesn't wear the away from Turkish rule all who wish such a political divorce, proper clothes at the proper time. No After that the Turk, suitably watched, may do better than we one is more in favor of beautiful eve- sometimes have even dared to hope.

A WAR GUESS

section in February, 1915. Twenty-nine

sheepmen who were gathered here at

WON \$2,900 ON SERIOUS FIRE

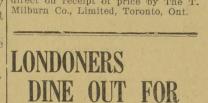
Salt Lake City, Utah, Dec. 17-D. Montreal, Dec. 18-Ten families C. Mackey, a prominent sheep raiser were driven out of their homes and restaurant where 150 luncheons and of the intermountain section, who lives four stores were gutted in a fire that broke out tonight between 9th and in Salt Lake, guessed within four days 10th Avenues, Lachine. A woman of the time the great war would end claimed that she had lost her baby in and as a result he has won a "pot" the fire but search by the firemen reof \$2,900 made up by sheepmen of this vealed nothing.

IN MONTREAL

that time made up the "pot" each con-to church or too religious to do any tributing \$100. The \$2,900 and the harm there?

twenty-nine guesses were placed in an envelope and put in a safe deposit elor can hold a baby almost as awk box. It was opened several days after wardly as a woman can throw a stone

have been the best guesser, Nov. 15 the end of the war, while Mackey's 1918, being his guess. Two Wyoming wife guessed a date in December, 1918. when more Americans arrive.



**COMFORT'S SAKE** London, Dec. 17-At one popular 200 dinners used to be the average, the figures now are 200 luncheons and 280 dinners. The manager said that one night a regular customer waited fifty-five minutes for a table. He asked for a place at ten minutes past 7 and sat down to dinner at five past 8. The

shortage of domestic servants and fuel and lighting restrictions all tend to increase the restaurant habit. The habit of booking in advance is

ecoming more general, in some cases even a week ahead. Tables are booked by officers in France through the post in anticipation of their leave.

The crush is expected to be heavier



Estimates submitted without charge.

W. Allen Staples

634 Queen St.

Politicians view with alarm the apaching solidarity of the

Where are the D'Artagnans of to-day? Kidnapping the kaiser or the crown prince should appeal to such natures. That would save extradition formalities and delays.

and an and a said a sai

Onn. Court House

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10 W.-S. S. worth \$50. January 1st, 1924