

## SOME RECENT ORDERS BY THE CANADA FOOD BOARD

(Continued from page 2.)

Mr. Thomson.—We considered this matter and decided against it.

Question.—A merchant sells to a customer what he knows to be a two weeks' supply of sugar or flour. The customer buys from other sources as well. Shall the merchant who has made a bona fide sale be compelled to receive the goods when returned?

No answer was given to this question.

Question.—Why not permit millers to put up flour in half-stone quantities?

Mr. Thomson.—This question is being considered at the present time.

Question.—A grocer is asked to receive back flour of pre-war grade, is he permitted to sell this?

Mr. Thomson.—Yes.

If I have on hand a quantity of flour that at normal times would be a month's supply but under present conditions is more than that what shall I do?

Mr. Thomson.—Return it.

Question.—If a retailer takes back flour are millers required to take it back from him?

Mr. Thomson.—Yes.

Question.—What action can be taken against a merchant who has applied for a license and has not received it?

No answer.

Question.—Is it necessary to have license number on counter cheque books?

Answer.—Only if it is used as a monthly statement.

Question.—If the amount of the previous sales are car-

## TROUBLED WITH CONSTIPATION HEART AND NERVE From 16 to 20.

Constipation is one of the commonest ills of mankind, and one too often allowed to go unlooked after until some serious complication sets in.

If the bowels are properly looked after there will be no constipation, jaundice, sick or bilious headaches, heartburn, coated tongue, sour stomach, floating specks before the eyes, etc.

Milburn's Laxa-Liver Pills will keep your bowels so regulated that in no time the constipation will disappear entirely.

Miss Emma E. Melanson, Halifax, N. S., writes: "I am now 20 years of age and since I was 16 I have been greatly troubled with constipation, so much so that at times I would be in bed three or four days a month. I tried all the old fashioned remedies, castor oil, cascara, etc., with only temporary relief until my sister-in-law gave me some of Milburn's Laxa-Liver Pills. From the first they seemed beneficial and I gave them a fair trial. This was two years ago, and with an occasional dose I have kept entirely free from constipation for the period mentioned."

Milburn's Laxa-Liver Pills are 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

### SOME EXCUSE

"We must conserve fats, mustn't we?"

One advantage of war food is that a fellow gets a better chance to taste things as they go down.

The Copper Range railroad in upper Michigan is hiring woman station agents to take the places of men called to the colors.

## CANADIANS CRUCIFIED BY HUN SOLDIERS

Chicago, June 4.—Corporal James Irving Parker, of Chicago, who recently returned from the western front, where he drove an ambulance truck for the French army, but who now is an enlisted man in the United States Signal Corps, relates a story of German atrocities culminating in the crucifixion of fifteen Canadian soldiers.

"We were moving forward in the Chemin des Dames drive last October on the heels of the fleeing Huns," says Corporal Parker. "A crowd of truck drivers was billeted for a few hours' sleep in one of the French chateaus which the Huns in their flight had failed to destroy."

"We were congratulating ourselves on the excellence of our quarters when a polli appeared and said in broken English: 'Americans, came with me.'"

We followed him up a broad, winding staircase and entered a room that must have been 30 feet square. On the walls of that room hung fifteen crucified Canadian soldiers. Five hung on each of three of the walls.

"Four spikes to a man were used in the crucifixion, one through each wrist and one through each ankle. The victims were thirteen privates and two officers, all in full uniform. There were no wounds on the bodies of the men other than those made by the spikes."

A Canadian regiment had been placed at this point of the Chemin des Dames sector about two weeks before to relieve the war-worn pollus, Corp. Parker explained, and a few days before the drive thirty of them had mysteriously disappeared. Parker, who is home on two months' leave after being gassed, is the son of a real estate broker at 59 West Washington street.

## BLOODLESS WOMEN

Feel Weak, Depressed and Worn Out All the Time—Do Not Eat Well or Sleep Well.

It is an unfortunate fact that nine women out of ten are victims of bloodlessness in one form or another. The girl in her teens, the wife and mother the matron of middle age, all know its miseries. To be anaemic means that you are breathless after any slight exertion—you feel depressed and worn out all day. You turn against food and cannot digest what little you do eat. At night you do not sleep well and in the morning you wake up tired and feeling unfit for the day's duties. Perhaps there are splitting headaches, or pains in the back or side. Often a feeling of dizziness and despondency. These are the signs of anaemia, or bloodlessness. There may be only one or two signs noticeable, but the more there are the greater are the ravages of the trouble. There is only one way to cure anaemia, and that is by increasing and enriching the blood supply, and there is only one medicine can do this speedily and effectively—Dr. Williams' Pink Pills. These pills purify the blood it is in this way that thousands of weak, ailing girls and women have been restored to the joy of energy and good health through their use. Give these pills a fair trial and you will enjoy that health and strength that is the birthright of every woman. Mrs. W. H. Neff, Hughes avenue, Toronto, says:—"For several years I suffered from a weak and watery condition of the blood. At times I would be so bad that when I walked up stairs I would have to sit on the top step and rest. Sometimes my face would swell to about twice its natural size, and at other times my feet would swell so that I could not put my shoes on. Frequently I would take fainting spells, and was wholly unfitted for any work. I was under a doctor's care most of the time and if I felt better for a time it was only to have the trouble worse than before. While in this condition I was visiting a friend who had great faith in Dr. Williams' Pink Pills, and she got me three boxes. By the time I had taken these I felt so much better that I got six more boxes, and before I had taken them all I was again enjoying the best of health; had increased in weight, my appetite improved, and I have not had a symptom of a relapse to the old pitiable condition."

You can get Dr. Williams' Pink Pills from any dealer in medicines or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

London Express: Cheese is the only real substitute for meat. Bread and cheese is indeed a most perfect diet. Men have habitually done many hours' hard manual work with bread and cheese as their chief food. Margarine is a fairly satisfactory alternative for butter. There is no substitute for cheese.

"Why don't you use more elbow grease?"

## SOME MORE USEFUL HINTS FOR BREEDERS OF POULTRY

### Male Birds Responsible for the Destruction Of Many Eggs During the Warm Weather Season --- Should be Killed Off or Canned for a Time --- People Who Buy Fresh Eggs Do Not Want Chicks

By A. C. McCulloch, Provincial Poultry Superintendent.

The rooster is a necessary evil. By June 1st he has served his purpose, in so far as he can, for this year. That he should be "numbered with the dead" will therefore be hailed with joy by the farmer's wife who daily observes him lead his innocent mates to the softest, mellowest spots of a new and promising garden, and to the farmer himself who wishes to grow some oats, or buckwheat, or even roots or potatoes within a short distance of his buildings. The city man whose neighbor keeps hens will rejoice but wish that June 1st came six months sooner. Unfortunately however the "city rooster" is usually considered worth more to his race than his country brother, is less harmful and more attractive, and by virtue of these facts is often spared.

Canadian farmers lose at least a million dollars a year in partially incubated eggs during the summer months. The rooster causes them. This may seem an insignificant figure. If so, consider for a moment our southern neighbors who really keep hens. In the State of Missouri alone he spoils one-half million dollars worth of eggs each month from June to October. Indiana, Illinois, Iowa and many other States tell the same story. In the aggregate he is directly responsible for probably ninety per cent of the rotten eggs put on the market and spoils, estimating conservatively at least ten million dollars worth of eggs annually.

Chick development will commence in a fertile egg at a temperature of 70 deg. F. Practically any summer day fertile eggs remaining in the poultry house or any other equally warm place will therefore undergo incubation. However, the development is slow and not extensive; the embryo is weak, and the cooler temperature of the night is fatal. A dead chick, a decomposing and rotten egg result.

It is a common opinion that the male is a necessary factor in the egg production of the hens. Nothing is so farther from the truth. An egg is

merely a female sexual or germinal cell with its natural coverings of albumen, shell, and shell membranes. These she will produce and lay irrespective of the male's attentions.

A particularly desirable male should be kept over for another breeding season but must be separated from the hens. It has been demonstrated experimentally that the male is a potent factor in the winter egg production of his pullets. Some males produce pullets which lay better in winter than pullets from other males. Unfortunately this production cannot be predicted and it would be necessary to keep the till Christmas to utilize this fact. He should in such cases have spacious private apartments during the summer months and not be fed on prison rations.

As a patriotic measure it behooves farmers and poultry raisers to immediately dispose of male birds or separate them from the hens. We will save billions of eggs during the next few months, three to five dollars a year for feed for each male, in some cases our war garden, in many cases arm aches from throwing stones, and many words which might better be unsaid.

### QUICK RESULTS



### Rub Lameness Out

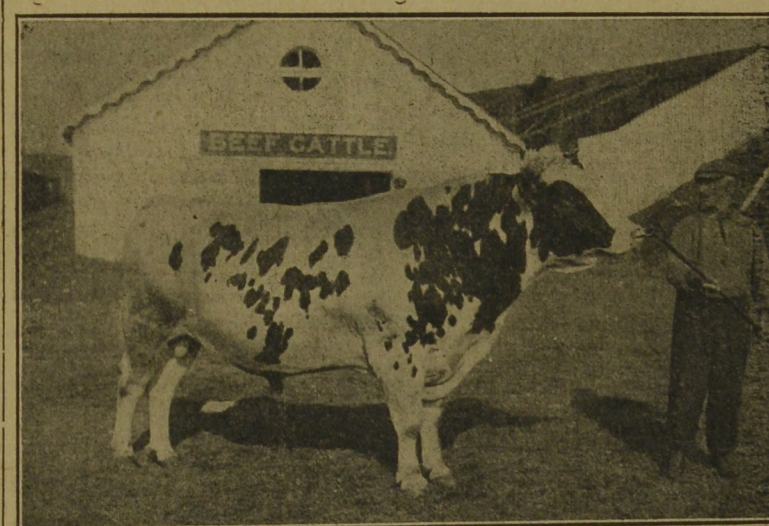
The rubber sponge cannot be beaten as a means of rubbing lameness out of the muscles or opening the pores so that a good warming liniment or rubbing oil can be rubbed in. It is durable and sanitary. It fits all sizes of hands.

## PHARMACY STAPLES

ALONZO STAPLES, Prop.  
Agency for Miller Standard Rubber Goods.

### Cook's Cotton Root Compound.

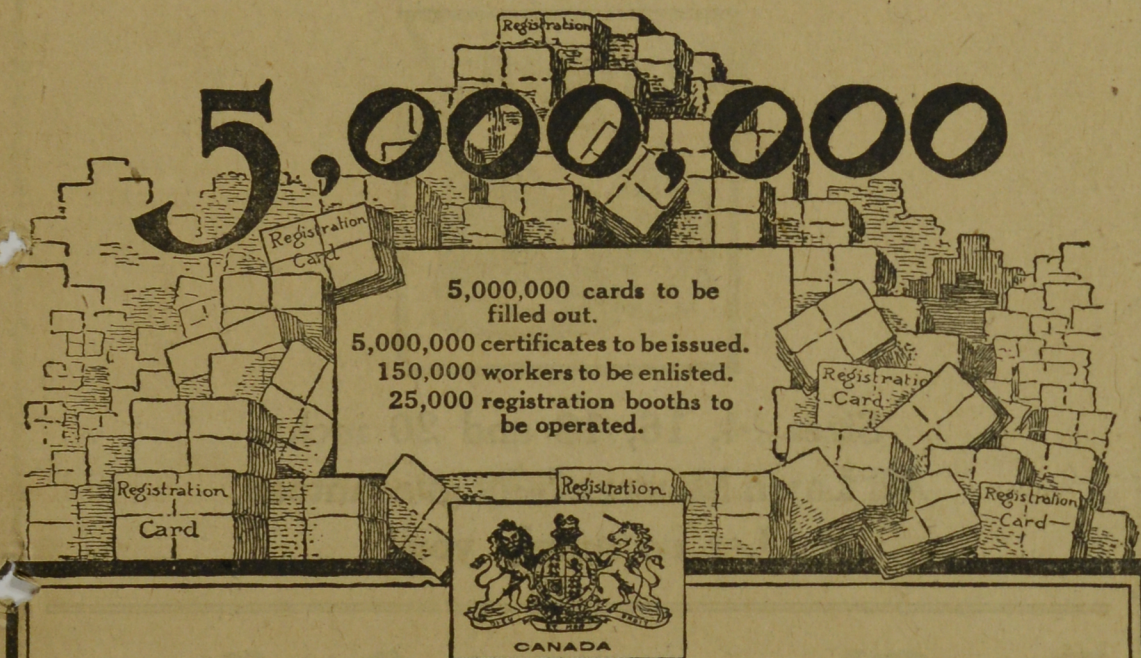
For a reliable regular and permanent cure for all degrees of strength—No. 1, \$1. No. 2, \$2. No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Vicksburg).



"Sir Taforit Schulling," 18967, Senior and Grand Champion at Sherbrooke, Quebec, and Halifax, 1917—Bred, owned and exhibited by Harding Bros.



"Blizzard," Grand Champion Cow, Maritime Provinces, 1911—Harding Bros.



## Registration a Stupendous Task

One Day - SATURDAY - June 22nd

The task undertaken by Canada to register every male and female, British or alien, of 16 years and over, residing in the Dominion, is of stupendous proportions. The machinery that has been created is most comprehensive in its scope, and the information procured through this registration will be in such form as to make it possible for Canada to mobilize every available unit of human energy, either in the "First line of defence" or at home in support of her Allies.

Five million people will have to be registered in one day. It is estimated that one hundred and fifty thousand workers will be required to take this registration, or an army five times the size of the first Canadian contingent.

It will require at least six minutes to register one person. A Deputy working continuously can take only ten registrations per hour, or eighty for an eight hour day. On Registration Day the booths will be open fifteen hours; the Deputies therefore will have to work in two, possibly three shifts.

In order to make registration convenient and easy, 25,000 places of registration will be established throughout Canada, with from one to twelve booths at each place. The location of these booths will be advertised by Proclamation and through the local press.

Canada will be divided into 230 districts, each in charge of a Registrar, who is instructed to surround himself with a competent staff of deputies and assistant deputies in whatever numbers the work may require.

### Volunteer Workers Urgently Needed

To carry out this vast programme efficiently and completely, intelligent voluntary helpers are essential. Individuals, women's societies, clubs, fraternal societies, church organizations and municipal organizations are asked to help.

The Board appeals with confidence to the patriotism of every Canadian man and

woman and to the pride which every locality must take in doing its own work well, to furnish the necessary number of volunteer deputies and assistants.

Interpreters of all languages will be required. Those qualified should apply to the Registrar of their district at once.

Issued by authority of  
Canada Registration Board

### SUPERINTENDENT OF REGISTRARS—CHAS. COMBEN, Woodstock, New Brunswick. REGISTRARS

For Charlotte District—Sheriff Robert A. Stuart, St. Andrews, N. B.

For Northumberland District—Sheriff William F. Cassidy, Chatham, N. B.

For Royal District—Sheriff Samuel A. McLeod, Sussex, N. B.

For St. John City and Counties of St. John and Albert District—Sheriff Amon A. Wilson, St. John, N. B.

For Victoria and Carleton District—Sheriff Albion R. Foster, Woodstock, N. B.

For York and Sunbury District—Sheriff John B. Hawthorne, Fredericton, N. B.