EXPERIENCE OF

(Continued from page 3.)

was a substitute for a substitute, having been exhausted.

It was pitiful to observe the efforts of the people to continue the char-strength. acteristic and hitherto highly comfortthese cafes used to play. On a sunny coffee and the delicious little cakes tion. which were sold in all these clean and attractive resorts. At the time I am writing of people still would go of habit to the cafes, but they were a different people and the cafes were mournful enough in their appearance Only imitation coffee could be had without milk and no cakes at all were sold. People brought their own cakes such as they could get. They were made usually of war flour unsweeten-

Start for Switzerland-and Food Fraulein Bungelaar and I, after exhaustively discussing our project with those of our friends who could advise us, made written application for permission to make a trip to Switzer'and stating that it was necessary as a means to restore our health. After a wait of two weeks the necessary permission was granted us and we started on our journey, already excited at the thought of getting real appetizing food. The prospect of it so stirred me that at Muenchen I asked a waiter in a restaurant if I couldn't have an egg He was so astonished for a moment that he didn't speak. Then he replied that he would be arrested if he served me with an egg.

There were some difficulties and delays about our passports crossing the border. We had to wait four or five days in Berne while inquiries were made, and we had to have new photographs attached to our passports. We spent a fortnight moving from one Swiss pension to another and enjoying almost forgotten diet to such an extent that I fear people thought us most greedy. We saw many Germans going through the same enjoyable experience.

Laxity at the Border

I had a feeling of depression and also one of secret guilt when we pre pared to return to Germany. Naturally I was depressed at the thought of going back to the uninviting and unhealthful diet of Berlin.

Conditions may be worse now than when I left Berlin a few months ago. That they were bad enough then a brief summary of them will show: Taking first the one principal luxury of the common people-beer is all of one kind-"einheit bier" they call it It contains practically no alcohol and is a pitiful substitute for the famous beers of Germany. As to the regulations regarding its sale, I can only cite house, where men of the neighborhood were in the habit of sitting each night at their customary tables. There the beer which I have described was sold only after 7.30 p. m. and the place was closed every Tuesday night.

The few cab horses in Berlin are so weak from want of food that they are

WANTED

WANTED-Books and magazines for distribution to returned soldiers or going overseas. Telephone Mr. A Murray, care of A. Murray & Co Tel. No. 159, or leave at store for Military Y. M. C. A.

WANTED—An experienced and capable girl for general housework; good wages. Mrs. W. H. Irvine, 86 Carleton

WANTED—Warm, clean, single room; gentleman, box Z, Mail.

FOR SALE

FOR SALE-Rhode Island Red cock erele, six months old. Strong, well de-weloped birds, excellent for breeding George street, city.

C. A. MacVey, 219
George street, city.

FOR SALE—Ab a bargain, 1 set light harness, 1 50-ft. joint of rubber hose (new), 3 round-pointed shovels, 2 mortar hoes, 4 stone hammers, 2 brick hammers, 2 plastering trowels, 2 brick trowels, 2 sets of mitering tools, 1 4-ft. bricklayer's level, 1 3-ft. carpenters' level, 3 new hand-saws, 1 pinch bar. A. E. Quartermain, 80 Westmorland St. 'Phone 186-33.

Prepare for Winter

The undersigned G. W. Holmes, now having some leisure on his hands, is in a position to give prompt attention to odd jobs of mason work, such as topping chimneys and fixing walls and ceilings. I keep stock always on hand and will give all orders prompt attention.

G. W. HOLMES, 192 Northumberland Street, City.

mere skeletons. Often a cabman will manner of the protruding nails in a of her boudoir, with the result that tute articles. I suppose it is reasonable to believe from wearing out. that the people are becoming inured | A doctor's prescription, in addition stockings every six months. Darning enough. You cannot have a permit to

thing it was to stroll along in the versal. If one pair of these require everlooking the sidewalk and have of grass dipped in some tar prepara-

on the street from weakness. I did ing after one's shoes have this treatnot see so much of that before I left ment, but it saves the precious soles

or are keeping their exertions within to all the other permits, is necessary cotton which used to cost 5 cents a buy another." If the applicant wishes the possibilinties of their depleted before a lady may buy a summer roll, is now 50 cents a roll and almost a permit to buy a new floor cloth the mantle. She is supposed to own one impossible to obtain. Dressmakers bureau woman will say, "How many Many shoes have wooden soles now. outer wrap only, unless she is an in- can't work for lack of thread. Pre- rooms have you?" able life of the city under such con- It is against the law to put leather valid. I say supposeed; it is the law scriptions can't be filled for lack of This, briefly is the Berlin which I ditions as these. For instance, the soles on old shoes. Shoes must be which supposes it, and violation of medicines. Letters to America can left. I did not depart until my encafes along the boulevards all re- bought, as everything else, on certifi- the law would mean arrest and punish- only be sent through the Friedensbu- durance was exhausted. It seemed to mained open. If you know Berlin you cate of necessity. I was unable to find ment. Material for light outer dres- reau, and I never knew of any one get- me that the Germans would never give understand what an important part shoes to fit me. Also, I was unable to ses and for undergarments is composting a reply to a foreign letter so sent. in nor would the Allies. I realized that in the daily life of the common people have repairs made to any of my old ed almost entirely of paper. It looks Side streets were lighted only by it meant serious illness or death for joyous health again returned. Never a failure with Dr. Hamilton's Pills,

look at his horse and decline your cus-tworkman's heavy boots. There are there was positively nothing left of The young women in charge of the tom. "My horse cannot take you that stands in the market places and either but the embroidery when she bureaus where one obtains permits to far," he will say. There was a time streets for the attachment of these had finished. The paper material has purchase necessary articles are exwhen the people themselves would fall leather bits. It is uncomfortable walk- absolutely no substance or durability. tremely rude. I have often heard one Handkerchiefs Scarce

three handkerchiefs and two pairs of one. The one you have on is quite good

day what a delightful and inexpensive two pairs of shoes. That rule is uni- purchased, but it is a very different by only enough of those to make the grow no worse. I was depressed and get a 25c. box today. thing to use. A lady of my acquain- dimmest illumination. Dentists are sorrowful for the suffering people cheerful crowd and finally take a seat new soles one can get only soles made tance desired to make fittingly ready not permitted to use gold in filling around me. A homesickness so utter for the return of her husband on fur- teeth. Men have had to surrender even that it was a constant pain at last lough. Therefore, she recklessly lav- their watch chains and women their seized me. The horror of war-even Nearly all shoes have bits of leather ished some treasured soap in wash-little ornaments to the Government though I saw no war-pressed upon

of them, after looking at a lady's By law one is permitted to buy only frock, say "You do not need a new

tacked on the soles something in the ing her underclothing and the curtains using iron where possible in substill me as a dreadful weight. I determined immediately in pure melted tallow.

o get out of Germany. How I did so my next story will tell.

Grand Complexion Improver! Better Than Cosmetics

When it's so easy to bring back the bloom of youth to faded cheeks, when skin disfigurements can be removed, isn't it foolish to plaster on cosmet-

Go to the root of the trouble-remove the cause—correct the condition that keeps you from looking as you ought. Use Dr. Hamilton's Pills and very soon you'll have a complexion to be proud of. How much happier you'll feel — pimples gone, cheeks rosy again, eyes bright, spirits good,

To remove indelible ink, use equal parts of ammonia and turpentine. Saturate well and rub hard.

To remove black ink, dip the spots



COME ON-YOU!

If you're doing everything you can do to win the war, if you're living like a true patriot, denying yourself food, clothing, materials and labor that are needed to win the war.

If you're saving your money and lending it to Canada to win the war - Then, you're a red-blooded, fighting Canadian-You're holding your place in the line.

Don't be half a Canadian. Don't weaken our battle line. Go into battle to-day for all you are worth.

Buy VICTORY BONDS

Issued by Canada's Victory Loan Committee, in co-operation with the Minister of Finance of the Dominion of Canada.