



CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Chas. H. Fletcher

In
Use

For Over
Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

IN THE SOUP

Any leftover food can do its mit in the soup kettle, says the United States food administration.

Milk Vegetable Soups.

Two and a half tablespoons flour, 2 tablespoons butter substitute, 1 quart skim milk, two cups thoroughly cooked vegetables, finely chopped, mashed or put through sieve. Spinach, peas, beans, potatoes, celery or asparagus make good soups. One teaspoon of salt. Stir flour into melted fat and mix with the cold milk. Add the cooked vegetables and stir over the fire until thickened. If soup is too thick, add a little water or milk.

Duchess Soup.

Half onion, two tablespoonfuls fat, two tablespoonfuls flour, three cups of milk, three-quarter cup grated cheese, salt and pepper. Cook the onion in the fat until tender, but not brown. Add the flour, then the milk gradually. Cook until smooth, add seasoning to taste. When ready to serve put one tablespoon of the grated cheese in each plate and pour over it the hot soup.

EVERYDAY HELPS.

Valuable vases should be filled with sand. This makes them stand firmly and they are far less liable to be tipped over and broken.

Swivel castors should be placed on the kitchen cabinet and the kitchen table or any other heavy furniture in the kitchen. This enables one to easily move them when sweeping or washing the floor.

When a man's soft-collared shirt becomes worn about the neck, rip the collar from the binding, turn over and stitch back into the binding at same place. This puts a new lease of life into the shirt. The cuffs can be turned the same way.

If lemons are warmed and then rolled before squeezing, one can obtain a much larger quantity of juice from them.

To remove the odor of onions from the hands, wash thoroughly in cold water to which a teaspoon of dry mustard has been added and use no soap.

Glass stoppered bottles are sometimes very difficult to open. This may be prevented by putting a very thin coating of vaseline on the stopper before using.

Failure after long persevering is far better than a disinclination to try.



Old Dutch

**You Will
Be Proud
of your pantry
if you use
Old Dutch.**

**It keeps things
clean and bright
with very little
labor.**



SUFFERED WITH NERVES COULD NOT KEEP QUIET.

Diseases of the nervous system are very common.

All the organs of the body may be sound while the nerve centres may be affected.

Many women become run down and worn out by household duties never ending, and sooner or later find themselves with their nerves shattered and the heart action weakened.

On the first sign of an weakness of either the heart or nerves, flagging energy or physical breakdown, do not wait until your case becomes hopeless.

Milburn's Heart and Nerve Pills will at once quieten the shaking nerves, strengthen the weak heart, and build up the entire system.

Mrs. F. Bailey, 221 Earl St., Kingston, Ont., writes: "I was suffering very much with my nerves, so much so that I could not keep myself quiet at all. I was recommended to try Milburn's Heart and Nerve Pills so I bought three boxes, and I must say I have derived much benefit from them, so much so that my friends have all noticed the change in me."

Milburn's Heart and Nerve Pills are 50c per box at all dealers, or mailed Milburn Co., Limited, Toronto, Ont.

WE DON'T HAVE TO BUY ICE.

(Washington Star.)

"We must make sacrifices for the children."

"Yes," replied the man, "but I can't see the good of giving three cheers for a hard winter simply because Willie and Jane are enjoying the sled and skates they got for Christmas."

OR A NUT.

(London Punch.)

Mrs. Jenkins (whose son has been hit by a sniper)—I calls it treachery, Mrs. 'Arris, settin' on a tree and pretendin' you're a leaf.

HE MEANT "HONEY."

A joke has always
Time and place.
He called her "Hun."
She slapped his face.

Speaking of food riots, did you ever try to keep a six months' old baby quiet when it was time for his bottle?



Wood's Phosphorine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, despondency, loss of energy, palpitation of the heart, falling bladder, etc. Price 21 per box, six for \$1. One will please, six will cure. Sold by all druggists or mailed in plain package on receipt of price. Non-proprietary medicine. THE WOOD MEDICINE CO., TORONTO, CAN. (In Canada Windsor.)

NOTICE OF LEGISLATION.

Notice is hereby given, that application will be made at the next session of the Legislature of the Province of New Brunswick for the passage of an Act to incorporate the New Brunswick Western Railway Company, with a capital stock of \$400,000.00, with power to build and operate a line of railway from a point on the River Saint John in the County of York between Meductic and Pokiok and a point in the Parish of North Lake in the said County at or near the head of North Lake, being on the international boundary between the United States of America and the Dominion of Canada, and there to connect with the Eastern Maine Railroad chartered by the Legislature of the State of Maine, with all the usual powers incidental thereto, and with authority to acquire by purchase or otherwise, and own, operate and sell hydro-electric power and energy for all purposes.

Dated at Fredericton, N. B., this eighteenth day of February, A. D. 1918.
SLIPP & HANSON,
4 wks Solicitors for Applicants.

Wholesale Dry Goods and Woolens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cretonnes and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS

ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.

PRICES REASONABLE.

LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

FURS

We have a Fine Range of FUR COATS — Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR LINED COATS and CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAWs, LADIES' COATS and FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANKETS. Inspection invited.

J. CLARK & SON LIMITED

New Supply of
Vaccination Shields
15 cents

—AT—

WILEY'S PHARMACY, York Street

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41
Office 419-11

DR. GERRARD, DENTIST

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Telephone 574.

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Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
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Lately Occupied by Capt. F. W.
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THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars
of our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

FOR SALE

FOR SALE—Dry soft wood, 4 ft., \$7 per cord; dry furnace wood, 2 ft., \$11 per cord; dry split 16-inch hard stove wood, \$3.50 per load. T. W. Fukon, 618 Brunswick street.

FOR SALE or TO RENT—The freehold property 492 George street. Possession May 1st. Apply to J. Walter MacKty, 'Phone 362-11.

WANTED

WANTED—Large Mail Order House wants men everywhere to show samples or mail circulars if preferred. Position will pay \$15 weekly. The Consumers Association, Windsor, Ont.

WANTED—Books and magazines for distribution to returned soldiers en route home, in the Military Hospitals, or going overseas. Telephone Mr. A. Murray, care of A. Murray & Co. Tel. No. 159, or leave at store for Military Y. M. C. A.

GET OUR PROPOSITION for responsible men and women. Permanent repeat order business that pays big profits. Hundreds enjoying big money earnings from the business we have helped them build. Why not you? Leswerk Manufacturing Co., Foster, Que.

WANTED—Girl for general housework in small family. Apply to Mrs. R. P. Allen, 164 Charlotte Street.

NOTICE TO TAXPAYERS

Taxpayers will please take notice that in order to have a vote at the coming election all taxes must be paid on or before Wednesday, February 20th.

G. R. PERKINS,
City Treasurer.

NOTICE OF LEGISLATION.

PUBLIC NOTICE is hereby given that application will be made by Fraser Companies, Limited, at the next session of the Legislative Assembly of the Province of New Brunswick for the passage of an Act for the following purposes, viz.:

(a) To ratify and confirm the sale and transfer as a going concern of the undertakings, business, assets, property and franchises of Fraser, Limited, to Fraser Companies, Limited.

(b) To ratify and confirm the sale and transfer as a going concern of the undertakings, business, assets, property and franchises of Fraser Limited, to Fraser Companies, Limited.

(c) To ratify and confirm the sale and transfer of the undertakings, business, assets, property and franchises of the Baker Brook Manufacturing Company, Limited, to Fraser Companies, Limited.

(d) To vest in Fraser Companies, Limited, its successors and assigns, all the powers, privileges, franchises and immunities which are vested in Fraser Limited by virtue of the provisions of Chapter 102, 1 George V., Acts of Assembly, 1911, entitled "An Act to incorporate Fraser Limited," and by virtue of the provisions of Chapter 99, 2 George V., Acts of Assembly, 1912, amending the last mentioned Act.

Dated at Fredericton, N. B., this 24th day of January, A. D. 1918.
SLIPP & HANSON,
Solicitors for Fraser Companies, Limited.