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OF INTEREST TO WOMEN

WAR AND THE HOUSEHOLD.

Keeping House Without a Maid Has Become Almost a Regulation.

"Exit the maid"! It would be a happy day in your home if you could say "exit the maid." Maids present are a greater annoyance than maids past, and as for maids in the future—one trembles to think of them!

Keeping house without a maid has grown to be almost a war-time regulation in many homes, and it is not such a trial as might be supposed. When you think of all the helps that there are in the way of household appliances, the wonder is that more women have not tried the new way of housekeeping without a maid.

First of all in the way of help comes aluminum ware. Cooking utensils of aluminum are so much easier to keep clean that they cannot be compared to the old utensils. And food tastes so much better cooked in aluminum.

Then come the electrical appliances, of which there are any number. And glass oven-ware. "Exit the maid" will have only joy for you if you use all the helps that are yours to command.

HELPS FOR THE HOUSEWIFE.

A burned saucepan should be filled with cold water, to which a liberal allowance of soda has been added. Let it stand for an hour or so, after which heat the water slowly for a few minutes and the burned particles will come off quite easily.

Graham crackers put together sandwich style with mocha filling make an excellent addition to the school lunch box. Mocha filling is made as follows: One cup of confectioners' sugar, two teaspoons of cocoa, butter size of a walnut moisten with hot coffee, beat thoroughly and add a little vanilla.

Save all the crumbs or pieces of cake or cookies. When there is sufficient quantity to thicken a quart of milk, put in a pudding dish in layers, turn in the milk (do not stir), and bake one hour in a slow oven. Neither egg, sugar nor flavoring is needed. Serve hot with butter or sauce.

Cover the bottom of a bean pot with diced salt pork and add one sliced onion. Nearly fill the pot with cubes of rare or raw beef, add one tablespoon of horseradish and a dash of cayenne cover with boiling water and cook several hours in a slow oven.

CARE OF THE HANDS.

Careless washing and imperfect drying are the reasons for more red, unsightly hands than anything else. The slightest dampness of the skin in cold weather will make the hands chap and crack.

Hot water should not be used more than once a day at most for washing the hands and then they should be rinsed in cold.

FOOD BOARD FLASHES FOR FEMININE FOLK

Dig your potatoes early and store them properly. The Boy Scouts and Soldiers of the Soil are busy in potato fields and war gardens all over the country.

As soon as the potatoes are out of the ground set to work digging, for this means bigger crops next year. The war gardens will assuredly be called upon to work over-time during the coming year to surpass the record they made for themselves in 1918.

"Fall digging" and "preparedness" are synonymous terms.

on Charlotte Corday and been thrilled? The Norman girl in her quiet Norman town, Charlotte of the still deep passion, who heard the call, who went up to Paris, who sought out Marat living with his sordid mistress, who stabbed the zealot in his bath, who faced the judges with her steady eyes and invincible calm, who mounted the scaffold as imperturbably as Marie Antoinette had done—Charlotte Corday stepped out of obscurity in a moment into immortality.

Dora Kaplan, Russian Jewess, now said to have been executed, after suffering injuries at the hands of a mob,—the name of her likewise is heard of all the world.



Wood's Phospholine.
The Great English Remedy. Tones and invigorates the whole nervous system, takes new blood in old veins, cures Nervous Debility, Mental and Brain Worry, Leptadeny, Loss of Energy, Palpitation of the Heart, Failing Memory. Price 21 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail, 1 lb. plain pkg. on receipt of price. Non-patented, not made free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly, Canada.)

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- 10 per cent. on application
- 20 per cent December 6th, 1918
- 20 per cent January 6th, 1919
- 20 per cent February 6th, 1919
- 31.16 per cent March 6th, 1919

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Buy Victory Bonds

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Radish, Lettuce and Rhubarb. Shrubs for Cemetery Planting at BEBBINGTON GARDENS

CORDAY OF THE RUSSIAN REVOLUTION

Will Dora Kaplan go down in history as the Charlotte Corday of the Russian Revolution? Is Lenine, whom Dora Kaplan shot, as good and as bad as Marat was? Is he incorruptible, untouched of German gold, as Marat was of Austrian?

So far as we can gather, the Bolshevik dictator is a zealot of the purest water, resolved upon crucifying upon his cross of theory human society or such part of it as he can lay his hands upon, said part being Muscovy. Because he is a disciple of Karl Marx does not argue that consciously he has been a tool of Prussian autocracy. He has served Potsdam most effectively but such consequence of his proceedings can be ascribed to the stupidity of his fanaticism and does not require the explanation of a deep laid plot that garnished his itching palm with German gold. Lenine and Trotsky are not lusters after money, if their previous lives furnish more conviction of their own correct thinking than opportunistic capacity for taking care of Number One.

If Lenine is such a creature he is very like Marat, "the friend of the people." And as the Russian Marat he has been responsible for a flood of blood, whereas the Frenchman was responsible for but comparatively a stream. Who has not read Carlyle's chapter