

CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature
of

Chas. H. Fletcher

In
Use
For Over
Thirty Years
CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:
Residence 349-41
Office 418-11

DR. GERRARD, DENTIST

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.

DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.
OFFICE:
Inches Building, Queen Street, lately
occupied by Dr. L. R. Davison.
Telephone 261-21

J. A. McADAM, UNDERTAKER

REGENT STREET
Best and Most Modern Funera
Equipment in the City.

Residence Telephone 70-41
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HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.
Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918
There is a greater demand for our
graduates than ever. Get particulars
regarding our courses of study, tuition
rates, etc., and prepare to enter on
our opening date. Descriptive pamph-
let on request. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

JUST ARRIVED

A NEW SHIPMENT OF

PALMS

LARGE and SMALL

A LARGE VARIETY OF FERNS.

WEDDING BOUQUETS and FLOR.

AL DESIGNS A SPECIALTY.

All orders receive careful attention.

ADA M. SCHLEYER, FLORIST.

Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,

Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS

BURTT & CATERER

Wagons and Sleds Made and
Repaired.

T. J. BURTT. H. CATERER

All Kinds of Jobbing Repairs.

281 KING STREET

DENAIN GIVES PROOF OF FOE'S CRUELITIES

(Continued from page 3.)

enough was left to fill the grave of one
dog.

In cutting up the horses women
struggled madly with each other for a
share pushing one another away until
the place resembled a shambles.
Boys and girls ran home with
bloody hands until the place resem-
bled. Boys and girls ran home with
ribs and steaks over their shoulders
soaking their clothes with blood and
grease, while the mothers remained
to strip the fat from the intestines.

Sunday the prince was able to see
the Canadian doctors attending the
civilian patients, many of whom, weak
ened through lack of food were ill,
and suffering from boils. The Tommies
are sharing their rations with the
people and special lorries are bring-
ing tons of food to the civilians. How

OF INTEREST TO WOMEN

WHEN COLDS COME.

Too Often a Cold Spreads Through the
Whole Family.

It too often happens that a cold
"runs through" an entire family—too
often because this is preventable.

It is difficult to put a curb on the
spread of the germ that produces colds
in large groups in schools, factories,
etc., but within the family certain pre-
cautions can be insisted on, so that
there need be no such spreading.

The one with the cold, of course,
should be especially careful about the
use of handkerchiefs and even a small
child can be taught not to lay a hand-
kerchief down anywhere where it may
be picked up by another person. In
a large college dormitory the custom
prevails among the students of de-
positing all handkerchiefs in a paper
bag. A fresh bag is provided for each
individual each week for this purpose.
Thus the handkerchief does not come
in contact with the regular laundry.
The paper bags are sealed before leav-
ing the individual's room and the laun-
dress does not unseal them until they
have been immersed in some mild but
effective disinfectant.

Individuals in the family, at least
those with symptoms of influenza,
should be likewise provided with pa-
per bags for this purpose.

Kissing, of course, should be strictly
under the ban when colds prevail.

Sometimes the grown-ups of the
family dislike to withhold the good-
night kiss from the youngsters when
they have a cold, and often a mother
hesitates about asking a grown-up who
has a cold not to kiss her youngsters,
for fear of offending that person. This
is absurd, for kissing is one of the
most effective ways of transferring a
cold from one individual to another.

Don't take it for granted that all the
members of your family understand
the principles of hygiene. Although
children are given instruction in school
in such matters, their knowledge at
best is not complete. So start off the
season of colds with a little talk on
this important although not entirely
pleasant subject of cold contagion.

HOUSEWIFE SUGGESTIONS.

Excellent cookies can be made with
peanut butter.

Vegetables must not be washed be-
fore storing.

Every child needs a sweater or a
sweater suit for the winter.

One good garment will outwear two
poor ones.

Good oven holders can be made of
checked muslin.

Vinegar can be made from fruit par-
ings.

Grape juice may be put up without
sugar.

Bulbs may be put into the ground in
October.

Sweet potatoes keep best in a warm
attic.

times have changed for the people of
Denain.

German Officers the Worst
German soldiers in the ranks were
not so bad, telling the people when
light shone from their windows or it
appeared that they were doing some-
thing for which fines were imposed.
The German officers and above all the
under officers were the worst. They
had people fined for walking across
the street and collected boys as la-
borers. A general forced an old gray
haired man to kneel at his feet for
forgetting to bow when he passed.
The Germans said it would be worse
when the British came because while
the Canadians were good soldiers,
they were "savage beasts". However
the people of Denain think otherwise.

CHILDHOOD AILMENTS.

The ailments of childhood—consti-
pation, indigestion, colic, colds, etc.—
can be quickly banished through the
use of Baby's Own Tablets. They are
a mild but thorough laxative which
instantly regulate the bowels and
sweeten the stomach. They are guar-
anteed to contain no harmful drugs
and can be given to the youngest baby
with perfect safety. Concerning them
Mrs. Alcide Lepage, Ste. Beatrix, Que.
writes:—"Baby's Own Tablets were of
great help to my baby. They regulated
her bowels and stomach and made her
plump and well." The Tablets are sold
by medicine dealers or by mail at 25c
a box from The Dr. Williams' Medi-
cine Co., Brockville, Ont.

The Germans evacuated Menin so
rapidly that they were unable to carry
off the powder and are now chafing in
defeat.

YOU DON'T NEED TO GO

on suffering with that obstinate sore,
if you will only use Zam-Buk—the
great herbal skin cure. This balm,
owing to its unique composition, is
the very thing for sores and skin
troubles that have resisted ordinary
treatments.

Mrs. Herbert Cox, of Port McNicoll,
Ontario, writes: "For nine years I
suffered with an abscess on my face,
which was both painful and disfigur-
ing. I had the abscess lanced re-
peatedly, but it still remained. I
also tried ordinary ointments, but
without any permanent benefit. Fin-
ally the doctor told me I had a
tumor on the bone, and would have
to undergo an operation, which I
did; but instead of improving, the
wound only became worse. I was
in despair when a friend got me to
try Zam-Buk. I soon noticed a
marked improvement. Zam-Buk
seemed to get to the very root of
the trouble, and in the end the ab-
scess was entirely cured—not even
leaving a scar. This was a year
ago, and there has been no return
of the trouble."

Zam-Buk is not a mere ointment,
but a rich herbal balm. Unequalled
for eczema, scalp sores, ringworm,
boils, bad legs, blood-poisoning,
piles, cuts, burns, sprains, scalds,
and all skin injuries. 50c. box, 3 for
\$1.25, all druggists or Zam-Buk Co.,
Toronto. Send 1c. stamp for post-
age on free trial box.

ZAM-BUK

SPRINGFIELD

Springfield, Nov. 4.—Noticing so
many reports from other places on
influenza the correspondent thought
Springfield ought to report also.

Several families have been confin-
ed for several weeks.

Mr. and Mrs. William Vaughan and
family of Fredericton have been de-
tained three weeks at the home of
R. Moore with the "Flu". They are
on the mend.

Mr. Frank McCarthy is out again.
He and his wife, have been under the
care of Dr. Robertson for two weeks.

Messrs Don Price and John Moore
are doing a rushing business thresh-
ing in Upper Springfield.

The school and church have been
closed for some weeks.

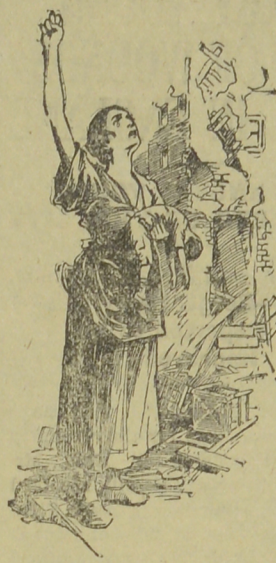
Mr. Clowes Reed and family are
convalescent.

Springfield's most competent young
organist Mr. Zemro Howland is out
again.

Mrs. Charles Miller has a young son
Apparently the "stork" hasn't the
Spanish influenza.

Miss Eva McCarthy who has been
doing stenographic work in Boston
for the past two years is visiting her
parents, Mr. and Mrs. Robert McCar-
thy.

Mr. and Mrs. John Lounsbury of
Fredericton spent Sunday in this



"Unto the least of these"

RIVET your eyes on this picture
of a Belgian mother and
child, until you feel the full horror
of the situation! Thousands of
these orphans, dying of starvation,
might now be living in comfort
and plenty, had their soldier
fathers not flung themselves into
the breach when the Hun invaded
Belgium.

The fathers died to save us. Are we going to let the orphans starve?
Conditions are simply ghastly. The United States loans to the Belgian
Government finance the general relief work, but this only provides a bowl
of soup and two pieces of bread to each person per day.

What is that for a growing child?
The Slaughter of the Innocents
is less terrible than what is now
occurring in Belgium—practically a
whole generation of the Belgian
nation in the grip of Consumption,
Rickets and other ills all directly
due to insufficient nourishment.

Make cheques payable and send contributions to

Belgian Relief Fund

(Registered under the War Charities Act)

to your Local Committee, or to

Headquarters: 59 St. Peter St., Montreal.

WORLD'S POTATO RECORD.

(Minneapolis Journal.)

The record production of potatoes
on one acre was made this year in
southeastern Utah. The yield was 49-
531 pounds, or 825 bushels. The Mor-
mon church had offered a prize of a
thousand dollars for the largest crop
grown on an acre, and this acre won
it, making it a very profitable piece of
land.

The farmer who could produce this
large crop on an acre doubtless gave
much time to the selection of the seed
and to the preparation of the land.
Every potato plant was cultivated and
fertilized like a peony plant in a prize
garden of flowers. Doubtless the field
was irrigated and every weed careful-
ly eliminated. With skill, intelligence
and hard work almost anything may
be done in the matter of prize yields.

While the all-around farmer cannot
do these things for lack of time and
help, he can do much by increasing
his intelligence and skill through
study and reading.

CAESAR RITZ DEAD AT LUCERNE

New York, Nov. 6.—Caesar Ritz, who
established the Ritz system of hotels
in prominent cities in Europe and the
United States and Canada, died last
Friday at a sanitarium in Lucerne,
Switzerland, according to a cablegram
received here tonight. Mr. Ritz was
born in Switzerland 70 years ago.

Tastes fine, but con-
tains no "caffeine" the
drug in tea and coffee
The unusually attractive taste of

INSTANT POSTUM

makes many people prefer it
to tea or coffee.

And you can make each cup
strong or mild just as you
wish by varying the amount
of Instant Postum used per
cup.

A Trial Is Convincing.

"There's a Reason"