

Children Cry for Fletcher's

## CASTORIA

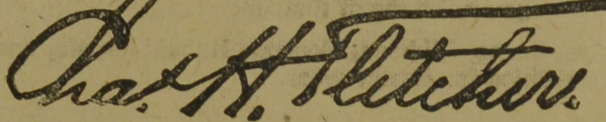
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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Opens on MONDAY, JANUARY 7,  
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our courses of study, rates of tuition,  
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W. J. OSBORNE, Principal,  
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OF INTEREST  
TO WOMEN

BRITISH KING AND QUEEN

SET EXAMPLE:

Larder Often Empty: They Go  
Without.

A special press cable from London, England, quotes Sir Derek Keppel, Master of the Household of King George, as follows:—

"I never knew any people so thoroughly conscientious in this matter (food conservation) as the King and Queen. They are simply wonderful and accept food restrictions with most noticeable cheerfulness, taking a real pleasure in bearing their share of the food hardships. Quite often, the Royal larder has been found to be empty of such commodities as butter, tea, and margarine, and it has been necessary to go without them. I should not be surprised if some of the King's servants have actually stood in need of margarine, but of this he is certain, the Royal table suffers in common with the servants' hall. All along the King and Queen have anticipated the food restrictions and have been getting the household into training, so to speak, for what was coming."

We Canadians are fortunate that we have food to control. And it is only the luck of our geographical position which gives us this wonderful advantage.

The Canadian Food Bulletin, issued February 23rd, gives us the following serious facts.

Lord Rhonda says, "The Allied larder is dangerously empty but we are carrying on the resolve belief that we can rely on the people of North America to prevent our food supplies from becoming so diminished as to imperil the issue for which we are fighting."

Mr. Herbert Hoover, U. S. Food Administrator, in a statement just issued says that cereal exports to the Allies from this continent are 43,000,000 bushels short of the amount promised, while meat exports are also very far behind the quantities which it has been planned to send and upon which the Allies are counting.

Surely such appeals as these cannot fall on deaf ears.

Subdue the submarine by  
Substituting ECONOMY for waste.

" CO-OPERATION for Criticism.

" CORN MEAL and OAT MEAL for White Flour

" FISH for Beef and Bacon.

" VEGETABLE OILS for Animal Fats.

" SERVICE for Sneers.

" GREATER PRODUCTION for a German Peace.

" THE BEEF YOU DO NOT EAT for the Rifle You cannot Carry.

## CHURCH SERVICES.

St. Paul's Presbyterian.

Rev. J. S. Sutherland, minister. Services at 11 a.m. and 7 p.m. Sunday school and bible classes at 2.30 p.m. All welcome.

Methodist Church.

Rev. Geo. M. Young, pastor. Morning service 11 a.m., subject, "The man who stayed home from church." Evening, 7 p.m., "Is there a hell?" The pastor will preach at both services. Sunday school at 2.30 p.m. Seats free.

Brunswick Street Baptist.

Rev. G. C. Warren, B.D., pastor. Preaching services at 11 a.m. and 7 p.m. The evening sermon the sixth in the series on The Words from the Cross. Bible school and men's class at 2.30 p.m. All welcome.

George Street Baptist.

Rev. Milton Addison, pastor. Services at 11 a.m. and 7 p.m. with sermons by the pastor. Sunday school and Bible class at 2.30 p.m. All made welcome.

Reformed Baptist.

Rev. H. C. Archer, pastor. Preaching on Sunday at 11 a.m. and 7 p.m. by pastor. Social service at 10 a.m. Sunday school at 2.30 p.m. Prayer meeting on Wednesday evening at 7.30 p.m. All are welcome.

Salvation Army.

Week-end services as follows: Saturday, 8 p.m., Free and Easy; Sunday, 9 a.m., Knee Drill; 10.15, Directory; 11, Holiness; 1.45 p.m., Company meeting; 3, Praise and Song; 7, Battle for Souls. All are welcome.

## MOVING TIME

Will soon be here, and you will need the services of an experienced truckman. I am ready to serve all corners and would advise those who contemplate changing their place of residence to make an engagement with me at once. I have all the equipment for handling pianos and heavy articles of furniture. Don't put it off. Make your engagements now.

ELMER E. HUMES,

Licensed Truckman.  
Telephone 591-31. 1w

Old Dutch

You Will Be Proud  
of your pantry  
if you use  
Old Dutch.

It keeps things  
clean and bright  
with very little  
labor.



## PERSONAL.

Major C. J. Morgan, in command of the 62nd Regt. eDachment at West St. John, is in the city, a guest at the Barker House.

Mrs. A. F. Bustin and son, of Calgary, Alta., are registered at the Barker House.

Mr. A. B. Laddan of Sherbrooke, Ont. is in the city and is registered at the Barker House.

Juice of Lemons!  
How to Make Skin  
White and Beautiful

At the cost of a small jar of ordinary cold cream one can prepare a full quarter pint of the most wonderful lemon skin softener and complexion beautifier, by squeezing the juice of two fresh lemons into a bottle containing three ounces of orchard white. Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan, and is the ideal skin softener, smoothen and beautifier.

Just try it! Get three ounces of orchard white at any pharmacy and two lemons from the grocer and make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It should naturally help to whiten, soften, freshen and bring out the roses and beauty of any skin. It is truly marvelous to smoothen rough, red hands.

Wholesale Dry Goods and Woolens

House Furnishings  
For Spring

Lace Curtains  
Scrim Curtains  
Curtain Muslin and Drap-  
eries of all kinds  
Crettonnes and Casement  
Cloths  
White Bed Spreads  
Towels, Napkins and Ta-  
ble Linens  
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Our Motto: Promptness, Accuracy, Courtesy, Care.

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Bicycle Repairs and Accessories always in stock.  
PRICES REASONABLE.

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Increased Production is the  
Patriotic Duty.As an aid we can furnish the most up-to-date FARM MA-  
CHINERY and IMPLEMENTS, includingTHE IRON AGE (Robbins) Potato Planter, the one that  
plants 100 per cent.

THE ASPINWALL, the best one man Planter.

Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and  
Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed  
Drills, John Deere Riding Cultivators and Manure Spreaders,  
De Laval Cream Separators and other leading lines.

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Smoked and Colored Glasses  
just Received

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beautiful range of goods that we have to show this  
year and the prices are most reasonable.

Window Shades - - Burlap

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