

## Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,  
DENTIST

FREDERICTON, N. B.

TELEPHONES:  
Residence . . . . . 349-41  
Office . . . . . 419-11

DR. GERRARD,  
DENTIST

TWENTY YEARS' LONDON, ENG., EXPERIENCE.

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W. J. IRVINE,  
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Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,  
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'Phone—338-11

DR. S. W. SPROULE  
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Graduate of Univ. of Toronto, Ont.

OFFICE:  
Inches Building, Queen Street, lately occupied by Dr. L. R. Davison.  
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J. A. McADAM,  
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REGENT STREET

Best and Most Modern Funera Equipment in the City.

Residence Telephone . . . . . 70-41  
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HARRY R. ADAMS,  
SUCCESSOR TO THE LATE  
JOHN G. ADAMS  
UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

FREDERICTON  
BUSINESS COLLEGE

Fredericton, N. B., on NOVEMBER 20, 1918.

We trust that all our old students  
will be able to return on that date.  
Information regarding our courses of  
study will be furnished on request.

OF INTEREST  
TO WOMEN

## KITCHEN SHELVES.

Save Time When Properly Built and  
Arranged—Keep Things Within  
Easy Reach.

An extra shelf will often save you much time and work. So much trotting about in the kitchen and walking from one room to another is often due simply to the lack of one or more convenient shelves. We have the habit too often of accepting the inconveniences of most household arrangements simply because they happen to have been built that way.

In many kitchens there is plenty of shelf room, but it is built in the shape of a large closet extending up toward the ceiling far beyond easy reach.

The real function of a shelf should be to keep the things we need regularly in a convenient form, easily accessible. Almost anyone can install one or two shelves with the aid of some simple carpenter's tools and materials.

## The Best Shelves.

Here are the kind of shelves which you will find to be really labor savers:

1. Over your kitchen table or cupboard or whatever you use for mixing food there should be shelves containing standard ingredients—flour, sugar, spices, etc.

2. Attached to your kitchen table there should be a shelf with hooks on which you can suspend tools such as the egg-beater, mixing fork and spoon, measuring spoons and cups and on which your other needed articles can be placed.

When you build shelves, do not make the mistake of having broad shelves on which you can stack two or three rows of articles. You will find this a great inconvenience, for it will mean that when you need an article and it happens to be in the back row you will have to remove two or three articles in the rows in front.

The really time-saving shelf has but one row of articles on it. All articles are plainly marked.

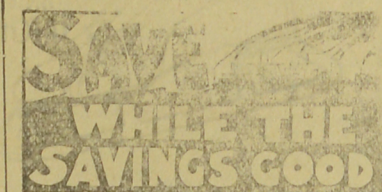
## A Cleaning Shelf.

The single shelf for cleaning utensils is also a great convenience. If this is built about five feet from the floor in either a corner of the kitchen or over the kitchen sink, a small shelf two feet long or less can accommodate all cleaning tools. On the shelf various scouring powders, cleaning fluids, etc., can be placed in a row, and if hooks are fastened on the under side whisks, dusters and pail can be suspended there. Such a shelf really provides all the convenience of a cleaning closet. It keeps in one place and in small compass all the things you require for cleaning and saves you many steps.

## NEW STYLES OF FOOTWEAR.

New York, Dec. 12.—Recommendations for 1919 styles in women's footwear which would "meet the requirements of woman's apparel, as well as bringing the industry back to normal conditions," were announced here last night by the commission of national service of the shoe and leather industry.

Colors suggested included three shades of brown and two of gray, as bronze, white and black. The height of button boots, as well as of laced boots should not exceed 8½ inches, it was said, while the manufacture of button boots, as well as "needle-toed lasts, should be discouraged."

A SPECTACLE  
WHICH HAS NO  
PARALLEL

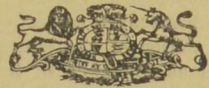
(Continued from page 5.)  
present moment we must regard it as a potential danger to this country, and, if Captain Persius be correct, a greater danger than has been supposed. It would be useful if the Admiralty would throw some light on the accuracy of Captain Persius's statements, and thereby on the trustworthiness of the conclusions to which they lead.

RICH, RED BLOOD  
RESISTS INFLUENZA

In the epidemic of la grippe, or influenza, that has swept over Canada in common with the rest of the world, it has been noticeable that its earliest victims were the thin-blooded anaemic people whose power of resistance is greatly weakened because of the watery condition of their blood. When a person is strong, hearty, able to enjoy a brisk cold day, chills and infections are set in defiance. But when the system is run down, when the nerves are shaky and the blood watery, the germs of influenza are quick to seize their opportunity. It is therefore good policy to keep the blood always rich, red and strong, and the nerves well nourished by the use of such a reliable tonic as Dr. Williams' Pink Pills. People who take these pills from time to time are usually able to resist colds, influenza and other ailments, and enjoy good health while many about them are weak, ailing and miserable.

To those who have been attacked by influenza, the after effects are more dangerous than the attack itself. They are left at the mercy of relapses and complications. There is a persistent weakness of the limbs, shortness of breath at the least exertion, poor digestion and a tendency to take cold easily. This condition will persist and will grow worse unless the blood is built up and the shattered nerves strengthened. For this purpose there is no tonic can equal Dr. Williams' Pink Pills. From first to last these pills make new, rich, red blood, which reaches every organ and every nerve in the body. Thus the lingering germs are driven out, the appetite is improved, and weak, despondent victims of influenza are transformed into cheerful, healthy, happy men and women. If you have passed through an attack of influenza you will find Dr. Williams' Pink Pills the one thing needed to restore you to full health and strength. If the trouble has passed you, you can further strengthen your self against its insidious advance by the use of this same tonic medicine.

Medicine dealers everywhere sell Dr. Williams' Pink Pills, or you can procure them by mail at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.



## MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon on Friday, the 27th December, 1918, for the conveyance of His Majesty's Mails on a proposed Contract for four years, 6 times per week on the Stanley Rural Route, No. 1, commencing at the pleasure of the Postmaster General.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Stanley and at the Office of the Post Office Inspector.

H. W. WOODS,  
Post Office Inspector.  
Post Office Inspector's Office,  
St. John N. B., Nov. 15th, 1918.



## MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General will be received at Ottawa until noon on FRIDAY, the 10th January, 1919, for the conveyance of His Majesty's Mails, on a proposed Contract for four years, 6 times per week on the Lower Southampton Rural Route No. 1, commencing at the pleasure of the Postmaster General.

Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of tender may be obtained at the post office of Lower Southampton and at the office of the Post Office Inspector.

H. W. WOODS,  
Post Office Inspector.  
Post Office Inspector's Office,  
St. John, N. B., Nov. 27, 1917.

## BRITAIN DAY

(A Tribute—By Nixon Waterman).  
Glad hail to you, Brave Britain! In God-like grace still stands  
The splendid strength of pride that runs through all your far-flung lands.  
From out your skies, from all your seas, is swept your every foe,  
And in her heart America thanks God these things are so.

O Britain! Through the war-swept years your fleet patrolled the sea,  
We felt the arm that made us strong, the truth that made us free,  
The hand that stayed the Hun; until our flag with yours unfurled,  
We, too, went forth with God to save the honor of the world.

We saw the awful cost of war in blood and gold; we saw  
The price your men and women gave for liberty and law;  
Yet went we into that red hell; for less the lasting smart,  
Of war than years of blood-bought peace in which we owned no part.

O lovely land of Britain! You knew rare Shakespeare when  
He dwelt within the flesh and moved among earth's common men.  
His is the soul that makes you great—his and his noble kind—  
Your splendid strength is centered in the majesty of mind.

O far-famed town of London, I hear your deep-voiced bells  
Roll forth your name as round the world the music sweeps and swells;  
No broad blue water yet so wide, no island so remote,  
But "London, London, London," to the farthest shore shall float.

O splendid town of London! Your name so full and round,  
So rich in time and circumstance, with meaning so profound;  
A thousand years' proud England's flag, upborne by every breeze,

STOMACH SO BAD  
THOUGHT HE WOULD DIE  
CAN EAT ANYTHING NOW

But for indigestion and dyspepsia, many a life might be a pleasant one. The misery which stomach troubles cause the sufferer knows only too well and any one who has suffered knows what joy it would give to be able to eat three good meals a day and not be punished for it after.

Nearly everything that enters a weak stomach acts as an irritant, and even the little that is eaten causes such torture and is digested so imperfectly that it does little good.

Before you can eat heartily, and not pick and choose your food, you must put your stomach right so that it will manufacture its own digestive ferments.

For forty years now Burdock Blood Bitters has been making weak stomachs strong, and permanently curing severe cases of indigestion and dyspepsia that other remedies were powerless to reach.

Mr. H. L. Fairweather, Cumberland Bay, N. B. writes: "I was troubled with my stomach for two years and sometimes was so bad I thought I would die. I tried everything I ever heard tell of, and had medicine from three doctors, but continued to grow worse. One day I read of some wonderful cures made with Burdock Blood Bitters. After taking two bottles, I could eat any kind of food without any bad effects, and by the time I had taken four I was in perfect health."

Has waved its way to every land beyond earth's Seven Seas.

O mighty land of Britain! Great mother, you, of men  
With genius rare to set you forth with living brush and pen;  
We love you, Anglo-Saxon dame in history impealed,  
And make you ours to crown anew, Queen Mother of the World!

O cherished land of Britain! New-lit with valor, you  
And yours for us and ours have fought to make the truth stand true;  
And we with you have striven to make the world from error free,  
Till now in surer Peace we clasp our hands across the sea.

## GRAFONOLAS

YOU MUST HAVE MUSIC IN YOUR HOME CHRISTMAS. Why not call and look over our complete line of Machines, also COLUMBIA RECORDS? You will never make a mistake by buying at the earliest possible date.

**E. O. MacDonald**  
Music Store 560 Queen Street

## CHRISTMAS

## WILL SOON BE HERE

And you wonder what to buy for father and mother. A nice pair of boots or slippers would be just the thing.

We carry a complete line in all sizes. See our stock. Also Shoe packs, Larrigans.



**James Monteith**

St. Mary's Street - - - - North Devon.  
Across the river from Fredericton.

## Victrola Week

We have made provisions already for the big demand this Christmas for Victrolas, and are now showing a complete line of Victor Machines.

We want to show you these machines now, and make your selection while our stock is complete, and have it delivered to your home on Christmas Eve.

A Victrola is the most acceptable gift. We are offering special terms.

Will you have a Victrola for Christmas?

Call and see our stock, and hear a few selections. We will be glad to quote you easy terms.

**The McMurray Book & Stat'y Co., Ltd.**

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