

Former Health Commissioner Says Nuxated Iron

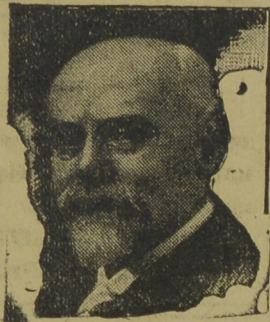
Should Be Used in Every Hospital and Prescribed by Every Physician—Attributes His Own Great Physical Activity Today at Over 60 Years of Age Largely to His Personal Use of Nuxated Iron.

WHAT FORMER HEALTH COMMISSIONER KERR SAYS

"As Health Commissioner of the City of Chicago, I was importuned many times to recommend different medicines, mineral waters, etc. Never yet have I gone on record as favoring any particular remedy, but I feel that in Nuxated Iron an exception should be made to the rule. I have taken Nuxated Iron myself and experienced its health-giving, strength-building effect, and in the interests of the public welfare I feel it my duty to make known the results of its use. I am well past my three-score years and want to say that I believe that my own great physical activity is due largely today to my personal use of Nuxated Iron, and if my endorsement shall induce anaemic, nervous, run-down men and women to take Nuxated Iron, and receive the wonderful tonic benefits which I have received, I shall feel gratified that I made an exception to my lifelong rule in recommending it. From my own experience with Nuxated Iron, I feel that it is such a valuable remedy that it ought to be used in every hospital and prescribed by every physician in this country."

Wm R Kerr

Former Health Commissioner, City of Chicago.



Former Health Commissioner Kerr has given years of his life fighting for public health in his own and other cities. It was he who introduced Anti-toxin for Diphtheria in Chicago's Health Department. He purified the milk for the Consumers and thereby helped to save the lives of thousands of babies. He introduced the anti-spitting ordinance which has been copied all over the country and also took care of the sewers and garbage in the interests of public health. He is positive that the widespread use of Nuxated Iron would greatly lessen the worries and troubles of Health Commissioners in keeping up a high standard of public health.

NOTE.—Nuxated Iron, which has been used by Former Health Commissioner Kerr with such surprising results, and which is prescribed and recommended by physicians in such a great variety of cases, is not a patent medicine nor secret remedy but one which is well known to druggists everywhere. Unlike the older inorganic iron products, it is easily assimilated, does not injure the teeth, make them black, nor upset the stomach; on the contrary, it is a most potent remedy in nearly all forms of indigestion as well as for nervous, run-down conditions. The manufacturers have such great confidence in Nuxated Iron that they offer to forfeit \$100.00 to any charitable institution if they cannot take any man or woman under 60 who lacks iron, and increase their strength 100 per cent, or over in four weeks' time, provided they have no serious organic trouble. They also offer to refund your money if it does not at least double your strength and endurance in ten days' time. It is dispensed by Arthur J. Ryan, George Y. Tibbles and Chas. A. Burchill.

PERILOUS DEFECTS ARE APPARENT IN OUR MODERN CIVILIZATION

(Detroit Free Press.)

The severe blizzard has been a reminder that our modern civilization has perilous defects. As long as its complex machinery functions run smoothly people forget how completely dependent they have become on external agencies, how intimately interlocked those agencies are and how helpless humanity is when anything interferes with the machinery operation. Then something happens to slow down the wheels and people are startled into realizing their dependency. The something that happens may be a mere transient jar, like this by the storm; or it may be profound and desperately grave, like the collapse of the credit system of the world when the war started in 1914; according to its extent it brings either of warning or a crisis. In either event, it gives needed reminder that our present method of living has its dangers. There is a vast difference between the effect of a heavy storm, as it was forced home to us and, as it affects dwellers in the country. We in cities cannot be philosophical like the Quaker poet in "Snowbound" when a blizzard interrupts our accustomed routine; it is not for us to say:

"What matter how the night behaved?
What matter how the north-wind raved?
Blow high, blow low, not all its snow
Could quench our hearthfire's ruddy glow."

Our substitute for the hearthfire's glow, the steam radiator, stands chilled and silent in the corner because the janitor has no coal in the bin and the storm has shut off the daily supply. The trains are stalled; the street cars barely manage to appear once in a while; the milk dealer heroically tries to serve his customers but is late with them all and misses some entirely; the grocery stores are yawning with empty shelves and the domestic cupboard is bare. One cannot get to his own place of work, and when nobody gets to work everybody suffers. The basic conditions of life have changed since the days when the cellar was full of stores for the winter and whether the wind blew high or blew low there was plenty to eat and plenty to burn. Those were the days of individuality and independence; these are the days of collectivism and interdependence. We have many comforts and enjoyments our forefathers lacked. But we have them at the cost of ceaseless contribution on the part of each and every one of us. Let anything interfere with doing our respective bit and the whole machine stops, with suffering and threatened calamity for all.

N. B. FARMERS

(Continued from page 3.)

ty for export. However the effort will be made.

BEES.

No one can estimate the loss this province has borne because the bee industry is not flourishing. Tons of honey was wasted due to dearth of collectors. Honey is an excellent food and could well be used in all houses

Slants of Humor

SUCCESS FORMULA.

Receptivity—
Take everything poured in.
Complaisance—
Show a well oiled willingness to obey.
Adaptability—
Be a tyrant to the small, a flunkey to the great.
Enthusiasm—
That of a tennis ball obedient to the racket.
Cordiality—
That of the jellyfish.
Camouflage—
Heading subscription lists.
Patience—
Raising platitudes to the umptieth power.

REWARD

"Here lies A. Guy, who was such and such.
He didn't amount to very much.
He tried to get by without work or crime—
He was twenty years behind his time."

HEADLINE GONE WRONG.

(Rossville Press.)
AARON FITZWATER IS CALLED TO FINAL REST.

Hundred and Fifty People Enjoy Event at Woodman Hall.

MODERN FAIRY TALES.

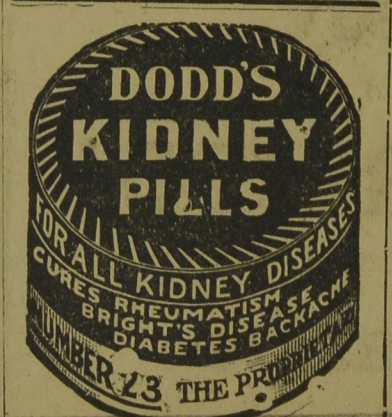
Temperature of 76 degrees guaranteed.
Finest table d'hote in twenty years.
House sold out eight weeks ahead.
We pay good money for short stories.
Railroad magnate favors government ownership.
Fair and warmer.

GREAT ELOCUTIONIST.

Sir Knight Boyd presided ably throughout the program. His clean, noble soul beamed forth in his keen phrasology in announcing the numbers on the program.

NUPTIAL CAMOUFLAGE.

Mrs. Umbenhauer presided at the altar. To the soft strains of Mendelssohn's wedding march came the bride upon the arm of her brother Donald. They were met at the altar by the groom and the father of the bride, who was carried out in the decorations.



THE DAWN OF A NEW ERA

MAGIC BAKING POWDER

CONTAINS NO ALUM

The fact that baking powder is now so universally used, and has been found superior in every way, recommends itself to the attention of all housewives, and particularly in view of the saving effected on account of the large increase in the cost of cream of tartar.

EW. GILLET COMPANY LIMITED
WINNIPEG TORONTO, CANADA MONTREAL

List of Members of the N. B. Graduate Nurses' Assn.

Following is a complete list of the members of the New Brunswick Association of Graduate Nurses, as compiled by the secretary, Miss Ada M. Burns of St. John, for the Royal Gazette:

Minnie Armstrong	St. John	Helen Burden	Fredericton
Florence M. Geddie		Alma F. Law	St. John
Mildred Akerly		Florence Carman	
Mary Barnhill		Mary McAllister	Kings Co.
Hattie Blanche		Isabel London	Woodstock
Sarah Brophy		Elizabeth Brittain	St. John
Emma Barry		Isabel Stewart	Montreal
Jennie Burpee		Gertrude C. Wilson	St. John
Charlotte Brown		Edna Swim	
Alberta L. Burns		Margaret Hetherington	
Ada A. Burns		Jessie M. Forbes	
Mary Burns		Winifred Shoobred	Kings Co.
Alma Bourinot		Jessie Murray	St. John
Hazel Carpenter		Mary Magowan	St. George
Maude Godard		May E. Magee	
Blanche Costley		Lillian H. McAlpine	
Annie Craig		Jennie Hains	
Florence E. Colman	Hampton	Alice A. Kierstead	York Co.
Theresa Colewell	St. John	Jessie H. Patterson	Sunbury Co.
Loretta Canning		Cecilia M. Gleason	St. John
Ella Cambridge		Lily A. Smith	
Ida Brodie		Jessie H. Robinson	Hampton
Helen McLellan		Lyla H. Gregory	St. John
Georgie Schofield		Elizabeth C. Sappson	Fredericton
Ethel Delaney		Emma Bell	St. John
Bertha Dunham		Edith Lindsay	
Margaret Dunham		Lucinda Young	
Helen Dalton		Delia S. Sharp	St. Stephen
Mabel Drake		Clara M. Boyd	
Nellie Donohue		Ella Betts	St. John
M. E. Davies		Gertrude E. McCullough	
Eva Edgett		Eugenie G. Taylor	
Martha Frazgt		Augusta M. Pitt	
Nellie Floyd		Edith Dalzell	
Nora Gleason Foss		Ella McGaffigan	
Alota Field		Loretta McGivney	Fredericton
Florence Fear		Grace M. Murray	
Mariane Horseman		Laura B. Burns	St. John
Maud Gaskin		Susie Holt	Quarryville
Bessie E. Gaskin		Edna M. Davidson	Northumberland Co.
Margaret Hennessey		A. Winifred Dunn	Queens Co.
Margaret Holder		Sara A. Sears	Chatham
Gertrude Horgan		Elsie Katherine Matthew	St. John
E. A. Hoyt		Lydia Brenton	Northumberland Co.
Kate A. Holt		Annie Fitzpatrick	Chatham
Belle Howe		Stella Ryan	St. John
Gwendolyn E. Haley		Eliza Keyes	Miramichi
Mary O. Loomer		Musetta Compton	St. John
Etta N. Lane	Woodstock	Lena A. Jones	Albert Co.
Sadie Lingley	St. John	Edith MacRoberts	Woodstock
Marguerite Lee		Alice L. Norwood	Gagetown
Agnes Lawlor		Helen McCormack	Blackville
Margaret Murdoch		Bertha Barry	St. John
Emma J. Mitchell		Elizabeth Stokes	Woodstock
Ethel K. Moody		Mabel McMullin	St. Stephen
Josephine Miles		Helen Sullivan	Woodstock
Jennie Malcolm		Lenna Male Jenner	St. John
Odessa McConnell	Charlotte Co.	Agnes S. Birmingham	Woodstock
Julia McCarthy	St. John	Sadie M. Shaw	
Josephine Mahony		Janet Fowler	St. John
Elizabeth H. Williams		Marion H. Hanson	Fredericton
Georgia A. Story		Annie J. Ferguson	Woodstock
Anne E. McIntyre		Claribel McGuire	
Lillian Nelson	Carlton Co.	A. Pearl Mitchell	Fredericton
Agnes Lawlor	St. John	Margaret B. Stewart	York Co.
Annie McLeod		Claribel Scovill	Beaufort
Augusta McGrath		Edith Prince	Moncton
Helen McConnell		Miss Hicks	St. John
Sadie McKenna		Annabel Logan	
Mary McKinney		Elizabeth Logan	
Josephine McGuire		Rilla G. White	Fredericton
J. Mitchell		Leila E. Kitchen	
Alice M. Powers		Blanche McDonald	St. John
Charlotte Poole		Bertha L. Gregory	
Annie Poole		Arthurretta Branscombe	St. Stephen
Julia Peters	Rothesay	Ethelyn Armstrong	St. John
Mary M. Quinn	St. John	Nan G. Elliott	
Maude E. Retallick		Lillian Blanche Kaine	
G. E. Starret	Woodstock	Marian Dunlop	
Sadies Steeves	Rothesay	Beatrice Davis	
Catherine Shea	St. John	Mary Eason	
Annie Stammers		Eva E. Smith	
Violet A. Stevenson	Fredericton	Elizabeth Jones	
Vinie Patterson	St. John	Myrtle M. Burnham	
Mary Slattery		Gertrude McKinnon	Fredericton
Georgie Small		Annie A. White	West Bathurst
Ella K. Tait		Clara M. Boyd	St. Stephen
Ada Tappin		E. Margaret Baskin	
Rachel Dunlop		Winifred Leonard	
Gretchen Turner		Margaret Hetherington	
Mildred P. Vaughn		Bernice Bell	
J. L. Walsh		Mary J. Porter	
Margaret Gertrude Williams		Melissa B. Freeze	Sussex
Joyce Wisheart		Jennie M. Newlands	St. John
Mabel Wolford		Ruth Kingston	
Annie L. Wilson		Miss Gilbert	Maugerville
Elizabeth Walsh		Jennie Cougle	Fredericton
Lyza Christine Belding		Mabel D. Richards	
Bertha Nae		Lettie Corbett	Moncton
Hilda Cora Cummings	Woodstock		

every day. A campaign was commenced last summer and will be energetically followed up. There are about 300 bee keepers that have been located. Every man will be visited. Many fruit growers are requesting assistance. Where bees are kept invariably the crops of fruit have been better. The possibilities of this industry are almost beyond comprehension.

Boys and Girls Clubs.

Club work will be encouraged. On January 2nd the staff of the Department met and plans for all the work were discussed and arranged. In every county there will be one two boys' pig clubs. These will consist of ten members each and every member will be given a pure bred sow pig under regulations which he agrees to fulfill. Careful records will be made. In every county within a couple of years there will be at least ten breeders of pure bred pedigreed pigs who will be distributing breeding stock to their neighbors. These clubs are financed by public spirited men in every county.

The poultry industry will be attached in a similar manner. Boys and girls will be formed into clubs and 50 eggs given to every member under regulation. The eggs will be carefully selected in order that through the boys and girls a foundation for utility poultry may be properly laid. Every chick will be identified and all records will be kept at the Department of Agriculture. In addition to the farms until a sufficient number are had, which are considered superior utility birds to form the foundation of an organized industry. The fattening of poultry will also be encouraged through the clubs.

It is intended that the young people be encouraged to raise good stock and more of it and also that the marketing be done in the proper way. In no case will pigs or eggs be given without something in return from the club members.

School Fairs.

School Fairs have been held in a few places but next fall it is intended that a few more will be held and that this and the club movement be brought to gether at the School Fair. It is quite within reason to anticipate a fair when there would be 500 chickens.

Every bird or animal exhibited at the School Fair which has the necessary quality, type and substance will be exhibited at poultry or fall fairs by the boy or girl under supervision of the Department of Agriculture.

These co-operative efforts will be made demonstrations of what can be done and nothing will be left undone to have the impressions indelibly stamped upon those who attend. The boy and the girl must be given attention and agriculture will undoubtedly fare well under their direction. There are several other phases of the work which will be carried on but cannot be touched upon here.

WHY FISH ARE SCARCE.

The common or garden variety of fish has gone up to 30 cents a pound. This is on account of the war. The war has made fish very scarce. The submarines kicking around in the ocean

And shooting their torpedoes. Hither and yon have killed Millions and millions of fish. We never thought of that. Until our butcher told us. It is really a terrible thing. Then, during the recent (?) cold snap The water was very frigid And many fish were frozen to death.

Mr. W. F. Almey of Antigonish, arrived in the city last evening.

THE VALUE OF ADVERTISING

The value of Advertising in all cases must be based on the return for the outlay. No better opportunity in this respect can be found in this locality than

THE DAILY MAIL

This paper has a special value to the local advertiser, as the majority of its readers are in this city and the immediate surrounding country.

Our Advertising Rates will be found decidedly reasonable in view of the results obtained.

PEOPLE READ ADVERTISEMENTS

They are trying to buy as wisely as they can. It is necessary that they should.

They are eager to know what the local merchants have to offer, and good live advertising is interesting reading to them.

Most of our enterprising business men have already realized this fact and their advertising appears regularly in the Mail.

If you are not a regular advertiser in the DAILY or SEMI-WEEKLY MAIL, you are overlooking an opportunity that no business man in this locality ought to be too busy to appreciate.

In spite of increased prices of materials and the upward tendency in rates for all services in the business world, the subscription price of the Mail has not been increased, and we are daily booking new subscribers, which means more readers and customers for our advertisers.