

HEAD AND NOSTRILS STUFFED FROM COLD

Don't stay stuffed-up! Quit blowing and snuffling! A dose of "Pape's Cold Compound" taken every two hours until three doses are taken will end gripe misery and break up a severe cold either in the head, chest, body or limbs.

It promptly opens clogged-up nostrils and air passages; stops nasty discharge or nose running; relieves sick headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness.

"Pape's Cold Compound" is the quickest, surest relief known and costs only a few cents at drug stores.

HOME RULE IS DIFFERENT SINCE THE WAR

Chicago News.

"Well, how are you?" enthused the old acquaintance who was hurrying eastward.

"Fine and dandy!" responded the old acquaintance who was hurrying westward. "Malinda is going to high school and she is studying 'Ivanhoe,' French and algebra and Susie is in the orchestra and my wife is president of the—something or other, I forgot what, but it has to do with making people do their bit. I have nearly recovered from the lumbago, so we all have our little triumphs and are doing well generally."

"My wife is mixed up in this thing of making people do their bit, also," said the man hurrying eastward, "and I don't like it. She is never home; she is always darning socks for the soldiers, and making sweaters and things for other people, but she never does any of those stunts for me."

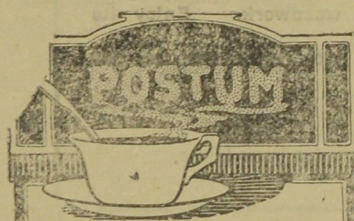
"Well," said the other old acquaintance, confidentially, "that's the way it is at our house, but I congratulate myself that things are as they are. You see when my wife is busy heading other people in, the kids and I escape. Before the war the kids and I had an awful time. She hauled us up about our wearing apparel, whether it ought to be changed for lighter or heavier, and she worked all her substitutes in on us instead of carrying them off to bazzars and demonstrations for the general public."

"She put us through all the stunts that Aunt Amanda Medloes the advice expert in the Ladies' Home Impossible directed as being beneficial to husbands and kids. She passed upon our manners, our etiquette, our moral habits and our diet and she tried to make us go to the dentist. We had no democracy whatever in our home."

"But now it is different. My wife has so much territory to range and round up and supervise and head in that she has no time to bother with us home folks. Our home has been made safe for democracy."

"That's so," responded the old acquaintance hurrying eastward. "When my wife goes to a mass meeting at night the kids and I can slip off to the picture show or sit up until 10 o'clock and she will never know the difference."

Ex-King Constantine, from his retreat in that dear Switzerland, remarked to his kaiserly wife Sunday that it begins to look as though Venizelos might have been right after all.



When the morning cup is unsatisfactory

suppose you make a change from the old-time beverage to the snappy cereal drink

INSTANT POSTUM

You'll be surprised at its cheering, satisfying qualities and delightful flavor. It's all health—no caffeine.

Try a Tin

WILL TELL HER AFRICAN EXPERIENCES

Mrs. Cameron, of England, One of the Most Widely Travelled Women in the World.

(New York Sun)

For many generations her ancestors have been officers in the navy, so perhaps that accounts for the insatiable wanderlust of Mrs. Charlotte Cameron of England, fellow of the Royal Geographical Society of London and one of the most widely travelled women in the world. She began her adventurous career when scarcely more than a child, but though there are now few navigable parts of the globe to which she has not been, she is still as eager to set forth on new voyages of discovery as if each were her first. Her present plan is to explore the western part of the United States and to spend the spring in Alaska.

At the Savoy Hotel where she is stopping for a brief rest, she told the reporter yesterday of an experience she had in Africa as the only woman among a group of cannibals detailed to convey her in an open boat to a German steamer waiting some distance from the shore. On another occasion she enjoyed a confidential talk with other specimens of this repulsive tribe who mentioned pleasantly that if they were to make a meal of her they would particularly relish the knuckles and joints, which are considered the rare bits of human anatomy. One of her most lurid experiences was passing alone through a wood inhabited by hundreds of monkeys who reached out to grab at her hat and belongings, chattering and crowding about her like the horrors that infest a nightmare.

Her most recent exploit was a journey of 26,000 miles around the African coast, during which she made excursions into the interior, venturing where no woman had ever gone before.

The Germans are intensely hated by the natives of German South African colonies, she declared. "The bitterness of the feeling against them is proved by the absolute failure of the Teutons to force them to take up arms in defence of Germany during this war," she said, and contrasted this attitude of the German colonists with the splendid assistance furnished England by the peoples of British African provinces.

"I believe that if Germany is allowed to retain her African possessions after the war the Boers will rise up and refuse to permit it," she declared.

For the last four years she says, the villages of the African colonies have been placarded with posters of the German Kaiser, but these appear to have excited no interest among the people, the natives merely alluding casually to the imperial eagle displayed everywhere as "Dem pidgeon." The reason for the hatred of the German in these colonies, Mrs. Cameron says, is due to their continual and outrageous brutality.

"The natives are subjected to every sort of cruelty and espionage," she said. "The Germans having full authority to beat and flog them whenever they feel so inclined. And no hut of a native is private, the Governor and his aids feeling free to inspect them at any and all times. If the condition of the hut does not please them, they fine the owner some exorbitant sum which he is rarely able to pay. He is then made to work the payment out. There is absolutely no freedom among them."

During the past year Mrs. Cameron has been serving as a volunteer Red Cross nurse in England. While in this country she will give a series of lectures on her experiences in the African colonies for the benefit of the American Red Cross.

CURIOUS EPITAPH.

(Pittsburgh Leader.)

Remarkable sentiments are sometimes found in epitaphs on tombstones. Here are a few, not as familiar, perhaps, as others:

In a country churchyard:
Here I lie, and no wonder I'm dead,
For the wheel of a wagon went over my head.

In an English parish:
Here lies me and my three daughters,
Brought here by using Cheltenham waters.

If we had stuck to Epsom salts,
We wouldn't be in these here vaults.
On a Maine tombstone.

After Life's scarlet fever
I sleep well.
Over Mr. Box's grave:
Here lies one box within another;
The one of wood was very good,
We can't say so much for the other.
The following, perhaps was truthful in an unintentional way:

Maria Brown,
Wife of Timothy Brown,
Aged eighty years.
She lived with her husband fifty years
and died in the confident hope
of a better life.

JUST HIS LUCK

An officer had just finished giving orders to the sentries not to let anybody pass without first giving the password. That night, thinking to try out the sentries he had posted, the officer walked hurriedly by one of them without being questioned.

"Well, you idiot," began the officer. "Well, if this isn't luck. What was that password, now? You see, I was just going back to find out before let any more by," said the grinning sentry.

"The success of the Victory Loan is absolutely essential to the prosperity of Canada and every class and individual in Canada."—Sr Thomas White.

Help win the war by buying Victory bonds.

CASTORIA

For Infants and Children
In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Hutchinson*

HAIG'S REPORT OF BIG DRIVE

London, Oct. 21.—The first despatch from Field Marshal Haig dated July 20, covering the operations since the first week of December last has been published. Its chief interest lies in general Haig's account of the German offensive of March 21. He begins by emphasizing that the difficulties created by the transition from an offensive to a defensive policy necessitated by the collapse of Russia were accentuated by the reorganization of the British divisions from a thirteen battalion to a ten battalion basis and by the extension of the British front to Paris. Meanwhile the large reserves which the enemy was able to create by transferring numerous divisions from the eastern front enabled him to carry out extensive training with units completed to establishment.

All together at least 64 German divisions participated in the operations of March 21, a number considerably exceeding the total forces composing the entire British army in France. The

VANISHED HOLES

(New York Sun)

And now they've taken the hole away from the macaroni "to save cargo space!" Hereafter it is to be cast in solid strings. Holes won't win the war some efficient expert has concluded. It is an earth shaking reform that shows how war is cruelly shattering all worn out ideals, ancient habits and customs, and building a better and safer world. By all means let the new civilization be hole-less. But how about the doughnut? And the Swiss cheese?

Cook's Cotton Root Compound.

Safe, reliable regulating medicine. Sold in various degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$5 per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly "Windage")

total British force on the original battle front on the morning of March 21 was twenty-nine infantry divisions three cavalry divisions, of which nineteen infantry divisions were in line.

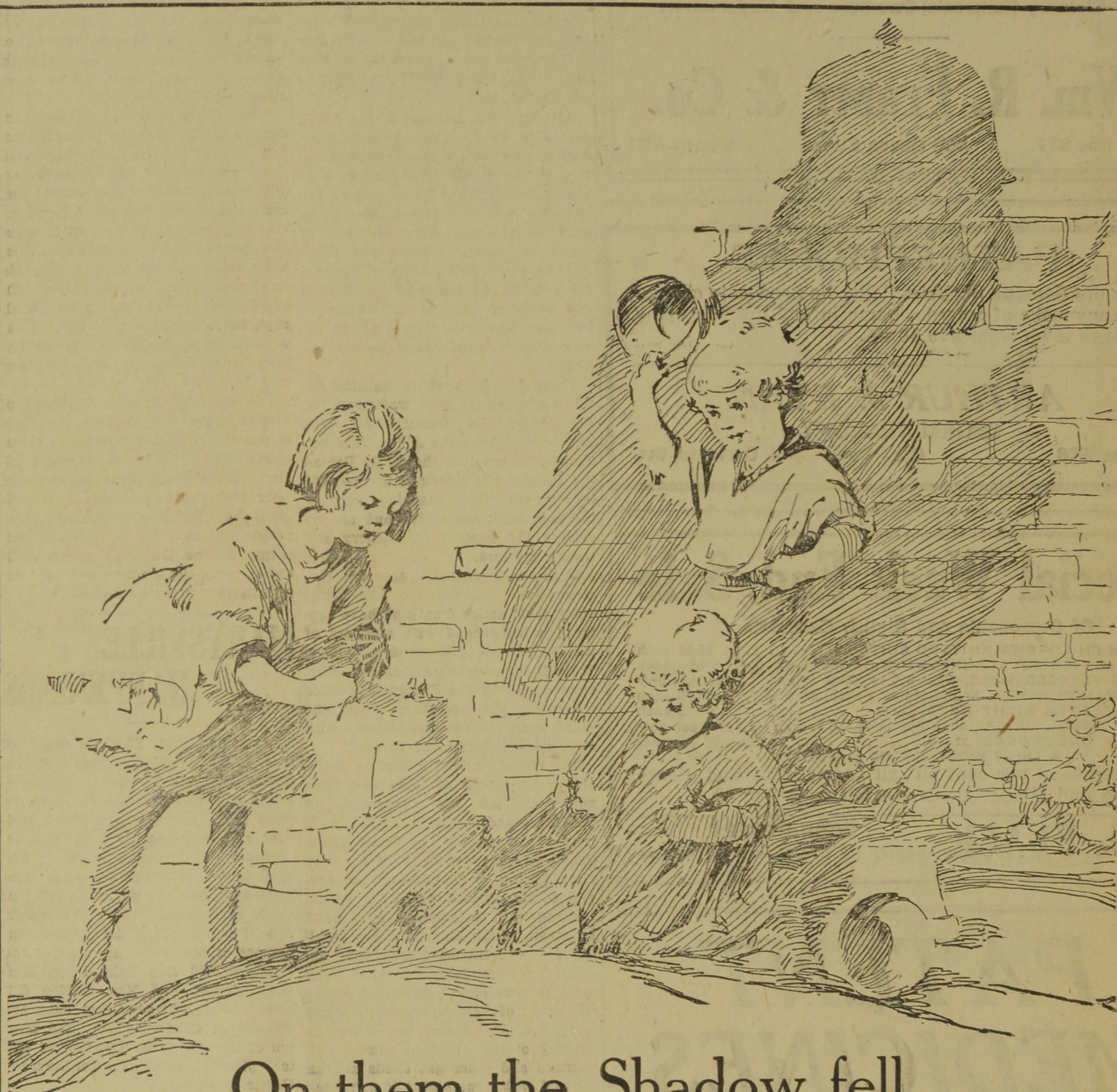
EVER FEEL "DOPY" AFTER MEALS?

At times we all feel dull and heavy. Just one thing to do—relax the bowels and cleanse the system with Dr. Hamilton's Pills. Unclean matter is flushed out, the liver is toned, blood is purified, and at once you feel better. Good health and jovial spirits are quickly found in this celebrated medicine. Enormous benefits follow the use of Dr. Hamilton's Pills in every case; they are very mild, very easy. Insist on getting Dr. Hamilton's prompt and guaranteed by the makers, Dr. Hamilton's Pills, 25c. per box everywhere.

ANTI-LOAFING LAW AMENDED

Ottawa, Oct. 22.—The anti-loafing law has been amended in such a manner as to provide for arrest without a warrant. "Any police officer," reads the amendment, "may arrest without warrant any person whom he believes on reasonable and probable grounds to be violating the provisions hereof in the Anti-Loafing Law, and such officer is justified in making such arrest."

If a woman loves a horse she is apt to love her husband—or anything else she can drive.



On them the Shadow fell

THESE, our little Canadians, born to freedom, to a heritage of happiness, Germany's greed would enslave!

For they were heirs to Canada's boundless wealth—our mines, our forests, our teeming fields—the Hun hungered for these riches of Canada.

In his plans for world power, Canada was not overlooked in the German scheme of plundering the nations.

Doubtless there are to-day in Berlin plans for the apportionment of concessions of Canada's natural resources, plans for the government of Canada, for the policing of our cities, the levying of taxes, for enforced adoption of the German language as was done in Lorraine after 1871, and all the other systems of government by German methods.

And a brutal German soldiery would have enforced those systems by which the people would have been enslaved and every vestige of freedom and independence destroyed.

If Prussian plans had carried the smile

would have passed forever from the happy little faces in our homes.

Our boys and girls—heirs to Canada's riches—would have worked as slaves in their own mines, in their forests, their fields and factories.

The fruits of their toil, the wealth of Canada, theirs by right, would have been borne across the seas to fatten the German beast.

While the beast lives, his venom, his gall, his merciless, monstrous ambition threaten our homes.

Canada—young, high-spirited, independent—must stand firm.

Canada must use the wealth the Hun lusts after to crush him to earth.

Canada's strength, the united strength of each and every true Canadian, must raise the shield of protection for the generations to come.

The call will soon come for more of Canada's wealth. It is your money that is needed—every cent that you by cheerful sacrifice and loving self-denial can lend to your country.

Be ready when the call comes
to buy Victory Bonds

Issued by Canada's Victory Loan Committee
in co-operation with the Minister of Finance
of the Dominion of Canada