



Exact Copy of Wrapper.

## CASTORIA

For Infants and Children.

Mothers Know That  
Genuine Castoria

Always  
Bears the  
Signature

of

*Dr. H. H. Fletcher*

In  
Use  
For Over  
Thirty Years

## CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

### ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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#### HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

#### THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,  
1918. Pamphlet giving particulars  
of our courses of study, rates of tuition,  
etc., will be mailed to any address on  
application. Address  
W. J. OSBORNE, Principal,  
Fredericton, N. B.

#### WANTED

WANTED—Books and magazines for  
distribution to returned soldiers en  
route home, in the Military Hospitals,  
or going overseas. Telephone Mr. A.  
Murray, care of A. Murray & Co. Tel.  
No. 159, or leave at store for Military  
Y. M. C. A.

Returned soldier or patriotic man  
or woman to distribute war literature.  
We will pay you at least \$225.00. Un-  
usual opportunity for money making.  
Winston Co., Toronto.

TO LET—Two summer camps on the  
Woodstock road, three miles from the  
city. Apply to Mrs. E. W. Darcus,  
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#### Choice Roses and Carnations

Wedding Bouquets and Floral  
Designs a Specialty.

Good Assortment of Ferns,  
Palms, etc.

Bedding Geraniums.

All orders receive careful  
attention.

#### ADA M. SCHLEYER, FLORIST.

#### AT THE CELESTIAL CAFE

CLEANLINESS REIGNS SUPREME.

Everything new and up to date.  
Regular meals served. First Class  
service.

Breakfast from 7 to 9; Dinner from  
12 to 2; Supper from 5 to 7.

Lunches served at all hours.  
Beer, ice cream and fruit always in  
stock.

#### CELESTIAL CAFE

75 REGENT STREET.

HARRY L. McGUIRE, Prop.

#### Cabbage, Tomato

Cauliflowers, Celery, etc.  
Flowers, Asters, Stocks, Phlox,  
Balsams, etc.

Radish, Lettuce and Rhubarb.  
Shrubs for Cemetery  
Planting at  
BEBBINGTON GARDENS

#### OF INTEREST TO WOMEN

SEASONABLE RECIPES.

##### Egg and Tomato Scramble.

Here is an excellent dish for the  
home luncheon or simple Sunday night  
supper: Make a pint of tomato sauce,  
flavored slightly with onion juice. The  
sauce should be thin. Pour it into a  
pan in which a tablespoon of butter  
has been melted. When bubbling hot,  
add six eggs, beaten enough to mix  
whites and yolks. Add salt and pep-  
per to taste and stir until creamy.

Serve as soon as taken from the  
fire.

##### Baked Cheese.

Add to a half pound of cheese, shav-  
ed thin into a pie dish, two well beat-  
en eggs and one cup of milk. Season  
with pepper and salt. Bake in a mod-  
erate oven.

##### Celery in Sandwiches.

Take crisp, new tomatoes, slice  
evenly and spread over them finely  
minced celery and mayonnaise dress-  
ing. Place this mixture between tri-  
angles of fresh brown bread.

Shredded shrimp, or lobster, and  
finely minced celery and your favorite  
salad dressing, make excellent filling  
for sandwiches.

##### The Cucumber sandwich.

Did you ever bite through two thin  
slices of buttered brown bread and  
find a crisp, cool, well seasoned slice  
of cucumber concealed beneath them?  
This is the pleasantest kind of sur-  
prise, and served with a tomato bisque  
or with the fish course it will throw  
the main dish into the shade.

The cucumbers of course should be  
kept cold, in salt water, until just be-  
fore the sandwiches are to be eaten.  
The bread may be spread with may-  
onnaise, but the sandwich is even more  
delicious if the cucumbers are merely  
dipped in well seasoned French dress-  
ing in which oil plays a larger part  
than usual.

#### THE WAR GARDEN

Issued by the Canada  
Food Board.

##### Make Your Storage Preparations.

Plan for your winter storage of vege-  
tables now. Remember that you did  
not plant your war garden merely for  
the amount of fresh vegetables you  
were going to have this summer, but  
for the continuous supply you hoped  
to have all the year round.

The vegetables you use next winter  
are going to be of the utmost import-  
ance in the conservation of meat and  
wheat. You will need all that you  
can dry or can or store. A woman's  
patriotism may be measured in these  
days by the state of her cellar, her  
pantries and her ice-box.

By the time the war gardens  
have ceased yielding up the good  
things of the earth, every housekeeper  
should have her pantry shelves well  
stocked and a good supply of fresh  
winter vegetables stored in the cellar.

In the past there has been too much  
preventable waste through lack of the  
proper storage facilities. See that  
this does not happen again. Better to  
spend a little money now in making  
proper preparations which will be of  
permanent value, than allow any food  
to go to waste.

## ARE YOU A MAN?

If you are, you either shave your-  
self or go to a barber. If you visit  
a barber you may have the unfor-  
tunate experience of Mr. M. Butler,  
of Bridgeport, Conn., who developed  
what is known as "Barber's Rash"  
on his face through the use of an  
infected razor. He writes:

"My face was covered with sores,  
which caused me a great deal of  
suffering and inconvenience, and I  
was unable to shave for four  
weeks. Repeated applications of  
Zam-Buk, however, entirely rid me  
of the trouble."

To avoid the possibility of such  
an experience, immediately you see  
a rash or spot appear, treat it with  
Zam-Buk. This balm will destroy  
all germs, prevent the disease  
spreading and soon end the trouble.  
For eczema, old sores, ulcers,  
blood-poisoning, burns, and cuts  
there is nothing to equal Zam-Buk.  
All dealers 50c. box, 3 for \$1.25.

## Zam-Buk

## A CANADIAN HOSPITAL WAS BOMBED BY HUNS

Ottawa, June 25—The following ar-  
ticle by Roland Hill, the correspon-  
dent at Canadian Army Headquarters  
in France, has been received by the  
Militia department: "Following the  
bombing of the Canadian hospitals  
the Germans have taken toll from  
another Canadian hospital whose  
walls during the March fighting shel-  
tered thousands of wounded. Canadian  
nurses, doctors and patients were  
among the number of those who were  
killed or seriously wounded. The Can-  
adians have occupied the site for over  
18 months, the roofs were painted  
with great red crosses and the build-  
ings have never been used for mili-  
tary purposes since the war began.  
German squadrons which have often  
flown over it in daylight raids have  
hitherto dropped no bombs near the  
buildings. Last night one three story  
wing, which was about two hundred  
yards long, was cut clean in half by  
a huge bomb and then caught fire.  
Bravely the staff of the hospital start-  
ed to rescue helpless patients cut off  
by the flames in adjacent wing. Doc-  
tors and orderlies brought them  
through shattered windows down lad-  
ders to safety.

The first bomb went through two  
floors into the operating room, where  
the night staff were working on some  
urgent cases that had just arrived.  
The operating staffs, including nurses  
were buried under an avalanche of  
debris and in a few minutes the whole  
operating section was a flaming tomb  
and bursting tubes of ether and hy-



drogen added to the ghastly sight.  
Fortunately two other surgical teams  
had just halted in their work and had  
gone to the mess for midnight supper  
or the casualty list of doctors and  
nurses would have been much heav-  
ier.

Some of the personnel whose quar-  
ters were on the top floor of the  
wrecked building had a marvelous es-  
cape. One corporal who slept directly  
over the operating theatre was blown  
free from the first explosion but left  
isolated on a burning beam and was  
only rescued with difficulty by means  
of ropes and ladders. Although badly  
scratched he worked heroically in sav-  
ing the patients.

#### DON'T USE THE KNIFE

That's the barbarous way of treat-  
ing corns—dangerous too—any corn  
can be removed painlessly by Put-  
nam's Painless Corn Extractor in  
twenty-four hours. Use only Putnam's  
Extractor, 25c. at all dealers.

## CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears  
the  
Signature of *Dr. H. H. Fletcher*

## Case for Registration Certificate

Price 50c.

Think what a lot of worry and inconvenience it would cause  
you, should you lose your Registration Certificate.

Purchase one of our handy, neat cases and lessen the chance  
of losing your certificate, and thereby save yourself a few more  
grey hairs.

## The McMurray Book & Stat'y Co., Ltd.

Booksellers, Stationers and Printers.

# Have Your Job Printing Done At Home

The Mail now has every facility for turning out High  
Class Job Printing work and there is no longer any reason  
why manufacturers, merchants and others should send their  
orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, al. run  
by electric power, and can turn out work promptly and  
efficiently. If you have a job of printing call up No. 67 and  
we will do the rest.

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