

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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Phone or telegraph orders
shipped on all trains or boats
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THE WINTER TERM of the
FREDERICTON
BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

OF INTEREST TO WOMEN

ECONOMY IN MEATS.

With no relief in sight for the present high prices of meat, one may reduce the butcher's bill by extending the flavor of meat according to the following recipes:

Stew With Dumplings.

Make stew from small pieces of meat and vegetables, cooking it on the stove or in a fireless cooker. Serve with dumplings made as follows: For a stew using one pound of meat, mix a little more than one-third cup of flour with one teaspoonful of baking powder and a pinch of salt; work in a rounding teaspoonful of butter and mix with enough milk to form a medium stiff dough. Cut into small pieces and cook in a buttered steamer over a kettle of boiling water or remove enough gravy from the stew to expose the meat and vegetables and place the pieces of dough on these solid materials to cook.

Meat Pie.

Meat pies are made most satisfactorily by first cooking the meat and vegetables as for a stew. Line a pan, earthenware dish or casserole with biscuit dough rolled fairly thin, put in the meat, vegetables and gravy, cover with dough and bake in a hot oven.

Meat Turnovers.

Place any chopped cooked meat on circles of biscuit dough about the size

of a saucer. Fold the dough over the meat, crimp the edges and bake in a hot oven. Vegetables may be combined with the meat filling as desired, and the whole may be served with gravy.

Veal or Beef Birds.

Cut very thin meat into roughly rectangular pieces of a sufficient size for individual servings. Place on each a stuffing of bread crumbs, seasoned with chopped onions and other flavoring vegetables and herbs. Fold or roll up the meat and skewer in place with toothpicks. Brown the rolls in fat, remove and make gravy from the fat, flour and stock if available. Place the rolls in the gravy and cook slowly until tender in a covered baking dish, a steamer or fireless cooker.

OATMEAL MUFFINS.

One and one-half cups milk, two cups rolled oats, two eggs, two tablespoons molasses, one tablespoon fat, one cup of flour, four teaspoons baking powder, one teaspoon salt. Pour hot milk over the oats and let soak one-half hour. Add the beaten eggs, molasses and the melted fat. Finally add dry ingredients which have been sifted together. Bake in greased muffin tins half hour in moderately hot oven.

GIRLS! DRAW A MOIST
CLOTH THROUGH HAIR,
DOUBLE ITS BEAUTY

Try this! Hair gets thick, glossy, wavy and beautiful at once.

Immediate?—Yes. Certain?—that's the joy of it. Your hair becomes light, wavy, fluffy, abundant and appears as soft lustrous and beautiful as a young girl's after a Danderine hair cleanse. Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt or excessive oil, and in just a few moments you have doubled the beauty of your hair. A delightful surprise awaits those whose hair has been neglected or is scraggy, faded, dry, brittle or thin. Beside beautifying the hair, Danderine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair, but what will please you most will be after a few weeks' use, when you see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair, and lots of it, surely get a small bottle of Knowlton's Danderine from any drug store or toilet counter and just try it.

MOVIE SIRENS
NOT SO HOT

New York, Jan. 9. — Motion picture heroines who are in the siren business that requires much tropical scenery and a minimum of personal drapery just naturally up and allowed to the directors at the Fort Lee studios that unless the Fuel Administration came across with a few large calories of heat for the studios they would have to be switched to plays like "The Esquimaux's Bride, or, Along the Gum Drop Trail," as there would be nothing doing.

Heavy villains who are expected to light cigarettes nonchalantly, wear Palm Beach clothes and look happy, joined the protest against trying to impersonate warm and opulent society with the studio thermometer playing tag with the zero point. The funny men, too, kicked on the slapstick stuff, and the directors went to the Fuel Administrator in dismay. "Coal, or the movie making business will have to stop," they wailed. They still wait.

The Halifax Catastrophe—

CONTAINS 40 VIEWS covering practically all the area affected by the explosion. Get a copy now. Sent postpaid to any address for 50c. F. A. STONE, Box 474, Fredericton, N. B.

TENDERS FOR GRAVEL.

Sealed tenders addressed to G. R. Perkins, City Clerk, will be received up till the Eleventh Day of January, 1918, for delivery during the summer season at several different points in the city, of gravel suitable for city streets.

R. W. McLELLAN,
7 Ins Chairman Street Committee.

FOR SALE

OLEOMARGARINE can be used for table and cooking purposes, wherever butter is used, with equally satisfactory results.

Wholesale and retail at

CURRIE BROTHERS,

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NIGHT SCHOOL

FREE EVENING CLASSES will be held this winter in the
York Street School Building,
BEGINNING

Tuesday, January Fifteenth

Young men and women desiring to attend these classes should register as soon as possible with the Secretary, Mr. C. A. Sampson, as the size of the classes is limited. A deposit fee of \$2.00 is required, but this will be refunded if classes are regular attended.

The following courses have been arranged:

1. Mechanical Drawing and Woodworking. Very useful for those engaged in any mechanical trade.
2. Commercial Course. The keeping of accounts and the use of the ordinary business forms.
3. Cooking and Sewing. If sufficient desire is manifested, the elements of dressmaking and millinery will also be taken up.

Each class meets two evenings a week for ten weeks.

For further information apply to the Secretary of the School Board, at his office in the York Street School. Telephone 27-31. 2 Ins

WANTED FOR
WORK IN HALIFAX

One hundred carpenters, wages 40 cents per hour; 50 carpenter helpers at 35 cents per hour. Board, \$4 per week in company camp. Fare paid both ways if stay three months.

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131 Barrington Street, - - Halifax.

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CARNATIONS IN STOCK as usual. POTTED PLANTS, including a good selection of Ferns of the leading variety.

A Fine Lot of PALMS in all sizes. WEDDING BOUQUETS and FLOWER DESIGNS a Specialty. CUT FLOWERS always on hand for the sick.

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Lace Curtains
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Curtain Muslin and Drap-
eries of all kinds
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Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
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Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS
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Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.
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We have a Fine Range of FUR COATS — Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR LINED COATS and CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAWS, LADIES' COATS and FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANKETS. Inspection invited.

J. CLARK & SON
LIMITED

"THE FIGHTING TRAIL"

IS A "BEAR" OF A PICTURE.

And the NOVELIZATION is in the same class. To be in the "running" you'll SEE THE PICTURE, and the NOVEL will be a welcome addition to the screen portrayal you have already witnessed.

THE DAILY MAIL HAS SECURED the exclusive right to publish
Each Instalment of THIS MARVELOUS SERIAL
THE DAY AFTER IT THE GEM THEATRE
IS SHOWN AT

Good Bye,
Old Time Melodrama!

Sorry to see you go, but the new melodrama is here—"THE FIGHTING TRAIL." Greater Vitagraph's Duncan-Holloway Serial. The mortgage on the old home hasn't a chance in this, the only kind of melodrama that gives us that of brand new thrills and sensations. And there are dozens of 'em in every episode. William Duncan and Carol Holloway risk their necks two dozen times in THIS serial and THAT'S what we call melodrama! Stunts that amaze and mystify. Be sure to see it.

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