

HEART BEAT SO FAST

Could Not Sleep.
HAD TO SIT UP IN BED.

Heart trouble has of late years become very prevalent. Sometimes a pain catches you in the region of the heart, now and then your heart skips beats, palpitations, throbs, or beats with it will burst. You have weak and dizzy spells, are nervous, irritable and depressed, and if you attempt to walk upstairs or any distance you get all out of breath.

There is no other remedy will do you so much good, restore your heart to a natural condition, build up your strength and give you back vigor and vitality as Milburn's Heart and Nerve Pills.

Mrs. A. Russell, Niagara Falls, Ont., writes: "At nights I could not sleep, and had to sit up in bed, my heart would beat so fast."

"When I went to walk very far I would get all out of breath, and would have to sit down and rest before I could go any farther. I was advised to get Milburn's Heart and Nerve Pills and before I had used two boxes I could sleep and walk as far as I liked without any trouble."

Milburn's Heart and Nerve Pills are 50c per box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

KAISER-WORD A PARODY

(New York Sun)

Emperor William has taken pains to express in himself history's most dramatic moment; but somehow the immortal moment is always slipping. At best, it seems, the great Kaiser-word, when the moment comes, will be but a parody of a past invincible phrase. Thus there probably was coned the winged laconism to express the Kaiser's "world-moment" in that revamped vanity of Caesar's: "Veni, victus sum evasi" (or, in willful and unclassical phrase: "I came, was licked and beat it.")

Demand for Efficiency.

"Well, if that ain't the limit," mused the postman as he came down the steps of a private residence. "The woman in that house says if I don't come earlier she'll get her letters from some other postman."

Wonderful Bilious Remedy Actually Prevents Attacks

There are two great causes of biliousness—they are constipation and defective liver action.

When Dr. Hamilton's Pills are taken, they do not only correct constipated bowels, but act upon the liver as well.

Quite unlike ordinary medicines which purge and give temporary relief, Dr. Hamilton's Pills remove the conditions which cause biliousness, and thus permanent cures are effected. No person who occasionally uses Dr. Hamilton's Pills will ever suffer from the headache, bad stomach or bilious complaint. Get a 25c. box today.

MESS TIME WITH THE U. S. SOLDIER BOYS IN FRANCE

Officers Indulge in Good Natured Banter
--- Cigars Were Bad but They Soon Went Up in Smoke---Real Milk Replaces the Canned Article --- A Heavy Snorer Came in for Many Jibes

With the American Forces in Picardy, May 30—"Gentlemen, my orderly has just brought me a box of cigars said the Major as he came into the mess. "They are probably the rottenest cigars ever made. Help yourself."

Despite the reputation given the cigars everybody did. There was a laugh and suggestions of donning gas masks, but a little thing like bad cigars couldn't dampen the spirits of the mess. And this is a story of the mess.

It started on the march to Picardy, far back in a little town in the mobilization area. It sported pancakes for breakfast. Then it began to produce pie—real pie. From that, as the march went on and new villages became headquarters, it developed steaks, roasts, boiled beef, asparagus, cauliflower, peas, potatoes in various disguises, including salad, and on to the point of deserting French war bread for the real American white loaf. But the climax was reached when the mess sergeant discovered a cow. Then real milk appeared on the table instead of the canned variety.

The Fun Goes On

"I wonder if there's any chance this cow might be suffering from shell shock and that her milk will curdle?" asked the Lieutenant from Chicago as he reached for the first glass.

"I don't mind an ordinary snore," came from the other end of the table, "but I hope the Boche gets all Lieutenants that sleep with both intake and exhaust pipes open."

"Who'll snore?"

This from a dark haired, slender Lieutenant who every one happened to know was billeted with the snore objector.

"I'll tell you, he's got a snore with an intake like a motorcycle exhaust with the muffler off and an exhaust like a dozen seltzer bottles," was the comeback. "Even if you do sleep on the floor and never take a bath, you ought to hold on to just a little manners."

Officer's Troubles

Enter the gas officer. Heated argument on the concentration required for specified results. The veterinary corps officer breaks in with the clincher that he has a mule for a patient that was gassed in "less than that," whatever "that" happens to be. He also had a mule that was hit in

the stomach with a piece of shrapnel and is going to get well.

But that does not interest the Adjutant's assistant, who wants to know how he's going to get off an eight page telegram when the French lines say they can't handle it.

Somebody mentions the engineer dump. It's some fifty yards from the door of the mess. The favorite pastime of the Boche once a dump is discovered, is to shell it. The officer from the engineers is about as popular as hives in hot weather, so far as his dump is concerned. The conversation all fire is turned on him, this being a part of the meal time amusement. Somehow or other he doesn't come back. He smiles a wan sort of a smile, his eyes resting on his cup.

"Well, well, no letters, or what's up? Why the gloom?" from around the table.

Letter Brings Sadness

"That's it. I've got a letter. It's from home, way back there in Portland, Ore. My father's dead. Been dead five weeks, and here I am just finding it out."

The laughter and bantering die out. The veterinary corps officer fumbles in his pocket. He pulls out a cable-gram.

"I guess we are both getting it," he says, without lifting his eyes from the bit of paper. "I got this last night. Ten days getting here. Says my father can't live two weeks. He may be gone now."

There are mumbled expressions of sympathy. Few look up from the table. The guns can be heard pounding just a little way off. But just outside the morning song of birds floats in with the sunshine. The mess breaks up. The Lieutenant from Chicago expresses his thoughts as he goes out the door:

"We're a long way from home, aren't we?"

Woodstock Sentinel: Mrs. B. M. Hill, St. Stephen, who is visiting friends in town, was taken ill after her arrival here and was removed to the Fisher hospital. She has almost recovered from her illness.

Woodstock Sentinel: Mr. Rainford Staples was called to Fredericton Tuesday owing to the death of his mother, who passed away in Ontario and whose remains were brought to Fredericton for interment.

PIMPLES AND RUNNING SORES

Would Hold Head Down Face
Was Such a Sight.

Pimples are caused by the blood being out of order. These festering and running sores appear on the chin and other parts of the body, and although they are not a dangerous trouble they are very unsightly to both you and your friends.

There is only one way to get rid of this obnoxious skin trouble, and this is by giving the blood a thorough cleansing by the use of Burdock Blood Bitters.

This sterling remedy has been on the market for over 40 years, during which time we have received thousands of testimonials as to its curative powers over all skin diseases.

Mrs. Victor G. Fry, North Battleford, Sask., writes: "I used Burdock Blood Bitters when I was about eighteen. I was so bad with pimples and running sores, that when I went down town, I would hold my head down when I would see anyone coming, my face was such a sight. I got two bottles, and my face began to clear, so I kept on until I had a beautiful complexion. I have recommended it to everyone who is in a run down condition, as it builds up the blood, and when the blood is A1 the face is clear."

AIRDALE IS BEST DOG FOR ARMY MESSENGER

Chicago, June 14.—The Airdale, a shaggy, sad-eyed dog that gained popularity only in recent years, has convinced officers of the Signal Corps of the United States Army of its superiority over all breeds as a canine war messenger.

While official authorization for use of the Airdale on the battlefields has not yet been issued by the War Department, schools for intensive courses in training have been established, and officers say that reports from the various army camps show that the dogs have made remarkable progress.

"The Airdale surpassed all other dogs in point of intelligence and although peaceful is also most courageous," said one officer. "Tests have established beyond doubt its superiority over other dogs as a war messenger, particularly those used by the German army."

"The Airdale is a cross from a bull terrier, otter hound and a Berkeley terrier. It is a result of years of careful breeding and its name, it is said, is derived from the Aire valley, England, where it originated."

The dogs now in training were either given to the signal corps by patriotic citizens or purchased by interested army officers. Scores of them with long pedigrees and of high value have been given and other offers are coming in daily. Females are in greater demand because of their intelligence. Methods of training are a military secret. No beast can equal them as war dogs. Their color blends perfectly with night shades. The ability of the dogs to slip quietly through barb-wire entanglements without scratch is remarkable.

DAMN! SAID THE REV. SAM

London, June 1—Sam rhymes with "damn" but in nowise ordinarily could it be connected with a minister named Sam. And yet—

The Rev. Dr. Sam Leland, New York Methodist minister, was on his way to France. The boat was the Orona and history tells what happened to it.

Three minutes after a British destroyer picked up the survivors, Rev. Dr. Leland approached A. E. Hungerford, leader of a group of Y. M. C. A. secretaries.

"Can a man resign from the Y. M. C. A.?" he asked. Hungerford looked at him, trying to determine if the minister was scared.

"To enlist in the army?" continued Leland.

"Of course," said the Y. M. C. A. leader.

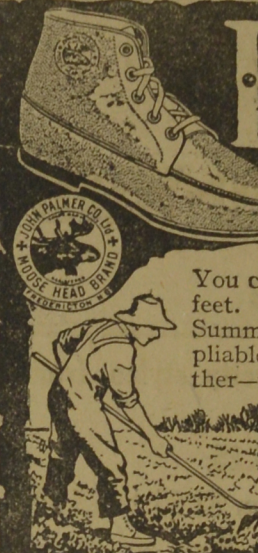
"Damn!" said Rev. Dr. Sam. "I'll do it!"

A famous English bishop was told the story to see what he thought of the use of a swear word at such an hour. "It was the only language justified," he said.

CASTORIA

For Infants and Children
In Use For Over 30 Years

Always bears
the
Signature of *W. A. H. H. H.*



PALMER'S Summer Packs

for the **SO**

You can't enjoy farm labor with tired, aching feet. So, boys, slip your feet into Palmer's Summer Packs. Made from durable yet soft, pliable, oil-tanned, Skowhegan waterproof leather—the ideal farm shoe for comfort and wear.

Easy to put on and take off. Large eyelets, quickly laced. Solid leather heel, sole and insoles. Bellows tongues.

Ask your dealer to show you "Moose Head Brand"

JOHN PALMER CO., LIMITED
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House Furnishings For Spring

- Lace Curtains
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WHOLESALE DRY GOODS and WOOLENS
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Our Motto: Promptness, Accuracy, Courtesy, Care.

Imperial Dyspepsia Tablets

Restores normal digestion. Price 25c.

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C. FRED CHESTNUT THE QUALITY DRUG STORE
572 Queen Street.

An Attractive Kitchen

Not alone makes the work seem lighter, but actually makes it so. How much easier to keep clean the white enamel sink, the enameled tubs, etc., than the old style black iron fittings. Ask us how much or rather how little it will cost to make your kitchen one to be proud of.

D. J. SHEA & SON.
Sanitary Plumbing & Heating 81 Carleton Street

"NEW BRUNSWICK GROWN"

ORDERS SHOULD NOW BE PLACED for early May delivery. We make specialty of APPLE TREES, SHRUBS, HEDGING, ROSES and STRAWBERRY PLANTS. Experts have pronounced our Apple Trees excellent, comprising the leading varieties, including McIntosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

ST. JOHN VALLEY NURSERY
BURTON, N. B.

OVERLAND MODEL 90 THE THRIFT CAR

BEST VALUE IN THE MARKET IN MEDIUM PRICED CAR—25 Miles to Gallon Gasoline.

Have You Seen the NEW CHALMERS ENGINE with the "Hot Spot?" The car that holds the world's records. Come in and look them over.

FREDERICTON MOTOR SALES CO.,

'PHONE 332-11. QUEEN STREET, FREDERICTON, N. B.

Advertise in the Mail
and get results

EVANGELINE'S LAND TO HAVE A SHRINE



A giant of the orchard in full bloom, The fisherman doing his bit.

A new Mecca is beckoning to devotees of art and religion. Its name is Nova Scotia. Already the artists have made their pilgrimage and returned with charming pictures of Evangeline's Land. A collection of sixty paintings, the work of six New York men, known as the Nova Scotia Group, were exhibited recently in New York and elicited much praise.

The pioneers of Nova Scotia have blazed a trail over which a brush and palette laden army will follow in seasons to come. They will come to paint the gentle beauty of apple blossoms when the great Annapolis Valley is covered with a fragrant pink and white veil. They will come in cherry time to paint the rich red fruit and the happy people enjoying the Cherry Festival, a time honored custom. They will come in autumn to transfer to canvas the mad riot of brilliant coloring with which Nature paints the woods and hillsides and when the orchards groan beneath

their heavy burdened boughs of ripened apples. They will come at all seasons to picture the quaint fisherfolk and their quaint surroundings.

The Dominion Atlantic Railway that swings you around a half-circle from Halifax to Yarmouth, takes you through a Land of Romance, the Land of Evangeline. At the little station of Grand Pre you will find a wide meadow which is soon to be transformed into a shrine. Here previous to 1775, stood the Roman Catholic Church of St. Charles, the church of the Acadians. To-day a massive stone cross marks the site of the old burying ground that surrounded the church and nearby is Evangeline's Well, with its long sweep.

The French Acadians have always cherished a reverence for this spot and now through the generosity of the Dominion Atlantic Railway Company they may call it their own.

Memorial Park, Grand Pre, N.S.

The railway company has purchased this meadow and will make it into an old-fashioned garden surrounded with a rustic fence and has deeded a portion of the ground to the Societe L'Assomption, composed of French Acadians, of whom the Rev. C. V. Landry of Bute, N.B., is President. The only consideration for this transfer is the promise of the Societe to erect a chapel. This they are eager to do and plans are now under consideration.

With the dedication of the new shrine, large numbers of French Acadians from Quebec, Montreal and Upper Canadian points, will make pilgrimages to Grand Pre similar to those made yearly to Ste. Anne de Beauce. Their numbers will be swelled by many others who cherish a fondness for the gentle Evangeline and who will be eager to visit the scene of her story and to walk under the ancient willows that still guard this storied spot.