

Children Cry for Fletcher's

CASTORIA

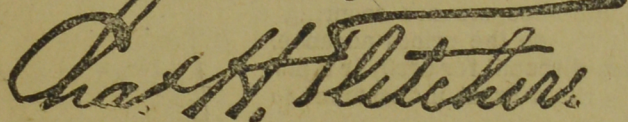
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has caused the people to seek all the information possible before buying.

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41
Office 419-11

DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG. EXPERIENCE.

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.OFFICE HOURS—10 a.m. to 1 p.m.;
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Best and Most Modern Funera
Equipment in the City.Residence Telephone 70-41
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HARRY R. ADAMS, JOHN G. ADAMS UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
our courses of study, rates of tuition,
etc., will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

OF INTEREST TO WOMEN

THE CASSEROLE.

No other kind of utensil seems so conducive to perfect cooking and retaining of flavors. Casserole cooking is a combination of perfect and slow steaming with roasting and baking.

The typical casserole is a low, rounded bowl in shape, with a lid or cover and a handle at one end. It is made of earthenware and may or may not be lined with white enamel.

The casserole is used in an oven, at slow temperature, and as it is covered and contains some liquid, the food is really steamed in a dry compartment, which gives the peculiar flavor and deliciousness to the foods cooked in it.

The preparation of all foods for the casserole is practically the same. All meats are first seared or sautéed in a little fat in a frying pan before being put into the casserole itself. Then a sauce or hot liquid is added, and the whole casserole placed in the oven to cook for a long time very slowly.

The main points in casserole cooking are:

1. It allows meats and other foods to be prepared a long time in advance of the actual meal.
2. Because it retains and develops flavor, it is admirably suited to cooking cheaper cuts of meat, flank steak, chuck, etc.
3. Since the sauce made from food cooked in casseroles is always tasty owing to long cooking, the casserole is suitable for developing leftovers successfully, especially since the food can be cooked and served in the same dish.
4. Cooking and serving in the same dish avoids the washing of an extra pot or pan.
5. The earthen surface absolutely prevents contamination through acids, so that fruit and other acid foods can be cooked in it quite safely.

FROZEN RICE AND PEACHES.

Line a mold with cold boiled rice and fill the centre with canned peaches cut in small pieces and sweetened to taste. Cover with rice. Bind a cloth

CANADIAN PACIFIC RAILWAY

PASSENGER TRAIN SERVICE Effective Jan. 21st.

Eastern Time. Daily except Sunday

Leave Fredericton

5:05 A. M.—For St. John, making all intermediate stops.

5:10 P. M.—For St. John, connecting at Fredericton Junction for Houlton, Woodstock, St. Stephen, Montreal, Boston.

Arrive Fredericton

11:10 A. M.—From St. John, Montreal, Boston, etc.

7:00 P. M.—Express from St. John.

N. R. DesBRISAY,

D. P. A.

NOTICE OF LEGISLATION.

PUBLIC NOTICE is hereby given that application will be made by Fraser Companies, Limited, at the next session of the Legislative Assembly of the Province of New Brunswick for the passage of an Act for the following purposes, viz:

(a) To ratify and confirm the sale and transfer as a going concern of the undertakings, business, assets, property and franchises of Fraser, Limited, to Fraser Companies, Limited.

(b) To ratify and confirm the sale and transfer as a going concern of the undertakings, business, assets, property and franchises of Fraser, Limited, to Fraser Companies, Limited.

(c) To ratify and confirm the sale and transfer of the undertakings, business, assets, property and franchises of the Baker Brook Manufacturing Company, Limited, to Fraser Companies, Limited.

(d) To vest in Fraser Companies, Limited, its successors and assigns, all the powers, privileges, franchises and immunities which are vested in Fraser Limited by virtue of the provisions of Chapter 102, 1 George V., Acts of Assembly, 1911, entitled "An Act to incorporate Fraser Limited," and by virtue of the provisions of Chapter 99, 2 George V., Acts of Assembly, 1912, amending the last mentioned Act.

Dated at Fredericton, N. B., this 24th day of January, A. D. 1918.

SLIPP & HANSON,
Solicitors for Fraser Companies,
Limited.

HEADACHE OVER THE EYES? LOOK FOR NASAL CATARRH

Catarrh Never Stops in One Place—It Spreads Rapidly—Often Ruins Health Completely.

In this changeable climate it is the little colds that drift into Catarrh. Unless the inflammation is checked it passes rapidly from the throat or nose to the bronchial tubes and then to the lungs. You can't make new lungs any more than you can make new fingers or toes, but you can cure Catarrh.

The surest cure consists of breathing in the healing balsamic essences of CATARRHOZONE, which is simply a medicated vapor so full of rich curative properties that every trace of Catarrh vanishes before it.

"The soothing piney vapor of Catarrhozone is the most powerful medicine I ever used," writes Mrs. Edmond J. Christine of Saskatoon. "Every breath drawn through the Inhaler cures a grateful feeling through the air passages of the nose and throat. Catarrhozone cured me of frightful headaches over the eyes, relieved me of a stuffy feeling in the nose, and an irritable hacking cough that had been the bane of my life for a year. My general health is greatly improved, my appetite and digestion are considerably better than before. Catarrhozone has been the means of giving me such health as I always desired, but never possessed."

Even though catarrh has a firm hold on you, and affects your throat, nose or ears, you can thoroughly cure it with Catarrhozone. Large size, 50c.; sample size 25c. All storekeepers and druggists, or The Catarrhozone Co., Buffalo, N. Y., and Kingston, Canada.

over the top of the mold or about the edges of the metal cover, if there is one, and pack in salt and ice. The cloth can be sealed in place with melted paraffine wax. Allow the mixture to stand in the ice and salt for three hours. Unmold the pudding and serve with whipped cream.

Mr. C. F. Alward of Havelock, is registered at the Queen.

ONE DOSE RELIEVES A COLD—NO QUININE

Take "Pape's Cold Compound" every two hours until you have taken three doses, then all gripe misery goes and your cold will be broken. It promptly opens your clogged-up nostrils and the air passages of the head; stops nasty discharge or nose running; relieves the headache, dullness, feverishness, sore throat, sneezing, soreness and stiffness.

Don't stay stuffed-up! Quit blowing and snuffling. Ease your throbbing head—nothing else in the world gives such prompt relief as "Pape's Cold Compound," which costs only a few cents at any drug store.

TENDERS FOR WOOD.

Tenders will be received at the office of the Secretary-Treasurer of the Municipality of York up to and including FRIDAY, the 15th inst., for thirty (30) cords green furnace wood, old growth, rock maple and yellow birch, to be delivered and piled in cellar of County Court House by April 1st next.

T. C. EVERETT,
Chairman County Buildings
Committee.

Wholesale Dry Goods and Woolens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cretonnes and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLENS

ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.
PRICES REASONABLE.

LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

FURS

We have a Fine Range of FUR COATS — Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR LINED COATS and CLOTH COATS with FUR COLLARS.

Splendid Value in MACKINAW, LADIES' COATS and FURS, SLEIGH ROBES, WOOL RUGS and HORSE BLANKETS. Inspection invited.

J. CLARK & SON LIMITED

"THE FIGHTING TRAIL"

IS A "BEAR" OF A PICTURE.

And the NOVELIZATION is in the same class. To be in the "running" you'll SEE THE PICTURE, and the NOVEL will be a welcome addition to the screen portrayal you have already witnessed.

THE DAILY MAIL HAS SECURED the exclusive right to publish
Each Instalment of THIS MARVELOUS SERIAL
THE DAY AFTER IT IS SHOWN AT THE GEM THEATRE

Good Bye,
Old Time Melodrama!

Sorry to see you go, but the new melodrama is here—"THE FIGHTING TRAIL." Greater Vitagraph's Duncan-Holloway Serial. The mortgage on the old home hasn't a chance in this, the only kind of melodrama that goes in that of brand new thrills and sensations. And there are dozens of 'em in every episode. William Duncan and Carol Holloway risk their necks two dozen times in THIS serial and THAT'S what we call melodrama! Stunts that amaze and mystify. Be sure to see it.

PIANO SALE

Our stock of High Grade Pianos, ordered for the Holiday Trade, unfortunately for us did not arrive until theseason was over. Since then they have been coming along and now we have on hand the largest and best stock of the Gerhardt Heintzman, Bell, Gourley and Ennis Pianos we have ever had. These Pianos are well known throughout the Dominion, and in order to turn over this large stock at once, we have decided to offer the entire stock at a small advance over cost. This is your opportunity to purchase a High Grade Piano at a price that will surprise you.

As we intend making some changes in our business at once, we will sell some Second Hand Pianos at from \$40.00 upward and Organs from \$10.00 upward, to clear them out.

A few New Sewing machines at cost to clear them out.

Call early and see the complete stock at McMurray's.

The McMurray Book & Stat'y Co., Ltd.