

Children Cry for Fletcher's

CASTORIA

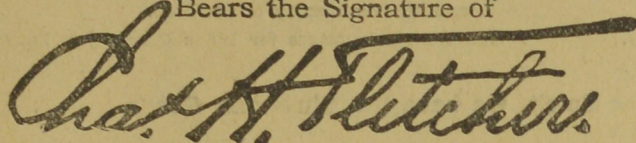
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,
DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41

Office 419-11

DR. GERRARD,
DENTIST

TWENTY YEARS' LONDON, ENG., EXPERIENCE.

King Street, - - - Opposite Boyle's
Telephone 574.

W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
Queen Street.OFFICE HOURS—10 a. m. to 1 p. m.,
2 p. m. to 5 p. m.

'Phone—338-11

DR. S. W. SPROULE
DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:

Inches Building, Queen Street, lately
occupied by Dr. L. R. Davison.
Telephone 281-21J. A. McADAM,
UNDERTAKER

REGENT STREET

Best and Most Modern Funerals
Equipment in the City.

Residence Telephone 70-41

Business Telephone 118-41

HARRY R. ADAMS,

SUCCESSOR TO THE LATE

JOHN G. ADAMS

UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.Following the removal of the ban
against public gatherings by the Pro-
vincial Public Health Department,
classes will be resumed at theFREDERICTON
BUSINESS COLLEGEFredericton, N. B., on NOVEMBER 20,
1918.We trust that all our old students
will be able to return on that date.
Information regarding our courses of
study will be furnished on request.OF INTEREST
TO WOMEN

THE STOCK POT.

Its Value Appreciated Much More
Across the Water Than in
in This Country.

French women appreciate the stock pot much more than we do. It is most valuable for utilizing small savings.

Most meats have a considerable percentage of bone, which is only good for making stock. Any steak, even round, can aid the stock pot as to bones, while a roast bone can almost be the basis of a soup by itself. Head and feet of poultry, properly cleaned, are valuable additions. In making a stock from fresh or cooked bones and meat, they should be covered with cold water, allowed to soak thirty minutes, then brought to a slow boil. Simmer three or four hours. During the last hour of cooking, add seasonings of vegetables, salt and pepper.

The water in which vegetables have been cooked may be used instead of plain water and less seasonings added. Any left-over vegetables may be added toward the end of cooking.

Nourishment Can Be Increased.

To increase the nourishment of a soup, cereals are excellent. Left-over rice, barley or even cooked breakfast food may be stirred in at the end (allowing time enough to heat the cereal), or a small amount of rice or barley may be put in the last hour of cooking. Allow about one-half cup of raw cereal to one quart of soup.

If you have just vegetable water and vegetables left and want the meat flavor, a small amount of beef extract or one or two bouillon cubes may be used instead.

Vegetable soup: 3 bouillon cubes, 2 cups cold water, half cup uncooked rice, 1 cup mixed cooked vegetables (chopped), or 2 cups meat stock, two cups vegetable water, salt and pepper. Cook gently all except vegetables, salt and pepper for 20 to 30 minutes. Then add vegetables and season to taste.

SOME USEFUL HINTS.

To keep cake fresh for a long time, take from oven when hot and pack in brown sugar. Will keep for months.

Frostings will not be brittle and will not break when cut if a teaspoonful of vinegar is added to them when flavoring is added.

To have grains of rice firm and whole when cooked, wash in at least three waters.

When cooking rice always stir with a fork and it will not burn so easily and will not get mushy.

AID FOR MRS. NEWLYWED.

"How may I prevent syrup from sticking to the sides of the jars?" asked Mrs. Newlywed.

"Rinse out the jar with hot water," answered Mrs. Neighbor. "Melt a teaspoon of butter and pour it into the warm jar, shaking and turning it until it has covered all parts. Pour out what remains and put the jar where it will remain cold. The butter will adhere to the bottom and sides and the syrup will not stick."

FOCH MADE
HUNS BEG FOR
THE ARMISTICE

London, Dec. 8.—An amusing story of the first meeting between Marshal Foch and the German armistice delegates is told by a high British official. When the Germans stalked into the room, Marshal Foch received them with calm dignity.

"To what am I indebted for the honor of this visit?" he asked politely.

The Germans were somewhat abashed. One of them replied: "We come about the armistice which you offer."

"Armistice?" queried Marshal Foch. "What armistice? I have made no offer."

The Germans were astounded. "But we must have an armistice," they waived.

"Must," said Marshal Foch, "then you come to beg an armistice." The Germans admitted ruefully that they had come for that purpose. Marshal Foch's eyes sparkled as he said:

"If you come to beg an armistice that is another matter."

RICH, RED BLOOD
RESISTS INFLUENZA

In the epidemic of la grippe, or influenza, that has swept over Canada in common with the rest of the world, it has been noticeable that its earliest victims were the thin-blooded enaemic people whose power of resistance is greatly weakened because of the watery condition of their blood. When a person is strong, hearty, able to enjoy a brisk cold day, chills and infections are set in defiance. But when the system is run down, when the nerves are shaky and the blood watery, the germs of influenza are quick to seize their opportunity. It is therefore good policy to keep the blood always rich, red and strong, and the nerves well nourished by the use of such a reliable tonic as Dr. Williams' Pink Pills. People who take these pills from time to time are usually able to resist colds, influenza and other ailments, and enjoy good health while many about them are weak, ailing and miserable.

To those who have been attacked by influenza, the after effects are more dangerous than the attack itself. They are left at the mercy of relapses and complications. There is a persistent weakness of the limbs, shortness of breath at the least exertion, poor digestion and a tendency to take cold easily. This condition will persist and will grow worse unless the blood is built up and the shattered nerves strengthened. For this purpose there is no tonic can equal Dr. Williams' Pink Pills. From first to last these pills make new, rich, red blood, which reaches every organ and every nerve in the body. Thus the lingering germs are driven out, the appetite is improved, and weak, despondent victims of influenza are transformed into cheerful, healthy, happy men and women. If you have passed through an attack of influenza you will find Dr. Williams' Pink Pills the one thing needed to restore you to full health and strength. If the trouble has passed you, you can further strengthen your self against its insidious advance by the use of this same tonic medicine.

Medicine dealers everywhere sell Dr. Williams' Pink Pills, or you can procure them by mail at 50 cents a box or six boxes for \$2.50 by writing the Dr. Williams' Medicine Co., Brockville, Ont.

BIG DEMAND
FOR FURS

(Montreal Star.)

The close season on muskrats in the province of Quebec has been ended by the Provincial Government, and trapping of these animals will be permitted all winter, it is announced. It is expected that furriers will derive some benefit, but the shortage of trappers is still very pronounced, and no very great number of pelts are expected to come to hand owing to ability to trap.

Furriers report a very heavy demand for all varieties of furs, especially since the cessation of hostilities. The weather too has been mild, and formerly the best trade was done after the snow but this year is proving an exception. Prices are tremendously high, but this has no effect.

A number of local furriers are experimenting on new Hudson seal possibilities. Chinese rabbit skins are in great favor for this. The shortage and high price of muskrat are accountable for this, and results are being watched with interest.

Wood's Phosphorine.
The Great English Remedy.
Tones and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, loss of energy, palpitation of the heart, failing memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail in plain package on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Canada, Made.)

MARSHAL FOCH MAY VISIT THE
UNITED STATES IN NEAR FUTURE

New York, Dec. 9.—That Marshal Foch may visit the United States when his duties permit was indicated by a cablegram received here today by Mayor Hylan from the Marshal in response to a recent message in which the Mayor invited him to visit New York and offered him "the freedom of the city."

Marshal Foch's reply to the Mayor's invitation follows: "I am profoundly touched by the sentiment which has inspired your message, and I thank you for your invitation. I appreciate highly the honor of the 'freedom of the city,' which the people of the city of New York offer me. Please transmit to them, with my acceptance, expression of my warmest gratitude."

CEAZAR RITZ

(Continued from page 6)

"Raise it to thirty-five after today," ordered Ritz. "If he's so well satisfied he ought to pay more."

His Brand of Coffee

"The ability to make his guests feel at home as you say in America, was one of his greatest assets. He made it a point to have personal acquaintance with every one who stopped under his roof, and that is why he did not believe in huge hotels. If guests had any complaints to make he was on hand to hear them, and his diplomacy in most instances was superb.

"For instance, one morning at the Ritz in London a famous British lord summoned Mr. Ritz to the breakfast table to inform him that the coffee was unfit to drink. Immediately Mr. Ritz clapped his hands for the head waiter, who stepped up almost as quickly.

"Kramer, didn't I instruct you to serve Lord Goring with my own special coffee?" he asked.

"Yes, sir," replied the head waiter. "Then, why didn't you do it? Bring his lordship my own brand of coffee, and see that he always gets it."

"Yes, sir, my mistake sir, pardon, sir," stammered the head waiter, taking away the offending coffee, which was taken back to the kitchen rewarmed and reserved a few minutes later, while Mr. Ritz stood around to observe results.

"As the coffee was poured out, Mr. Ritz urged his lordship always to insist upon having his own special coffee. 'Just ask for my favorite coffee, and you'll get what you want.' And when he left the dining room his lordship was drinking the same coffee with all the relish of a man who has got what he wanted.

MINARD'S
"KING OF PAIN"
LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

Mr. A. E. LAUNDY, EDMONTON, writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I was not to walk on it for three weeks. I used MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co., Limited
Yarmouth, N.S.

Smoking O. P. Tobacco

There are a number of artillerymen now on the front who are smoking "other people's" tobacco. This is the conclusion of the personnel of an artillery brigade recently arrived in France.

The new artillery before leaving America thought to stow away in their harness bags an extra supply of tobacco and cigarettes. They were far-sighted in a way, but they didn't see far enough, because all the harness of the brigade was turned over to other organizations at the front upon its arrival over here.

A Hun Casualty List

Missing in action: Liaison.
Wounded: Hindenburg's pride.
Dead: Chivalry.

Always First
because of

- Cleansing power in every grain
- Superior quality assuring economy
- Absence of Caustics, Acids, Alkali or Ammonia
- No roughening or reddening of the hands



Victrola Week

We have made provisions already for the big demand this Christmas for Victrolas, and are now showing a complete line of Victor Machines.

We want to show you these machines now, and make your selection while our stock is complete, and have it delivered to your home on Christmas Eve.

A Victrola is the most acceptable gift. We are offering special terms.

Will you have a Victrola for Christmas?

Call and see our stock, and hear a few selections. We will be glad to quote you easy terms.

The McMurray Book & Stat'y Co., Ltd.

Booksellers, Stationers and Printers