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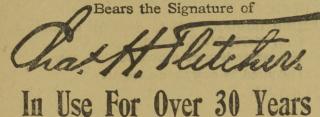
Children Cry for Fletcher's



The Kind You Have Always Pought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-sonal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of

Infants and Children—Experience against Experiment. What is CASTORIA Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains peither Onium Merching are other protected in the formation of the second se neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the essimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS



The Kind You Have Always Bought THE CENTAUR COMPAN

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as flours, such as barley flour, rice flour, faithfully scanned by our readers as the news columns. Necessity has com- fine corn flour, we knew nothing and selled the people to seek all the information possible before buying.





THE NEW COOKERY.

In the schools and colleges of domestic science where teachers of cookery and household management are trained one hears frequent reference to the "new" cookery, and every one p.m. connected with those institutions knows exactly what that phrase is used to indicate. The fact has been ac-knowledged in those centres that old methods have gone out and new meth-ods have come in and are still comused to indicate. The fact has been acing. The idea is that the old order has

gone forever, and though with a resumption of peace some of the most trying of wartime food condition; are removed, still we will never resume old mehods as they were in antebellum days.

One of the great things that the war has taught us and that we shall all Before war days American housewives knew only one sweetening, and that was white cane sugar. We knew but one flour, and that was fine white pit at the Advent Christian Church, bolted flour. We knew only lard and 11 a.m. and 7 p.m. Sunday school at butter for shortening and fats. Our 10 a.m., before the morning service. flavoring for cake was either vanilla

or lemon extract. We used only a limor lemon extract. We used only a lim-ited number of cuts of meat and there were a dozen or so perfectly edible cuts that were practically a drug on the market, simply because we would the market, simply because we would the market, simply because we would the market were practically a drug on the market simply because we would the market were practically a drug on the market simply because we would the market were practically a drug on the market simply because we would the market were practically a drug on the market were practing the market were practically a drug on the market were practing not bother our heads to make use of day school. All wecome. them.

Of course we sometimes did use mo lasses when we made ginger bread and To write a rhyme of autumn time there were some people who had corn bread occasionally. But wide variety was the exception. Of the dozen or so cared less. We never dreamed of sweetening cake with corn syrup and

CHURCH SERVICES.

St. Paul's Presbyterian. Rev. J. S. Sutherland, M. A., minister. Services at 11 a.m. and 7 p.m. Communion at the morning service. Sunday school and Bible classes at

2.30 p.m. All are welcome. Methodist Church.

Rev. George M. Young, pastor. Ser vices at 11 a.m. and 7 p.m. The pastor will preach. Sunday school at 2.30Strangers welcome.

Brunswick Street Baptist. Rev. G. C. Warren, B. D., pastor

George Street Baptist.

Preaching at 11 a.m. and 7 p.m. by Rev. Dr. W. C. Kierstead. Sunday school and Bible classes at 2.30 p.m. Strangers welcome at all services.

Reformed Baptist.

Rev. H. C. Archer, pastor. Preach has taught us and that we shall all profit by in years to come is the use of a wider range of food materials. Defense war days American housewives T. H. C. Alcher, pastor, Freach, and 7 p.m. Sunday at 11 a.m. and 7 p.m. Sunday school at 2.30 p.m. Prayer meeting on Wednesday evening at 7.30. All are welcome.

Advent Church.

Mrs. Wallace will occupy the pul-

Salvation Army.

AUTUMN TIME

Is not so very hard. The leaves are red and overhead Soft skies are on the card.

The days are prime in autumn tim As they go gliding by And things look pink save when

think About the coal supply





STRASSBURG OF THE GERMANS IS NOW STRASBOURG OF FRANCE

About the Place de la Concorde, the splendid centre of Paris, stand the statues of the cities of France, Bordeaux, Marseilles, Lyons, Rouen, Nantes, Lille, Brest, Orleans, Rheims, Nancy and Strasbourg. These images, stately and fine, symbolize the jewels of France. But the statue of Strasbourg has been draped and hung with a mourning wreath all these years since fateful 4874. Until now. The statue of Strasbourg is now hung with wreaths of gladness. The lost sister has been redeemed. Strassburg of the German Empire is become Strasbourg of the French Republic. The Alsatian city belongs again to the nation she loves, both she herself and Metz, with Colmar and Mulhouse, Strasbourg is again one among her peers, is capital of the French Rhineland, as Rouen is capital of Normandy and Bordeaux of the Midi.

Think what it would means to us, remarks the Minneapolis Journal, were one of our beloved American cities to be redeemed from an enemy after a lapse of forty-seven years! Would we not mourn and refuse to be comforted, if Boston, San Francisco or New Orleans or Detroit were in the hands of an enemy? Would we not welcome the liberated city back to our midst, as welcome her with shoutings and exultations, and also with tears. She would become the dearest to us of all our cities, and we would load her with gifts and wreath her in flowers to

France has walked through the furnace of four years of war. Her northern provinces are a waste, and two millions of her young men lie in their graves. But France is made whole again. The breach in her side is filled. The blue Vosges are hers and the fertile Alsace. The Lorraine of Jeanne d'Arc

German menace, German insult, German exploitation, the French have endured for over a generation. As a people they have been abused by the big bully, their neighbor. But far worse than the persistent and consistent ill-treatment was the knowledge of their brethren in bondage, sons of Alsace-Lorraine, forced to serve in German armies, children of Alsace-

France has paid a terrible ransom; but she has conquered, and never again will she allow herself to be found weak, or to be caught off her guard. The city on the hill will be Strasbourg forevermore, and the stronghold of Metz henceforth will bar

