

## CASTORIA

For Infants and Children.

**Mothers Know That**  
**Genuine Castoria**

Always  
Bears the  
Signature

of

*Chas. H. Fletcher*

In  
Use

For Over

Thirty Years

## CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

### ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

#### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence... 349-41  
Office... 419-11

#### DR. GERRARD, DENTIST

TWENTY YEARS' LONDON, ENG. EXPERIENCE.

King Street, Opposite Boyle's  
Telephone 574.

#### W. J. IRVINE, DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.,  
2 p.m. to 5 p.m.  
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#### DR. S. W. SPROULE, DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

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Inches Building, Queen Street, lately occupied by Dr. L. R. Davison.  
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#### J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funerary Equipment in the City.

Residence Telephone... 70-41  
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#### HARRY R. ADAMS, SUCCESSION TO THE LATE JOHN G. ADAMS, UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped on all trains or boats at short notice.

#### THE FALL TERM of the FREDERICTON BUSINESS COLLEGE

Will Open on MONDAY, AUG. 26, 1918

There is a greater demand for our graduates than ever. Get particulars regarding our courses of study, tuition rates, etc., and prepare to enter on our opening date. Descriptive pamphlet on request. Address  
W. J. OSBORNE, Principal,  
Fredericton, N. B.

#### Choice Roses and Carnations

Wedding Bouquets and Floral

Designs a Specialty.

Good Assortment of Ferns,

Palms, etc.

Bedding Geraniums.

All orders receive careful attention.

#### ADA M. SCHLEYER, FLORIST.

#### Cabbage, Tomato

Cauliflowers, Celery, etc.

Flowers, Asters, Stocks, Phlox,

Balsams, etc.

Radish, Lettuce and Rhubarb.

Shrubs for Cemetery

Planting at

BEBBINGTON GARDENS

#### PUBLIC AUTO

Leave Orders at

THE BARBER SHOP,

Carleton Street,

Phone 88-41.

Hire by mile, hour or day.  
Prices Reasonable.

HARRY LIFFORD.



MAIL CONTRACT

SEALED TENDERS addressed to the Postmaster General, will be received at Ottawa until noon on Friday, the 20th September, 1918, for the conveyance of His Majesty's Mails on a proposed contract for four years, 3 times per week on the Taymouth Rural Route No. 1, from 1st January next. Printed notices containing further information as to conditions of proposed Contract may be seen and blank forms of Tender may be obtained at the Post Office of Taymouth and at the office of the Post Office Inspector. H. W. WOODS, Post Office Inspector. Post Office Inspector's Office, St. John, N. B., Aug. 5th, 1918.

#### OF INTEREST TO WOMEN

COOKED CUCUMBERS.

For some reason cooked cucumbers are little known to American housewives and there are a good many families where cucumbers have been entirely abandoned simply because of the fact that when raw they are not particularly wholesome.

But one might as well discard potatoes because when eaten raw they cause indigestion. For raw cucumbers are as different from cooked ones as potatoes raw are from potatoes cooked.

The simplest appetizing way to serve cooked cucumbers is to cream them. To make them, cut the cucumbers in quarters lengthwise; remove the seeds if they are old and then cut the long pieces into inch and a half lengths; cook in slightly salted boiling water till transparent and tender; drain; have ready a nice white sauce in a double boiler and drop in the cucumbers and heat well. When ready to serve garnish with chopped parsley.

Stuffed cucumbers are excellent. The cucumbers should be large and ripe. Peel them and cut them in two lengthwise; take out seeds and some of the centre pulp; make a forcemeat of bread crumbs, stewed tomatoes, grated onions, parsley, salt, pepper, and chopped meat, and enough meat stock to bind. Fill the cucumbers with this forcemeat and place in a closed baking dish with a little water in the bottom and bake until done.

WAR CANNING BULLETIN.  
(Issued by Canada Food Board.)

Get Ready for Him.

One of the next war garden visitors will be the harvest moon. He has a jolly countenance, but he brings Jack Frost along with him and unless your vegetables are in storage he is apt to give you a rude shock overnight.

The important factors in successful cellar storage are temperature, humidity, sand, soil, etc., for covering; ventilation.

Many of the roots, like carrots and beets, will keep better in cellar storage if covered with sand or dry soil. Builders' sand is ideal for this. Good ventilation is extremely important, large losses occurring every year for lack of it. A simple ventilation system may be provided by means of upright square troughs placed in the heaps of vegetables, or by nailing slats to the walls, so that the air can circulate around the heaps.

FOOD BOARD FLASHES.

The North American continent can take credit unto itself for having contributed to the world its greatest crop in point of yield, the white potato. It made its bow to civilization from Peru, and has since girdled the globe, winning devotees everywhere it has gone.

Today North America produces more than half a billion bushels of potatoes, while Europe produces approximately ten times as much as this continent. The world's present potato crop is approximately large enough to fill two-thirds of the Panama Canal.

HARVESTING AS A SPORT.

Professional sports will be greatly curtailed if the war continues much longer. Back-yard gardening has been an interesting and helpful war-time service for baseball fans as well as for others. Helping to save the harvest should now be ranked as the leading national game for the stay-at-homes.

There is a demand for more food for the Allies—more supplies for the men at the front. Sportsmen are in the "great game" overseas in force; others are in the great game of food production at home. Are you one of them?

Men are needed for the harvest right now. What are you doing to produce and to save food?

Marshal Foch has not "slowed up." He is merely "getting set."



SEALED TENDERS addressed to the undersigned and endorsed "Tender for Temporary Barracks, Fredericton, N. B." will be received at this office until 12 o'clock, noon, on Tuesday, August 27, 1918, for the construction of Temporary Barracks, Fredericton, N. B.

Plans and specification can be seen and forms of tender obtained at the offices of the Chief Architect, Department of Public Works, Ottawa, Superintendent of Dominion Buildings, St. John, N. B., and the caretaker of the Public Building, Fredericton, N. B.

Tenders will not be considered unless made on the forms supplied by the Department and in accordance with conditions set forth therein.

Each tender must be accompanied by an accepted cheque on a chartered bank, payable to the order of the Minister of Public Works, equal to 10 per cent. of the amount of the tender.

By order,

R. C. DESROCHERS,

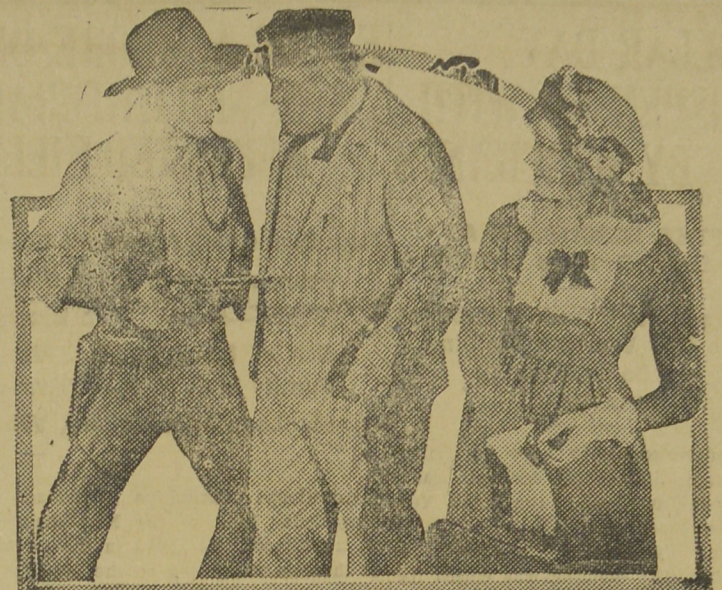
Secretary.

Ottawa, August 7, 1918.  
Department of Public Works,

#### AVIATOR MUST LEARN TO STUNT

Edwin B. Wilson in Yale Review.

Before the war there was much criticism of professional exhibiting aviators who, to thrill spectators, put their machines into all sorts of daredevil attitudes and frequently themselves came suddenly down to death. In fighting, the ability to do all manner of "stunts" is essential. The more completely a pilot can control his machine, the more easily he can toss it hither and thither—cutting figures eights, looping the loop, nose diving and tail diving—the better chance he has for his own life and the more certain he is to get his opponent. Sad as

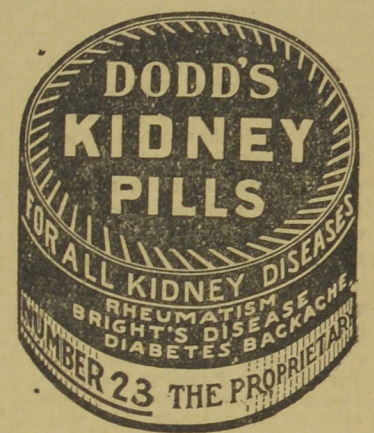


VIVIAN MARTIN in Unclaimed Goods  
A Paramount Picture

AT THE GAIETY THEATRE FRIDAY AND SATURDAY

are the continual reports of deaths by accident at our aviation training camps we may rest assured that for an undertrained pilot to go overseas to the front is almost certainly fatal, and that every life lost in training, many are saved in fighting. Fortunately airplanes today are so much stronger structurally and so much better equipped and controlled than before the war, that this necessary "stunting" in school and on the field is no longer really dangerous—the real danger now lies in physical inability to "stunt". Not only must the pilot of the single seated fighting scout be thoroughly expert on the wing, he also must be a crack shot with his machine gun. Small wonder that it takes months and months to train an aviator who may develop into an ace.

The Chautauqua proved to us that every show in a tent isn't a circus.



## Have Your Job Printing Done At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

**The Mail Printing Co**  
327-329 Queen Street, Up Town

## The Very Latest

### "THE MAN FROM BAR--20"

By Clarence E. Mulford.

Mr. Mulford's story is of those days when the law of the strongest prevailed, and the gun was the arbiter of disputes. In short, its the old West.

## The McMurray Book & Stat'y Co., Ltd.

Booksellers, Stationers and Printers