

The British Navy Has Stood The Test

That Great Navy Has Kept the German Flag out of London.

It Has Kept the German Flag off the American Continent.

It Has Prevented the Invasion of Our Shores by the Hun Murderer.

It Has Earned Sustenance and Help to Our Boys Fighting Liberty's Battle.

We Are Dependent Upon the Heroes of the Forecastle.

CAN THEY DEPEND UPON US?

Thursday September, 12th is the Date Set to Show Our Gratitude to the Heroes of the Forecastle.

Four years they have faced whatever fate has befallen them.

15000 of them sleep beneath the waste of waters, and thousands of families suffer the deprivation of poverty because of the murder upon the High Seas of Bread-winners:

The Navy League of Canada made an appeal for the dependents of sailors, those who have gone down, and those who still brave mine and U-boat for our sakes.

Fredericton has set aside Sept. 12th. to raise funds for the League.

GIVE UNTIL IT HURTS

Help to swell the Pension Fund for the Dependents of Merchant Marine Seamen.

CANADIAN REST HOME IS DISERVEDLY POPULAR

Mrs. Charles Hall, Well Known in Fredericton, is in Charge --- Nursing Sisters From Canada Are Being Well Looked After --- A Real Canadian Home --- Mr. Hall Serving in France as a Captain

Many Fredericton people will remember Mr. and Mrs. Charles Hall of Montreal, who spent some time in this city during the construction of the national Transcontinental Railway. Mr. Hall was accountant for the Toronto Construction Company and made his headquarters at McGivney Junction. He is now serving in France as Captain in a Canadian battalion, while Mrs. Hall is in charge of the Canadian Rest Home in London.

A London correspondent of the Montreal Star who signs herself Gertrude Arnold gives the following interesting description of the Rest Home presided over by Mrs. Hall:

London, Aug. 14—"Apres la guerre when we are back again in the comparative quiet of Canada, when gathered together in little groups, we are saying, 'Do you remember that?' and 'Do you remember this?' One experience will often be recalled which has taken place in London in the Canadian Sisters' Rest Home.

Who are the guests? Sisters from Victoria and St. John, sisters from Winnipeg and Montreal, sisters from almost every town and city of dear old Canada; sisters arriving from long service in France and the West, on leave, and sisters on their way to France, coming up from Canadian Sister hospitals in England, Bramshott, or Moore Barracks, or Buxton.

Amongst the sisters are Canadian V.A.D.'s going abroad to drive ambulances, or returning from nursing in French hospitals.

Here they are, big, happy family, with as charming a hostess as Canada could possibly produce, Mrs. Charles Hall, of Montreal, whose husband, Captain Hall, formerly of the 60th Battalion, is now at the front.

Is it an institution? No.
Is it a club? No.

It is a big, beautiful home, where after her work and travels, the sister from Canada finds a corner ready for her with as warm a welcome, as one has even found in the home of one's personal friends.

Take the tea-hour for instance, Mrs. Hall, and her attractive and busy young secretary, Miss Doris Young, of Fort William, preside over the tea table in the rose drawing room. The sisters, sitting about in deep and comfy armchairs, are enjoying a more delicious tea than war time has accustomed one to expect. The air is sweet with roses, and the grand piano—always open—covered with songs.

Rarely are they alone, for they are as much at liberty to invite their friends to have tea with them as if they were in their own home. It is a very popular invitation to have tea in this charming drawing room, and officers, home on leave, are very willing to take advantage of it.

Home Is Canadian

There is no mistaking the fact that the home is "Canadian." When one runs down to breakfast, the first morning after arrival, one sees something on the table that brings a thrill to every "little Canadienne." What is it, so rich and brown? It is maple sugar, and maple syrup from over the seas—the real genuine article. Think of it!—after the lean days of France.

I find I have said little of the house itself—so prominent is the delightful atmosphere in that house.

Undoubtedly, the British have been lavish indeed, in the opening up of their homes. Here for instance is as lovely a home as one could ever wish to see, filled with exquisite pieces of Italian furniture, statuary, masterpieces. In its completion it has been handed over to the Canadian Red

Cross by Colonel Gretton, M. P.

Is it not true that nothing rests body and mind more than harmonious surroundings? That being so, surely one can here find satisfying rest.

I am convinced that each and all of the sisters, who have been guests here, will never forget the thoughtful consideration each hour and each day of Mrs. Hall and her popular secretary.

I have already heard them say so with no uncertain sound, and when, back in the Homeland, one of them says, "Do you remember ——" there will be a unanimous and delighted response.

GERTRUDE ARNOLD.

WOOD'S GREAT PEPPERMINT CURE.
The Great English Remedy. Tunes and invigorates the whole nervous system, makes new blood in old veins, cures nervous debility, mental and brain worry, leprosy, loss of energy, palpitation of the heart, falling memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail it, plain pkg. on receipt of price. Non-proprietary medicine. THE WOOD MEDICINE CO., TORONTO, CAN. (Toronto, Ont., Can.)

RECIPES WERE TOO SCIENTIFIC FOR THE COOK

"How was it, ma'am?" said the cook to the lady who had been to the domestic science lecture.

"Oh, it was fine!" responded the lady. "I learned a lot about cooking, scientific cooking, you know. I have several recipes here that will come in very handy. For instance, the recipe for ripe cucumber pickles: six pounds of prepared fruit, a pint and a half of vinegar, a quarter of a stick of cinnamon, two ounces of cloves, boil in salted water until tender, pour off next day, heat to boiling, repeat two or three days."

"What kind of fruit are they talking about?" asked the cook.

"Cucumbers," replied the lady. "And here is another recipe: Lay 150 cucumbers in cold water for one hour, cover with brine strong enough to float an egg, let stand two or three days. Heat enough vinegar to cover with finely chopped onions, twenty cloves, one ounce of celery and mustard. Let stand for six weeks."

"How many cucumbers did you say?"

"One hundred and fifty."

"Goodness!"

"I got still another recipe for cucumbers: Place cucumbers in a 1 per cent brine—1 per cent brine is one and three tenths ounces of salt to a gallon of water, a 3 per cent brine is four ounces of salt to a gallon of water 5 per cent brine is equal to six and two thirds ounces to a gallon of water."

"Oh, I understand now," interjected the cook, "This is for an army."

"The quantities do seem rather large," admitted the lady, "but you don't have to use gallons if you don't want to. You can take a quart of water and then use just one quarter the amount of everything, for instance one-quarter of one and three tenths ounces, or whatever the case may be."

"Oh, I see!" exclaimed the cook. "This kind of cooking you are learning is teachers' cooking. Teachers would be strong for one and two-thirds of this and seven-eighths of the other."

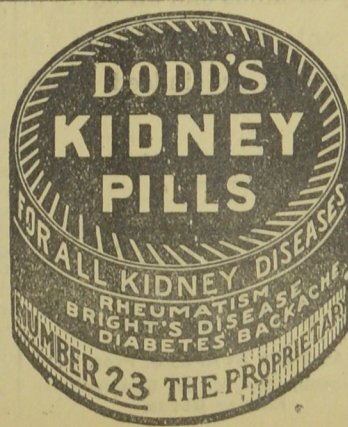
"I guess it all had to be translated into teachers' language, calling cucumbers 'fruit' and measuring everything in per cents. I suppose their business is mostly in cucumbers and things like that that don't matter much. But when you get down to real business you can't be scientific like that. It's a pinch of this and half a spoonful of that and season to taste. I'm thinking that cooking oughtn't to be so awful scientific, anyway, not if you're going to eat it at a real meal."

And the lady who had been to the lecture retired from the kitchen carrying away her notes.

Piffteering in Wisdom

Mrs. Smith: "Really Mr. Giles, your prices are getting exorbitant."

Farmer Giles: "Well, mum, it's this way: When a chap 'as to know the botanical name of wot 'e grows, an' the zoological name of the insect wot eats it, an' the chemical name of wot kills the insect, some on's got to pay for it!"



WANTED

WANTED—At once, an experienced shoemaker; steady job and good pay to work in shop. Apply F. J. Landry, York street, City. 9-11 41

WANTED—First or second class female teacher, apply stating salary expected to C. L. Grant Secretary School Trustees, Grand View, York Co.

WANTED—Experienced accountant for our St. John plant; an excellent chance for advancement with large concern having numerous branches throughout Canada and United States. Apply by letter, giving age, experience and salary desired. Address R. T. Purdy, Booth Fisheries Co., Eastport, Me. 7-8 61

WANTED—Books and magazines for distribution to returned soldiers en route home, in the Military Hospitals, or going overseas. Telephone Mr. A. Murray, care of A. Murray & Co. Tel. No. 159, or leave at store for Military Y. M. C. A. 11

FOR SALE

FOR SALE—Pure-bred and grade Holstein cows and calves, horses, pigs, poultry, turkeys, bees, also incubator and brooder. Apply to Mrs. E. W. Darcus, Fredericton. Phone 3300-62.

FOR SALE—A quantity of useful household articles, including a large ruffled rug, some curtains, a baby's sleigh robe, a child's blackboard, several camp stools, etc., all in good condition. Will be sold at a bargain. Enquire at the Mail Office.

LOST—From an auto, between Fredericton and Hawkesbury, a spring overcoat, dark in color. Finder will please leave at the Mail Office. 11

PROBATE COURT, COUNTY OF YORK.

To the next of kin and creditors of Helenora Hanson, late of the City of Fredericton, in the County of York, widow, deceased, and all others whom it may concern:

THE Administrator of the above deceased intestate, having filed his accounts in this Court, and asked to have the same passed and allowed and an order for distribution made,

You are hereby cited to attend, if you so desire, at the passing of same at a court of Probate to be held in and for the County of York, at my office, in the said City of Fredericton, on Wednesday, the eighteenth day of September A. D. 1918, at the hour of 11 o'clock in the forenoon, when the said accounts will be passed upon and an order for distribution made.

Given under my hand this 23rd day of August, A. D. 1918.
(Sgd.) F. H. PETERS,
Judge of Probate, pro hac vice.
(Sgd.) JAMES HOLLAND,
Registrar of Probates.
(Sgd.) McLELLAN & HUGHES,

NOTICE

SAINT JOHN & QUEBEC RAILWAY COMPANY.

Notice is hereby given that the plan and Book of Reference covering the proposed borrow pit on Lot No. 273 A, in District A, on this railway, in the Parish of Hampstead, in the County of Queens, Province of New Brunswick, have this day been deposited with the Minister of Public Works at Fredericton, and with the Clerk of the Peace in the County of Queens, where the same may be examined as provided by law.

The Saint John & Quebec Railway Company.
E. S. CARTER,
Secretary.
Fredericton, N. B., this fifteenth day of August, 1918.

WOMEN'S INSTITUTE DIVISION.

The Provincial Convention of the New Brunswick Women's Institutes will be held in Fredericton October 1st, 2nd and 3rd, 1918.

Will those who are willing to give one or more delegates room and board or room only or board only, kindly send their addresses to the Supervisor of the Women's Institutes, Dept. of Agriculture, Fredericton, stating also their accommodation and rates.

IT'S TOUGH TO BE A LADY.

Oh, it's tough to be a lady when you want to go to war, With a sabre for a neighbor, Mid the well known cannon's roar! "Knit a sweater—that is better!" Doesn't stir my pulse a bit. Gee, it's hard to be a lady when there's fighting to be fit!

Oh, it's tough to be a lady, when the boys march down the street, So the Kaiser will be wiser; Serving sandwiches is sweet, When you're aching to be breaking Hunnish heads with shot and shell— Ain't it hard to be a lady when you want to give 'em —!!

Life's Little Dissappointments
Is there anything that's sadder,
When it comes down to the scratch
Than to find a bally toothpick
Is your sole remaining match?

GRAY HAIR

Dr. Tremain's Natural Hair Restorative, used as directed, is guaranteed to restore gray hair to its natural color, or money refunded. Positively not a dye and non-injurious. Price \$1.00. On sale in Fredericton at The Central Pharmacy, Queen and Carleton Sts.