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**CASTORIA**

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## OF INTEREST TO WOMEN

USES FOR GLUE.

Newly Discovered Methods for Prolonging the Life of Many Useful Things.

Several newly discovered uses for glue offer to the thoughtful woman opportunities to prolong the life of many household articles.

As every family has or should have on hand a bottle of good glue, the following practical suggestions can be acted upon without delay or expense.

To put new life in an old broom: A teaspoonful of glue mixed in a basin of hot water poured over the broom and then allowed to dry thoroughly, will greatly stiffen it and prolong its usefulness and effectiveness.

When shoes become "barked" or scarred: Very often a small piece of the leather is lifted or loosened. Don't cut it off and try to cover the place with blacking. Flatten the piece in its place with a little glue and allow it to dry. Then apply blacking and the surface will be as good as new.

A splendid way to keep rubbers from slipping off at the heels in muddy weather: This annoying trouble can be entirely eliminated by gluing a felt or velvet band around the inside top of the rubber.

To protect furs and woollens from moths: It is commonly known that moths very much dislike the odor of ink in old newspapers. Several thick-nesses of old newspapers firmly glued together may be made into the form of a bag and the garment placed inside. After the ends and all joints are firmly sealed with glue, the bag is absolutely moth and dust proof and your protection from moths has cost practically nothing.

## HELPFUL HINTS

Many complaints are made of cake burning on the bottom when baked in a blue flame stove. Take an oval asbestos table mat, found at any 5 and 10 cent store, remove the cloth cover, place directly under your cake pan. It will assure you a perfectly baked cake. Much better than the tin sheet of asbestos for this.

When using a food chopper, add cracker the last thing. It will save every least bit of your food and leave the chopper clean.

## SWEATER HINT

A piece of tape stitched along underneath the shoulder seams of sweaters will keep them from stretching off the shoulders.

## THE WILY DOUGHBOY

War correspondent Lincoln Eyre said in a Paris Y. M. C. A.: "Now and then you come across a dishonest shopkeeper who doesn't hesitate to unload bad money on the doughboy."

"I know a dough boy who called on one of these rascals the other day and said in a stern voice:

"The shopkeeper turned pale and handed the brawny dough boy a good piece.

"Pardon, monsieur! Very sorry! Please excuse!" he said. "But, monsieur, said the shopkeeper, 'will you not give me back the bad piece?'"

"The dough boy grinned and winked in a meaning way at the rascal. Then he said:

## THE AFTER EFFECTS OF DREADED LA GRIPPE

Worse Than the Disease Itself  
—Victims Left Weak, Nervous and Worn Out.

La Grippe, or Spanish influenza as the epidemic now sweeping over all America is called, is one of the most dangerous diseases known to mankind. Anyone who has felt its pangs is not likely to forget the trouble. La Grippe or influenza starts with a slight cold and ends with a complication of troubles. It lays the victim on his back, it tortures him with fevers and chills, headaches and backaches. It leaves him a prey to pneumonia, bronchitis, consumption and other deadly diseases. Its after effects are often more serious than the disease itself. It is quite possible to avoid la grippe by keeping the blood rich and red by the use of Dr. Williams' Pink Pills—a tonic medicine which enriches the blood and strengthens the nerves. If, however, the disease attacks you, the patient should at once go to bed, and call a doctor before complications set in. That is the only safe thing to do. But to recover your strength after the severity of the attack has passed you will find Dr. Williams' Pink Pills an unsurpassed tonic. Through the use of this medicine all the evil after effects of this trouble will be banished. This has been proved in thousands of cases throughout Canada, where in previous seasons la grippe has attacked them. Among the many thus restored to full health is Miss Irene Bootes, Portsmouth, Ont., who says: "I take much pleasure in recommending Dr. Williams' Pink Pills, because I have proved their worth in my own case. Last winter I had a severe attack of la grippe and it left me weak and all run down. I had severe pains in the chest and under the arms, palpitation of the heart and attacks of neuralgia which left me with a feeling that life was scarcely worth living. I was advised to try Dr. Williams' Pink Pills and began their use only on the principle that I would try anything that might better my condition. I had only been using the pills a couple of weeks when the pains began to leave me. Gradually my strength returned, my appetite improved, and in a little more than a month I felt all my old time vigor had returned. I am sincerely glad I was persuaded to try Dr. Williams' Pink Pills, and I shall always have a good word to say for them.

Dr. Williams' Pink Pills not only cure the disastrous after effects of la grippe, but are also a specific for all troubles due to poor blood, such as anaemia, rheumatism, indigestion, women's ailments, and the generally worn out feeling that effects so many people. You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

## FINES AS PER CATALOGUE

One of the new stories being chuckled over by Kansas City lawyers: A judge without authority in one of the Southern states kept a large mail order house catalogue on his desk. One day three negroes, arrested for shooting craps were taken before him.

"Well, Sam, are you guilty?" he asked.

"Yassuh, yassuh. I was shootin' with the boys. I was rollin' the bones, all right."

"How old are you?"

"Twenty-one."

The judge turned to page 21. It was devoted to baby carriages. They sold for \$12.15. "You are fined \$12 and get fifteen days in jail," he told Sam.

"You guilty Mose?"

"Y-Yes, suh. I was playing along with Sam."

"How old are you?"

"Thirty-two."

The judge turned to page 32. Sewing machines. Price \$19.25.

"You get a fine of \$19 and twenty-five days in jail," he told Mose.

"How about you Jasper?"

"I pleads guilty jedge."

"Age?"

"Gosh, jedge, I'se 44, but for Gawd's sake, don't turn to page 44, 'cause dat page is nothin' but automobiles."

"Oh, I passed it—passed it this morning—and a devil of a hard job it was, believe me!"

## RECIPES FOR COOKING

### War Cocoa Cake.

1 c. sugar  
4 tbsp. fat (melted)  
One-third c. cocoa  
1 c. sour milk

1 tsp. soda  
½ tsp. salt  
½ tsp. cinnamon  
½ c. rye flour

Mix sugar and melted fat; add milk; beat well; blend dry ingredients and add to the mixture; beat and pour into greased and floured cake pan. Bake in moderate oven ¾ hour.

### Cornmeal Orange Gingerbread.

2 c. cornmeal  
2 c. flour  
1 tsp. cinnamon  
½ tsp. cloves  
1 tsp. ginger  
1 tsp. salt  
2 tsp. baking powder

½ c. sugar  
1 egg  
2 tbsp. fat  
1½ c. milk  
1 tsp. soda  
½ c. molasses  
Grated rind of an orange

Dissolve soda in molasses; add egg, fat, milk and blended dry ingredients; add grated orange rind; bake in shallow pan.

### Layer or Loaf Cake.

½ c. fat  
¾ c. sugar  
2 eggs  
½ c. milk

2 tsp. baking powder  
1½ c. rye flour  
¾ tsp. salt  
1 tsp. flavoring

Cream fat and sugar. Add well beaten eggs and milk. Add blended dry ingredients. Add flavoring. Beat well. Bake in moderate oven.

### Buckwheat Pudding.

One-third cup buckwheat  
1 tsp. salt  
1 egg

½ c. molasses or honey  
5 c. scalded milk  
1 tsp. salt

Beat egg, add molasses and milk and stir slowly into blended dry ingredients. Bake in greased pudding dish in moderate oven until firm. Serve with hard sauce or maple syrup.

### Buckwheat Chocolate Cake.

½ c. fat  
1 c. sugar  
2 eggs  
½ c. milk

¾ c. flour  
2½ tsp. baking powder  
2 oz. chocolate (melted)  
½ tsp. vanilla

Cream butter and sugar; add yolks of eggs, beaten; blend flour and baking powder; add alternately with milk; beat; add chocolate and vanilla; cut and fold in white of eggs beaten stiff. Bake in shallow cake pan about 40 minutes.

### Steamed Chocolate Pudding.

3 tbsp. butter  
Two-thirds cup sugar  
1 egg  
1 c. milk

1¼ c. Graham flour  
1 c. flour  
4½ tsp. baking powder  
2½ squares chocolate

Cream butter and sugar. Add beaten egg. Add blended dry ingredients alternately with milk. Add melted chocolate. Turn into buttered mould, cover and steam 2 hours. Serve with hard sauce or chocolate sauce.

### Indian Pudding (with crumbs)

1 c. fine crumbs  
1 quart skimmed milk  
One-third cup sugar  
¼ c. molasses

2 tbsp. fat (melted)  
¼ tsp. ginger  
¼ tsp. cloves  
¼ tsp. cinnamon

Scald crumbs in milk, add other ingredients and bake 1½ hours in slow oven.

### Brown Pudding

2 c. cooked oatmeal  
½ c. molasses,

½ c. raisins,  
1 tbsp fat

Mix ingredients and bake ½ hour.

### Potato Cookies.

3 tbsp. fat  
¾ c. brown sugar  
1 egg

1 c. mashed potatoes  
2 c. flour  
2 tsp. baking powder

Cream fat and sugar; add well beaten egg and mashed potato; beat well until smooth; add blended flour, salt and baking powder; mix until dough is formed stiff enough to roll; place on lightly floured board; roll ½ inch thick, cut and place on greased baking sheet; bake in moderately hot oven about 15 minutes.

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NO wet or cold feet for him during the winter months. Nothing you could send would make him as happy.

WHEN mailing order, state size of street shoe worn, approximate height and weight of party boot is intended for, his name and address. We will look after the packing and mailing.

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## EARLY CLOSING OF THE RAILWAY FREIGHT SHEDS

### CANADIAN GOVERNMENT RAILWAYS

Order of Railway Board Not to be Effective Until January 1st, 1918.

The Canadian Railway War Board has extended the time for their recent order regarding the early closing of railway freight sheds until January 1st, 1919, and the public is therefore advised that on the Canadian Government Railway lines the regulations at present governing the opening and closing of freight sheds will continue in force until that date.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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Following the removal of the ban against public gatherings by the Provincial Public Health Department, classes will be resumed at the

## FREDERICTON BUSINESS COLLEGE

Fredericton, N. B., on NOVEMBER 20, 1918.

We trust that all our old students will be able to return on that date. Information regarding our courses of study will be furnished on request.