

Children Cry for Fletcher's

# CASTORIA

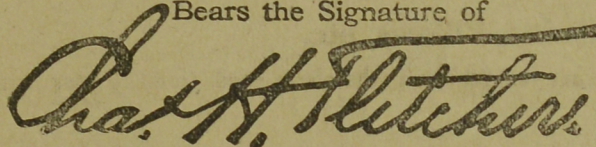
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

### DR. J. B. CROCKER, DENTIST

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Residence . . . . . 349-41

Office . . . . . 419-11

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TWENTY YEARS' LONDON, ENG.  
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Opp. Soldiers' Barracks and Next Door  
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### HARRY R. ADAMS, SUCCESSOR TO THE LATE JOHN G. ADAMS UNDERTAKER

610 Queen Street.

'Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.

### THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,  
1918. Pamphlet giving particulars of  
our courses of study, rates of tuition,  
etc., will be mailed to any address on  
application. Address  
W. J. OSBORNE, Principal,  
Fredericton, N. B.

## OF INTEREST TO WOMEN

WIN-THE-WAR RECIPES.

These recipes are issued by the  
Fredericton Food Control Committee.

### Oatmeal Health Bread.

Pour one pint of boiling water over  
two cupfuls of rolled oats and one cup-  
ful of bran. Cover and let stand for  
ten minutes. In a bowl or bread-  
raiser place one-half cupful of molas-  
ses, one tablespoon shortening and  
one tablespoon salt.

Pour over these ingredients one pint  
potato water or scalded milk, cool to  
lukewarm and add one yeast cake dis-  
solved in one-fourth cupful lukewarm  
water. Stir in the scalded oats and  
bran mixture which has been cooled  
to lukewarm and mix to a dough as  
stiff as can be stirred with six to  
seven cupfuls of whole wheat flour.  
When light, mold into loaves, let rise  
again and bake an hour in a moderate  
oven.

This recipe makes three medium-  
sized loaves. Approximate cost 35c.  
Tested by Mrs. J. W. Hart.

### Carrot Soup.

4 large carrots,  
2 onions,  
3 quarts water,  
1 small turnip,  
A piece of celery,  
2 tablespoons rice flour,  
Pepper and salt to taste, . . .  
10c. worth of soup meat, washed  
in salt and water.

Boil meat 3 or 4 hours in water, re-  
moving scum as it comes to the boil.  
Strain, and add vegetables, which  
have been sliced and cut in small  
pieces. Boil slowly till vegetables are  
soft. Rub through sieve and return  
to saucepan. Thicken with rice flour,  
add seasonings, boil for ten minutes.

If desired, a dessert spoonful of  
Worcester sauce may be added before  
serving.

Tested by Mrs. G. W. Hodge.

A good citizen is known by the food  
he eats.

Do your bit in the kitchen. Save  
wheat and meat for our men in  
France.

### HOW THE KAISER MAKES GOOD.

(Boston Record.)

Mohammed claimed and got the  
kaiser some years ago. The kaiser's  
embracing of Mohammed was for  
practical purposes. He had a vision  
—the vision of the despot who plans.  
He planned. In his plan the suzerainty  
of the Moslem world had a part.  
Now he is going to make good.

Russia backs away from Trebizond,  
from Erzerum, from Kars and Batum.  
Trans-Caucasia slips from the weak or  
betraying hands of Lenin and his  
fellow-Bolsheviks into the grasp of  
the Turk. It is the doctrine of the  
Turk to kill the "infidel." It is the  
passion of the Turk to murder the  
Armenians. By hundreds of thous-  
ands they have taken bloody toll  
while Germany, blaspheming, has  
looked on—because is suited Ger-  
many's part that these things should  
be.

The murder os to go on. Turks will  
have free swing among what is left  
of the Armenians. The God-seducing  
kaiser wills it so. It was no idle for-  
mality when Emperor Wilhelm a few  
years ago professed sympathy with  
Islam. Now he is making good his  
"conversion." He is showing the  
world what can be done in the field of  
practical world politics by a simulta-  
neous pandering to Mohammed and  
a loose-lipped betrayal of Christianity.  
The kaiser is making good, as the first  
professing Christian the world has  
seen sponsoring a slaughter of Chris-  
tians by Mohammedans.

The American Y.W.C.A. has opened  
a hotel in Paris especially for Amer-  
ican women.

Simultaneously with the outbreak  
of the war, the kaiser's special train  
was adapted to war-time travelling.  
The cars are all armored and the lo-  
comotive is designed to withstand  
even bomb and shell attacks.

### Notice of Legislation.

Public Notice is hereby given that  
application will be made at the next  
session of the Legislative Assembly of  
the Province of New Brunswick, for  
the passage of an Act authorizing and  
empowering the City Council of the  
City of Fredericton to grant further  
exemptions in respect of Free Water,  
Free Sewerage and Free Taxation on  
the site, plant, equipment, stock in  
trade and property generally of The  
Hart Boot & Shoe Company, Limited.  
Dated at Fredericton, N. B., this 6th  
day of February, A. D. 1918.

MOSES MITCHELL,  
Mayor.  
G. R. PERKINS,  
City Clerk.

## HEART BEAT SO FAST

Could Not Sleep.  
HAD TO SIT UP IN BED.

Heart trouble has of late years be-  
come very prevalent. Sometimes a  
pain catches you in the region of the  
heart, now and then your heart skips  
beats, palpitates, throbs, or beats with  
it will burst. You have weak and dizz-  
y spells, are nervous, irritable and  
depressed, and if you attempt to walk  
upstairs or any distance you get all  
out of breath.

There is no other remedy will do  
you so much good, restore your heart  
to a natural condition, build up your  
strength and give you back vigor and  
vitality as Milburn's Heart and Nerve  
Pills.

Mrs. A. Russell, Niagara Falls, Ont.,  
writes: "At nights I could not sleep,  
and had to sit up in bed, my heart  
would beat so fast."

"When I went to walk very far I  
would get all out of breath, and would  
have to sit down and rest before I  
could go any farther. I was advised  
to get Milburn's Heart and Nerve Pills  
and before I had used two boxes I  
could sleep and walk as far as I liked  
without any trouble."

Milburn's Heart and Nerve Pills are  
50c per box at all dealers, or mailed  
direct on receipt of price by The T.  
Milburn Co., Limited, Toronto, Ont.

Do your bit in the kitchen. Save  
wheat and meat for our men in  
France.

### MUST SOLDIERS LACK BACON?

A soldier just returned to Canada  
states that in the Canadian camps in  
England the men are doing without  
bacon in order that sufficient supplies  
may be sent to the forces at the front,  
where bacon is most needed on ac-  
count of the hardships involved in  
trench warfare.

Men and women in Canada who still  
thoughtlessly call for bacon when  
other non-exportable food is available,  
will do well to consider their duty.  
When the Canadian soldiers in Brit-  
tain sacrifice their bacon in order that  
it may be sent to their comrades in  
France, surely Canadian civilians can  
make a similar sacrifice.

Think it over.

## Every Weak Throat Quickly Strengthened and Bronchitis Cured

Grand Results Follow the Direct  
Breathing Remedy, Which Cures  
Without Drugging.

The country is fairly wild over the  
wonderful recovery that throat suf-  
ferers are making every day with Cat-  
arrhazone. From ocean to ocean  
come letters telling of rapid cures—  
and cures when the complaint was  
chronic and long standing. It's a  
brand new principle upon which Cat-  
arrhazone works—not a single dose  
of medicine to take—nothing to upset  
the stomach or spoil digestion.

You can breathe through the Cat-  
arrhazone Inhaler medicated air that  
is full of healing, soothing balsams,  
full of piney antiseptic essences that  
resemble the air of the pine woods in  
the Adirondacks. The piney vapor has  
a truly marvelous action on weak  
throats. It brings strength and health  
to the bronchitic, stops that hacking,  
irritating cough, prevents hoarseness  
and difficult berathing. You can't  
find anything for weak-throated peo-  
ple on earth more beneficial than Cat-  
arrhazone. It means heaven on earth  
to the man that has had bronchitis,  
catarrh or throat irritation. You will  
realize this the first time you use Cat-  
arrhazone, which is a scientific pre-  
paration specially designed for dis-  
eases of the nose, throat and bron-  
chial tubes. Get the large size, it lasts  
two months, costs \$1.00; medium size  
50c.; sample size, 25c. All store-  
keepers or The Catarrhazone Co.,  
Buffalo, N. Y., and Kingston, Canada.

Wholesale Dry Goods and Woolens

## House Furnishings For Spring

Lace Curtains  
Scrim Curtains  
Curtain Muslin and Drap-  
eries of all kinds  
Cretannes and Casement  
Cloths  
White Bed Spreads  
Towels, Napkins and Ta-  
ble Linens  
Oilcloths and Linoleums  
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie &amp; Company, Ltd.

WHOLESALE DRY GOODS AND WOOLENS  
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

## Bicycle Storage

Now is the time to have your Wheel attended to. We will  
call for your Wheel, clean all bearings, repair in any way  
needed, store for the winter and deliver it to you in the spring  
like new.

Bicycle Repairs and Accessories always in stock.  
PRICES REASONABLE.

## LANGILLE'S CYCLE SHOP

'Phone 334-41.

E. T. LANGILLE, Prop.

## Increased Production is the Patriotic Duty.

As an aid we can furnish the most up-to-date FARM MA-  
CHINERY and IMPLEMENTS, including  
THE IRON AGE (Robbins) Potato Planter, the one that  
plants 100 per cent.

THE ASPINWALL, the best one man Planter.

Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and  
Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed  
Drills, John Deere Riding Cultivators and Manure Spreaders,  
De Laval Cream Separators and other leading lines.

## J. Clark & Son Ltd.

FREDERICTON, N. B.

## Save your Eyes

## Smoked and Colored Glasses

just Received

—AT—

WILEY'S PHARMACY, York Street

## NEW WALL PAPER For Spring

The smartest the manufacturers have ever made, and the prices  
on these goods are most reasonable. In fact we cannot notice  
any raise in prices at all.

The only difference from other years is, our stock is consider-  
able larger and better variety to choose from.

BURLAPS, WINDOW SHADES, ROOM MOULDINGS, PASTE

## The McMurray Book & Stat'y Co., Ltd.

The Piano People