Start Start



Since He Commenced to Take "Fruit-a-tives" 73 LEES AVENUE, OTTAWA, ONT. "Three years ago, I began to feel

run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-atives', I thought I would try them. The result was surprising.

TROUBLE

I have not had an hour's sickness since I commenced using 'Fruit-atives', and I know now what I have not known for a good many yearsthat is, the blessing of a healthy body and clear thinking brain". WALTER J. MARRIOTT.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

DRAFTEES LEAVE

ing camp.

Demand for Efficiency.

"Well, if that ain't the limit," mused some other postman.'

> While the War Lasts Registration is to be Continuous

> > PERSONS ATTAINING AGE OF SIXTEEN

HE Registration Regulations provide that every resident of Canada, male or female, British or alien, who shall after June 22nd, 1918, attain his or her 16th birthday, shall within 30 days of said birthday attend at one of the post-offices and answer the questions upon the registration card. The postmaster will issue an interim receipt, which for 60 days will have the force of a registration certificate. The regular certificate will be issued from Ottawa and mailed to the registrant at the address given on the card.

THOSE DISCHARGED FROM ACTIVE SERVICE

While persons upon active service with any of His Majesty's naval or military forces (commissioned nurses included) are not required to register, they must do so within 30 days of the time they cease to be on active service. The procedure of registration in their cases is the same as above.

THOSE WHO FAIL TO REGISTER ON JUNE 22ND.

Any person who by reason of illness, accident, absence from the country, or other sufficient cause beyond his or her control, was prevented from registering on June 22nd, must register with a postmaster as soon as reasonably possible. Upon attending for registration, each such person must truthfully declare to the reason for failure to register upon the day appointed.

PENALTIES PROVIDED

Any person required to register as above, who without lawful excuse fails to do so, is liable to a fine not exceeding \$100, imprisonment for a period not exceeding one month, and a further penalty of \$10 for each day he or she continues to be unregistered after the day when he or she should have registered.

> All registrants likely to be affected by the above regulations are recommended to clip and file this announcement for future reference as it will not appear again.

> > Issued by authority of

Canada Registration Board

NOTICE OF MARRIAGE

Any person registered, who afterwards marries, must within 14 days notify the Central Registrar, Ottawa, of the date of the marriage, and the name and place of residence of the party he or she has married. In sending this notice the serial number of each registrant skould be quoted. The penalty for non-compliance is a fine not exceeding \$50.

NOTICE OF CHANGE OF ADDRESS

Any person registered who after-wards changes his or her place of residence or postal address must notify the Central Registrar, Ottawa, of the address to which he or she has removed, quoting at the same time his or her serial number. The penalty for noncompliance is a fine not exceeding \$50.

LOST OR WORN-OUT CERTIFICATES

Any person whose registration certificate has been lost, destroyed, worn-out or defaced may, upon establishing that fact to the satisfaction of the Central Registrar, Ottawa, obtain a new certificate. Every application for a new certificate should state the registrant's serial number.

Have You the Navy League Button? it so. How much easier to keep clean the white enamel sink, .

I

the enameled tubs, etc., than the old style black iron fittings. ture into the maritime unknown the Shipping Board would not take a Ask us how much or rather how little it will cost to make your heroic chance itself, but encouraged private builders to do so. Now that kitchen one to be proud of.

the concrete ship is a certainty, the Shipping Board builds a few and chokes off private enterprise. Why? It is so hard to find a good reason that a rather fantastic one has been advanced. One even hesitates to state it, but it was openly advanced in the circles of those who have so long fought for concrete ships, and is therefore "in the news."

It is that "the steel interests" have the ear of the Shipping Board, and have used their access to it to discourage an extensive concrete proplanation, because there is not steel enough for the ships but as an additional source of ships over and beyond the limitations imposed by the available steel.

'All the steel the country makes be marketed if not a pound of it were going into ships. The disappointed concrete men will tell you, in answer

to this argument that there are some ramifications of steel interests that they don't care even to hinnt at, but that the steel men are looking ahead and fear that after the war concrete will supercede steel in ships, just as steel and iron outed wood after the

civil war. After listening to the efforts of experts in concrete ships exegetics one is forced to the conclusion that the policy of "build concrete ships when you can't and don't when you can," is that kind of a mystery.

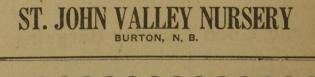


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D. J. SHEA & SON. 81 Carleton Street Sanitary Plumbing & Heating

"NEW BRUNSWICK GROWN"

ORDERS SHOULD NOW BE PLACED for early May delivery. We make gram. This seems a fantastic ex- specialty of APPLE TREES, SHRUBS, HEDGING, ROSES and STRAW-BERRY PLANTS. Experts have pronounced our Apple Trees excellent, comprising the leading varieties, including McIntosh Red, Famuese, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.





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QUEEN STREET,

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