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CASTORIA
For Infants and Children.
Mothers Know That
Genuine Castoria
Always
Bears the
Signature
of
Dr. H. H. Fletcher
In
Use
For Over
Thirty Years
CASTORIA

OF INTEREST TO WOMEN

SAVE THE FATS.

Substitute Cheaper Fats for Butter in Cooking.

Butter is not all pure fat. More than one-seventh of its weight is made up of water, curd and salt. When substituting pure fats, such as beef drippings, lard, chicken fat or oil, for butter, use about four-fifths as much fat as the recipe calls for, and add extra salt. The best natural fats to substitute for butter in flour mixtures are rendered chicken fat and beef flank fat. The cod suet from the beef flank is much softer than beef kidney suet and may be used to good advantage in pastries and cakes. Mutton suet rendered with milk is also an acceptable butter substitute.

Use the Cracklings.

Grind the cracklings, salt them and put them in a glass jar. Use them in corn cake or suet pudding, or stir them with diced or chopped left-overs of meat into cornmeal mush; mold the mush and saute it in savory fat or bacon fat to serve as a meat substitute. Delicately browned cracklings may be eaten with salt like popcorn, or they may be pressed into a loaf, sliced and served with sliced cold meat.

Do Not Waste Ham or Bacon Fat.

Use ham or bacon drippings and the clarified fat from the ham kettle for scrambling eggs and making omelets, for frying potatoes, eggs and fish, instead of butter in Creole and Spanish sauces, in corn bread, molasses cakes and spice cakes; with baked beans and peas; in bean and pea soups; with spinach and other greens, and for making soap.

Utilize Mutton Fat.

Make mutton fat into savory fat, and use it for frying. Mix it with some softer fat and use it in spice and chocolate cakes. Render it with lard and milk as follows and use it as a butter substitute with vegetables.

Grind two parts of mutton suet with one part of leaf lard and heat the

HELP WIN THE WAR BY RAISING POULTRY.

When You Want Eggs for Hatching, Patronize the CELESTIAL CITY POULTRY YARDS.

The BARRED PLYMOUTH ROCK leads all as a Utility Bird. I have the famous Bred-to-Lay Strain imported direct from the Ontario Agricultural College at Guelph. These birds have been trap-nested for eleven years and are reputed to be the best on the continent. A record of 310 eggs was made at Guelph two years ago by a B. P. Rock hen. Price per setting of 15, \$1.50. Orders will be filled in the order received.

S. C. WHITE LEGHORNS—My first pen is headed by Snowball, winner of the special prize offered at the Fredericton Poultry Show last January for the best male bird of any breed. He also won first prize at Moncton and helped win the silver cup for the four best Leghorns at the show. Price per setting, \$2 and \$3 according to mating.

BUFF ORPINGTONS—Imported from the Owen Farm at Vineyard Haven, Mass. Large blocky birds, weighing from seven to nine pounds. Splendid for the market and good layers as well. Prize winners at every show. Price \$3 per setting.

I can also supply a limited number of game bantam eggs for hatching.

J. N. FERGUSON,

York Street, - - Fredericton, N. B.

NOTICE OF ELECTION

NOTICE is hereby given that on TUESDAY, the Sixteenth Day of April instant, I will hold a poll for election of a Mayor and Eight Councillors for the Town of DEVON.

The places of said polling shall be at No. 1 Hose Station (South Devon) for electors of Wards No. I and No. II, and at No. 2 Hose Station (North Devon) for electors of Wards No. III and No. IV, and the polling will open at ten o'clock in the morning and close at four p.m.

NOMINATIONS for Mayor and Aldermen will be received by me up to Friday, the Twelfth Day of April instant, at five o'clock p.m. No person who is not regularly nominated as the law directs shall be a candidate.

Polling will only take place in the event of more than one candidate being duly nominated for Mayor or more than eight candidates for Aldermen.

WM. JAFFREY,
Returning Officer,
Devon, N. B., April 4th, 1918.

ISLAND LAND FOR SALE.

I am offering for sale fifty-four acres of choice island land located in the lower part of Sugar Island, in the Parish of Kingsclear. Will cut between 80 and 100 tons of hay annually. I am prepared to sell this land at a bargain.

JAMES B. CAMPBELL,
Fredericton, R. F. D. No. 6.

Complexion Lotion! Use Fresh Lemons and Strain Juice

Any grocer will sell you two fresh lemons and your drug store will supply you with three ounces of orchard white. Put these in a bottle and shake well. Here you have a whole quarter pint of the most wonderful complexion lotion at about the cost one must pay for a small jar of the ordinary cold creams.

Care should be taken to strain the juice through a fine cloth so no lemon pulp gets in, then this lotion will keep fresh for months. Every woman knows that lemon juice is used to bleach and remove such blemishes as freckles, sallowness and tan and is the ideal skin softener, smoother and beautifier.

Used by day, this sweetly fragrant lotion protects the skin from the evil effects of the weather and prevents roughness, redness, chafing and smarting. At night it works in the pores while you sleep, and is intended to bring a freshness and peach-like beauty that wins envy and admiration.

Just try it! Make up a quarter pint of this sweetly fragrant lemon lotion and massage it daily into the face, neck, arms and hands. It naturally helps to whiten, soften, freshen and bring out the roses and beauty of any skin. It works marvelously on rough, red hands. Try it and see for yourself.

whole very slowly in a double boiler with whole milk, preferably sour. Use one half cupful of milk to each pound of mixed suet. Strain the rendered fat through a cloth and when it has set, lift the cake from the milk.

Makes a good butter substitute for cooking.

A Palatable Sausage Substitute.

Season the crackling with salt, pepper and poultry seasoning, adding stale bread crumbs or left-over cereal and a little egg. Form the mixture into small cakes and fry in a little fat.

BABY'S HEALTH

IN THE SPRING

The Spring is a time of anxiety to mothers who have little ones in the home. Conditions make it necessary to keep the baby indoors. He is often confined to overheated badly ventilated rooms and catches colds which rack his whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. This will prevent colds; constipation or colic and keep baby well. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

EGGS FOR HATCHING

S. C. Rhode Island Reds and White Plymouth Rocks; prize-winning bred-to-lay stock, equal to anything in the province. Pen 1 of my Reds is headed by a cock bird which I imported from the Owens farm at Vineyard Haven at a cost of \$25. He comes from one of the best laying strains in the world. Eggs from this pen, 20c each, or \$3 per setting of 15.

Pen No. 2 is headed by the first cock at Moncton and Fredericton poultry shows. Eggs from this pen \$2 for 15.

White Rock Pen No. 1 is headed by Colonel, a famous prize-winning cock, and consists of 6 splendid females. Eggs \$3 per 15.

Pen No. 2 is composed of large healthy birds with splendid egg record. Would strongly recommend these for farmers, utility men. Price \$2 per setting.

WALTER BAILEY,
177 Argyle St. Fredericton

Wholesale Dry Goods and Woolens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Drap-
eries of all kinds
Cretannes and Casement
Cloths
White Bed Spreads
Towels, Napkins and Ta-
ble Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.
WHOLESALE DRY GOODS AND WOOLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Bicycle Storage

Now is the time to have your Wheel attended to. We will call for your Wheel, clean all bearings, repair in any way needed, store for the winter and deliver it to you in the spring like new.

Bicycle Repairs and Accessories always in stock.
PRICES REASONABLE.

LANCILLE'S CYCLE SHOP

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E. T. LANCILLE, Prop.

Increased Production is the Patriotic Duty.

As an aid we can furnish the most up-to-date FARM MA-
CHINERY and IMPLEMENTS, including

THE IRON AGE (Robbins) Potato Planter, the one that plants 100 per cent.

THE ASPINWALL, the best one man Planter.

Steel Wing and Disc Horse Hoes, Disc, Spring Tooth and Spike Tooth Harrows, the Watson Sprayers, Deering Disc Seed Drills, John Deere Riding Cultivators and Manure Spreaders, De Laval Cream Separators and other leading lines.

J. Clark & Son Ltd.

FREDERICTON, N. B.

Save your Eyes

Smoked and Colored Glasses

just Received

WILEY'S PHARMACY, York Street

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Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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to Bank of N. S. Building,
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2 p.m. to 5 p.m.
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Best and Most Modern Funera
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THE WINTER TERM of the FREDERICTON BUSINESS COLLEGE

Opens on MONDAY, JANUARY 7,
1918. Pamphlet giving particulars of
courses of study, rates of tuition,
will be mailed to any address on
application. Address
W. J. OSBORNE, Principal,
Fredericton, N. B.

WANTED

WANTED—Large Mail Order House
wants men everywhere to show sam-
ples or mail circulars if preferred. Po-
sition will pay \$15 weekly. The Con-
sumers Association, Windsor, Ont.

WANTED—Books and magazines for
distribution to returned soldiers en-
route home, in the Military Hospitals,
or going overseas. Telephone Mr. A.
Murray, care of A. Murray & Co. Tel.
No. 159, or leave at store for Military
Y. M. C. A.

GET OUR PROPOSITION for respon-
sible men and women. Permanent
repeat order business that pays big
profits. Hundreds enjoying big money
earnings from the business we
have helped them build. Why not you?
Leswerk Manufacturing Co., Foster,
Que.

WANTED—A smart girl or woman to
do general housework. Apply to Mrs.
A. Sherwood, 146 Waterloo Row. 31

TO LET

TO LET—Two suits of furnished rooms
suitable for light housekeeping. Gar-
age accommodation if required. Ap-
ply to 222 Waterloo Row.

TO LET—The restaurant on Re-
gent Street, now occupied by Newton
H. Lindsay. Possession to be given
first of May next.

TO LET—E. S. Haines' tenement
house, North Devon, upper and lower
flats. Possession given May 1st. Ap-
ply to McLellan & Hughes. 31ns

FOR SALE

FOR SALE—Small Hams and Bacon,
sugar cured, mild and delicious, our
own curing. CURRIE BROS.

FOR SALE—A double-seated Beech
Wagon but little used and a second-
hand sleigh. Also a McCormick sin-
gle-horse mower, almost new. Will be
sold at a bargain. Address B., care
Mail Office.

TENDERS FOR COAL

TENDERS will be received at the
City Clerk's Office, City Hall, until
WEDNESDAY, April 17th, for the sup-
plying of best steam coal, for one year
from May 1, 1918, as required for the
following Departments:

1,000 tons, or more if required, for
Pumping Station.
500 tons, or more if required, for
Electric Light.
100 tons, or more if required, for
City Hall.

Tenders to give prices for both
screened and run of mine f.o.b. wharf
or cars, Fredericton, and also deliv-
ered in bins at either of the above
places.

G. R. PERKINS,
City Clerk.

MUNICIPALITY OF YORK.

Pursuant to the proclamation pub-
lished in the Royal Gazette of the 3rd
Inst., a meeting of the County Council
of the Municipality of York will be
held in the County Council Chambers,
Fredericton, on SATURDAY, the 13th,
at the hour of 10 o'clock a.m.

By order of the Warden of the Mu-
nicipality of York.
A. O. GLEN, Sec.-Treas.