

## PROGRESS THE WATCHWORD

Mr. Edmund Walker, President of the Canadian Bank of Commerce, in his annual address to the stockholders of that great financial institution, said: "Progress appears to be the watchword in New Brunswick. The Department of Agriculture has the wholehearted support of the Government, and is giving the farmers of the province inspiring leadership. This is evidenced by a general increase in

production, the amount of land cultivated in 1918 being 125,000 acres more than in 1917. Of this increase 33,000 acres were planted in oats, 34,000 acres (or 200 per cent increase) in wheat, and 13,000 acres in turnips and potatoes. The potato crop is estimated at 8,650,000 bushels, somewhat below the average, but 50 per cent. more than in 1917. The yield of hay was good and that of oats and wheat excellent, but of only fair quality owing to the bad weather which prevailed

Sat Up in Bed  
To Get Her Breath

Palpitation of the heart, shortness of breath, inability to lie on the left side, feelings as if smothering, oppressed feeling in the chest, dizzy and faint spells, tired, weak, worn out feeling, involuntary twitching of the muscles, sleeplessness, restlessness, etc., all point to the fact that either the heart or nerves, or both, are not what they should be. Any of these conditions should be remedied immediately so as to avoid a complete breakdown of the whole system.

Milburn's Heart and Nerve Pills will bring energy to the weakened constitution, strengthen and regulate the heart, and tone up the tired, overstrained nerves.

Mrs. William Steeves, Chemical Road, N. B., writes: "I have been a great sufferer from nerve troubles and palpitation of the heart, which was so bad I had to sit straight up in bed to get my breath. I could not lie on my left side at all. I tried doctor after doctor, also several different remedies but got no help from them. My mother insisted on me trying Milburn's Heart and Nerve Pills. By the time I had used one box, I was feeling very much better. I took in all three boxes, and now I am in perfect health and can enjoy a good sound sleep, and can lie on my left side without any trouble."

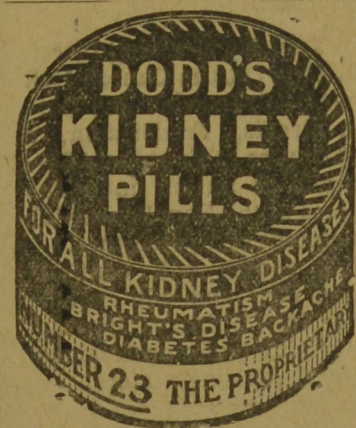
Milburn's Heart and Nerve Pills are 50c. a box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

FRANK TODD  
IS DEAD AT  
ST. STEPHEN

St. Stephen, N. B., March 14.—School flags are half mast today because of the death of Frank Todd, the senior member of the school board, which took place yesterday afternoon at his home in St. Stephen. He was in his 76th year of his age and had been a school trustee for upwards of thirty years. He was prominent in business circles as head of the well known firm of F. H. Todd & Sons, which was established by his father, the late Freeman H. Todd. He was a director and former president of the St. Stephen Rural Cemetery, in which he took a deep interest, his great love of nature inducing him to give much care and attention to preserving the natural beauties of the place. As a financier he was for many years connected with the St. Croix Gas Light Company, the St. Stephen Electric Light Company, and the street railway, as well as with the lumber business in which his firm was principally engaged. Quiet, reserved kind hearted he found many ways of doing good without display. A leader in political affairs, he never allowed politics to interfere with his personal friendships. In his religious connection he was a valued member of the Unitarian Church of Calais. He was attacked by heart block about a year ago, but recovered for a time. Since then he has been patiently awaiting another attack, which has now brought his useful life to a close.

He leaves a widow, who has the sympathy of the community. Their only child died in infancy. The funeral will take place from his late residence on Sunday afternoon.

Analogy is merely a method of convincing without proof.

HON DR. ROBERTS DEFENDS  
THE HEALTH DEPARTMENT

(Continued from Page Two)

Serious as the loss of New Brunswick had been it was gratifying to know that the number of cases and deaths were less than those in almost any province or state of the same population. They had been called upon to take charge of outbreaks of typhoid, diphtheria and small-pox and he was pleased to say that they were handled promptly and efficiently. Their duties called them to inspect certain buildings, school-houses, water supplies, street cars, and railway coaches. Regarding the latter to show the conditions that obtained for years past and about which the old regime did nothing he would read a few paragraphs from a letter received by a district health official.

"The car in which I was with some 40 or 50 other unfortunates was in a state of filth which is almost beyond description. This applies to the walls the windows, the closets, and the floors of the car. The water tank even comes within the category as on this particular day it had been broken away from its fastening and I saw it lying upside down in the dirt. The side and the floors of the car itself (I refer particularly to that portion of it occupied by the passengers as distinguished from the end reserved for the train crew and for mail and express matter). Ye Gods, not a cuspidor in that end of the car in which were packed some 30 or 40 sweaty and reeking lumber jacks. Each with his bag of dirty clothes; almost every one of these fellows sucking at a vile smelling pipe as they smoked hawking and spitting on the floor, any old place in the car, until the floor was actually covered with a nauseous and virulent slime through which it was as safe to walk as on a banana peel. The car was kept very warm that day and no attempt was made at ventilation the odor can more easily be imagined than described. In this car on that day at least, two women were compelled to sit for several hours, one of them a young mother with an infant in her arms, fancy a baby breathing that air for hours. And think of women obliged to endure such conditions. I say it is an insult and an outrage to the public on the part of the management of this road and that the party or parties responsible deserve little short of lynching, a punishment which in any other white man's country would doubtless have been meted out long ere this.

Why is not this company compelled to thoroughly cleanse and disinfect these perambulating pest-houses which they are foisting on the public in the guise of passenger cars? Why are they not compelled to act with common decency in the matter of cleanliness and sanitation in connection with those cars? Why are they not compelled to provide a car supplied with at least cuspidors for the smokers, and ordered to enforce upon the ignorant the observance of the law against spitting on the floor in public places and conveyances under the penalty of being put off the train altogether? This drastic method of punishment for spitting would require to be employed only once or twice before a cure would be effected. There appears to be no question but that the law empowers our health officers to enforce some such regulations, and if this is done the women and children will at least not continue to be exposed to the disgusting conditions to which they and we have been compelled for so long to submit at the hands of these Goths."

Continuing, he wished to say that an order was sent out immediately to that railway stating that if conditions were not righted within 48 hours they would compel them to desist carrying passengers. Those were some of the matters which had presented themselves for the care of the department and the work had hardly yet begun. Yet in spite of such facts hon. members opposite would continue to obstruct and point the finger of scorn at an organization existing for the conservation of the health and lives of the people. He believed it too sacred a business to be interfered with by men whose sole object was to serve selfish political ends. He never realized that there were men calling themselves representative citizens willing to dispense man's inhumanity to man that would take the stand which some of his hon. friends opposite had taken. He had no doubt that the Department had already justified its existence.

In regard to expense he would say that the gross estimate for the laboratory for the year would give at least \$2,000 which amount within a few years would likely be increased to \$7,000 and they were expecting aid from the Federal authorities in the matter of vital statistics and venereal disease control. The gross estimate for carrying on the Department was about \$20,000. The total assessed valuation of the province was about \$114,000,000. Were they to levy on mill on the dollar they would have for public health expenses \$114,000. As the amount required was \$20,000 the taxation rate would be less than one-fifth of a mill, not a formidable tax for the benevolent accruing. If the population was 400,000 and \$20,000 was spent on public health it would only be equal to 5 cents per capita. It was contended by scientists that an efficient health department would reduce the death rate by 2 per cent per 1,000. That in New Brunswick with its population of 400,000 would mean an annual saving as compared with present conditions of 800 lives.

A class of learned professors a few years ago calculated that the average value of a human life to the state was \$1,700. If New Brunswick with its health legislation could reduce its death rate by 2 per cent per 1,000 the saving of 800 lives would mean an annual saving of \$1,360,000 or for an expenditure of 5 cents per capita a saving of \$3.40 per capita.

THROBBING HEADACHE  
MADE TO DISAPPEAR  
OVER NIGHT

Follow This Advice and You'll Get Relief Mighty Quick.

Headaches are caused by the accumulation of poisons in the blood. The cure is not difficult. First, cleanse the entire intestinal tract.

Second, stimulate the action of the kidneys and liver.

Third, keep the pores of the skin open.

Lastly, regulate the bowels and avoid constipation as you would the plague.

The remedy is Dr. Hamilton's Pills, which cure the dizziness headache ever known.

In fact, people who use Dr. Hamilton's Pills never have headaches, because they regulate the system so thoroughly that no chance is given for a sick condition to develop.

Away with your headaches, be done with dizziness, languor and biliousness—use Dr. Hamilton's Pills and enjoy the health that they alone can bring. Contain nothing but vegetable extracts and juices, and are absolutely safe for children, women or men. Get the genuine Dr. Hamilton's Pills in yellow boxes. 25c. each.

KAISER'S SECOND  
SON IS AFTER  
A DIVORCE

Amsterdam, March 15.—Eitel Friedrich, second son of the former German Emperor, has commenced divorce proceedings against his wife, charging infidelity before the war, according to a Berlin newspaper. The paper adds that when the former prince attempted to begin proceedings before the war his father vetoed the plan. Eitel Friedrich was married in 1906 to Grand Duchess Sophie Charlotte of Oldenburg.

It has always been this way and always will be—a girl in love will confide in three married women and seventeen girls before she confides in her mother.

One way to recognize a March gale is by the fact that it occurs in March; otherwise it might be a January gale.

## WHY IS IT?

That a man who's strong for the latest and most up-to-date household equipment and wants the best of everything, will cling to a set of Bathroom Fixtures that should have been pensioned long ago?

Let us quote you on up-to-date Sanitary Porcelain Enamelled Bathroom Fixtures.

D. J. SHEA

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Tell the buying public what you have for sale.

You know your stock --- the public cannot be expected to know about it if you do not advertise.

The Mail has a large and splendid class of readers. People who pay their bills.

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House Furnishings  
For Everybody

Lace Curtains  
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eries of all kinds  
Cottons and Casement  
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White Bed Spreads  
Towels, Napkins and Ta-  
ble Linens  
Oilcloths and Linoleums  
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

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WHOLESALE DRY GOODS AND WOOLENS

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Our Motto: Promptness, Accuracy, Courtesy, Care.

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Estimates submitted without charge.

## W. Allen Staples

634 Queen St. Opp. Court House

## THE YELLOW TAG SALE

A Few of Our Bargains

Beginning  
Wednesday,  
the 12th and  
continuing till  
Saturday  
the 15th,  
Our Entire  
Stock of Fancy  
Goods, China,  
Electric Lamps  
etc.

CUT GLASS		Sale
	Regular	Price
1 Vase.....	\$10.00	6.98
1 Vase.....	7.00	5.40
1 Celery Dish.....	12.00	8.25
1 Candle Stick.....	4.00	2.90
6 Tumblers.....	4.50	3.00
1 Bon Bon Dish.....	2.00	1.40

ONE BAND LIMOGES CHINA		Sale
	Regular	Price
2 Dinner Plates.....	2.40	1.90
2 Tea Plates.....	1.80	1.40
2 Soup Plates.....	2.30	1.80
2 Bread and Butter.....	1.40	1.10

Also reduction in Three-Band Limoges China and Rose Pattern.		Sale
	Regular	Price
1 Wedgewood Teapot.....	\$2.25	\$1.90
1 Wedgewood Sugar.....	1.75	1.50
1 Ladies' Travelling Case.....	13.50	11.50
1 Ladies' Travelling Case.....	11.00	7.65
1 Ladies' Travelling Case.....	10.00	6.50

Also a few Ladies' Hand Bags.

ELECTRIC LAMPS		Sale
	Regular	Price
1 Lamp.....	\$8.50	\$4.75
1 Lamp.....	9.25	8.35
1 Lamp.....	7.50	6.75
1 Lamp.....	5.00	4.50
1 Lamp.....	2.75	2.50

PICTURES		Sale
	Regular	Price
1 Framed Picture.....	\$6.00	\$4.90
1 Framed Picture.....	8.50	6.75

1 Brass Vase.....	\$5.00	\$3.78
1 Brass Vase.....	4.75	3.19
1 Brass Candle Stick.....	6.00	3.75
1 Brass Heater.....	7.50	5.13
1 Brass Ash Tray.....	2.00	.90
1 Brass Picture Frame.....	1.00	.55
1 Brass Jardiniere.....	3.50	2.00
1 Nickel Mirror.....	6.00	3.75

Numerous other articles space will not permit us mentioning. Call and see for yourself on Wednesday morning.

## The McMurray Book &amp; Stat'y Co., Ltd.