

## A CHILD HATES OIL, CALOMEL, PILLS FOR LIVER AND BOWELS

Give "California Syrup of Figs" if cross, sick, feverish, constipated.

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomorrow.

Ask your druggist for a bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Beware of counterfeits sold here. See that it is made by "California Fig Syrup Company." Refuse any other kind with contempt.

Regina, Feb. 28—The Great ar Veterans Wat their regular meeting last night passed a motion asking the Dominion government to demand the surrender of 50,000 defaulters in Canada and that they be disfranchised for a period of ten years in addition to suffering the present penalties provided by law.

### Creamed Salmon.

Put two level tablespoonfuls of butter into a saucepan; when it bubbles, add the same amount of flour, salt to taste, a pinch of pepper; mix perfectly smooth; add slowly one cupful of hot milk, stirring until it thickens. Some of the salmon liquor may be added, also a beaten egg, and this sauce poured over a can of hot salmon. Serve with baked potatoes.

A long face is a poor advertisement. Job was not a man of whom it could be said he suffered in silence.

## ALASKA A LAND OF ROMANCE AND GREAT OPPORTUNITIES

**Late Surgeon of the Royal Northwest Mounted Police, Talks of the Far North—Thinks It May Help Solve the Reconstruction and Unemployment Problem—Appeals to Young Men of Efficiency and Robust Health.**

(New York Sun)

The lure of nature's bounties in a land where a man may "see far horizons and live the big life" will solve in a strange and unexpected way the problem of providing profitable work for the returning soldiers in America's richest and least developed domain, says Lieut. Leonard S. Sugden, late surgeon of the Canadian Northwest Mounted Police, who has spent seventeen years in Alaska, the land of resource, romance and limitless opportunity.

Reconstruction problems in the United States and Great Britain are as serious as, indeed, I fear more dangerous than those of the war itself, Dr. Sugden believes. Explorer, artist, photographer and lecturer, he has just returned from another sojourn in northern lands. "Alaska and the entire Yukon land, which includes the Canadian territory, offer wonderful opportunities to American and British 'veteran' young men who have tasted the joys of virile out of door life and feel a deeper urge than that of the return to the bank counter, the high stool and the mill and toil of the city factory and the shop, of the small and unproductive farm," he said in an interview yesterday.

"Alaska's appeal to young men of spirit, proved efficiency and robust health such as those now returning from the Western front will increase as America's young veterans learn more about the chances for success in that wonder territory; I shall soon deliver illustrated lectures throughout the American army camps, with the sanction of the Government, for the

purpose of explaining those things.

### Needs New Red Blood

"While there may be an 'unemployment overflow' in the States, Alaska is certainly in need of new red blood. The drain on her manhood during the war was almost fatal, for her white citizens are of the kind who seek adventure and are loyal to the highest ideals of manhood and independence. The majority of the men who went to the Klondike in 1897-98 were not 'roughnecks', for 80 per cent of them were college graduates—younger sons of prominent English and American families who felt the call of the North.

These men naturally rushed into the military service, as did the younger generation; one mining man alone outfitted a machine gun unit and presented it to the government. These men accustomed to live for the greater part of the year on the product of rod and gun and to withstand any hardship, naturally took to the trench life avidly and laughed at its dangers.

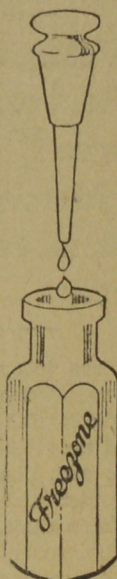
"Mining operations have been terribly affected in Alaska because modern mining machinery is so heavy and intricate and must withstand much wear and tear with frequent replacements. The only mining which continued in force was that for copper, needed for munitions. All other work of that kind suffered from the embargo on making and shipping machinery. This was the cause of the great decline of Alaskan mining stocks, some of which dropped from 50 per cent to 2 per cent during the four years of fighting but which will rebound now that man-power is returning.

### Affected Fishing Industry

"Although Alaska provided enormous quantities of salmon and other fish to the allied armies, that industry too was greatly reduced because it is so dependent upon scientific machinery and large operating forces.

## With Fingers! Corns Lift Off

Doesn't hurt a bit to lift any corn or callus right off. Try it!



For a few cents you can get a small bottle of the magic drug freezone recently discovered by a Cincinnati man.

Just ask at any drug store for a small bottle of freezone. Apply a few drops upon a tender, aching corn or callus and instantly all soreness disappears and shortly you will find the corn or callus so loose that you lift it off with the fingers.

Just think! Not one bit of pain before applying freezone or afterwards. It doesn't even irritate the surrounding skin.

Hard corns, soft corns or corns between the toes also hardened calluses on bottom of feet, shrivel up and fall off without hurting a particle. It is almost magical.

Ladies! Keep a tiny bottle on the dresser and never let a corn or callus ache twice.

Another injury to the Territory's development was the discontinuance of work on the Government railroad from Seward, the open seaport accessible the year round to the interior, along the Yukon and its tributaries, navigable only three months of the year, and along which the greatest industries of the land are carried on. As yet only that part of Alaska bordering on the navigable waterways—2,165 miles on the Yukon and 2,000 miles on its branches, have been scratched for the great mineral treasures.

"When Uncle Sam completes his great railroad scheme," continued Dr. Sugden, "it will be a tremendous thing for every State in the Union. Secretary Lane, a man of great vision, already, I am told, is working hard to utilize the high class released army man power for developing this wonderful territory. I think Mr. Lane may be called the 'father of Alaska' and Secretary Seward its 'grandfather'. Seward saw it as a great real estate investment, but Lane sees it as an empire.

"The treasures of this great land, which will be made accessible when the railroads are completed, can only be guessed at. But according to Chief Brooks of the United States Geological Survey, there is enough coal in these mining fields for the next 300 years. I have never been in any part of Alaska where I did not find traces of plentiful deposits of valuable minerals of great commercial values.

### Transportation Expensive

"Just now the cost of transportation is almost prohibitive; in my last mining operations I paid \$2,080 a ton for transportation from the fields to the seaboard—and yet I made money on it. But with intelligent development by the American and Canadian Governments, all this can be brought to a minimum all kinds of supplies can be landed in the upper districts at reasonable cost, and with the new blood of this new race of fighting Americans—which means new energy, new hopes new self-confidence—I expect greater discoveries than ever.

"Let the returning doughboy seek his own place in Alaska. There is room and more room for him. Before the war the population was only 36,000 white and an equal number of Indians and Esquimaux. The territory is one-fifth as large as that of the entire United States and yet only one-third of Alaska is explored.

### Chance for Big Trade

"Do you know that Seward, Alaska's seaport, is 1,400 miles nearer the Philippines than San Francisco? That shows what the eventual opportunity of trade with the Orient will be. Japan, China and India are in urgent need of copper and other Alaskan products; the East will get these in the next few years direct from the mines.

"As a surgeon with military experience I am confident that 80 per cent of the soldiers who have fought in the war will be 'office shv' and will want more adventure. I have read recent newspaper interviews in which the returning men were virtually chided or not seeming desirous of returning to their old jobs in the big and little cities. I see for such men a magnificent opportunity in the broad reaches of the great Northwest. Alaska wants them, needs them and will receive them with open arms.

"I would rather be dead broke in Alaska than work in an office in New York or Chicago for \$150 a month. It is a country of big rivers, big mountains, big fortunes, big jobs and—big men with big hearts. The spirit of the Anglo-Saxon has been that of the pioneer for centuries; that same spirit

(Continued on page three.)

## 4 Labor Saving Articles for the Home 4

"WITCH" Soot Destroyer, cleans the smoke pipes without taking them down.

"PORCELLA" prepared expressly for cleaning Baths, Basins, Sinks and other enamelled ware.

"SANI-FLUSH" the only satisfactory article on the market for cleaning Closet Bowls.

"DESOLVO," by using in time, will prevent the clogging of waste pipes and remove obstructions and save plumbing bills.

**D J. SHEA**

## GRAFONOLAS

YOU MUST HAVE MUSIC IN YOUR HOME CHRISTMAS. Why not call and look over our complete line of Machines, also COLUMBIA RECORDS? You will never make a mistake by buying at the earliest possible date.

**E. O. MacDonald**  
Music Store 560 Queen Street

## Washing Machines & Wringers

We have in stock the following: CONNORS BALL BEARING, SNOWBALL, WINNER, NEW CENTURY, JR., CANADA FIRST, LOW PRESSURE WATER MOTOR WASHER, and BERVER HAND or POWER WASHER.

ROYAL CANADIAN and SUNLIGHT WINGERS. Also BENCH WRINGERS.

**J. Clark & Son Ltd.**

## Custom Tailoring

The New Importations for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

We are also prepared to fill all orders entrusted to us for MILITARY CLOTHING at a reasonable price. We are sole agents for the Crown Tailoring Company, of Toronto, the largest Military Tailoring Company in Canada.

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QUEEN STREET, WEST END

## Plant That Thrift Garden

RIGHT NOW. The season is fast advancing for the development of your plans to make that Garden a success.

We have just opened up a fresh supply of the famous **FERRY SEEDS**. Over sixty years of successful seed production. Why take chances on inferior or unknown seeds, when you can purchase the reliable seeds at the same price? Garden, Field and Flower Seeds, both in packages and in bulk. . .

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Use Our Hardware—It Stands Hard Wear.

## MIXED HEN FEED

Comprising Whole Corn, Whole Barley, Whole

Buckwheat, and Oats.

One of the best Scratch Feeds on the

Market.

Only \$3.65 a Bag.

**G. W. HODGE**



**WE** were among the first to put up tea in sealed packages.

We were the first to use automatic electric weighing machines so as to insure accurate weights.

We were the first to make known the qualities of the now world-famous ASSAM teas.

And we are now the first to adopt a new package for the better protection of these fine quality teas.

The lead package has served its purpose well for generations, but it was easily broken or torn, allowing not only a loss of tea from the package but exposing the tea to the air, odors and dust that it was so necessary to protect the tea against.

Our new package—the waxed board carton—is stronger, more secure and more completely air tight; altogether the best container for tea that has yet been devised.

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**TEA** "is good tea"

Red Rose Coffee is as generously good as Red Rose Tea