

Children Cry for Fletcher's

CASTORIA

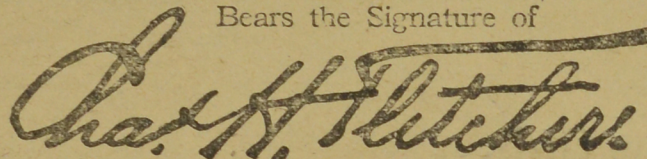
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

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Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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Cook's Cotton Seed Compound.

For reliable regulation of the bowels. Endicott's Compound of strength—No. 1, \$1; No. 2, \$2; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Glaxo).

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32 Corner Needham and Regent Streets.

34 Corner Queen and Carleton Streets.

35 Corner Brunswick and Carleton Streets.

36 Corner Charlotte and Carleton Streets.

37 Corner George and Regent Streets.

38 Corner King and Regent Streets.

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45 Corner Brunswick and St. John Streets.

46 Corner Charlotte and St. John Streets.

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53 Corner Union and Church Streets.

54 Gas House.

55 Intercolonial Railway Station.

56 Lansdowne and Waterloo Row.

OF INTEREST TO WOMEN

ECONOMY IN FRITTERS.

Ability to Make Good Fritters a Great Aid in Using Up Bits of Fruits and Vegetables.

For instance, if you have a few slices of pineapple you can make these into fritters for the next day. A couple of ears of cold corn may be used to make very nice corn fritters. In fact, almost every sort of fruit and many sorts of vegetables may be used in this way. Vegetable fritters may be served with the meat course and fruit fritters may be served then or as dessert. Apple fritters go very nicely with chicken or pork.

Here is a rule for making bean fritters that make a nice piece of resistance for luncheon at home or as a separate course at dinner:

Put three ounces of flour into a bowl and add to it a well beaten egg and half a small teaspoonful of milk. Mix well together to a smooth batter and then add two tablespoonfuls of cooked French beans cut up finely, a pinch of salt, a pinch of baking powder and a dessertspoonful of grated cheese. Fry a nice brown in boiling lard and serve. These can be served as pancakes by rolling them up. A little grated cheese should be sprinkled over them.

Pare and core tart apples and cut them in slices about one-third of an inch thick, leaving the round opening in the centre. Dip the slices in fritter batter made of one pint of milk, three eggs, a little salt and a pint of flour. A teaspoonful of baking powder is sometimes mixed with the flour. Beat the eggs well, adding first part of the milk and the salt, then add the flour and the rest of the milk alternately. Beat the batter together quickly and add the apples immediately.

APPLE MARMALADE.

Pare and core sour apples. Cut in small pieces and to each pound of fruit add three-quarters of a pound of brown sugar. Boil slowly in a preserving kettle until it is reduced to a fine pulp. Place in jelly jars. Cover with paraffine wax and keep in a cool place. A little lemon juice or cinnamon for flavoring may be added to this recipe if liked.

USEFUL KNOWLEDGE.

Remove spots from handles of ivory knives by rubbing with a chamomile skin dipped in water, and then in powdered pumice.

When making your next batch of biscuits roll the dough rather thin and use two cuts for one biscuit. Lay one on top of the other.

The hard shell of a coconut, sawed to the proper shape and with holes pierced for strings, make a charming hanging basket.

Russian salad dressing is made of half French dressing and half mayonnaise, with chili sauce, chopped red peppers, cucumbers and parsley added.

IN FASHION LAND.

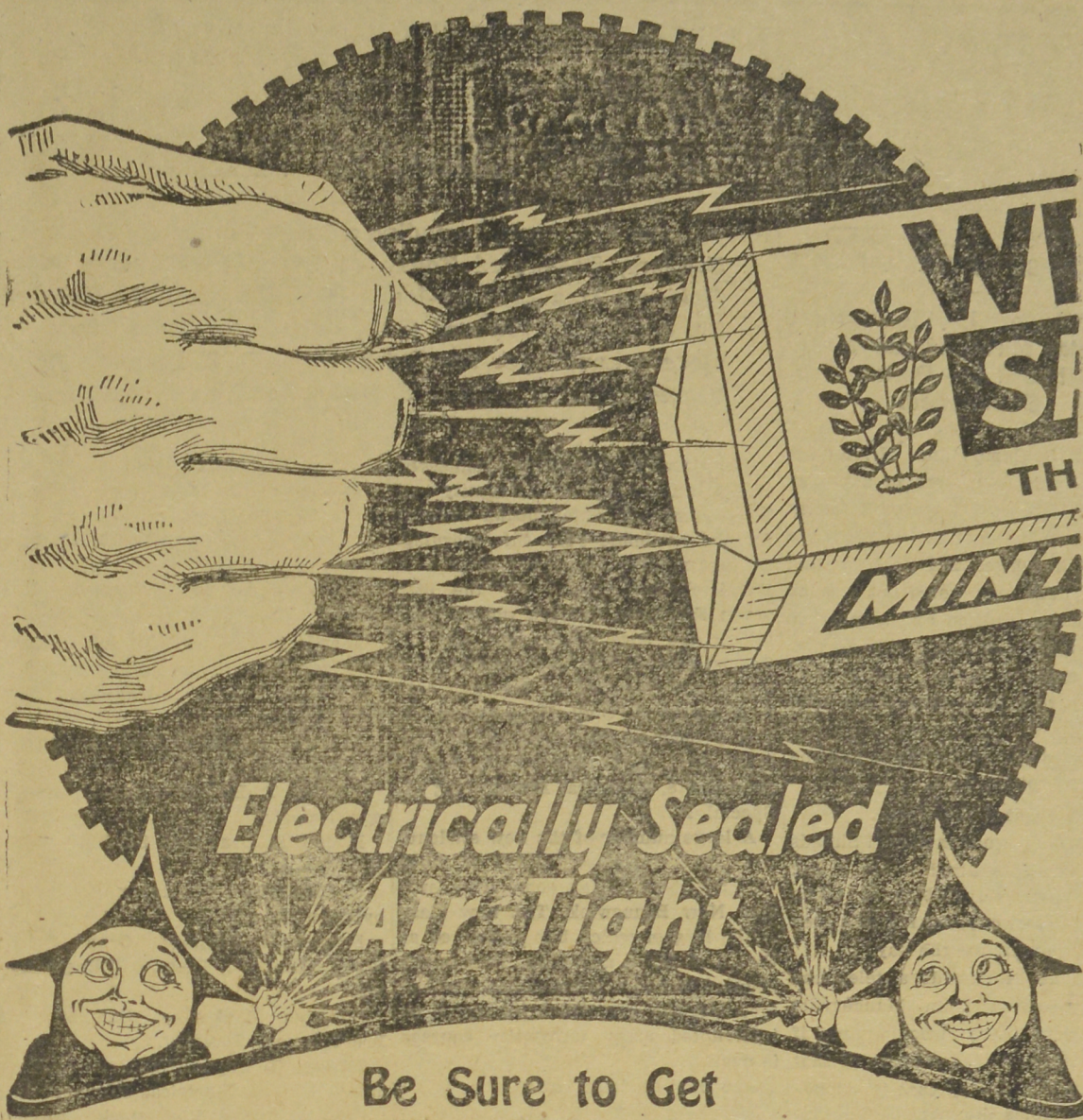
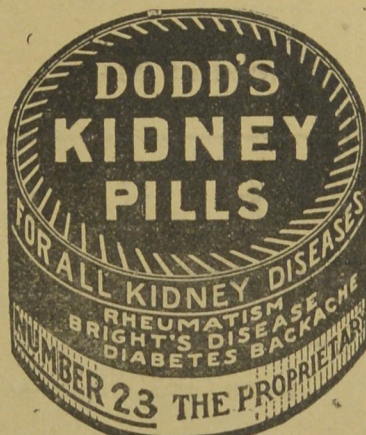
Suit coats are long. Bracelets are in favor. The coat dress will be popular. Evening gowns show short bodices. Florentine red is one of the new colors.

Lace and net overskirts are made on hoops.

Figured cotton crepe is liked for nightgowns.

The turban is here, fashioned in rich brocade.

Many of the latest costumes appear beltless.



Wrapped to insure its perfect condition in all climates and seasons. Sealed tight — kept right. The perfect gum in the perfect package.

After every meal

The flavour lasts



When a girl is two years old father is pleased when she goes through his pockets; but the pleasure steadily declines as her years increase, until, when she is twenty—good night.

When her age begins to tell on her a woman can't very well keep it to herself. The girl who looks good isn't necessarily good looking.

Considering that they are wiping on brand new towels, wearing brand new shoes and cooking in brand new pots and pans, newly married folks get along pretty well after all.

Have Your Job Work Done at Home


The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up

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