

Children Cry for Fletcher's

# CASTORIA

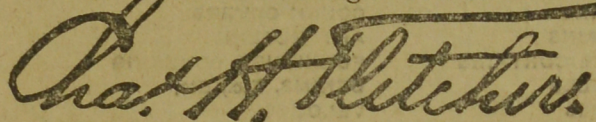
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

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Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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- 12 Corner Westmorland and Aberdeen Streets.
- 13 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 15 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
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- 27 Corner King and York Streets.
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- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

### OF INTEREST TO WOMEN

#### PUNCHES WITHOUT PUNCH.

Six Ways to Make Really Delicious "Prohibition" Punches.

Occasionally when punch of some kind adds to the festive board, you can try some of these "prohibition recipes" which are delicious, exhilarating and yet include no liquors.

#### Orange Punch.

4 oranges  
2 cupsful of sugar  
1 lemon  
2 cupsful of water  
Grate the rind of two oranges. Mix with the sugar and water and stir over the fire. Allow to boil for five minutes. Then remove from the fire and cool. Add the juice of the four oranges and the lemon, also one quart of iced water and sufficient cracked ice to keep the beverage cold.

#### Diplomat Punch.

3 lemons  
2 pints of ginger ale  
1 pint grape juice  
1 1/4 cups of sugar  
1 cup of boiling water  
1/2 cup of mint leaves  
Grate the lemon rind. Pour boiling water over the mint leaves, sugar and grated lemon rind, then set aside to cool. When cold, strain into the punch bowl, pouring over the ginger ale, grape juice, lemon juice and ice. Place a few sprigs of mint on the top as a garnish.

#### Ginger Ale Punch.

2 tablespoonsful of lemon juice  
1 quart of vichy  
2 quarts of ginger ale.  
Mix and pour over a piece of ice in punch bowl.

#### Tea Punch.

2 quarts of strong tea  
1 quart of vichy  
1 cupful of lemon juice  
2 cupsful of sugar  
The tea should be strong, and, therefore about eight teaspoonfuls of tea should be used for the two quarts desired. After preparing the tea let it stand to cool for ten minutes, then strain from leaves. Pour the tea over a lump of ice in the punch bowl, then mix other ingredients and stir. Garnish with a few sprigs of mint leaves.

Here is a more elaborate tea punch.  
2 cupsful of strong tea  
1 cupful of lemon juice  
1 cupful of orange juice  
1 can of grated pineapple  
2 cupsful of sugar  
1 cupful of Maraschino cherries  
1 quart of vichy  
1 thinly sliced orange  
Boil the sugar with two cupsful of water, then add the lemon and orange juice. Pour the syrup over a cup of ice in the punch bowl, then add about five quarts of ice water and the vichy and fruit.

#### Acid Punch.

12 lemons  
6 oranges  
1/2 cupful of canned strawberries  
Sugar  
Mix the various ingredients, except berries, adding sugar to taste, then strain through a sieve. Add water enough to make one gallon and pour over cracked ice.

#### A Cold Lunch.

Cold pork chops make a delightful luncheon dish served with a salad—the potatoes—sliced or diced—mixed while hot with a French dressing of oil and vinegar, salt and cayenne, four parts of oil to one of vinegar and a chopped Bermuda onion. Stir and cover and set away to cool. At lunch time mix in carefully a quantity of rich mayonnaise. Dress the small end of a chop with a liberal serving of the salad, throwing over a few capers that have been cut up slightly. Toasted English muffins or buttered toast.

#### TOASTING THE LADIES.

(Coatsville Herald.)  
Golda and Ruby Larkin entertained a number of girls at their home with a weenie roast and a marshmallow toast one evening this week. All went home with burnt tongues and fingers.

"Once upon a time" is the way fables begin, and after a man goes out once upon a time he begins to tell his wife fables.



**Wood's Phosphorine.**  
The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Worries, Loss of Energy, Palpitation of the Heart, Failing Memory. Price 21 per box, six for \$5. One will please, six will cure. Sold by all druggists or made at 11, plain pills on reel 3 of price. Non-patented medicine free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly, Windsor, Ont.)

### NO CONSTIPATION NO PILES

We think without a doubt, that constipation is the most prevalent and at the same time one of the greatest troubles human nature is afflicted with, and causes more sickness than anything else.

Unless a free action of the bowels occurs at least once a day, constipation is sure to ensue, then comes the sore and uncomfortable piles, sick and bilious headaches, coated tongue, obnoxious breath, sour stomach, heartburn, water breath, and many other ailments.

Milburn's Laxa-Liver Pills will regulate the flow of bile to act properly on the bowels, thus removing the constipation and its allied troubles.

Mr. Dan Doucette, Eel River Crossing, N. B., writes: "Having been troubled for years with constipation and trying everything I knew of, a friend advised me to use Milburn's Laxa-Liver Pills. I used four vials and am completely cured. I can gladly recommend them to anyone who suffers from constipation."

Milburn's Laxa-Liver Pills have been used with the best results by thousands of people in that time, and we have yet to hear of a complaint as to their curative powers.

Price 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto Ont.

#### TABLE OF WEIGHTS AND MEASURES.

4 teaspoons of a liquid equal 1 table-spoon.  
4 tablespoons of a liquid equal 1/2 gill or 1/4 cup.  
1/2 cup equals 1 gill.  
2 gills equal one cup.  
2 cups equal 1 pint.  
2 pints (4 cups) equal 1 quart.  
4 cups of flour equal 1 pound, or 1 quart.  
2 cups of butter, solid, equals 1 lb.  
1/2 cup of butter, solid, equals 1/4 lb. or 4 ounces.  
2 cups of granulated sugar equal 1 lb.  
2 1/2 cups of powdered sugar equal 1 lb.  
1 pint of milk or water equals 1 lb.  
1 pint of chopped meat equals 1 lb.  
10 eggs, shelled, equal 1 pound.  
8 eggs with shells equal 1 pound.  
2 tablespoons of butter equal 1 ounce.  
2 tablespoons of granulated sugar equal 1 ounce.  
4 tablespoons of flour equal 1 ounce.  
4 tablespoons of coffee equal 1 ounce.  
1 tablespoon of liquid equals a half-ounce.  
4 tablespoons of butter equal 2 ounces or 1/4 cup.

#### BRIEF BUT USEFUL RECIPES.

Drive Away Ants.—A little quicklime placed in the infested places.

Kill Insect Life.—Burn sulphur in a tightly closed room. It will kill almost all insect life and their eggs and larvae.

Make Leather Waterproof.—Saturate it with castor oil; to stop shoes squeaking, drive a peg into the middle of the sole.

Remove Tar from Cloth.—Rub it well with turpentine till every trace is removed.  
Egg Stains on Spoons.—Rub with common salt.  
Fruit Stains on Hands.—Wash the hands in clear water, dry slightly and while still moist strike a sulphur match and hold your hands around the flame.

Clean the Hair.—Wash well with a mixture of soft water, 1 pint; sal soda 1 ounce; cream tartar 1/4 ounce.

Clean Gloves.—Pour a little benzine into a basin and wash the gloves in it, rubbing and squeezing them until clean. If much soiled, they must be washed again through clean benzine and rinsed in a fresh supply. Hang in the air to dry.

Clean Hair Brushes.—Dissolve a little soda in warm water and pour in a small amount of ammonia. Hold the brushes with the bristles downward and avoid wetting the back as far as possible; shake until the grease is removed; then rinse in cold water and put in the air to dry.

Remove Stains from Linen.—Wet the part stained and lay on it some salt of wormwood; then rub without diluting it with more water.

How to Remove a Rusty Screw.—Apply a red hot iron to the head for a short time, the screw-driver being applied immediately while the screw is hot.

Remove Mildew from Cloth.—Put a teaspoonful of chloride of lime into a quart of water, strain it twice, then dip the mildewed places in this weak solution and lay in the sun. If not effective the first time repeat.

Cure Mosquito Bites.—Put ten drops of refined carbolic acid into an ounce of rose water; shake well and apply. (If you hold your breath while a mosquito has its bill in you it cannot withdraw it until you breathe again).

#### TIME FOR BAKING.

Beans—8 to 10 hours.  
Beef—Sirloin, rare, per lb., 8 to 10 minutes; well done, per lb., 12 to 15 minutes; rolled rib or rump, per lb., 12 to 15 minutes; long or short fillet, 20 to 30 minutes.  
Bread—Medium loaf, 40 to 60 min.  
Cake—Plain, 20 to 40 minutes.  
Biscuit—10 to 20 minutes.  
Sponge Cake—45 to 60 minutes.  
Chickens—3 to 4 lbs weight, 1 to 2 and a half hours.  
Cookies—10 to 15 minutes.  
Custards—15 to 20 minutes.  
Duck (tame)—40 to 60 minutes.  
Fish—6 to 8 lbs., 1 hour.  
Gingerbread—20 to 30 minutes.  
Graham Gems—30 minutes.  
Lamb—Well done, per lb., 15 min.  
Mutton—Rare, per lb., 10 minutes; well done, per lb., 15 minutes.  
Pie crust—30 to 40 minutes.  
Pork—Well done, per lb., 30 min.  
Potatoes—30 to 45 minutes.  
Pudding—Bread, rice and tapioca, 1 hour; plum, 2 to 3 hours.  
Rolls—10 to 15 minutes.  
Turkey—70 lbs., 3 hours.  
Veal—Well done, per lb., 20 minutes.

In the spring you always want to spring something.

### AGRICULTURAL MATTERS WERE DISCUSSED

(Continued from page 6)

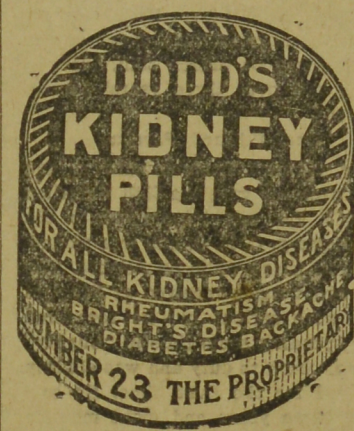
per ton. He described the system on which the crusher operated.

To Mr. Mersereau he stated that lime deposits were well distributed over the province, development alone being necessary.

In connection with elementary agricultural education Mr. Bradt said that seed distribution among school children would be attempted. The seed to be used would be oats, wheat, potatoes, carrots, beets, and parsnips. It was the desire to interest the children in crop production and also lay the foundation for seed production. Touching upon the matter of potatoes he said that New Brunswick had great possibilities for developing a trade in seed potatoes. He knew personally that seed potatoes from this province were in great demand in Ontario and there were chances of developing the trade elsewhere. He also gave a brief outline of the short courses which would be attempted during the year.

To Mr. Mersereau he said that seed grain would not be imported by the Department this year as it had been ascertained that the province could meet its own seed requirements. The Department was listing those who had seed for sale.

The Committee adjourned sine die.



"THE BETTER 'OLE" at GEM THEATRE MONDAY AND TUESDAY NEXT

## MIXED HEN FEED

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