

## CURE THAT COUGH TODAY WITHOUT MEDICINE

Easily Done by Breathing in the Healing Fumes of Catarrhozone.

No medicine brings such prompt relief, exerts such an invigorating influence, or so thoroughly and speedily cures throat troubles as "Catarrhozone." Doctors, hospitals, sanitariums—all say that for those who suffer from changeable weather, for those who are predisposed to catarrh, lung trouble, deafness, or bronchitis, no treatment is so indispensable as "Catarrhozone."

For certain cure, for relief in an hour, use Catarrhozone, the only direct, breathable medicine. Two months' treatment guaranteed, price \$1; smaller size 50c, sample size 25c, at all dealers everywhere.

### TIMELY TIME SAVERS.

If too much salt has been added to soup, slice a raw potato and boil in the soup for a few minutes. The potato will absorb much of the salt.

To obtain a really good cup of coffee place the coffee in a saucer and put it into a fairly hot oven for about three minutes before making. This brings out the flavor.

To know thyself is better than trying to find out all about the neighbors.

## GOOD ADVICE ON THE CULTURE OF STRAWBERRIES

(Experimental Farms Note.)

Strawberries are grown either for home consumption or for market.

While those grown for market should be as good as those grown for home use, the fact is that in some cases those produced for market are grown more because of their productiveness and shipping quality than because of their flavour and general palatability.

The most popular variety, taking the whole of Canada, is undoubtedly the Senator Dunlap. This is a very hardy variety, and the fruit is handsome in appearance, good in quality and is an excellent variety for canning. It is desirable both for home use and market. Like all varieties, it has some faults, the chief one being that on account of its making such a large number of plants the fruit begins to get small too early in the season in parts of Canada where dry, hot weather often occurs during the fruiting season; hence where there are such conditions some other sort is desirable, and in the Parsons Beauty and Glen Mary there are two commercial varieties which are succeeding very well in many places in Canada, especially in Eastern Canada. These are both large varieties and keep their size well to the end of the season. The Parsons

## TELL YOUR WIFE CORNS LIFT OFF

Doesn't hurt a bit to lift corns or calluses off with fingers

Not a twinge of pain or soreness before applying, or afterwards. This may sound like a dream to corn-pestered men and women who have been cutting, filing, and wearing torturous plasters. Yes! Corns lift off and calluses peel off as if by magic, says this Cincinnati authority.

A quarter ounce of freezone costs but a few cents at any drug store. Apply a few drops directly upon your tender corn or callus, and instantly the soreness disappears; then shortly the corn or callus will be so loose that it lifts off.

Freezone dries instantly. It doesn't eat out the corn or callus, but just shrivels it up so it lifts away without even irritating the surrounding skin. Women should keep it on the dresser and never let a corn or callus ache twice.

Beauty is better in quality than Glen Mary and the latter is not very desirable for home use, but both should be tried to determine which succeeds best in the particular locality and soil where they are grown. The Williams is a firm berry, which is a very popular commercial sort in Western Ontario but is not very popular in most other parts of Canada. It has a white

tip which increases its shipping qualities but lessens its value when it is to be eaten raw. Splendid is a rather early variety which has made a good record in Eastern Canada, and Beder Wood is also another reliable early sort. The Marshall is one of the best in quality but must be grown under high cultivation in Eastern Canada to get fair crops and is not now much grown on account of its light cropping but on the lower mainland of British Columbia it does well and is one of the best commercial varieties there. The magoon is also a commercial variety which is also grown mainly in British Columbia.

The foregoing are the leading commercial varieties in Canada although to these might be added Sample, Pocumoke, and Warfield as succeeding very well in some places. For the Prairies, a variety called Dakota, rather small in fruit but very hardy, has proved one of the most reliable, though Senator Dunlap also does well if well cared for.

The best varieties for home use in Eastern Canada are Senator Dunlap, Bubach, Parsons Beauty and Wm. Belt, the latter and the Bubach being large varieties of good quality. In British Columbia the Royal Sovereign Paxton and Marshall are three of the best for home use. The two former are English varieties not satisfactory except in the mildest sections of the Dominion. The Everbearing Strawberries are particularly desirable for home use, and two of the best of these are Progressive and Americans.

## Your Bright Tinware

will smile back at you and it will wear longer if you keep it clean with Old Dutch



## BILL TO AID IN SETTLEMENT OF SOLEIERS

(Continued from Page Two)

bill a rambling commission was not given. Agricultural tracts were to be selected and set apart. The province would be well protected and the lumbering interest would not be more affected than under ordinary settlement regulations.

MR. MCGRATH pointed out that an act had been passed the last session which would safeguard non-agricultural lands.

HON. MR. TWEEDDALE said that the Soldier's Settlement Board would safeguard itself in its arrangement with each soldier. No men would be allowed to take all the lumber and leave the farm. Surely the lumbermen would not covet a few logs a soldier might cut. As a matter of fact the ordinary settlement regulations entitled each settler to 20,000 feet for his buildings.

MR. ROBICHAUD stated that in Gloucester two returned soldiers who prior to enlistment had applied for land on their return found that lumber had been cut off it.

HON. MR. VENIOT said that this act would guard that sort of thing and also that it must be remembered that there was a difference between making application for land and having that application approved.

HON. MR. TWEEDDALE in reply to the hon. member for Carleton (Smith) said that in the case of a soldier who had died on service application could be made on behalf of his heir.

MR. SWEENEY said it might be well if the province did not absolutely part with this land. Provision might be made whereby the land might revert to the province if conditions of settlement were not met.

HON. MR. TWEEDDALE in reply said that such could hardly be done in view of the fact that the Soldier's Settlement Board would advance considerable sums of money to each soldier and make an agreement with him. The province would only hold a certain equity on the land.

MR. HUNTER asked if these soldier settlers would be taxed.

HON. MR. TWEEDDALE said that this act did not touch upon that matter which would be entirely municipal.

The bill was agreed to.

The committee took up consideration of a bill to amend the act establishing the St. John Public Hospital. MR. BAXTER in connection with the appointment of two women commissioners under this bill pointed out that the Municipal Council made some of the appointments and it might be well to guard against both women commissioners being appointed by that body.

HON. MR. FOSTER suggested that an amendment might be made to that effect.

MR. BAXTER further suggested that the Board might be enlarged to nine members as there was much work to do.

HON. MR. FOSTER concurred with his suggestion and said he would communicate with the Mayor and commissioners of the City of St. John. Meanwhile progress might be reported.

Progress on the bill was reported. The committee took up consideration of a bill to amend the act establishing an Alms House in Kings County.

MR. DICKSON asked if the sum of \$250 was to be paid to each member of the Board of commissioners.

HON. MR. BYRNE said that amount was for the whole Board. The Municipal Council had been paying it for some years and had asked for legislation to ratify its action.

The bill was agreed to.

The House adjourned at 10.22.

Remove red ink stains from table linen, spread freshly made mustard over the stain and leave for half an hour. Then sponge off, and all trace of the ink will have disappeared.

Equal parts of ammonia and turpentine will take paint out of clothing, no matter how dry and hard it may be. Saturate the spot two or three times and afterward wash out in soapsuds.

Bless the day when the word Bolshevik will follow camouflage into the rag bag.

Our observation is that the average man stands out for a square deal for everybody, with four shades the best of it for himself. But there are difficulties in executing that programme.

## DR. MACKAY AND THE THRIFT CAMPAIGN

Dr. A. H. Mackay is an educationist whose ability is recognized throughout all Canada. For this reason his endorsement of the War Savings Plan is all the more important. In his opinion it is a great thing for all classes of people. Here is what he says:—

"The Education Department of Nova Scotia has for some years been recommending and encouraging the training of pupils in habits of intelligent thrift, School Savings Banks, etc., have been started and operated.

"It is a grand thing for the Dominion of Canada to get the money it now needs to renew business to so great an extent from its own people.

"It is a great thing to feel that the Dominion is paying the interest of this money to ourselves.

"It is good to know that any boy or girl in the remotest school section in the Province can save cents, loan them to the Government where they will be safer than in any other place and get the whole repaid with interest a few years after, and thus early become independent, having means not only to start in business oneself, but to make business and give more chances to productive labour.

"To further stimulate the 110,000 pupils in the schools of Nova Scotia the study of this system of Government loans, and of the advantages of intelligent thrift, it is made an imperative subject of study in every grade according to the capacity of each, and a question in all promotion examinations may be put on the subject.

"The schools of Nova Scotia led all Canada in the introduction of universal physical training. They also led in the contributions to the Belgian Relief, and supported heartily numerous other patriotic and humanitarian movements. They ushered in the first recruiting exercises for the Highland Brigade in the early days of the War. They raised a greater proportion according to population of "Soldiers of the Soil" than any other Province in the later days of the War. And they led in the victorious drives for the Victory Loans."

What's become of the old-fashioned girl who used to knit socks for soldiers?

## VETERAN TELLS OF A TERRIBLE EXPERIENCE

Before He Found Relief in Dodd's Kidney Pills

Postmaster of Hereford Points the Way to Health to Other Sufferers From Kidney and Bladder Trouble.

Hereford, Que., March 21st—(Special)—Mr. A. Peabody the veteran postmaster here, is one of the many old people who claim to have received a new lease of life through the use of Dodd's Kidney Pills.

Mr. Peabody is in his 84th year, but wonderfully strong and active for one of his age. But he was not always thus. "For six years," he says, in telling his story, "I suffered from kidney and bladder trouble. I had those sharp streaky, lightning pains through my muscles, even to my finger tips.

"In March, 1917, I was taken with a shaking chill and deathly pains through my abdomen, groins, and the small of my back. I was confined to my bed for three weeks, during which time I often had to get up as often as twenty or thirty times a day.

"I tried many remedies, but got little benefit till I tried Dodd's Kidney Pills. In three days I got relief, and three boxes cleared all the pains out of my system. I also rest much better at nights.

"I am always glad to tell other sufferers from kidney and bladder trouble what Dodd's Kidney Pills did for me."

Ask your neighbors about Dodd's Kidney Pills.

# DUNLOP Gibraltar RedSpecial Belting

## BELTING STABILITY

There has been such uniformity of satisfaction following the selection of

## DUNLOP

### "Gibraltar RedSpecial"

—"THE ORIGINAL RED RUBBER BELT"—

that we feel our quarter-century policy of "Keep the Quality Up as Well as the Production" is being amply rewarded.

"Gibraltar RedSpecial" faces any kind of a test unflinchingly. The man who wishes to talk power, "duck," or elasticity can find ample sway for his talents in a comparison of "Gibraltar RedSpecial" with any other belting.

Minimum loss of power, Mastery of heavy loads and jerky strains, Highest quality of friction uniting the plies, Adequate weight, No Stretching—these are some of the virtues of Dunlop "Gibraltar RedSpecial" Belting, proven in thousands of cases of actual use on Main Drives in Pulp and Paper Mills, Saw and Lumber Mills, Mines, Steel Plants, etc.; in fact, in any and every kind of transmission work.

### The Dunlop Unreserved Guarantee

If you have a difficult drive anywhere in your factory drop a line to our Head Office, or to our nearest branch, and we will send a man experienced in belt engineering to consider your requirements. If it is an instance where "Gibraltar RedSpecial" Belting may be suitably employed we will recommend its use; and we will stand behind our recommendation with the fullest guarantee ever issued by a firm producing rubber products.

## Dunlop Tire & Rubber Goods Co., Limited

Head Office and Factories: TORONTO. BRANCHES IN THE LEADING CITIES.

Makers of Tires for all Purposes, Mechanical Rubber Products of all kinds, and General Rubber Specialties.

