

Children Cry for Fletcher's

CASTORIA

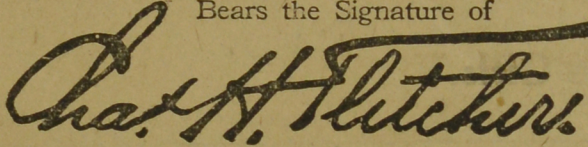
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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OFFICE:

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ARTIFICIAL TEETH and
GOLDWORK a SpecialtySuperior Conveniences for Chloroform administration.
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Opp. Soldiers' Barracks and Next Door
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A splendid assortment of
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Bridal Bouquets a specialty.

Phone 271.

Cook's Cotton Root Compound.



Large, reliable, regulating
medicine. Said in three
degrees of strength—No. 1, \$1;
No. 2, \$2; No. 3, \$3 per bottle.
Sold by all druggists, or sent
by mail on receipt of price.
Free pamphlet. Address:
THE COOK MEDICINE CO.
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FREDERICTON FIRE ALARM

- 6 Shoe Factory.
- 12 Corner Westmorland and Aberdeen Streets.
- 12 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 16 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

OF INTEREST TO WOMEN

CAKES WITH NAMES.

It Has Long Been a Fashion to Name
Them After Important Cities.

Styles in cakes change as they do in everything else. Twenty-five years ago, when a housewife went into her kitchen to make a cake the chances were she either made a lemon jelly layer cake or a ribbon cake. We seldom see either of them these days and they are so good that they should never have been allowed to become lost from the pages of our favorite recipe books.

Twin City Cake.

Use your favorite light cake recipe and bake it in two thin sheets. Put it together with lemon filling; mix a tablespoonful of flour with a cup of sugar and stir until free from any lumps with a half cup of water. Add the juice and rind of one lemon, the yolk of one egg and a teaspoonful of butter. Cook all together in a double boiler until it is thick and shiny. Cool and spread between the cakes. Sift powdered sugar over it. This cake and the ribbon cake were seldom frosted.

Ottawa Cake.

A ribbon cake, its name no doubt inspired by the "red tape" of the capital. Double your favorite recipe and bake two-thirds of it in two oblong pans in thin layers. To the remaining third add one-half a teaspoonful of cinnamon, one-fourth of mace, a third of a cup of raisins, a third of a cup of figs, and a tablespoonful of molasses. Put together with apple jelly having the dark layer in the middle. Cut in thin slices to serve.

Dawson City Cake.

A cake that would keep a long time was made after this old-fashioned recipe: Cut 1 pound of pork chopped very fine or put through a food chopper. Then add a cup of molasses, a cup and a half of sugar, a cup of hot coffee, half a pound of raisins, a teaspoonful of cloves, one of cinnamon, one of soda and flour enough to make a stiff batter.

Halifax Cake.

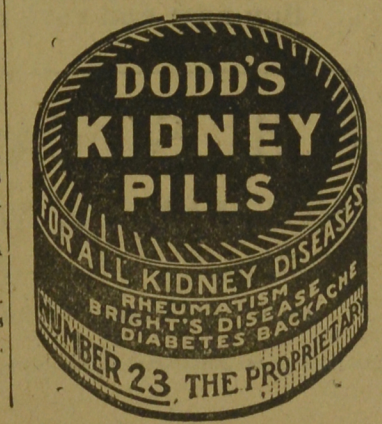
A delicious spice cake that can be eaten hot or cold. It is made with a cup of sour milk, a cup of brown sugar a half cup of molasses, a quarter of a cup of melted shortening, two cups of raisins, one tablespoonful of cinnamon, a teaspoonful of soda and three and a half cups of flour. Dissolve the soda in the milk and mix with the molasses. Be sure it is in a large enough mixing bowl as it foams up. Then add the rest of the ingredients and bake in a moderate oven for an hour.

Vancouver Cake.

Another cake that kept moist and soft for a long time was this dried apple cake. Soak two cups of dried apples over night, drain and cook for two or three hours very slowly on the back of the stove with two cups of molasses. When cool they are ready for use. A cup of shortening creamed with two cups of sugar, then two well-beaten eggs, a cup of milk and five cups of flour are added. The apples, spices to taste, two teaspoonfuls of cream of tartar and one of soda and raisins, if desired, two cups of them, are stirred into it. This will make two cakes.

Forestry Car at Chatham

Mr. H. C. Kinghorn of the Forest Service returned Saturday from Chatham where he had been in charge of the Forest Exhibit Car. The latter was visited by thousands while the fair was in progress. It went to Ottawa as it is intended to show it in the west. The Crown Land exhibit also attracted much attention at the Chatham Exhibition.



NO MORE KIDNEY TROUBLE

Since He Commenced
to Take "Fruit-a-tives"

78 LEES AVENUE, OTTAWA, ONT.
"Three years ago, I began to feel run-down and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives', I thought I would try them. The result was surprising.

I have not had an hour's sickness since I commenced using 'Fruit-a-tives', and I know now what I have not known for a good many years—that is, the blessing of a healthy body and clear thinking brain".

WALTER J. MARRIOTT.

50c. a box, 6 for \$2.50, trial size 25c.
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

VERY APPROPRIATE.

"What kind of coal do you wish, mum?"

"Dear me, I am so inexperienced in these things. Are there various kinds?"

"Oh, yes, we have egg coal, chest-nut—"

"I think I'd better have egg coal. We have eggs oftener than we have chest-nuts."

RANDOM REMINDERS.

Boiled potatoes cannot be mealy and flaky if they have to wait to be eaten. They should be served the minute they are done.

No fruit tree or shrub will do well unless the earth is dug up around the roots and fertilizers worked into the soil at least once a year.

All surplus juices that exude from cooked fruit can be boiled down, made a trifle richer and put into jars. It will make good flavoring for gelatin.

MINARD'S "KING OF PAIN" LINIMENT

I was cured of terrible lumbago by

Minard's Liniment
—Rev. Wm. Brown.

I was cured of a bad case of earache by

Minard's Liniment
—Mr. S. Kaulbach.

I was cured of sensitive lungs by

Minard's Liniment
—Mrs. S. MastersManufactured by the
Minard's Liniment
Yarmouth, N.S.

Scene from "Pals First," as presented by the Urban Stock Co.

Wednesday Night, October 1st.

Witch Soot Destroyer

This article has been such a great boon for our customers and the public since we introduced it last season that we have put in another large stock of it and it will always be obtainable.

THE WITCH cleans the pipes and chimney chemically, saves labor taking down pipes, cleaning of furniture, etc., and incidentally saves your temper.

A trial will convince you.

D. J. SHEA

CUTEX

Manicure Setts and other Cutex goods.

WILEY'S PHARMACY, York St.

Have Your Job Work Done at Home

The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and
be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up

No. 67. We will do the Rest.

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