

Children Cry for Fletcher's

CASTORIA

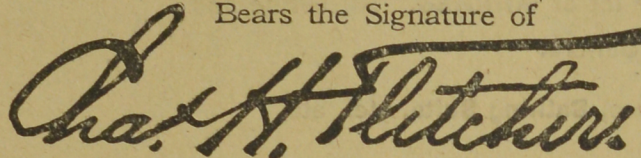
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DENTISTS

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41

Office 419-11

DR. GERRARD

OFFICE:

671 KING STREET, FREDERICTON

ARTIFICIAL TEETH and GOLDWORK a Specialty

Superior Conveniences for Chloroform administration. Telephone 574.

W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m., 2 p.m. to 5 p.m.

'Phone—338-11

DR. G. R. LISTER, DENTIST

Tel. 232-41. Burchill-Wilkinson Bldg. Below Regent.

J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funerals Equipment in the City.

Residence Telephone 70-41

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ADA M. SCHLEYER,

FLORIST

CHARLOTTE STREET

SWEET PEAS,

ROSES,

CARNATIONS

A splendid assortment of Ferns.

Bridal Bouquets a specialty.

'Phone 271.

Cook's Cotton Root Compound.

A safe, reliable, regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$5 per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly "Wicks").

OF INTEREST TO WOMEN

RIBBONS TO THE FORE.

They Have Their Various Uses on Millinery and Costumes.

That we are approaching a "ribbon season" is easily proved by a single glance at the newest frocks and millinery. Where a ribbon can possibly find a foothold it is to be seen. And such lovely things the ribbon designers and makers are doing. Fringed ribbons, for instance; these are lovely in two color effects with one shade of fringe on each side. They can be used as a picot ribbon is usually used, but are of course so much newer.

Picture to yourself a green satin ribbon with a brighter green fringe on one side and a black one on the other as a tailored trimming for one of the new felt sport hats.

Metal ribbons for evening wear are sumptuous. They are now being glazed with a color, so that they provide a contrasting color note as well as the elegance that metal always gives for evening. Colored ribbons interwoven with metal threads give the same effect.

A certain shagginess in ribbons is to be noted, not only by fringe applications but by the weave—as, for example, in a jade silk ribbon with the gold standing out from the surface in a flat nap.

Ribbons that can be cut apart into trimmings like embroidery are very new and possible of many variations. The pattern is marked with metal thread very often, and the cutting is done between the double row of metal embroidery.

All two-tone ribbons are good; in fact, the single-toned ribbon is rather out of it this season. One comes across such lovely combinations as copper and maroon, violet and gray, currant and black, taupe and yellow, and a combination of what are called the "cameo" tones. One two-toned ribbon shows an exact division, one-half being white moire and the other silver.

COTTAGE CHEESE DELICACY.

For those who like cottage cheese the following very slightly dish is suggested:

To one pint of fresh cottage cheese add half a cupful of blanched and finely cut sweet almonds, one cupful of sweet whipped cream, salt to taste; mash it with a silver spoon; then beat until light with a silver fork; put by spoonfuls on a glass dish; allow to ripen in the ice chest for an hour; serve with lettuce and thin slices of bran bread; this is dainty though substantial.

If you have small smooth tomatoes, take out the cores, fill lightly with the above mixture, place one for each person on a lettuce leaf and serve individually as cold as possible.

Graham crackers, unsweetened, or saltines, seem an appropriate accompaniment. More of these things should be served and less meat in summer, and fruits with cake instead of pies and puddings.

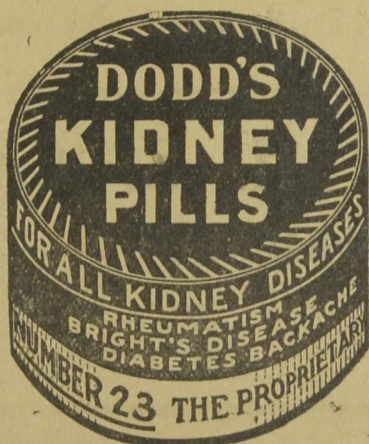
DELICIOUS COLD DRINK.

Take a dozen oranges and half a dozen lemons; prepare as if to make orangeade. Sweeten to taste, but make a little sweeter than for drinking, as the sweetness always freezes out somewhat. Dilute with water and add a quart of grape juice. The color is so beautiful that it seems almost to add to the flavor.

PAST OPPORTUNITIES.

Grocer—When I was a boy I received \$1.50 per week, and saved money.

Clerk—Yes, but they didn't have any cash registers then.



TODAY! BUY! CATARRHOZONE

Gives Effective Relief in Five Minutes and Cures Perfectly

FINE FOR COUGHS OR COLDS

It was their inability to reach the real source of catarrh and bronchitis that caused the medical profession to drop liquid cough medicines and adopt "Catarrhozone" instead. This wonderful inhaler provides a method of breathing into the lungs certain rare medicinal vapors which are so healing and comforting as to entirely banish coughs, catarrh and throat trouble in a very short time.

The most wonderful thing about Catarrhozone is, that no matter where the germs of bronchitis or catarrh are hidden, Catarrhozone will reach and destroy them.

Get the large size, lasts months, is sure to cure you, price \$1.00; smaller size, 50c; sample or trial size, 25c. All dealers.

WILL VISIT MONTREAL.

Brussels, Aug. 8.—Cardinal Mercier will start for the United States on the 4th or 5th of September and will probably be gone until the end of October. He intends to visit Montreal and Quebec.

PROHIBITION IS ON.

Romantic Miss—Oh, Captain, there's a bottle! Perhaps there's something in it.

Old Salt—Tain't likely, Miss; nobody's throwin' 'em away with anything left in 'em nowadays.

VERY SIMPLE.

"I understand," said the reporter, "that the defaulter's method was very simple."

"Very," said the bank president, "he just took the money."

ADVICE TO HUSBANDS.

In the world's broad field of battle, In the bivouac of life, Be not like dumb driven cattle— Don't be bossed round by your wife.



I was cured of terrible lumbago by

Minard's Liniment

—Rev. Wm. Brown.

I was cured of a bad case of earache by

Minard's Liniment

—Mr. S. Kaulbach.

I was cured of sensitive lungs by

Minard's Liniment

—Mrs. S. Masters

Manufactured by the

Minard's Liniment

Yarmouth, N.S.

VOCATIONAL EDUCATION

At its meeting of the Fredericton Vocational Committee, it was decided to open a series of evening classes in the early fall in order that persons over sixteen years of age may be able to profit by the instruction offered.

Applications will be received at the office of the Secretary of the School Board previous to the 20th day of August instant for instructors in the following industrial lines:

Cooking
Millinery
Industrial Stitching
Household Science
Typewriting and Stenography.

CHAS. A. SAMPSON, Secretary.

CANADIAN PACIFIC

FARM LABORERS EXCURSIONS

AUGUST

11th AND 18th

Fares From Fredericton
\$12.00 GOING
\$18.00 RETURNING

N. R. DesBRISAY,
District Passenger Agent.

CLOTHES CLEANED

PRESSED and REPAIRED
for Ladies and Gentlemen.
W. E. SEERY
251 George Street.

NOTICE

I have taken out a truckman's license and now a prepared to give prompt attention to all orders in that line.

Call up 204-41.

CHARLES WELSH.

Canadian National Railways

2 Farm Laborers 2 EXCURSIONS

To WINNIPEG

AUGUST 11th & 18th

1919

FARES, including war tax, are:

Chipman \$14.20
McGivney's 14.20
Fredericton 14.20
St. Leonard 14.20
Plaster Rock 14.20
Grand Falls 14.20
Edmundston 14.20

Special Train leaving Sydney Sunday night, August 10th, connecting at Truro with Special Train, MONDAY, August 11th, for Winnipeg, via Levis, Bridge to Quebec, thence Transcontinental.

Second excursion will be by regular trains leaving Sydney, August 17th, and Truro, August 18th, via main line to Levis, thence Bridge and Quebec. If traffic warrants, special train may be run.

FARE FOR RETURN will be \$18.00 Winnipeg to Moncton, plus local second class one way fare to original starting point, war tax extra.

For further particulars apply to nearest Ticket Agent, or to F. W. ROBERTSON, General Passenger Agent, Moncton, N. B.

IF YOU ARE INTERESTED IN

LOWER INSURANCE RATES

Than You are Now Paying, Consult

CRUIKSHANK & BOX

BROKERS

Insurance, Real Estate, Stocks and Bonds.
Queen St., opp. Post Office, Fredericton, N. B.

'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants. Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

ST. JOHN VALLEY NURSERY

BURTON, N. B.

Have Your Job Work Done at Home

The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up
No. 67. We will do the Rest.

The Mail Printing Company

327-329 Queen Street (Up Town)