

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DENTISTS

DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41
Office 419-11

DR. GERRARD

OFFICE:

571 KING STREET, FREDERICTON

ARTIFICIAL TEETH and GOLDWORK a Specialty

Superior Conveniences for Chloroform administration.
Telephone 574.

W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m.;
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Phone—338-11

DR. G. R. LISTER,

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Tel. 232-41. Burchill-Wilkinson Bldg. Below Regent.

J. A. McADAM,

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REGENT STREET

Best and Most Modern Funerals
Equipment in the City.

Residence Telephone 70-41
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ADA M. SCHLEYER,

FLORIST

CHARLOTTE STREET

SWEET PEAS,

ROSES,

CARNATIONS

A splendid assortment of
Ferns.

Bridal Bouquets a specialty.

Phone 271.

Cook's Cotton Root Compound.

Reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Walker's)

BARRISTERS

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N. B. TELEPHONE BUILDING,

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FREDERICTON

FIRE ALARM

6 Shoe Factory

12 Corner Westmorland and Aberdeen Streets.

12 Corner Northumberland and Saunders Streets.

14 Corner Brunswick and Smythe Streets.

16 Corner Charlotte and Smythe Streets.

16 Corner George and Northumberland Streets.

17 Corner King and Northumberland Streets.

21 City Hall.

23 Corner York and George Streets.

24 Corner Queen and Westmorland Streets.

25 Corner Brunswick and Westmorland Streets.

26 Corner Charlotte and Westmorland Streets.

27 Corner King and York Streets.

28 Corner Saunders and York Streets.

31 Corner Queen and Regent Streets.

32 Corner Needham and Regent Streets.

34 Corner Queen and Carleton Streets.

35 Corner Brunswick and Carleton Streets.

36 Corner Charlotte and Carleton Streets.

37 Corner George and Regent Streets.

38 Corner King and Regent Streets.

44 Corner Queen and St. John Streets.

45 Corner Brunswick and St. John Streets.

46 Corner Charlotte and St. John Streets.

51 Corner King and Church Streets.

52 Corner George and Church Streets.

53 Corner Union and Church Streets.

54 Gas House.

55 Intercolonial Railway Station.

56 Lansdowne and Waterloo Row.

OF INTEREST TO WOMEN

WHEN YOU BAKE A CAKE

With the tyro in cooking the bugaboo of cake making is in the rising. Mixing the batter is a matter of accurate following of a good rule, but the matter of rising seems to be a lottery. To be sure, something depends on the baking powder you use and more than one cake has wasted good ingredients because the baking powder was some that was bought from an agent at the door who assured you that he was putting himself through college or supporting an invalid wife or mother from the proceeds of this baking powder of his own mixing. So first of all you should be sure to get a good sort of powder. When you think how little powder is needed for each cake you will see how absurd it is to buy homemade powder just because it is cheaper.

Then much depends on the oven. However you may wish to economize in using your gas oven it is best not to attempt to cook anything else in the oven at the same time that you bake cake. If you attempt to bake potatoes for dinner, for instance, unless you put them in the back of the oven before you begin the cake and leave them there until after your cake has come out, you may spoil your cake as a result of the your potatoes, and if you cook the potatoes that way it is doubtful whether the potatoes will not suffer in consequence. Plan to light the oven two or three minutes before putting the cake in. Even if you want a slow oven this is a good idea as in this way you can test the heat of the oven before the cake is put in. Remember that for a slow oven a better temperature is secured if you reduce the heat by diminishing the flow of gas rather than by opening the plate warmer above or the broiler below to cool the oven. A loaf cake should be baked in a decidedly slow oven, because it is important to have it done to the centre and to have this cooking process begin before the crust forms on the outside of the cake. With small cakes it is not so difficult. But they are best when cooked in a moderately quick oven. It is always a bad idea to reduce the temperature after you have begun, as this is one of the easiest ways to make the cake fall. Therefore in baking a loaf cake, if you want to be on the safe side begin in quite a cool oven and then as the cake seems to be cooking you might add a little more heat to aid in the rising process.

LITTLE DISCOVERIES.

Linseed oil on a soft rag will polish fireplace tiles.

Oatmeal will remove lamp smoke stains from a wall.

Block magnesite rubbed on a light carpet will clean it beautifully.

Boiling water poured through coffee stains will remove them from linen.

You can prevent a door hinge from creaking by rubbing it with lead pencil.

Parsley will chop much easier if put into hot water for two or three minutes.

If moths are in the carpet you can kill them, and also the eggs, by spreading a damp cloth over the part and ironing dry.

A deep jam jar placed inside a saucepan will act just as well as a double saucepan for the purpose of cooking porridge.

A clothesline may be easily washed by wrapping it around a washboard and thoroughly scrubbing in soap-suds.

Varnished paper on walls can be cleaned with a flannel dipped in weak tea and polished with a dry cloth.

A little salt sprinkled in frying pan before using prevents the fat from splashing all over the stove.

Black ink and milk mixed together make an excellent substitute for blacking.

In every house there are a lot of borrowed books that are going to be returned some day—maybe.

CANADA'S FUTURE RESTS WITH TRUE CANADIANS

Mr. L. P. Pelletier, Agent-General for Quebec at London, England, said recently that there is a wonderful opportunity for the development of Canadian trade in the needs of the nations of the allies that have suffered damage to their towns and industries through the war. To carry on the work of reconstruction they need much material—they need timber in huge quantities, manufactured articles; and they need food.

Canada has a surplus of these commodities and needs markets. But the European countries have not ready money with which to pay for them. Our workers on these orders require their wages in cash. As a result the country must secure the money by means of loans.

That is why you are being asked to subscribe to the Canadian Victory Loan 1919. If Canada is to secure these markets she must give credits to the people who supply the market. If she will not advance the credits other nations will.

Canada's future in foreign trade rests with you.

IT PAYS TO ADVERTISE

Mr. Jones keeps a shob, where he sells fishing tackle. For the sake of advertisement he has a large rod hanging outside with an artificial fish at the end of it. In the early hours of the morning a man, rather the worse for his night's employment, caught sight of the fish, and went and knocked. Jones, being in bed, looked out of the window and asked, "Who's there?" "Don't make a noise, was the reply, but come down as quickly as you can. Thinking something serious must be the matter, Jones dressed like light-

BAD CASE OF SHELL-SHOCK.

(By Milton Roley, in Hospital.)
It was a nice October morning
Last September, in July,
The moon shone thick upon the earth,
The mud showed in the sky.

The flowers were singing sweetly,
The birds were in full bloom,
As I went down in the cellar
To sweep an upstairs room.

The time was Tuesday morning,
On Wednesday, just at night
I saw a thousand miles away
A house, just out of sight.

The walls projected backwards,
The front was round the back;
It stood between two others,
And it was whitewashed black.

CANADIAN NATIONAL RAILWAYS

INCREASED SERVICE

Transcontinental Train Every Day in the Week.

Toronto—Winnipeg—Vancouver—Victoria.

In Effect October 5th.

A daily Transcontinental service between Toronto—Winnipeg—Vancouver—Victoria, is the principal feature announced in the Canadian National Railways fall and winter timetable.

This train will leave Toronto 9:15 p.m. daily and will be equipped with up-to-date sleeping, dining, first class day coach, tourist and colonist cars. Between Toronto and Winnipeg there will also be a compartment observation library car.

A parlor car will be attached, for the convenience of passengers, while travelling through the Rockies, so they may enjoy, in the utmost comfort the magnificent scenery for which the Canadian National route is famous.

Further particulars can be obtained from Passenger Officers of Canada's National System of Railways. 61

ning and came down as quickly as possible. What's the matter? he asked breathlessly.

"Hush! was the reply. Pull your line in quick. You've got a bite!"

DEERING REAPERS AND BINDERS

HOOVER POTATO DIGGERS

MOODY THRESHERS

TITAN and EMPIRE ENGINES

GASOLINE and KEROSENE ENGINES

STANDADD and MANILLA BINDER TWINE

J. Clark & Son Ltd.

Advertise in the
Mail and get results

Custom Tailoring

The New Importations for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

We are also prepared to fill all orders entrusted to us for MILITARY CLOTHING at reasonable price. We are sole agents for the Crown Tailoring Company, of Toronto, the largest Military Tailoring Company in Canada.

WALKER BROS. MERCHANT TAILORS

QUEEN STREET, WEST END

SPECIAL NOTICE

ALL PERSONS USING ELECTRIC LIGHT who purpose moving will find it to their advantage to notify the Lighting Company AT ONCE, inasmuch as there generally are a large number of meters to be changed on said date with a limited number of men to attend to same.

MARITIME ELECTRIC COMPANY, LIMITED.

HARRY D. WHITE, Manager.

Witch Soot Destroyer

This article has been such a great boon for our customers and the public since we introduced it last season that we have put in another large stock of it and it will always be obtainable.

THE WITCH cleans the pipes and chimney chemically, saves labor taking down pipes, cleaning of furniture, etc., and incidentally saves your temper.

A trial will convince you.

D. J. SHEA