

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,
DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41

Office 419-11

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DENTIST

TWENTY YEARS' LONDON, ENG. EXPERIENCE.

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Telephone 574.

W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door
to Bank of N. S. Building,
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Inches Building, Queen Street, lately
occupied by Dr. L. R. Davison.
Telephone 261-21DR. G. R. LISTER,
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Below Regent.J. A. McADAM,
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Best and Most Modern Funerals
Equipment in the City.Residence Telephone 70-41
Business Telephone 118-41HARRY R. ADAMS,
SUCCESSOR TO THE LATE
JOHN G. ADAMS
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Phone or Telegraph Orders Shipped
on all trains or boats at short
notice.

CLOTHES CLEANED,

PRESSED and REPAIRED
for Ladies and Gentlemen.W. E. SEERY,
251 George Street.FLOWERS IN
SEASONFUNERAL DESIGNS A
SPECIALTY.
CUT FLOWERS AND
POTTED PLANTS.ADA M. SCHLEYER,
FLORIST.LOCATION OF
FREDERICTON
FIRE ALARMWhen You Hear the Alarm, Look for
the Location in the Daily Mail.

6 Shoe Factory.

12 Corner Westmorland and Aberdeen
Streets.13 Corner Northumberland and Saund-
ers Streets.14 Corner Brunswick and Smythe
Streets.15 Corner Charlotte and Smythe
Streets.16 Corner George and Northumber-
land Streets.17 Corner King and Northumberland
Streets.

21 City Hall.

23 Corner York and George Streets.

24 Corner Queen and Westmorland
Streets.25 Corner Brunswick and Westmor-
land Streets.26 Corner Charlotte and Westmorland
Streets.

27 Corner King and York Streets.

28 Corner Saunders and York Streets.

31 Corner Queen and Regent Streets.

32 Corner Needham and Regent
Streets.

34 Corner Queen and Carleton Streets.

35 Corner Brunswick and Carleton
Streets.36 Corner Charlotte and Carleton
Streets.

37 Corner George and Regent Streets.

38 Corner King and Regent Streets.

44 Corner Queen and St. John Streets.

45 Corner Brunswick and St. John
Streets.46 Corner Charlotte and St. John
Streets.

51 Corner King and Church Streets.

52 Corner George and Church Streets.

53 Corner Union and Church Streets.

54 Gas House.

55 Intercolonial Railway Station.

56 Lansdowne and Waterloo Row.

OF INTEREST
TO WOMEN

CANNED SALMON.

Always Available and Can be Made
Into Many Dainty and De-
licious Dishes.

Here are some good recipes for us-
ing it in many good ways:

Broiled Salmon.

Separate the salmon into neat pieces
and broil quickly on each side. Pre-
pare some maitre d'hotel butter (that
is cream the butter with a little juice
and minced parsley) and spread it
over the hot broiled slices of salmon.
Serve very hot.

Baked in Peppers.

Parboil green peppers of the sweet
variety after cutting them in half, and
removing the seeds, which are often
hot. In ten minutes drain them, dip
quickly into cold water and drain.

Then mix salmon with an equal amount
of bread crumbs, moisten well
with melted butter and a little cream;
put in a baking dish, buttered, pour
in a very little water and cook until
the peppers are soft and the fish is
cooked.

Creamed Salmon.

Separate canned salmon into rather
large pieces and heat, without break-
ing very much, in white sauce. Serve
on thin slices of hot buttered toast
and season with salt and pepper.

Salmon Salad.

Salmon salad is delicious and can
be made in several ways. One is to
mince the salmon fine and mix it with
mayonnaise dressing and then serve
it in white lettuce leaves with a tea-
spoonful of mayonnaise on top of each
found and a couple of capers in that.
Another is to mix the salmon, broken
into large pieces, with French dress-
ing and serve on lettuce. Still an-
other method is to use equal parts of
salmon, in flakes, and minced celery
heart with mayonnaise or French
dressing, on lettuce.

Plain Salmon.

When canned salmon is served plain
it should be freed from skin and bone
and neatly arranged on a platter and
garnished with sprigs of fresh parsley
and slices or sections of lemon.

A NICE APPLE DESSERT.

A nice way to score apples for des-
sert is to peel, core and bake them,
but do not allow them to fall apart.
Boil together water and sugar, add-
ing a few drops of vinegar, until it
thickens. Carefully dip the baked ap-
ples into this glaze and set them in
a very cold place. When ready to
serve cover with a spoonful of sweet-
ened whipped cream and place a mar-
aschino cherry on top.

It is a waste to throw away starch
that is left over. Let it stand until
it settles, then pour off the clear
water. Put the pan into the oven for
a few minutes and you will have a
solid cake of starch that can be used
again.

MINARD'S
"KING OF PAIN"
LINIMENT

The old reliable remedy for rheu-
matism, neuralgia, sore throat and
sprains.

Best Liniment Made

MR. A. E. LAUNDY, EDMONTON, writes:—
I fell from a building and received what
the doctor called a very
bad sprained ankle, and
told me I was not to walk
on it for three weeks.
I got MINARD'S LINI-
MENT and in six days I
was out to work again.
I think it the best lini-
ment made.



Minard's Liniment
always gives satis-
faction. For any
ache or pain it
gives instant relief.

Minard's Liniment
Co., Limited
Yarmouth, N.S.

Best for brightening
and preserving
Aluminum
Ware

Free from harmful
substances that scratch
and discolor.

Recommended by leading
Aluminum Ware Manufacturers



HOUSEHOLD WISDOM.

Brown flour in the oven and keep
it in jars where it will be handy when
you make gravies for roasts and stews.

The water in which rice has been
boiled can be used instead of milk in
making tomato bisque. It will give a
pleasing flavor and it is also an item
of economy.

You will be able to scale the fish
much more quickly if you dip it into
boiling water for a minute before be-
ginning the cleansing process.

If you should detect the odor of
scorched vegetables while cooking
them, take the saucepan from the
stove at once and set it into a vessel
of cold water. Let it remain there for
fifteen minutes and you will have ef-
fectually removed all scorched taste.

When you fry food that spatters, lay
a piece of thick wrapping paper over
the top of the frying pan to complete-
ly cover it. The grease will go into
the paper instead of all over the range
and possibly on the wall.

You can mend your granite ware by
pressing putty well into the hole.
Smooth it down and set the vessel in-
to a hot oven until the putty is brown.

SAVED BABY'S LIFE

Mrs. Alfred Tranchemontagne, St.
Michel des Saints, Que., writes:—
"Baby's Own Tablets are an excellent
medicine. They saved my baby's life
and I can highly recommend them to
all mothers." Mrs. Tranchemontagne's
experience is that of thousands
of other mothers who have tested the
worth of Baby's Own Tablets. The
Tablets are a sure and safe medicine
for little ones and never fail to regu-
late the bowels and stomach thus
relieving all the minor ills from which
children suffer. They are sold by medi-
cine dealers or by mail at 25 cents a
box from The Dr. Williams' Medi-
cine Co., Brockville, Ont.

WHY BELGIANS
STILL NEED HELP

"In travelling through Belgium with
the Belgian armies, I have been able
to see the country recently tenanted
by the Bochs in the condition in which
they left it, and never was there such
desolation anywhere. One cannot get
away from signs of destruction, no
matter where one goes, along the coun-
try roads or in the city streets.

Not only has property been destruy-
ed and every means of livelihood tak-
en away from the people, but the peas-
ants, especially in the country dis-
tricts, have been left destitute both of
home and food. We travelled twelve
miles yesterday through open country
and as but one small instance of the
vast plundering of the Germans, let
me state that in all twelve miles not
one solitary live animal did we see,
and practically every tree had been
felled, so you can imagine the dreary
aspect of the scenery.

All the peasant women and children
we met on our way, said a news cor-
respondent, while they greeted us with
cheers and received us into their
homes with open arms, those that had
homes, showed the greatest suffering
from insufficient food and nourish-
ment. They did not complain, but
merely stated as a fact that they had
not tasted meat for two months and
had lived largely on soup and coffee.

The cry of the Belgians today is for
food and clothing and those who
would help, no matter how little,
should send their contributions to
their committee, or direct to the Cen-
tral Committee, Belgian Relief Fund,
59 St. Peter street, Montreal.

Every mother secretly wonders how
her daughter-in-law managed to per-
suade her son to marry her.

If you agree with everyone, you
will miss a lot of spicy remarks. It
takes controversy to strike sparks.

One thing we can say for movie
heroes, no one seems to want to name
the baby after them.

FINANCE DEPARTMENT.

DOMINION INCOME WAR TAX ACT

TO WHOM APPLICABLE.

Every person who in 1918 resided or ordinarily resided in Canada or
was employed in Canada or carried on business in Canada, including
corporations and joint stock companies.

WHO SHOULD FILE RETURNS.

1. Every unmarried person or widow or widower, without dependent
children under twenty-one years of age, who during calendar year
1918 received or earned \$1,000 or more.
2. All other individuals who during calendar year 1918 received or earned
\$2,000 or more.
3. Every corporation and joint stock company whose profits exceeded
\$3,000, during the fiscal year ended in 1918.

FORMS TO BE FILLED IN AND FILED.

- FORM T1. By individuals, other than farmers and ranchers.
FORM T1A. By farmers and ranchers.
FORM T2. By corporations and joint stock companies.
FORM T3. By trustees, executors, administrators of estates and assignees.
FORM T4. By employers to make return of the names of all directors,
officials, agents or other employees to whom was paid \$1,000
or more in salaries, bonuses, commission or other remunera-
tion during the calendar year 1918.
FORM T5. By corporations, joint stock companies, associations and
syndicates to make return of all dividends and bonuses paid
to shareholders and members during 1918.
Individuals comprising partnerships must file returns in their
individual capacity.

GENERAL INFORMATION.

All returns must be filed IN DUPLICATE.
Forms may be obtained from the Inspectors and Assistant Inspectors
of Taxation and from the Postmasters at all leading centres.
Returns should be filed immediately.

Postage must be prepaid on letters and other documents forwarded
by mail to Inspectors of Taxation.

Address of Inspector of Taxation for this District:

ST. JOHN DISTRICT.

Inspector of Taxation,
57 Princess Street, ST. JOHN, N.B.

Have Your Job
Printing Done
At Home

The Mail now has every facility for turning out High
Class Job Printing work and there is no longer any reason
why manufacturers, merchants and others should send their
orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run
by electric power, and can turn out work promptly and
efficiently. If you have a job of printing call up No. 67 and
we will do the rest.

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