

Children Cry for Fletcher's

CASTORIA

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher***In Use For Over 30 Years**

THE CENTAUR COMPANY, NEW YORK CITY

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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SWEET PEAS,**ROSES,****CARNATIONS**A splendid assortment of
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Bridal Bouquets a specialty.

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Cook's Patent Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, 2, 3. No. 2, 2¢; No. 3, 3¢ per bottle. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address THE COOK MEDICINE CO., TORONTO, ONT. (Harris's Advertiser)

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- 6 Shoe Factory
- 12 Corner Westmorland and Aberdeen Streets.
- 12 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 16 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner Klag and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

OF INTEREST
TO WOMEN**OMELET CAN BE DELICIOUS.**

But the Novice Should Remember, the Larger it is the Harder it is to Make.

In preparing a plain omelet (one without the addition of other ingredients or any filling) three eggs should be allowed for three persons; but the number may be materially lessened when the filling is of a substantial character.

Many persons consider that an omelet is one of the hardest things to cook and it cannot be denied that it takes practice to turn it successfully at just the right moment when it is delicately browned on the under side and risen to the limit of puffiness and lightness.

It is rarely wise to undertake to make a larger omelet than one composed of four eggs, and for the novice it is well to remember that the smaller the omelet the easier it is to handle. When a larger quantity is required, two omelets should be made instead of one.

Have Pan Clean.

Be sure that your omelet pan is scrupulously clean and that the heat over which the omelet is cooked is very moderate. Remember that any egg preparation (which contains albumen) is best when cooked at a low temperature, and an omelet is no exception to this rule. Above all, take plenty of time, and don't hurry the cooking.

For the filling of omelets almost any "leftovers" can be used. All kinds of cooked vegetables, meat poultry, cheese and the fresh green vegetables like minced, green peppers, parsley, etc., are excellent, while a few sautéed mushrooms or oysters will turn the omelet into a most elaborate dish.

A good brown or tomato sauce is always good to pour over the finished omelet, but it must be quickly done, as the lightest omelet that was ever cooked falls very soon after its removal from the fire.

Welsh Rarebit Omelet.

This is particularly good for supper on a damp, chilly evening. Proceed as for plain omelet and while it is rising in the pan prepare the filling as follows: Place in a pan one cupful of grated cheese, half a tablespoonful of Worcestershire sauce, a quarter of a teaspoonful of mustard, salt and paprika to taste, and four tablespoonfuls of milk. Cook over a moderate heat, stirring constantly, until of the consistency of Welsh rarebit, and pour half of the mixture over the omelet before folding. Use the remainder over the top after the omelet is turned out on the platter.

A Provence Omelet.

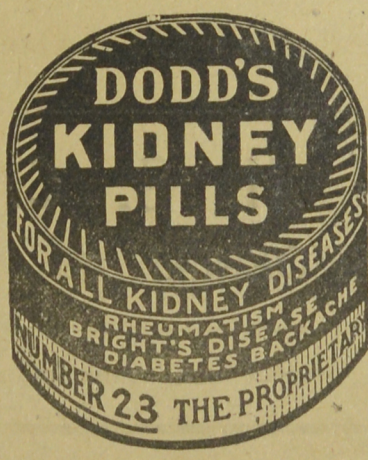
Fry one tablespoonful of minced onion in one tablespoonful of bacon dripping until delicately colored; add four tablespoonfuls of canned tomatoes, a half teaspoonful each of salt and sugar, a salt spoonful of paprika and a pinch of powdered thyme. Cook, stirring constantly, for six minutes. Rub over a bowl with a cut clove of garlic and in this beat the egg yolk, then add the stiffly whipped whites and the tomato mixture. Cook as for plain omelet.

THE MOVER AND
SECONDER

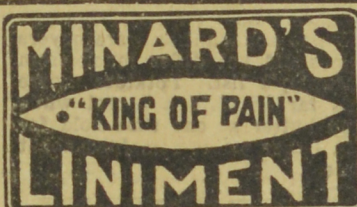
Ottawa, Aug. 29.—The mover of the address in reply to the speech from the throne when the house meets next week will be Dr. E. P. Whidden, member for Brandon, Man., and the seconder Mr. J. C. McIntosh, member for Nanaimo, B. C.

Dr. Whidden was elected as a Conservative-unionist and Mr. McIntosh as a Liberal-unionist.

Never judge a man by the opinion his wife has of him. Instead of using profane language a woman gives a cursory glance.

**LABELS FOR**
PRESERVING

Cut these out and use for labelling your bottles of preserves. This list will be printed every day for a while and thus afford a good supply of labels.

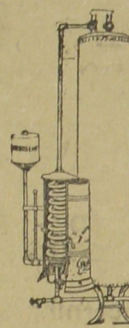
STRAWBERRY**RASPBERRY****BLACK CURRANT****RED CURRANT****GOOSEBERRY****BLUEBERRY****RHUBARB****PEACH****PLUM****CHERRY****GREEN GAGES****GRAPES****CRANBERRY****SPICED JELLY****JELLY****BLACKBERRY****CRABAPPLE****CHOW-CHOW****MIXED PICKLES****MUSTARD PICKLES**

I was cured of terrible lumbago by
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—Rev. Wm. Brown.

I was cured of a bad case of earache by
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—Mr. S. Kaulbach.

I was cured of sensitive lungs by
Minard's Liniment
—Mrs. S. Masters

Manufactured by the
Minard's Liniment
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**A WICKLESS KEROSENE**
WATER HEATER

Just the same in its heating principle as the gas water-heater except that the gas is generated from kerosene.

Steady, even, powerful blue flame; no wick, no odor, no dirt.

Call and examine them.

D. J. SHEA**CHARLOTTE COUNTY EXHIBITION****THE BIG INTERNATIONAL FAIR****St. Stephen, N. B., Sept. 9-10-11-12**

Competition Open This Year to MARITIME PROVINCES and WASHINGTON COUNTY, Maine.

Grounds enlarged and Four New Buildings.

BIGGEST LIVE STOCK SHOW DOWN EAST!

Come and see a New and Extended Midway, with many attractive features assured, the Best Free Vaudeville that money can procure, including Balloon Ascensions and many thrilling and pleasing Acts.

\$20,000 IN PREMIUMS \$20,000

\$4,000 FOR HORSE RACES, including \$700 for a big

Free-for-All in which the speediest horses down East are already entered.

For Four Big Days of Enjoyment, Instruction and Amusement, be at **St. Stephen, N. B., Sept. 9-10-11-12.**

W. S. STEVENS, Secretary, St. Stephen, N. B.

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Orders should now be placed for early May delivery. We make a specialty of **Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants.** Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Belhel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

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N. B.**Have Your Job Work**
Done at Home

The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and
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We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

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