

Children Cry for Fletcher's

# CASTORIA

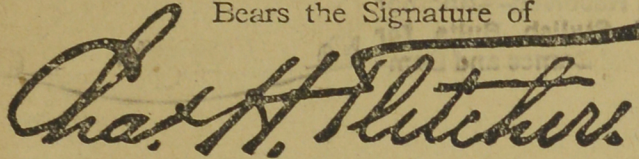
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

### DENTISTS

#### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41, Office 419-11

#### DR. GERRARD

OFFICE: 671 KING STREET, FREDERICTON

ARTIFICIAL TEETH and GOLDWORK a Specialty

Superior Conveniences for Chloroform administration. Telephone 574.

#### W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. B. Building, Queen Street.

OFFICE HOURS—10 a.m. to 1 p.m., 2 p.m. to 5 p.m. Phone—338-11

#### DR. G. R. LISTER, DENTIST

Tel. 232-41, Burchill-Wilkinson Bldg. Below Regent.

#### J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funerals Equipment in the City.

Residence Telephone 70-41, Business Telephone 118-41

#### ADA M. SCHLEYER,

FLORIST

CHARLOTTE STREET

SWEET PEAS,

ROSES,

CARNATIONS

A splendid assortment of

Ferns.

Bridal Bouquets a specialty.

Phone 271.

#### Cook's Cotton Root Compound.

Cook's Cotton Root Compound is a reliable remedy for all kinds of skin diseases. It is sold in three degrees of strength—No. 1, \$1; No. 2, \$2; No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., 700 MT. CRY, (Formerly N. B. Bldg.)

### BARRISTERS

#### E. ALLISON MACKAY, BARRISTER, NOTARY, ETC. INSURANCE

CHESTNUT BUILDING, FREDERICTON, N. B.

#### J. BACON DICKSON, LL. B., BARRISTER, ETC.

532 Queen Street, Fredericton, N. B. Phone 561. Box 863.

#### F. M. O'NEILL, LL. B., BARRISTER, NOTARY, ETC., Insurance

N. B. TELEPHONE BUILDING, GAGETOWN, N. B.

#### FREDERICTON FIRE ALARM

- 6 Shoe Factory
- 12 Corner Westmorland and Aberdeen Streets.
- 12 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 16 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

## OF INTEREST TO WOMEN

MARION HOLMES RECIPES.

### Potato and Nut Croquettes.

One half pound walnuts, one pound cooked potatoes, two tablespoons of dripping, four teaspoons milk, 2 eggs, salt, pepper, bread crumbs.

Chop nuts very fine. Mash the potatoes, melt dripping in a pan, add milk and potatoes. Add yolk of one egg well beaten and cook for three or four minutes. Add the nuts and the seasoning. Spread out on a plate to cool and divide into twelve portions. Shape into balls or croquettes and brush with remaining egg and roll in fine bread crumbs. Bake in moderate oven until brown or fry in deep fat.

### Corn Pudding.

Two cups popped corn, finely pounded, three cups milk, three eggs, beaten, half cup brown sugar, one tablespoon butter, three-quarters teaspoon salt. Scald milk, pour over corn and let stand one hour. Add remaining ingredients. Turn into a buttered dish and bake in moderate oven until firm. Serve with cream or maple syrup.

### Eggs on Toast.

Boil the required number of eggs until hard, then put the yolks and the whites separately through a sieve. Have ready slices of hot toast and in the centre of each put two spoonfuls of the yolk, surrounding the edge with the white. Over the whole pour white sauce and serve hot. This is a delicious breakfast dish.

### PRETTY ROOMS.

In the bedroom pretty wall coverings, light enamelled furniture and dainty draperies for the windows are part of most up to date rooms, but the housewife should not omit here a big, comfortable chair also, for in her own room is the place to withdraw whenever she can to take the relaxation necessary for a mother of a large family of children. A wicker rocker, with some flowered cushions, is inexpensive and will save musing the bed as well as give her a good rest.

All things considered, no woman is extravagant who makes every room she uses much just as pretty and comfortable as she can manage.

### DO YOU KNOW?

That you will need far less sugar when stewing fruit if you add a pinch of carbonate of soda?

That when soup is too salty it can be made eatable by putting a piece of raw potato into the pan for a few minutes.

That if you put suet in a dripping pan and place it in the oven and let it get warmed through, it will keep for weeks.

That when milk is scorching you can remove the burnt taste by putting the pan into cold water and adding a pinch of salt to the milk.

## LABELS FOR PRESERVING

BLACK CURRANT

RED CURRANT

GOOSEBERRY

RHUBARB

PEACH

PLUM

CHERRY

GREEN GAGES

GRAPES

CRANBERRY

SPICED JELLY

JELLY

BLACKBERRY

CRABAPPLE

CHOW-CHOW

MIXED PICKLES

MUSTARD PICKLES

## OPERATION WAS NOT NECESSARY

### "Fruit-a-tives" Restored Me To Perfect Health

153 PAPINEAU AVE., MONTREAL.

"For three years, I suffered great pain in the lower part of my body, with swelling or bloating. I saw a specialist who said I must undergo an operation. I refused.

I heard about "Fruit-a-tives" so decided to try it.

The first box gave great relief; and I continued the treatment. Now my health is excellent—I am free of pain—and I give "Fruit-a-tives" my warmest thanks."

Mme. F. GAREAU.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

### BAD CASE OF SHELL-SHOCK.

(By Milton Roley, in Hospital.) It was a nice October morning. Last September, in July; The moon shone thick upon the earth. The mud showed in the sky.

The flowers were singing sweetly. The birds were in full bloom. As I went down in the cellar To sweep an upstairs room.

The time was Tuesday morning. On Wednesday, just at night I saw a thousand miles away A house, just out of sight.

The walls projected backwards. The front was round the back; It stood between two others. And it was whitewashed black.

When money talks to the most of us it is at the other end of a long distance phone.

Contentment is the art of not wanting more than you know you deserve.

Some women who "see things just as they are" drive men to seeing them double.

## MINARD'S "KING OF PAIN" LINIMENT

I was cured of terrible lumbago by

**Minard's Liniment**

—Rev. Wm. Brown.

I was cured of a bad case of earache by

**Minard's Liniment**

—Mr. S. Kaulbach.

I was cured of sensitive lungs by

**Minard's Liniment**

—Mrs. S. Masters

Manufactured by the

**Minard's Liniment**

Yarmouth, N.S.

### EXAMINATIONS FOR FOREST RANGERS.

An examination to qualify for Forest Rangers will be held at the Crown Land Office on WEDNESDAY, the 15th Day of OCTOBER, 1919, at 9 o'clock a.m. (Daylight Saving Time).

Applicants must have two years' experience as lumber scalers and should be between the ages of 22 and 45 years. Returned soldiers will receive preference.

For further particulars and application forms apply to the undersigned.

T. G. LOGGIE,

Deputy Minister of

Lands and Mines

Crown Land Office,

Fredericton, N. B., Sept 4, 1919.

**Wood's Great Peppermint Cure.** The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins. Cures Nervous Debility, Mental and Brain Worries, Leucorrhoea, Loss of Energy, Palpitation of the Heart, Failing Memory. Price 21 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail 41c. plain pkg. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Formerly, Canada.)

### WANTED

THE EMPLOYMENT SERVICE OF CANADA

70 York Street.

"No charge to Employer or Applicant."

General laborers, 45 cents per hour.

Carpenters, 55 cents per hour, 10 hour day. Free bed, meals \$5.75 per week.

## YORK COUNTY WINNERS AT CHATHAM FAIR

The poultry exhibits at the exhibition were numerous and representative of practically all the breeds for which awards were offered. In addition to the usual large number of outside exhibitors, there were more local entries than at any previous exhibition.

The awards were: C. R. Forbes, South Devon, 12 firsts, 8 seconds; Jas. Stickles, North Devon, 8 firsts, 5 seconds, 5 thirds; W. S. Swetman, Moncton, 14 firsts; W. Bailey, Fredericton, 7 firsts, 7 seconds, 2 thirds; P. D. Morgan, Fredericton, 7 firsts, 5 seconds, 2 thirds, 1 fourth; R. H. Libbey, Stanstead, Que., 8 firsts, 4 seconds; R. P. Allen, Fredericton, 4 firsts 3 seconds, 3 thirds; J. N. Ferguson, Fredericton, 2 firsts, 2 seconds, 2 thirds, 2 fourths; A. V. Gilson, Moncton, 4 firsts, 2 seconds; A. Boon, North Devon, 3 firsts, 1 second; L. B. Johnston, Nashwaakasis, 2 firsts, 1 second, H. Collier, Chatham 2 firsts 1 second, 1 third; Clarence Searle, Chatham, 2 firsts, 1 fourth; Mrs. George Danby, North Devon, 1 second, 2 thirds; Hotel Dieu Farm, 3 seconds; John Dee, Chatham, 1 third; C. A. McVey, Fredericton, 2 seconds.

### Live Utility Poultry

Not exhibited in other classes—Plymouth Rocks, barred cock, James Martin, Chatham, 1, H. McEwen, Ferry Road, 2.

White Wyandotte hen, Mrs. G. Danby, 1st.

Rhode Island red cock, Fred Dibb, 1st.

Rhode Island red hen, Walter Bailey, 1st and 2nd.

Sunbury county—Letitia Patterson Hoyt Station, 5 firsts, 1 second.

York County—Jessie O'Leary, 3 firsts.

### NOTICE.

The parties who took a sum of money from the River View Hotel at Stanley during the second day of the Fair, are advised to return the same without delay. Otherwise they will be prosecuted to the full extent of the law.

D. S. PEACOCK, Proprietor.

Stanley, Oct. 4, 1919. 31

## INSURANCE NOTICE

I wish to announce to my friends and the public generally that I have accepted the agency for the CANADA LIFE INSURANCE COMPANY.

This is a high class Canadian Company which has long carried a large amount of insurance in this province. I have several attractive propositions to offer and those who contemplate taking on insurance will find it to their advantage to consult me.

JOHN S. SCOTT,

Charlotte Street - Fredericton Telephone 112.

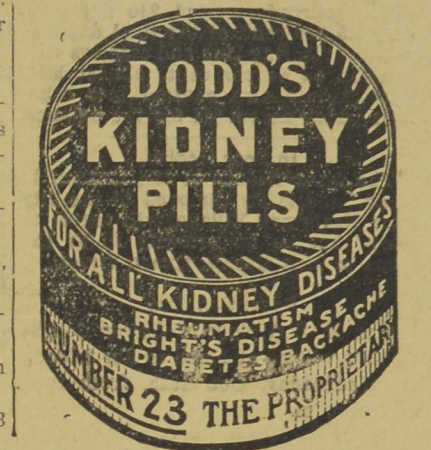
## CLOTHES CLEANED

for Ladies and Gentlemen.

PRESSED and REPAIRED

W. E. SEERY

251 George Street.



## DEERING REAPERS AND BINDERS

HOOVER POTATO DIGGERS

MOODY THRESHERS

TITAN and EMPIRE ENGINES

GASOLINE and KEROSENE ENGINES

STANDADD and MANILLA BINDER TWINE

J. Clark &amp; Son Ltd.

Advertise in the Mail and get results

## Custom Tailoring

The New Importations for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

We are also prepared to fill all orders entrusted to us for MILITARY CLOTHING at reasonable price. We are sole agents for the Crown Tailoring Company, of Toronto, the largest Military Tailoring Company in Canada.

## WALKER BROS. MERCHANT TAILORS

QUEEN STREET, WEST END

## SPECIAL NOTICE

ALL PERSONS USING ELECTRIC LIGHT who purpose moving will find it to their advantage to notify the Lighting Company AT ONCE, inasmuch as there generally are a large number of meters to be changed on said date with a limited number of men to attend to same.

MARITIME ELECTRIC COMPANY, LIMITED.

HARRY D. WHITE, Manager.

## Witch Soot Destroyer

This article has been such a great boon for our customers and the public since we introduced it last season that we have put in another large stock of it and it will always be obtainable.

THE WITCH cleans the pipes and chimney chemically, saves labor taking down pipes, cleaning of furniture, etc., and incidentally saves your temper.

A trial will convince you.

D. J. SHEA