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QUEEN STREET, WEST END

### HAVE YOU A MODERN BATH ROOM IN YOUR HOME? If Not, Why Not?

We can equip your farm, nome and buildings with every city convenience. Heating, Lighting, Sewage disposal System, Bath Room, Hot and Cold Water at the Tap. Pneumatic Water System and Efficient Fire Protection.

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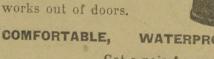
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SUMMER PACKS

and PLOW SHOES

The Ideal Work Boot for the farmer and the man who





DURABLE Get a pair from your local dealer.



Be sure they are stamped Moose Head Brand Manufactured by the

JOHN PALMER COMPANY-LIMITED

Fredericton, N. B., Canada.

# FAREWELL LETTER FROM

Was Written by the Martyr Nurse on the Eve of Her Execution by the Brutal Huns-Was Addressed to the Pupils of the School for Nurses in Belgium of Which She was a Teacher -Memorial Ceremony in New York.

which ruined the reputation the happi-

ness, the life even, of some one. My

nurses should all reflect on that and

should cultivate among themselves

If any one of you has a grievance

against me I pray you to forgive me

I may sometimes have been too severe,

EDITH CAVELL.

loyalty and esprie de corps.

always shown me.

GOOD ROADS

Hon. M. Henry stated that everyone

fied roadways through the entire coun-

try so that all, even those in the re-

motest districts, can get to the mar-

Hon. Mr. Caron, provincial Minister

of Agriculture, was the next speaker.

pointed out the fact that Quebec pro-

vince is one of the best roaded com-

road. Much is left to be done, he add-

He told of the economy of time, har-

nesses and vehicles, good roads bring

and said that no matter how financi-

"Treat 'em rough!"

kets and other centres.

A little ceremony was held in New ing you will have more patients and York by a Red Cross Chapter, who all that is needed for their comfort wished to remember the services Edith and yours. To my regret, I was not Cavell rendered to Belgium A portrait able to speak to you individually—you of Miss Cavell was placed in a new know I have much to occupy my time home opened for nurses at West Forty -but I hope you will not forget our eighth street, and beside it a framed evening talks. I told you that devotion copy of a letter in French and English to duty would bring you true happiness which, written originally in French and that the thought you had done was sent by Miss Cavell to her nurses your duty earnestly and cheerfully beat the Ecole Belge d'Infirmieres Dip- fore God and your own conscience omeas at Brussels. This letter was would be your greatest support in the written on October 12, 1915, the eve trying moments of life and in the face of Miss Cavell's execution and is a of death. wonderful revelation of the nobility of Two or three of you will remember ner character. The Dr. Depage men- the little talks we had. Do not forget ioned in the letter is now in America them. Having already travelled so far and is interested in the Cavell-Depage through life, I could perhaps see more Hospital that is to be erected in Brus- clearly than you and show you the sels. Madame Depage who was an ac- straight path. tive philanthropic worker was lost on One word more—beware of unchari the Lusitania. Dr. Depage is a colonel table speech. In these eight years I by military rank and is the head of the have seen so much unhappiness which Belgian Red Cross. The letter is ad- could have been avoided if a few words dressed to nurses at the school over had not been whispered here and there which Miss Cavell had presided for perhaps without evil intention, but

Prison of St. Giles, Brusels. My Dear Nurses:

I am writing to you in this sad hour to bid you farewell. You will remember that Sep. 17 brought to an end the eight years of my direction of the I was so happy to be called to help in the organization of the work that our committee had just founded. On Oct. 1, 1907, there were but few realize. pupils. Now you are already quite numerous—fifty or sixty I think.

I have told you on different occasions the story of those early days and the difficulties that we encountered, even in the choice of words for your "hours on duty" and "off duty. In Belgium all was new in the profession. Little by little one service after another was established, graduate nurses for private mursing, qupil nurses, the hospital of St. Giles. We supplied the institute of Dr. Depage, the sanatorium of Buysinghen, the clinic of Dr. Mayer. And how many are called upon—as you may be, perhaps, later-to nurse the brave wounded of the war. If this last year our work has decreased, it is due to the an essential aid to agriculture and this Ireland." sad days through which we are pass- was demonstrated at this morning's ing. In happier days our work will session of the Canadian Good Roads renew its growth and its power for Conference here by both the Hon. G.

I speak to you of the past because Ontario, and the Hon. Jos. Caron, the it is wise occasionally to stop and look Minister of Agriculture for Quebec. behind over the road that we have travelled and to note our errors and

## TABLE UP WEIGHTS AND MEASURES.

4 teaspoons of a figuid equal 1 table it were not for the highways. He 4 tablespoons of a liquid equal 1/2 gill pointed out the greater need for ramior ¼ cup. ½ cup equals 1 gill.

gills equal one cup. cups equal 1 pint. pints (4 cups) equal 1 quart.

4 cups of flour equal 1 pound, or 1

2 cups of butter, solid, equals 1 lb. ½ cup of butter, solid, equals ¼ lb. or 4 ounces.

He related how the good roads move

2 cups of granulated sugar equal 1 lb. ment was met with doubt and opposi-1/2 cups of powdered sugar equal 1 lb.
1 pint of milk or water equals 1 lb. tion in Quebec at the outset and he

1 pint of chopped meat equals 1 lb. 10 eggs, shelled, equal 1 pound. 4 tablespoons of flour equal 1 ounce.

a tablespoons of hour equal 1 cance.

Seggs with shells equal 1 pound.

2 tablespoons of butter equal 1 ounce.

2 tablespoons of granulated sugar spent in road wok in this province on 4 tablespoons of butter equal 2 ounces two thousand five hundred miles of

or ½ cup. 4 tablespoons of coffee equal 1 ounce. ed, but this will be and is being done. 1 tablespoon of liquid equals a half-

### TIME FOR BAKING.

Beans-8 to 10 hours.

ally fitted a community may be, there Beef—Sirloin, rare, per lb., 8 to 10 is always a way of improving roads minutes; well done, per lb., 12 to 15 and turn them into time, money and to 15 minutes; long or short fillet, temper savers.

20 to 30 minutes.

Bread—Medium loaf, 40 to 60 min.
Cake—Plain, 20 to 40 minutes.
Biscuit—10 to 20 minutes.
Sponge Cake—45 to 60 minutes.

Call in the Boches and hand 'em the

Sponge Cake—45 to 60 minutes.
Chickens—3 to 4 lbs weight, 1 to one and a half hours.
Cookies—10 to 15 minutes.
Custards—15 to 20 minutes.
Duck (tame)—40 to 60 minutes.
Fish—6 to 8 lbs., 1 hour.
Gingerbread—20 to 30 minutes.
Graham Gems—30 minutes.
Lamb—Well doe, per lb., 15 min.
Mutton—Rare, per lb., 10 minutes, well done, per lb., 15 minutes.
Pie crust—30 to 40 minutes.
Pie crust—30 to 40 minutes.
Pork—Well done, per lb., 30 min.
Potatoes—30 to 45 minutes.
Pudding—Bread, rice and taploca, 1 hour; plum, 2 to 3 hours.
Rolls—10 to 15 minutes.
Turkey—70 lbs., 3 hours.
Veal—Well done, per lb., 20 minutes.

Treat 'em rough!"

Call in the Boches and hand 'em the parchment.

Don't let 'em gargle or haggle or sob;
Now their stiff necks have forgotten what starch mean.
Finish the job!
Show them the dotted line and make them stencil it;
If they should swoon, try ammonia, quort suff.
This is our motto: in three words we'll pencil it—

"Treat 'em rough!"

Veal-Well done, per lb., 20 minutes.

# GEORG V. REIGNS OVER ONE THIRD

New York, May 17-Free Ireland." That was the demand voiced by 1,400 enthusiastic Irish-Americans who crowded Phillipsburgh Hall, Yonkers ast night, Supreme Court Justice Daniel F. Cohalan, the principal speaker, was aplauded when he declared the Peace Conference will not have finished its job unless it provides self-determination for Ireland.

Father Richard Ormond Hughes of Yonkers, who presided, said in introducing Justice Cohalan.

"Daniel F. Cohalan is a man who America, a man who is known to be of above reproach an able jurist, a Christian and a gentleman.

In urging that the Peace Confer ence settle the Irish question by giving Ireland freedom, Justice Cohanan

"If the gentlemen who are engaged in making the terms of peace are really interested in bringing about a just and permanent peace-if they are really interested in doing away with war justice be removed, and to see to it the opportunity of liberty.

'No measure that is going to give liberty to some, and deny it to others,! is going to do away with war.'

Justice Cohalan was wildly cheered when he said of England:

"In all history there has been no "In all history there has been no race of men who have accomplished perfectly safe to use. Prepared in the so much by diplomacy, by shrewdness and astuteness as those who have all dealers, or direct from The Catarspoken for England. As a result of the rohozone Co., Kingston, Ont. war. England tonight has added more territory to her domains than all the United States and the territory of Alaska thrown in together. She has but I was never willingly unjust, and added nearly 50,000,000 people. Tonight I have loved you all, far more than you the King of England rules over one third of the entire world.

My good wishes, for the happiness "The Irish question will remain un of all my young girls, both those who solved until the people of Ireland have have graduated and those who are their own Government. And that still in the school, and I think you for struggle is going on, whether Engthe courteous consideration you have land likes it or not.

> The question must be settled for the god of England herself. England can have no better friend than the man who is able to settle it. England has not yet produced a man broad enough to settle it

"England holds Ireland today from her own ends, and only by force. If England withdrew her military force tonight from Ireland, for one week, she would be just where she started from 750 years ago. She never has Quebec, May 21 .- Good roads are been able to win the good will of

Justice Cohalan related how Americans of Irish blood had been the numerous defenders of their country in the Revolution, the War of 1812 S. Henry, Minister of Agriculture for the Civil War the war with Spain, and even in the last war.

### HOPE.

transport no country can expect to The world is full of flapdoodle, And bunk and roar and jazz. grow. He said that railways are all And chasing of folly and boodle; very well, but where would the city But will it go blooey in the noodle? folk get their food and other stuff if Well-it always has

is now sawing wood at a furious rate. nebula.

# A SICKLY WIFE FOR ANY MAN

GIRLS AND WOMEN SHOULD LOOK WELL TO THEIR HEALTH AND STRENGTH.

Never before was physical health and vigor so highly esteemed and so eagerly sought for as today.

No man finds happiness in a sickly wife, and the woman who wishes to enjoy the pleasures of life should spare no effort to maintain perfect health.

and sturdy? Has she strength to drink in greedily all the pleasures that has been a martyr of the cause in compelled to use the street car instead enjoying the delightful exercise of walking—does she after the ball arise refreshed and vigorous, or is she exnausted, indifferent, and perhaps ir

When strength and vigor can be so easily maintained by Ferrozone, when the glow of health is so quickly brought to the cheeks and elestici to the step, it is plainly a mother's duty to see that Ferrozone is on hand o assist her daughter back to health. Upon the wake of Ferrozone quickly

follows a stream of rich, nourishing blood which imparts that power and surplus energy so earnestly desired by

Stop and think what this means for your daughter—certainly a great deal, that the peoples of every nation have and it can be accomplished by Ferro-

Every growing girl and young woman derives enormous benefit in many ways from this nutritive, vitalizing

It is specially suited for young wo-men and is a guarantee of health and regularity as long as it is used.

#### HERE'S TO THEM!

To the person At the movie show Who sticks his feet In my back And to the person Who crowds my arm Off my seat, And to the person Who breathes on my neck During tense moments And to the person Who chews gum And cracks it, And to the person Who wonders where The exits are In case of fire And gets me nervous And to the person Who sits and stares At the end of my nose, And to the person Who jabs his elbow Into my stomach When I'm kind enough To stand up To let him pass And to the person Who comes in And sits down on my lap Because it's dark And she can't see, And to the person Who makes funny noises By blowing through And to the person Who eats onions and then Comes to the show To advertise To all these persons—
I WISH YOU WOULDN'T.

This national groaning week in Hun-

Comes the peep o' day and the rob-Because he realized that he talked in's note and the meadow lark's clear too much in the dear days that are dead and gone, William Hozenzollern know that the earth has not struck a

### There are five simple ways to tell good tea.

First, by the bright copper color of the tea when steeped. Second, by the exquisite aroma.

Third, by the delightful, refreshing flavor.

Fourth, by the satisfying rich-

Fifth, by the economical strength,

Make a brewing and you will find all these qualities combined in Red Rose.



Red Rose Coffee is as generously good as Red Rose Tea