

## Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

## DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence . . . . . 249-41

Office . . . . . 419-11

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OFFICE HOURS—10 a. m. to 1 p. m., 2 p. m. to 5 p. m.

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Graduate of Univ. of Toronto, Ont.

OFFICE:

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## DR. G. R. LISTER, DENTIST

Tel. 232-41. Burchill-Wilkinson Bldg. Below Regent.

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REGENT STREET

Best and Most Modern Funeral Equipment in the City.

Residence Telephone . . . . . 70-41

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## LT. COL. W. J. OSBORNE,

after four years of war service in England, Belgium, France and Canada, has again taken over the management of the

## FREDERICTON BUSINESS COLLEGE

FREDERICTON, N. B.

The College will be kept open all through the summer.

FALL TERM begins September 2nd. Write for full particulars.

## CLOTHES CLEANED

PRESSED and REPAIRED for Ladies and Gentlemen.

W. E. SEERY

251 George Street.

## OF INTEREST TO WOMEN

DANDELION GREENS.

Early Vegetables are Disappointingly Scarce and High in Price

But dandelion greens can be had for the picking and now is the time of year to get them, for they become strong in flavor as soon as they go to blossom. Get the tender young greens. They will be especially gritty because they grow close to the surface of the ground, so you must take time to wash them carefully. When you have washed them in one water, take the dandelions from the pan and pour off the water. Do not simply pour off the water, for in this way the grit will remain in the pan. So when you have cooked them, lift the greens from the kettle instead of pouring off the water. In this way any grit that has been left will remain in the bottom of the kettle.

Remember that dandelions take considerable time to cook—rather more than spinach. Some cooks allow from two to three hours for dandelions who would allow never more than an hour for spinach.

The dandelions should be cooked in boiling salt water. Since the time varies that is needed to cook dandelions tender, it is a good plan to cook them well in advance of the meal when they are to be served. When they appear to be perfectly tender, take them from the water and drain them thoroughly and throw them into a chopping bowl. Chop them well and drain again. Now put them into a double boiler, adding more salt if needed, and pepper and butter to taste.

## TO USE COTTAGE CHEESE.

Cottage Cheese Pie.

One cup cottage cheese, two and one-third cups sugar, two and one-third cups of milk, two egg yolks beaten, one tablespoon melted fat, salt, one quarter teaspoon vanilla. Mix the ingredients in the order given. Bake the pie in one crust. Cool it slightly and cover it with meringue made by adding two tablespoons of sugar and one-half teaspoon vanilla to the beaten whites of two eggs and brown it in a slow oven.

Cottage Cheese Balls.

One-half cup of thick white sauce, made from one-half cup milk, two tablespoons flour, one tablespoon fat, salt and pepper, two cups of cottage cheese, two cups mashed potatoes, one egg beaten, bread crumbs.

Make white sauce. Gradually beat cottage cheese into it. Add mashed potatoes, season, make into soft balls, roll in bread crumbs again. Fry in kettle of deep fat until a golden brown. These cheese balls are delicious served with tomato sauce.

## PIECING OUT SHORT WAIST.

When you pass a bargain counter and find a waist that looks perfectly lovely, and is just the right color, don't be discouraged if the saleslady tells you that "we only have it in 34," when you wear a 38. Buy it at the reduced price, because for a small amount you can buy half a yard of white material like the waist and baste this on, letting the top come about three inches below the top of the underarm seam and the bottom extend below the original waistline. Cut the top low under the arms and a little higher across the back and fronts and have it hem-

## LEMON JUICE

## FOR FRECKLES

Girls! Make beauty lotion for a few cents—Try It!

Squeeze the juice of two lemons into a bottle containing three ounces of orchard white, shake well, and you have a quarter pint of the best freckle and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply three ounces of orchard white for a few cents. Massage this sweetly fragrant lotion into the face, neck, arms and hands each day and see how freckles and blemishes disappear and how clear, soft and rosy-white the skin becomes. Yes! It is harmless and never irritates.

stitched on the edge. This will make the waist long enough. With the material left over insert a vest which will make the waist large enough across the front. In this way you can get a good-looking waist for a small price and make it look very expensive for a very little extra.

## BRIEF BUT USEFUL RECIPES.

Restore Gilt Frames.—Rub with a sponge moistened with turpentine.

Drive Away Ants.—A little quick lime placed in the infested places.

Remove Tar from Cloth.—Rub it well with turpentine till every trace is removed.

Make Leather Waterproof.—Saturate it with castor oil; to stop shoes squaking, drive a peg into the middle of the sole.

Clean the Hair.—Wash well with a mixture of soft water, 1 pint; sal soda 1 ounce; cream tartar ¼ ounce.

Egg Stains on Spoons.—Rub with common salt.

Clean Gloves.—Pour a little benzine into a basin and wash the gloves in it, rubbing and squeezing them until clean. If much soiled, they must be washed again through clean benzine and rinsed in a fresh supply. Hang in the air to dry.

Clean Hair Brushes.—Dissolve a little soda in warm water and pour in a small amount of ammonia. Hold the brushes with the bristles downward and avoid wetting the back as far as possible; shake until the grease is removed; then rinse in cold water and put in the air to dry.

Remove Mildew from Cloth.—Put a teaspoonful of chloride of lime into a quart of water, strain it twice, then dip the mildewed places in this weak solution and lay in the sun. If not effective the first time repeat.

How to Remove a Rusty Screw.—Apply a red hot iron to the head for a short time, the screw-driver being applied immediately while the screw is hot.

Cure Mosquito Bites.—Put ten drops of refined carbolic acid into an ounce of rose water; shake well and apply. (If you hold your breath while a mosquito has its bill in you it cannot withdraw it until you breathe again), the part stained and lay on it some salt of wormwood; then rub without diluting it with more water.

Transparent capes of Georgette are trimmed with mole and squirrel.



## Wood's Phospholine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Worries, Impediment, Loss of Energy, Palpitation of the Heart, Failing Memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail in plain pkg. on receipt of price. Non-proprietary medicine free. THE WOOD MEDICINE CO., TORONTO, ONT. (Inventor, Canada.)

## MY TOWN IS THE BEST, SAY ALL TOURISTS

Toledo, Ohio, May 20.—Tourists are beginning to straggle into Toledo to break bread and rest their disheveled heads on soft pillows in local hotels. Gay colored pennants strapped on the back of the cars advertise their city. In hotel lobbies and on street corners they talk loudly about the merits and accomplishments of their respective dwelling places.

"Virginia Springs is the best town on earth," one big fellow stated to a group over at the Boody. "We've got the best water in the world."

"Where is Virginia Springs, anyhow?" asked another tourist. "I never heard of it."

The gentleman from the Springs became purple with indignation. "I suppose you never heard of the great state of Colorado," he suggested wrathfully. "Where are you from?"

"Chicago—and don't you say a darn word about Chicago. No city in the country has anything like our loop."

"Boston—that's where I am from," said the mustached person with the orange-colored cigarette who carried a cane both in and out of the driver's seat. "The home of refinement."

"Piffle," expostulated the gentleman from Dallas. "I come from where a man's worth is decided by his muscle and not by—"

"Have a drink, gentlemen," said the New Yorker. "We are wasting valuable time. It's nearly midnight."

Motion to adjourn is seconded by a bald-headed man from Florida. Vote is unanimous.

At the bar a gentleman who thus far had made no remark, said, "Here's to our friend from New York, greatest city of them all!"

After duly honoring the toast someone asked the proposer where he was from.

"I'm from New York too," he replied.

## WOMEN DO STREET WORK.

Halifax, N. S., May 21.—Exasperated by the alleged apathy of the civic government in the matter of street maintenance, the women residents of Louisburg street, in the residential district, turned out en masse today with picks and shovels and proceeded to fill in the ruts.

## 'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants. Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

ST. JOHN VALLEY NURSERY BURTON, N. B.

## Have Your Job Printing Done At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

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327-329 Queen Street, Up Town

**MINARD'S LINIMENT**  
"KING OF PAIN"

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made  
MR. A. H. LAUNDY, EDMONTON writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I was not to walk on it for four weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best liniment made."

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