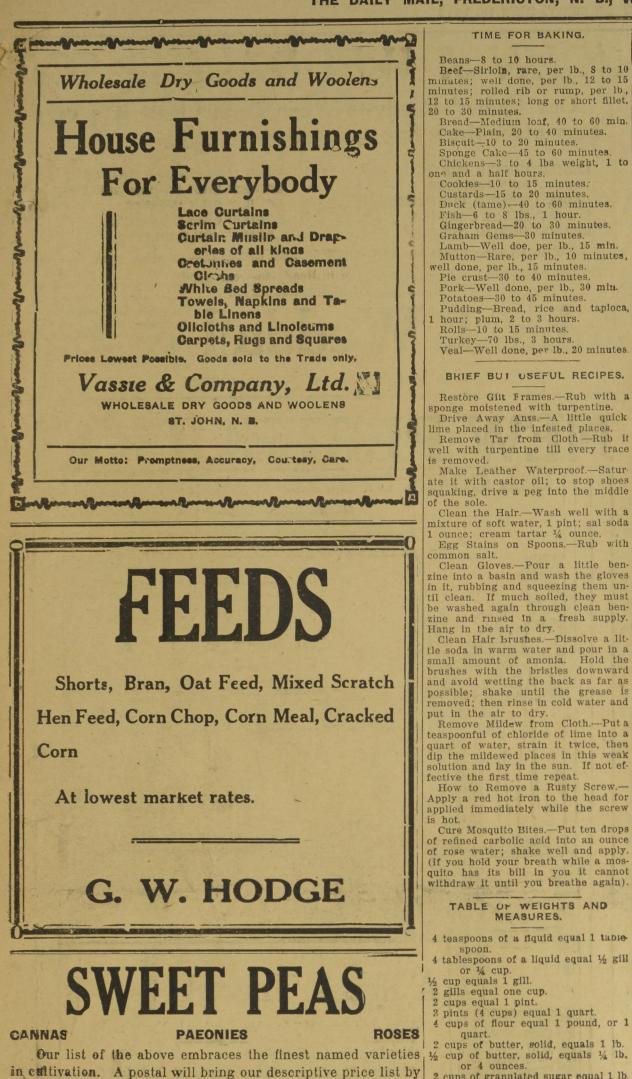
THE DAILY MAIL, FREDERICTON, N. B., WEDNESDAY, JUNE 18, 1919

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TIME FOR BAKING.

Beans-8 to 10 hours Beef-Sirloin, rare, per lb., 8 to 10 minutes; well done, per lb., 12 to 15 minutes; rolled rib or rump, per lb., to 15 minutes; long or short fillet, 20 to 30 minutes.

Bread—Medium loaf, 40 to 60 min. Cake—Plain, 20 to 40 minutes. Biscuit—10 to 20 minutes.

Sponge Cake-45 to 60 minutes. Chickens-3 to 4 lbs weight, 1 to

ae and a half hours. Cookies—10 to 15 minutes. Custards—15 to 20 minutes. Custards-15 to 20 minutes. Duck (tame)-40 to 60 minutes. Fish-6 to 8 lbs., 1 hour. Gingerbread-20 to 30 minutes. Graham Gems-30 minutes. Lamb-Well doe, per lb., 15 min. Mutton-Rare, per lb., 10 minutes, well done, per lb., 15 minutes. Pie crust-30 to 40 minutes. Pork-Well done, per lb., 30 min. Pork—Well done, per lb., 30 min. Potatoes—30 to 45 minutes. Pudding—Bread, rice and taploca, hour; plum, 2 to 3 hours. Rolls—10 to 15 minutes. Turkey—70 lbs., 3 hours. Veal-Well done, per lb., 20 minutes.

BRIEF BUI USEFUL RECIPES.

mixture of soft water, 1 pint; sal soda led "The Franklin Farm," which took lead the services, but they are the Egg Stains on Spoons.—Rub with up all that part of the countryside.

common salt. zine into a basin and wash the gloves ing, William Black, of Amherst, ofin it, rubbing and squeezing them until clean. If much soiled, they must be washed again through clean benzine and runsed in a fresh supply, ed the first Methodist sermon in that

the soda in warm water and pour in a small amount of amonia. Hold the brushes with the bristles downward drove off to Newport and preached at

teaspoonful of chloride of lime into a culiar pathos and earnestness" and its more than 200 Ministers and Layquart of water, strain it twice, then praying that the mourners might be proaching session, and give a swift solution and lay in the sun. If not ef. set at liberty." he started off for Halective the first time repeat. How to Remove a Rusty Screw.-

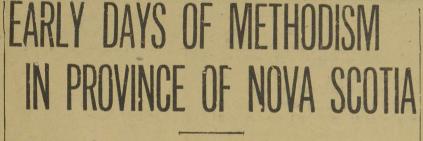
Apply a red hot iron to the head for applied immediately while the screw is hot.

TABLE OF WEIGHTS AND MEASURES.

4 teaspoons of a fiquid equal 1 table

- 4 teaspoons of a liquid equal 1 table spoon.
 4 tablespoons of a liquid equal ½ gill or ¼ cup.
 ½ cup equals 1 gill.
 2 gills equal one cup.
 2 cups equal 1 pint.
 2 pints (4 cups) equal 1 quart.
 4 cups of flour equal 1 pound, or 1 quart
- quart. or 4 ounces

2 cups of granulated sugar equal 1 lb. 21/2 cups of powdered sugar equal 1 lb.



Conference Will Meet This Year in the Historic Town of Windsor-William Black, of Amherst, was the Apostle of Methodism in the Maritime Provinces-The First Conference was Held in the Year 1793.

(Halifax Chronicle)

Resting upon his hoe handle in the fields of Newport, young John Smith in the August of 1773 looked off towards Windsor thinking earnestly of the invitation given him by a few friends to go over there and Restore Gilt Frames.—Rub with a sponge moistened with turpentine. Drive Away Ants.—A little quick lime placed in the infested places. Remove Tar from Cloth—Rub it well with turpentine till every trace is removed. Make Leather Waterproof.—Satur hold a few meetings for prayer and Make Leather Waterproof .- Satur of Methodist revivals which swept Make Leather watchpick to stop shoes ate it with castor oil; to stop shoes squaking, drive a peg into the middle land. These two brave souls started a head the Committees and give the re-Clean the Hair .-- Wash well with a crusade in that little farm-house cal-

rear-guard of a great company who In the following June, on the fifth Clean Gloves .- Pour a little ben- day of that month, and in the even-Conference Church, but they will be Hang in the air to dry. Clean Hair Brushes.—Dissolve a lit-liberty" and that many of his hear put in the air to dry. Remove Mildew from Cloth.---Put a the following Sabbath twice "with pe the work of a great Church, sending ifax

Thus was introduced Methodism more than one hundred and fortysix years ago this leafy month of Cure Mosquito Bites.—Put ten drops June. Several times Methodist Preach open the proceedings as President on could be hungry again so soon. Aleck Wednesday, while the Rev. T. C. Croof refined carbolic acid into an ounce of rose water; shake well and apply. ers had met for Conference in the quiet farm-house of Mr. and Mrs. well, of Sydney, as Secretary, will quiet farm-house of Mr. and Mrs. quiet farm-house of Mr and Mrs. quito has its bill in you it cannot withdraw it until you breathe again). record the doings. the highways and bye-ways of Lower Canada. But in 1792 a great revival in the village and especially among vailed in America, is rapidly spreading. soldiers at Fort Edward, created a Lady Rhondda, and other famous woglad anticipation to erect a place of worship, and £110 were subscribed towards it, and men went into the and in many law courts women witwoods and secured the frame, and nesses now give their evidence hatless, with great encouragement Walter Richards, Henry Scott, John Smith and Edward Church set about build- amusement the custom is more and Burton-on-Trent, 200 yards below the ing a house for God. Herein or hereabout the year that followed saw a

more getting in style. fine circle of Methodist Itinerants in Conference reveiwing their work and arranging their appointments.

HAD WEAK AND FAINTING SPELLS

Those feelings of faintness, those weak, "all gone," sinking sensations, which come over some people from time to time, are warnings that mist ot go unheeded.

They mean an extremely weakened condition of the heart and a disordered ervous system.

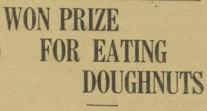
When the system is in this condition there is no time for delay. One faint-ing spell may be recovered from—will the next? One dizzy spell may pass off but the next may be more serious.

Those who are wise will start tak-ng Milburn's Heart and Nerve Pills, before their case becomes deep rooted

and perhaps hopeless. They will act directly on the disor-dered heart and weakened nervous tions of that early church have all system and restore them to full

tions of that early church have all joined their forces, and now Metho-dism represents a united front in its conflict for goodness and grace. Thrice since this Conference was organized have they met in this leafy, busy town on the banks of the Avon, but it is thirteen years since the voice of Rev.

more than twenty of its noblest min-isters have passed and are minister-ing in another world of glory and ever lasting life Younger men will now



Springfield, Mass., June 16 .- Aleck in the trenches of Belgium and France Gray, who casually dropped into the and laid to rest dozens of bronzed Salvation Army picnic party, yecame warriors young in years but valiant in the celebrity of the outing. Somebody brishes with the bristles downward and avoid wetting the back as far as more thank as brand-new ten-dollar service. Nearly twenty of such are told him that a brand-new ten-dollar back from the front, having "done bill was the prize in store for the con-their bit." They will help to further testant who would eat the most doughservice. Nearly twenty of such are told him that a brand-new ten-dollar nuts. He consumed just 32, and annexed the money.

> and sure impulse and sacred for the nutter extraordinary-was nonchalantrighteousness and truth they suffer- ly leading the line waiting for free ed and fought for. Rev. G. W. Whit- luncheon tickets. The startled Superman, of Avondale, Hants County, will intendent ventured to ask how he explained that with prices at their present altitude it was the part of prudence not to overlook any prudence Among English women the custom not to overlook any opportunity to obof going without hats, which has pre- tain free food.

> The superintendent appreciated the thrift of the man as soon as he heard men speakers have joined the no-hat him tell in broad Scotch that his name brigade when on the public platform, was "Alluk Gree."

> A toad has been found buried in a and at theatres and other places of coal seam at the Netherseal Colliery, surface and a mile from the pit shaft. When a miner's pick struck into a Wood's Phosphodine. pocket of clay, out rolled the toad. Three inches in length, with skin like that of a young alligator, it has no



return mail.

2 ye cups of powdered sugar equal 1 is 1 pint of milk or water equals 1 lb. 1 pint of chopped meat equals 1 lb. 10 eggs, shelled, equal 1 pound. 4 tablespoons of flour equal 1 ounce. 8 eggs with shells equal 1 pound.again went forth Messers Early, John2 tablespoons of butter equal 1 ounce.and James Mann, Benjamin Hilson, 2 tablespoons of granulated sugar equal 1 ounce 4 tablespoons of butter equal 2 ounces

or ¼ cup. 4 tablespoons of coffee equal 1 ounce. 1 tablespoon of liquid equals a half-

YORK HOTEL

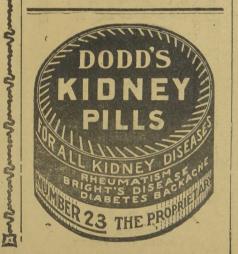
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ounce.

Fisler, Boyd, Regan, Grandin, headed

by their sturdy consecrated leader, Wm. Black. Into every part of the Maritime Provinces they sallied forth. and into Newfoundland also. Even ince then Windsor has welcomed the its wisdom it has offered to go, and today will be no exception. Its Methodist families are as truly loyal and hospital as were those of the 18th Corner Westmorland and King Sts. Century, and very much more well-todo and able to entertain their guests. The nine hundred and eighty-nine members who were represented by he Conference of 1793 have been succeeded by seventen times that number in Nova Scotia alone, while taking New Brunswick and Newfoundland into the reckoning, more than' forty times that number are recorded in the membership. Indeed, the numbers have so greatly increased that the ministry and membership have had to be divided into three separate conferences, now called New Brunswick and Prince Edward Island Conference, Newfoundland Conference, and Nova Scotia Conference.

> Since the first Methodists met around the benches and tables in the home of Mr. and Mrs. Henry Scott much has hapened. The various sec



The Great English Remedy. Tones and invigorates the whole nervous system, makes new Blood From the pretty village of Wind-sor, in the early weeks of June, once again went forth Messers Early, John and James Mann, Benjamin Hilson, Duncan McColl, Wm. Jessop, Bishop,

lasting life. Younger men will now

Today as in 1792, soldiers will stroll

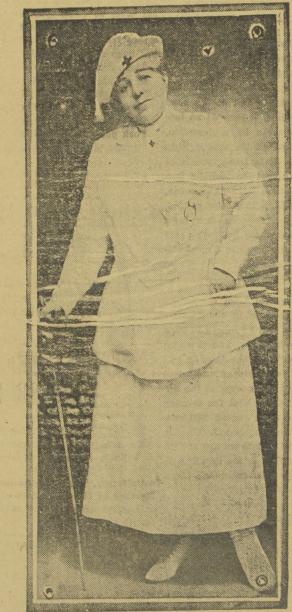
the aisles and surround the doors of

soldier-preachers-men who have

borne the brunt of many a hard fight

have fought a good fight.

mouth, but it is evident it once possessed one, though the aperture is now sealed up. It is recovering its sight and moving about.



IDAH MCGLONE GIBSON, Author of "Confessions of an Everyday Wife," now runaing as a serial in The Daily Mail.

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