

## CASTORIA

For Infants and Children.

**Mothers Know That  
Genuine Castoria  
Always  
Bears the  
Signature**

*Chas. H. Fletcher*

**In  
Use  
For Over  
Thirty Years  
CASTORIA**

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

## OF INTEREST TO WOMEN

SOME FISH SALADS.

Did you know that it is considered quite the thing now to serve the salad before the meat course? At least this arrangement of courses has occurred at dinners given by hostesses who pride themselves on their flawless hospitality, and the result has been entirely satisfactory. One hostess has made a point of serving a fish salad before the meat course, thus combining fish course and the salad course. This was a bit of war-time thrift on her part, but the arrangement was liked so well that she continues to do it still.

Of course, most of us aren't worried much about the fish course anyway, because in the simple home dinner if there is fish there is no meat, and if there is meat there is no fish; but for a Friday dinner, when you want to have a simple menu, and want to have fish, why not try one of these fish salads as the piece de resistance?

With a soup to begin with and then French fried potatoes or home-made Saratoga chips served with the salad and a dessert, you would have quite enough for the simple dinner. Here are the fish salads.

### Salmon Salad.

One quart of cooked salmon (or one can) two heads of lettuce, two table-spoonfuls of lemon juice, one of vinegar, two of capers, one teaspoonful of salt, one-third of a teaspoonful of pepper, one cupful of mayonnaise dressing or the French dressing. Break up the salmon with two silver forks; add to it the salt, pepper, vinegar and lemon juice. Put in the ice chest or some other cold place for two or three hours. Prepare the lettuce as directed for lobster salad. At serving time pick out leaves enough to border the dish. Cut or tear the remainder in pieces and arrange these in the centre of a flat dish. On them heap the salmon lightly and cover with the dressing. Now sprinkle on the capers. Arrange the whole leaves at the base, and if you choose, lay one-fourth of a thin slice of lemon on each leaf.

### Oyster Salad.

Parboil one pint of oysters. Drain and cut in quarters, drain again and cover with a French dressing. Heap on lettuce leaves or watercresses in individual dishes or in the cleaned oyster shells and serve with French dressing or sauce tartare. Or simmer the oysters in a pint of water to which has been added two slices of lemon, two cloves, a tablespoonful of vinegar and a teaspoonful of salt. Drain, cool, cut in halves and arrange on lettuce or cress leaves and garnish with sauce tartare.

### A SHORT AND MERRY LIFE.

A teacher of a rural school had asked her small charges to tell improvised stories, the exercise being designed to teach the children to express themselves and to train them in the use of language.

She called upon John, the stodgy one, for a story. But he couldn't even start one; then she asked Jane, the bright little girl to start a story for him.

"Once upon a time there was a little boy named Percy," began Jane. "Now John, you tell the story from there on," prompted the teacher.

"And Percy died," said John. Thereupon the class turned to weaving baskets, wherein John excels.

No woman will admit that her husband ever had a sweetheart worth having until he met her.

About the time a man has made up his mind that he would be satisfied with a million dollars a million doesn't seem to amount to much.

"Temperament is still another word for selfishness." Sure it is. Give a man his own way and his temperament won't show.

## MY CATARRH ALL GONE GEE, I'M HAPPY

Suffered Like a Boob For Years—  
Got Relief in Ten Minutes.

### Catarrhazone Did Cure

That's the way hundreds of the boys around town are talking since Catarrhazone got into the drug stores. Nothing on earth like Catarrhazone to really cure Catarrh, Colds or Bronchitis.

"Catarrhazone"—it isn't a drug—it's a healing vapor full of pine essences and healing balsams. It spreads over the surfaces that are weak and sore from coughing. Every spot that is congested is healed—irritation is soothed away, phlegm and secretions are cleaned out, and all symptoms of cold and Catarrh are cured. Nothing so quick, so sure, so pleasant as Catarrhazone. Beware of dangerous substitutes meant to deceive you for genuine Catarrhazone. All dealers sell Catarrhazone, large size which lasts two months price \$1.00; small size 50c; sample size 25c.

### BABY CODE

(For the guidance of returned soldier fathers on seeing their babies).

"Addadda,"—Welcome home.

"Blubbs"—Your mustache tickles.

"Offsk"—You look good to me.

"Dudrr"—Why did you stay so long?

"Flbbs"—Oh you hero!

"Gooch"—Mother knew a good thing, all right.

"Hoovfx"—Lift me way up to the ceiling.

"Mmmff"—Kiss me!

"Qbllk"—Give me that medal to suck.

"Raddrr"—Don't leave us again.

"Wahwah"—My pa!

### BRIEF BUT USEFUL RECIPES.

Restore Gilt Frames.—Rub with a sponge moistened with turpentine.

Drive Away Ants.—A little quick lime placed in the infested places.

Remove Tar from Cloth.—Rub it well with turpentine till every trace is removed.

Make Leather Waterproof.—Saturate it with castor oil; to stop shoes squeaking, drive a peg into the middle of the sole.

Clean the Hair.—Wash well with a mixture of soft water, 1 pint; sal soda 1 ounce; cream tartar ¼ ounce.

Egg Stains on Spoons.—Rub with common salt.

Clean Gloves.—Pour a little benzine into a basin and wash the gloves in it, rubbing and squeezing them until clean. If much soiled, they must be washed again through clean benzine and rinsed in a fresh supply.

Hang in the air to dry.

Clean Hair Brushes.—Dissolve a little soda in warm water and pour in a small amount of ammonia. Hold the brushes with the bristles downward and avoid wetting the back as far as possible; shake until the grease is removed; then rinse in cold water and put in the air to dry.

Remove Mildew from Cloth.—Put a teaspoonful of chloride of lime into a quart of water, strain it twice, then dip the mildewed places in this weak solution and lay in the sun. If not effective the first time repeat.

How to Remove a Rusty Screw.—Apply a red hot iron to the head for a short time, the screw-driver being applied immediately while the screw is hot.

Cure Mosquito Bites.—Put ten drops of refined carbolic acid into an ounce of rose water; shake well and apply. (If you hold your breath while a mosquito has its bill in you it cannot withdraw it until you breathe again).

### "SLIGHTLY SOILED."

Of course you remember Slightly, Barrie's delightful lost child in Never Never Land, who was named from the "slightly soiled" tag on his little dress when he was found. Perhaps no quaint whim of Barrie's was ever more delicious than that one. Indeed, there are many delightful possibilities, besides names, to be found on the "slightly soiled" counters in the shops.

The woman who must economize on her wardrobe would do well to look over the slightly soiled French blouses before she pays the same sum for a new, but machine made, domestic article.

One clever girl has acquired a lot of lovely under-clothes this spring—what she calls "touched up" underwear. She bought soiled bargain combinations in white muslin, washed them and dipped them in cold pink



## Wood's Phosphorine.

The Great English Remedy. Tones and invigorates the whole nervous system, makes the blood in old veins, cures nervous debility, mental and brain worry, loss of energy, loss of memory, loss of the heart, failing memory. Price \$1 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail 1 lb. plain pkg. on receipt of price. None prompt mail free. THE WOOD MEDICINE CO., TORONTO, ONT. (Forward, Canada.)

dye. Or on some she left the piece white and painted any embroidery or insert on it with yellow, green and blue cold dyes. The results are immensely pretty and quite different.

As soon as the cold dye is applied, it is pressed with a hot iron, which sets the color.

### JUST THE ROLE.

"So in the new play you have the part of a decayed gentleman. That's just the role for you, my boy."

"Why do you think so?"

"Because you're a rotten actor."

## 'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of **Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants.** Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

**ST. JOHN VALLEY NURSERY** BURTON, N. B.

## CANADIAN PACIFIC

### New All Sleeping-Car Trains

MONTREAL--TORONTO--VANCOUVER

SAVING A BUSINESS DAY EACH WAY ON  
TRANSCONTINENTAL TRAINS

Daily — Commencing Sunday, June 1st, 1919.

**SCHEDULE** — Lv. St. John, 4.50 p. m., say Sat.  
Ar. Montreal, 8.30 a. m., Sunday  
Lv. Montreal, 3.30 p. m., Sunday  
Ar. Vancouver, 10.00 a. m. Thursday

**CONSIST** — Diner, Standard and Compartment Observation Cars.

**NO COACH PASSENGERS CARRIED**, except a limited number of Parlor Car Passengers to Montreal or Ottawa.

**NOTE** — Open Top Observation Cars on rear of train between Kamloops and Field, July 1st to September 30th. **NO CINDERS** — Oil Burning Engines.

This Service in addition to Regular Transcontinental Trains carrying Coaches, Standard Sleepers, etc.

For Full Particulars of this Service communicate with  
N. R. DesBRISAY, District Passenger Agent, St. John, N. B.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying

### DR. J. B. CROCKER, DENTIST

FREDERICTON, N. B.

TELEPHONES: 249-41  
Residence 419-11  
Office

### DR. GERRARD

OFFICE: 571 KING STREET, FREDERICTON

**ARTIFICIAL TEETH and  
GOLDWORK a Specialty**

Superior Conveniences for Chloroform administration.  
Telephone 574.

### W. J. IRVINE,

**DENTAL SURGEON**

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a. m. to 1 p. m., 2 p. m. to 5 p. m.  
Phone—338-11

### DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE: Inches Building, Queen Street, lately occupied by Dr. L. R. Davison.  
Telephone 261-21

### DR. G. R. LISTER, DENTIST

Tel. 232-41. Burchill-Wilkinson Bldg. Below Regent.

### J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funeral Equipment in the City.

Residence Telephone 70-41  
Business Telephone 118-41

**LT. COL. W. J. OSBORNE**, after four years of war service in England, Belgium, France and Canada, has again taken over the management of the

### FREDERICTON BUSINESS COLLEGE

FREDERICTON, N. B.  
The College will be kept open all through the summer.

FALL TERM begins September 2nd. Write for full particulars.

### CLOTHES CLEANED

PRESSED AND REPAIRED  
for Ladies and Gentlemen.

**W. E. SEERY**  
251 George Street.

### ADA M. SCHLEYER, FLORIST

POTTED PLANTS, FERNS,

SPIREA, TULIPS,

HYACINTHS, DAFFODILS,

PRIMROSES, BEGONIAS,

Etc.

**CUT FLOWERS—Roses, Carnations, Violets, Sweet Peas**

Daffodils, etc.

**LETTUCE.**

### LOCATION OF FREDERICTON FIRE ALARM

When You Hear the Alarm, Look for the Location in the Daily Mail.

6 Shoe Factory.

12 Corner Westmorland and Aberdeen Streets.

12 Corner Northumberland and Saunders Streets.

14 Corner Brunswick and Smythe Streets.

15 Corner Charlotte and Smythe Streets.

16 Corner George and Northumberland Streets.

17 Corner King and Northumberland Streets.

21 City Hall.

23 Corner York and George Streets.

24 Corner Queen and Westmorland Streets.

25 Corner Brunswick and Westmorland Streets.

26 Corner Charlotte and Westmorland Streets.

27 Corner King and York Streets.

28 Corner Saunders and York Streets.

31 Corner Queen and Regent Streets.

32 Corner Needham and Regent Streets.

34 Corner Queen and Carleton Streets.

35 Corner Brunswick and Carleton Streets.

36 Corner Charlotte and Carleton Streets.

37 Corner George and Regent Streets.

38 Corner King and Regent Streets.

44 Corner Queen and St. John Streets.

45 Corner Brunswick and St. John Streets.

46 Corner Charlotte and St. John Streets.

51 Corner King and Church Streets.

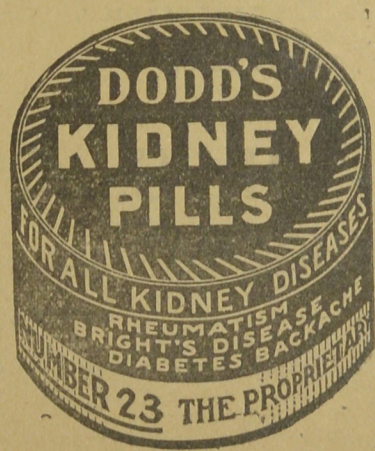
52 Corner George and Church Streets.

53 Corner Union and Church Streets.

54 Gas House.

55 Intercolonial Railway Station.

56 Lansdowne and Waterloo Row.



## Have Your Job Work Done at Home

The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and  
be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up  
No. 67. We will do the Rest.

**The Mail Printing Company**

327-329 Queen Street (Up Town)