

Children Cry for Fletcher's

# CASTORIA

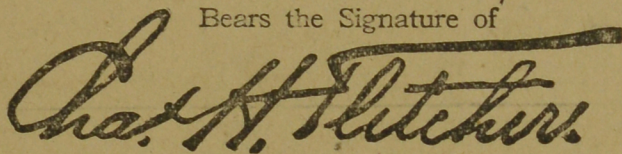
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

## What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

## ADVERTISE ON THIS PAGE OF THE MAIL

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Large, reliable regulating medicine. Sold in three degrees of strength—No. 1, 81; No. 2, 41; No. 3, 25 per box. Sold by all druggists, or sent prepaid on receipt of price free pamphlet. Address THE COOK MEDICINE CO. 1230 N. 2nd St., Chicago, Ill.

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- 12 Corner Westmorland and Aberdeen Streets.
- 12 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 16 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

## OF INTEREST TO WOMEN

THREE RECIPES.

### Corn Griddle Cakes.

Separate three eggs and beat the yolks. To the latter add two cups of milk. Sift together one pint of flour and one rounding teaspoonful of baking powder. To this add half a can of corn from which the juice has been strained, the egg and milk mixture and finally the flour. Beat together thoroughly and put in gradually one tablespoon of melted butter. Now stir in the well-beaten whites of the eggs and bake on a griddle and serve piping hot.

### Scotch Scones.

Sift one and one half pints of flour into a bowl and add a level teaspoonful of bicarbonate of soda. Sift these together four times. Make a groove in the middle of the flour and pour in two cups of thick sour buttermilk. Mix in the flour quickly and carefully until a soft bread dough is formed. Roll out and rapidly. Spread out to an inch in a drapily. Spread out to an inch in thickness and cut into scones with a round cake cutter. Rub the griddle with a little suet and cook the scones slowly for five minutes on one side and five minutes on the other. They should be thoroughly done and nicely browned on both sides.

### Spanish Puffs.

One teaspoonful of powdered sugar, two ounces butter, one teaspoonful of salt, one cup of water, yolks of four eggs. Put the water into a saucepan, add the sugar, salt and butter and while boiling stir in flour enough to have it leave the pan, then stir in one by one the yolks of the eggs. Now drop a tablespoonful into boiling lard and fry a light brown. If done properly they will puff.

### FOR ACHING FEET.

Much ease can be given to aching feet by a nightly foot bath of hot water, in which has been dissolved a small quantity of salts. For some reason great relief can be given to burning feet by this process. Hot water softens callous spots and they should be carefully scraped off as soon as the feet are dried. This should be followed by massaging the soles well and rubbing into them a small amount of oil or vaseline.

### CLEANING WITH CORNMEAL.

Cornmeal will clean hair brushes quite as well as ammonia and there is no danger of injury to the back of the brush. Take a cup of cornmeal and fill the brush, rubbing the bristles gently with the hand. As it becomes discolored from absorbing the grease, shake it out and replace it with fresh meal until the brush is clean.

### RANDOM REMINDERS

When darning a large hole sew net over the hole and darn through the net.

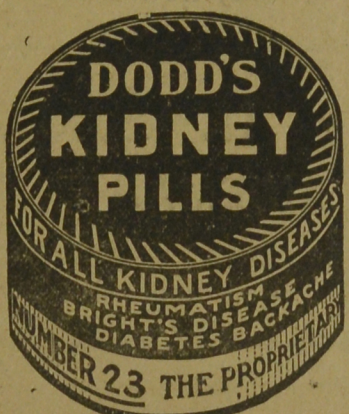
A piece of stale bread laid on top of uncovered cooking cauliflower absorbs all odors.

Before putting away spare silver, clean it thoroughly, then wrap it in dark blue paper and camphor balls in the parcel.

Borax is one of the best agents of cleanliness known, and it should play a large part in every household; when sprinkled about the kitchen it will exterminate roaches and ants.

To soften brushes that have become hard, soak 24 hours in raw linseed oil and rinse in hot turpentine. Or they may be washed in hot soda and water with soft soap.

Carrying an overcoat in summer is equal to taking gasoline to a fire.



### BUNIONS NO JOKE

Not to the man who has to move about, but a slight application of "Putnam's" softens the thickest tissue and cures the bunion quickly. Just as good for warts, lumps, and callouses is Putnam's Painless Corn Extractor. Use no other, 25c. at all dealers.

### USEFUL KNOWLEDGE.

Orange juice is one of the best of dressings for black shoes. Rub a slice of an orange over the leather and brush until it shines like a looking glass.

If new enameled saucepans are placed in a pan of warm water, allowed to come to the boil and then cooled they will last much longer before either cracking or burning.

One of the best ways of cleaning walls—that is, the removing of dust from them—is to take a large wad of cotton batting and place it in a loosely woven piece of soft cheesecloth and go over every part of the walls with it, changing to a clean piece of cheesecloth, when necessary. This is an improvement over the old plan of wiping the walls with the batting alone, because it is impossible to leave the tiniest atom of lint when the batting is inclosed in cheesecloth.

### Vancouver Cake.

Another cake that kept moist and soft for a long time was this dried apple cake. Soak two cups of dried apples over night, drain and cook for two or three hours very slowly on the back of the stove with two cups of molasses. When cool they are ready for use. A cup of shortening creamed with two cups of sugar, then two well-beaten eggs, a cup of milk and five cups of flour are added. The apples, spices to taste, two teaspoonfuls of cream of tartar and one of soda and raisins, if desired, two cups of them, are stirred into it. This will make two cakes.



Scene from "Pals First," as presented by the Urban Stock Co.

Wednesday Night, October 1st.

## Witch Soot Destroyer

This article has been such a great boon for our customers and the public since we introduced it last season that we have put in another large stock of it and it will always be obtainable.

THE WITCH cleans the pipes and chimney chemically, saves labor taking down pipes, cleaning of furniture, etc., and incidentally saves your temper.

A trial will convince you.

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Manicure Setts and other Cutex goods.

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The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

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