* Children Cry for Fletcher's

Fietcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort-The Mother's Friend.

GENUINE CASTORIA ALWAYS



ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has combelied the prople to seek all the information possible before buying

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GAGETOWN, N. B.

A CRUEL WORD.

Pusher-Gusher is not very happy in

sher-And what did he say?

Pusher—Said they were immense.

A TONIC FOR THE NERVES

The Only Real Nerve Tonic is a Good Supply of Rich,

Red Blood.

"If people would only attend to their

lood, instead of worrying themselves

ill," said an eminent nerve specialist "we doctors would not see our con-

ulting rooms crowded with nervous

vrecks. More people suffer from wor-y than everything else."

The sort of thing which the special-

st spoke of is the nervous run-down condition caused by overwork and the

find themselves tired, morose, low-spirited and unable to keep their

ninds on anything. Any sudden noise

hurts like a blow. They are full of groundless fears, and do not sleep well

at night. Headaches, neuritis and other nerve pains are part of the mis-ery, and it all comes from starved

Doctoring the nerves with poisonous

only real nerve tonic is a good supply of rich, red blood. Therefore to cure

nervousness and run-down health Dr. Williams' Pink Pills should be taken

These pills actually make new, rich blood, which strengthens the nerves, improves the appetite, gives new

s choice of words. Usher—Why so?

DENTISTS

DR. J. B. CROCKER, E. ALLISON MACKAY an egg

FREDERICTON, N. B. TELEPHONES:

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OFFICE:

ARTIFICIAL TEETH and **GOLDWORK** a Specialty

Superior Conveniences for Chloro-brem administration.

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DENTAL SURGEON Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street

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SWEET PEAS, ROSES,

CARNATIONS

A splendid assortment of

Ferns. Bridal Bouquets a specialty. 'Phone 271.

for Ladies and Gentlemen. PRESSED and REPAIRED W. E. SEERY 251 George Street.

OF INTEREST TO WOMEN

to dissolve the starch and then bring iron, but mark you, the kind of iron to a boil and cook for five minutes, o fone egg. Beat to blend and then Of course digestion must be im ter and drain well. Pour in the custard and set aside to mold. Use the white of one egg and one-half glass of powers far beyond the ordinary. jelly. Beat to a stiff meringue. Use buoyant, joyous sensation of health and vigor. Day by day as your strength increases, you feel new energy surg-

Banana Cake.

Place in a mixing bowl one cup of flour, one-half teaspoon of salt, two lasting health, good spirits and conteaspoons of baking powder, six tabletentment. Ferrozone contains just spoons of brown sugar, four table what run-down folks need; it cures because it cures it cures spoons of shortening, two-thirds cup than you can get in any other way of water.

Beat to thoroughly mix, and then pour into well greased and floured pan and spread higher on the sides and that end than in the centre. Now cover the dough with four thinly sliced bananas and dust with nutmeg, and then spread over the bananas one-half cup of brown sugar. Bake in a moderate oven for 35 minutes.

RANDOM REMINDERS.

If milk is kept in a large, shallow pan, it will remain fresh much longer than in a deep jug or bottle.

A wad of tissue paper sprinkled with methylated spirits will give a brilliant polish to glasses and mirrors.

mixed with a little whitening to clean and polish piano keys.

an egg It is just as good and much

Pie crust when made with milk instead of water is much more flaky and is seldom tough.

A little vinegar kept boiling on the stove while onions or cabbage are J. BACON DICKSON, cooking will keep the smell from going through the house.

FASHION'S FANCIES.

Net is receiving a good bit of blouse attention. It is frequently combined with filet and Irish.

The hats of the new season show Chinese, Spanish, Arabian and in fact all kinds of oriental influence.

A new corset display shows the slightly nipped-in waistline.

Some of the new sports suits are suede trimmed and some others are Pusher—Miss Gumms fished for a compliment by asking him what he thought of her slippers. fur-collared.

The high class sports suits replace wool jersey with tweeds

Evening turbans with trims of paralise or jewels are made of French plush in brilliant colors.

Irish lace continues to be much in demand for underwear, though it is rather hard to get.

AN EXAMPLE.

Mrs. Gramercy—She didn't give her husband a moment's rest until he got

Mrs. Park-So after all there does seem to be something in auto-sugges any anxieties of today. Sufferers tion.

POOR OLD SOL.

Though Solomon was fond of dress He wasn't such a much at that; In all his glory, I'll confess, He never wore a stoveppie hat.

They say when he wore raiment glad The North Yet I am sure he never had A dainty wrist watch on his wrist.

SCOTCH TREATING.

An Englishman and two Scotchmen

blood, which strengthens the nerves, improves the appetite, gives new strength and spirits, and makes hither to despondent people bright and cheerful. If you are at all "out of sorts" you should begin curing yourself today by taking Dr. Williams Pink Pills.

You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

An Englishman and two Scotchmen were sitting in the smokeroom, when there entered another Scot.

"Ah, ha," said the Englishman and two Scotchmen were sitting in the smokeroom, when there entered another Scot.

"Ah, ha," said the Englishman, "another Scotchman has arrived."

"Weet," said one of the Scots, "I don't see what you've got to be sarcastic about. We always treat the English well."

"What worries us," said the Englishman, "is that you don't treat us often enough."

Then the silence was awful.

Then the silence was awful.

INCREASES YOUR WEIGHT, RESTORES LOST STRENGTH PREVENTS ILLNESS

Every day come new converts to that LIFE INSURANCE COMPANY. great army of men and women who re-joice in new-found health that came pany which has long carried a large Banana Custard.

Place two cups of milk in a saucepan and add one-half cup of cornstarch, 4 sip of water at the close of each meal. bananas rubbed through a sieve, Stir least to the sit of the sit o

bananas rubbed through a sieve. Stir just what thin blood lacks—lots of zone puts life and vim into the blood. slowly, the nadd one-half cup of sugar, one teaspoon of vanilla extract, yolk one teaspoon of vanilla extract.

rinse the custard cups with cold wa- proved, and probably the stomach will

ing through your veins, and know that a great tonic of great merit is at work. No remedy more nourishing or upbecause it supplies more nutriment 50c. per box or six for \$2.50 at all dealers, or by mail from The Ca-

tarrhozone Co., Kingston. Ont.

One of the Features in Canadian National Railways' Daily Service, Toronto-Winnipeg-Vancouver.

The Canadian National daily transcontinental train, Toronto-Winnipeg-Vancouver, made its initial trip from Toronto with one of the very latest type of steel tourist cars as part of its equipment, the first of an order o twenty such cars in whose construc tion every point has been considered for the safety and comfort of passengers. This modern type of tourist car, Methylated spirits is also good if with anti-telescopic device, is of similar design to the standard sleeping coach, the exception being they are upholstered in leather instead of in

Electrically lighted throughout, all When making plain raisin pudding, berths, upper and lower, are provided use a finely grated carrot instead of with berth lamps. A new feature for this class of car is that lamps have been installed under the seats in the aisles of the car, so that when the ceiling lamps are turned out for the night, light may be provided under the berth curtains, a great conveni-ence for the passengers when passing through the car.

through the car.

Phosphorus push buttons can be readily seen in the dark, should the passenger require to switch on the light or ring the bell, when the berth is in darkness.

A safety feature introduced is a device for holding down the upper berth, which precludes any possibility of the upper berth closing when in use. Separate berth curtains are provided so that passengers in the upper berths will not disturb passenger in the lower.

The kitchen has the latest steel range, facilities for washing dishes,

I wish to announce to my friends and the public generally that

- Fredericton Charlotte Street - -Telephone 112.

at a bargain. Apply at the Mail Office.

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THE EMPLOYMENT SERVICE OF CANADA

70 York Street.

"No charge to Employer or Applicant.

Rotary Sawers; one who can file a saw and set up a portable rotary saw

Carpenters, 60 to 70 cents an

Laborers, 45 cents per hour

Cook's Cotton Root Compound



THE MILK & CREAM PRO-DUCERS' ASSOCIATION OF YORK CO.

will open the Dairy to be known as the

FARMERS' DAIRY

At 445 KING STREET.

Milk to retail at 14 cents a quart and wholesale at 13 cents per quart. Cream 65c. quart. TELEPHONE No. 663-11

and lockers enable passengers to store



PUBLIC STENOGRAPHER

The Office of MISS MARY C. Mc. CARTHY, Public Stenographer 445 King street), which has been closed since August 15th, will be re-opened on THURSDAY, October 16th, for all lines of commercial and reporting

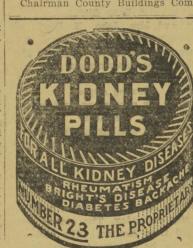
NOTICE TO RETURNED MEN

Any reutrned men wishing to subscribe for the "Veteran" may do so by applying to Secretary E. H. Coy of the locall G. W. V. A at the G. W. V. A. rooms. The subscriptions have been taken out of the hands of the agents and in future will be subscribed to through the G. W. V. A. branches.

TENDERS WANTED

Tenders will be received at the office of the Secretary-Treasurer, County Court House, up to and including Friday, the 31st inst., for the sale and removal from Court House cellar of 3 furnaces (2 coal and 1 wood), about 21 registers and a quantity of tin leads and brick. Same can be examined by applying to the Janitor. Tenders must include removal of all parts connected with furnaces, from said building. T. C. EVERETT,

Chairman County Buildings Com.



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Standard Sleeping, Dining, Tourist and Colonist Cars. First-class Day Coaches. Parlor Car through the Rockies.

Sunday, Monday, Wednesday, Friday Canadian National all the way. Tuesday, Thursday, Saturday Via G.T.R., North Bay, Cochrane and Canadian National.

Further information from Canadian National Ticket Agents, or GENERAL PASSENGER DEPARTMENT, Moncton

