

## Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of

*Chas. H. Fletcher*

and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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I wish to announce to my friends and the public generally that I have accepted the agency for the CANADA LIFE INSURANCE COMPANY.

This is a high class Canadian Company which has long carried a large amount of insurance in this province. I have several attractive propositions to offer and those who contemplate taking on insurance will find it to their advantage to consult me.

JOHN S. SCOTT,

Charlotte Street . . . . . Fredericton

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Large, reliable, regulating medicine. Sold in large jars of 12 ounces—No. 1, \$1.00; No. 2, \$2.00; No. 3, \$3.00 per box.

Sold by all druggists, or sent prepaid on receipt of cash.

Free pamphlet. Address THE COOK MEDICINE CO.

TORONTO, ONT. (Formerly Windsor)

OF INTEREST  
TO WOMEN

## CHRISTMAS COOKING.

## French Pastry—Peach Tarts.

Line small pastry tins with puff paste and half fill with orange marmalade; lay half a canned peach on each tart and a cherry on top, and bake in a quick oven. Boil the fruit syrup until it is thick, and pour a little of the syrup over the tart.

Puff paste is made as follows: Half pound of butter, half pound of flour, a half teaspoon of salt and quarter to half a cup of ice water. The secret of making good puff paste is to have all the ingredients cold.

Mix and sift the flour and salt; rub the butter into it and make as stiff as possible with ice water.

## Banana Cornstarch Pudding.

Two cups milk, 1 tablespoon cornstarch, 1 egg, pinch of salt, one-third cup of sugar. Put milk in double boiler, and when hot add cornstarch mixed with a little water and stir until it is smooth. Add yolk of egg, sugar and salt mixed together. When done remove from fire, add 1 teaspoon of vanilla and white of egg beaten stiff.

When it has cooled a little, add 2 or three bananas. Do not put in bananas while hot, as it turns them black.

## Doughnuts.

Cream 1 cup of sugar, with half a cup of butter or butter substitute, add two beaten eggs, 1 cup of milk, one teaspoon of nutmeg, two teaspoons of cinnamon and two cups of flour, sifted with a teaspoon of baking powder. Work in enough more flour to make a soft dough, place on a floured board, roll out to about one inch in thickness, cut into shape and fry in deep hot fat. Drain well on soft paper.

## FASHION'S FADS.

The blouse that reaches only to the hips is gaining favor. It is charmingly exploited in jersey cloth, with a band of angora around the hips, and angora collars and cuffs. Black jersey with white angora and brown with yellow are among the best combinations.

Heavy black watered silk of dull finish is used in combination with gray squirrel and black furs for evening coats. The combination is rich in appearance.

Gold and silver brocade slippers are shown in such wide display by the smart footwear shop that one wonders whether any other sort are obtainable. But then it would hardly matter if that were the only kind to buy, for gold and silver brocade far outrank any others in popularity.

An evening turban of silver lace is made with an inside section, fitting closely over the hair, about which are grouped pink roses. Then there is an outer section, puffed and loose, covering the roses. The double transparency is very alluring.

Wide scarfs of sable are made with outside pockets, after the fashion of the wollen short scarfs. The wollen scarfs, by the way, come in greater variety than ever before—and more charming variety, too. They are soft and wide and in lovely color combinations, sometimes in stripes, sometimes simply in blended weaving of different colored threads.

Hitting the Bullseye Since 1864  
Stevens  
Shotguns - Rifles - PistolsSingle or  
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—Barrels and lugs drop-forged in one piece.

—Bored by a method that insures long range close shooting.

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Ask to see one of the guns that are building reputation for Stevens.

Free catalog.

J. STEVENS ARMS COMPANY

Chicopee Falls, Mass., U. S. A.

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HOPELESS

But "Fruit-a-lives" Brought  
Health and Strength

29 St. Rose St., MONTREAL.

"I am writing you to tell you that I owe my life to 'Fruit-a-lives'. This medicine relieved me when I had given up hope of ever being well.

I was a terrible sufferer from Dyspepsia—had suffered for years; and nothing I took did me any good.

I read about 'Fruit-a-lives' and tried them. After taking a few boxes, of this wonderful medicine made from fruit juices, I am now entirely well!"

Madame ROSINA FOISIZ.

50c. a box, 6 for \$2.50, trial size 25c.

At all dealers or send postpaid by Fruit-a-lives Limited, Ottawa.

## Canadian National Railways

## Special Passenger Train Service

FOR CHRISTMAS AND NEW YEAR HOLIDAYS

Between FREDERICTON AND ST. JOHN

VIA VALLEY RAILWAY ROUTE.

Daily Except Sunday, from December 22nd, 1919, to  
January 3rd, 1920 (inclusive)

In addition to the Regular Train Service between St. John and  
Fredericton a Special Passenger Train will run as follows:  
(Eastern Standard Time).

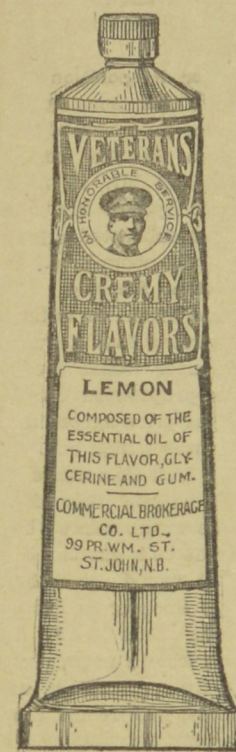
7.00 a. m.—Leave Fredericton . . . . . Ar. 8.00 p. m.  
10.30 a. m.—Ar. St. John . . . . . Lv. 4.30 p. m.

REGULAR PASSENGER FARES WILL APPLY

During the same period No. 47 and No. 48 Passenger Trains will  
run daily (except Sunday) between Fredericton and Centreville, and  
the Mixed Trains will be withdrawn.

REGULAR PASSENGER FARES WILL APPLY. For further particulars apply to CITY TICKET OFFICE, 49 King Street.

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ALL FLAVOR

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MOSTLY ALCOHOL

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