

Children Cry for Fletcher's

# CASTORIA

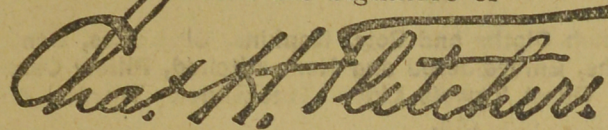
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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### CLOTHES CLEANED,

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## OF INTEREST TO WOMEN

THE EVENING BLOUSE.

No one needs to be told the woman of fashion does not consider a separate skirt and blouse a suitable mode of dress for evening. In fact, usually to speak of a separate waist as suitable for evening wear is enough to indicate one's ignorance of matters of fashion. But the fact remains that a lot of women do depend on just this sort of dress combination for most if not all of their evening wear. It has decided advantages in the way of economy. Moreover, it is possible by wearing a light attractive blouse with a more substantial skirt to have the advantage that one always does in wearing something light and fluffy and freshly cleaned, whereas it would be quite impossible from the point of view of expense always to have a freshly cleaned and fluffy evening gown.

The new blouse that extend in a skirt or apron section over the skirt are a decided advantage when it comes to evening wear. For they give to the separate skirt and waist the appearance or at least the advantage of a one piece frock. These blouses are best when chosen in color to go with the skirt with which they are to be worn. The lightness can be contributed by a fresh filmy collar or neck frill. For instance, if you have a skirt of dark green, get a blouse to wear with it of georgette and taffeta of the same color. It may be trimmed with embroidery of some harmonizing or contrasting color or with beads. These blouses that extend below the waistline are usually loosely belted in with a narrow belt. Some of them are belted in only at the sides, the back and front being left free in a floating panel.

Net blouses in white or cream always are effective. Perhaps they are a little more suitable for evening when combined with a light cloth or silk skirt. One of the bright new shades in a jersey or taffeta silk is especially attractive. Some of the new net waists in the shops show considerable fine tucking and frilling and this sort of thing can be made at home very easily by one who is skilled with the use of the sewing machine. Some care must be taken to get the machine tension well adjusted before attempting to sew on net, but once this is arranged the rest is smooth sailing. Some of the net blouses are finished with round necks, the fullness of which is arranged on silk cords, and cording appears as the trimming on the sleeves also.

### To Remove Various Stains.

Fruit—Pour boiling water on the stained parts, or alcohol.

Chocolate or Cocoa—Wash in cold water, then pour boiling water on it.

Coffee—Boiling water.

Blood—Soak in cold water and ammonia, then wash with soap or use starch paste.

## WHY BELGIANS STILL NEED HELP

"In travelling through Belgium with the Belgian armies, I have been able to see the country recently tenanted by the Bochs in the condition in which they left it, and never was there such desolation anywhere. One cannot get away from signs of destruction, no matter where one goes, along the country roads or in the city streets.

Not only has property been destroyed and every means of livelihood taken away from the people, but the peasants, especially in the country districts, have been left destitute both of home and food. We travelled twelve miles yesterday through open country and as but one small instance of the vast plundering of the Germans, let me state that in all twelve miles not one solitary live animal did we see, and practically every tree had been felled, so you can imagine the dreary aspect of the scenery.

All the peasant women and children we met on our way, said a news correspondent, while they greeted us with cheers and received us into their homes with open arms, those that had homes, showed the greatest suffering from insufficient food and nourishment. They did not complain, but merely stated as a fact that they had not tasted meat for two months and had lived largely on soup and coffee.

The cry of the Belgians today is for food and clothing and those who would help, no matter how little, should send their contributions to their committee, or direct to the Central Committee, Belgian Relief Fund 59 St. Peter street, Montreal.

One of the "old school of gentility" says, "A gentleman never kicks a skunk twice." Glory be! the most of us are of the new school of gentility, where it isn't the part of a gentleman to kick a skunk even once.

Wood's Peppermint Cure. The Great English Remedy. Tones and invigorates the whole nervous system, makes new blood in old veins, cures Nervous Debility, Mental and Brain Worries, Leadeness, Loss of Energy, Palpitation of the Heart, Boiling Memory. Price 21 per box, six for \$5. One will please, six will cure. Sold by all druggists or mail 41c plus p. m. on receipt of price. New pamphlet mailed free. THE WOOD MEDICINE CO., TORONTO, ONT. (Toronto, Canada.)

## HE BUILT HIS HOUSE WITH HIS OWN HANDS

AND THE HELP HE GOT FROM DODD'S KIDNEY PILLS

Mr. Neil C. MacCallum, of Brackley Point, P. E. I., Tells a Story of Interest to All Sufferers From Kidney Ills.

Brackley Point, Queen's County, P. E. I., Feb. 10.—(Special.)—Mr. Neil C. MacCallum, an old resident of this popular little summer resort, never tires of showing visitors over his beautiful home, which is the work of his own hands. And he always finishes with the declaration:

"I never could have done this but for the benefit I received from Dodd's Kidney Pills."

"I was brought up on a farm," Mr. MacCallum continues, "but about ten years ago I took a very sore back. I tried plasters and pills without getting any real benefit.

"Then I thought I would try Dodd's Kidney Pills. Two boxes of them made me all right again. A year later I felt it coming on again, but another box of Dodd's Kidney Pills drove it away. Now I just take one or two boxes as a spring medicine, and you can see how healthy I am. I built this house from basement to chimney myself."

Dodd's Kidney Pills are purely a kidney remedy.

## THE FATHER OF ANTISEPTIC SURGERY

One of the world's greatest benefactors was Lord Joseph Lister, the eminent English surgeon who was the first to apply the antiseptic system of surgery, of which he was the discoverer and pioneer. Lord Lister died seven years ago today, Feb. 11, 1912.

The first great advance in modern surgery was made during the second quarter of the nineteenth century, when Godwin, Mitchell, Jackson, Wood, Bache, and Dr. Morton discovered and applied anaesthesia, which did away with the pain and horrors of the operating room. Since then vast improvements have been made in anaesthesia. It remained for Lord Lister to introduce antiseptic surgery, or treat-

## SOME GOOD POINTERS ON STREET MAKING

Commodore Stewart Says Tar Bound Macadam is the Real Thing—Much Used in European Countries.

(Chatham World)

Fredericton is wrestling with an improved road proposition, and Mr. Carrington recommends tar-bound macadam the cost of which he estimates at \$1.50 a square yard. If the road he proposes is as good as the English highways and the great military roads of France it is good enough for New Brunswick. Those roads are made of broken stones and sand with just enough tar to act as a binder and make them impervious to water. They are perfect roads and are comparatively dustless. One may motor at forty miles an hour in England and France without a jolt in a hundred miles. But, it must be remembered these roads have not only been made good but they are kept good the slightest flaw being repaired at once. When the visitor to the war zone noticed the mile-long trains of loaded motor lorries, and the numerous batteries of big guns, between the front and the base, he marvelled at the perfect smoothness of the roadway, and divined that the little piles of broken stone and sand, and full or empty tar barrels at the roadside, were for keeping the highway in good order. There should be many men among the returned soldiers who know how to make such roads, as many soldiers were employed on them in France. The straight tree-shaded roads of France and the English highways, fenced with hedges, winding to right and left over hill and hollow, are all as good as the cement pave-

## A SICKLY WIFE NO FIT MATE FOR ANY MAN

GIRLS AND WOMEN SHOULD LOOK WELL TO THEIR HEALTH AND STRENGTH.

Never before was physical health and vigor so highly esteemed and so eagerly sought for as today.

No man finds happiness in a sickly wife, and the woman who wishes to enjoy the pleasures of life should spare no effort to maintain perfect health.

Is your daughter growing up strong and sturdy? Has she strength to drink in greedily all the pleasures that youth so zealously seeks—or is she compelled to use the street car instead of enjoying the delightful exercise of walking—does she after the ball arise refreshed and vigorous, or is she exhausted, indifferent, and perhaps irritable?

When strength and vigor can be so easily maintained by Ferrozone, when the glow of health is so quickly brought to the cheeks and elasticity to the step, it is plainly a mother's duty to see that Ferrozone is on hand to assist her daughter back to health.

Upon the wake of Ferrozone quickly follows a stream of rich, nourishing blood which imparts that power and surplus energy so earnestly desired by those in ill-health.

Stop and think what this means for your daughter—certainly a great deal, and it can be accomplished by Ferrozone.

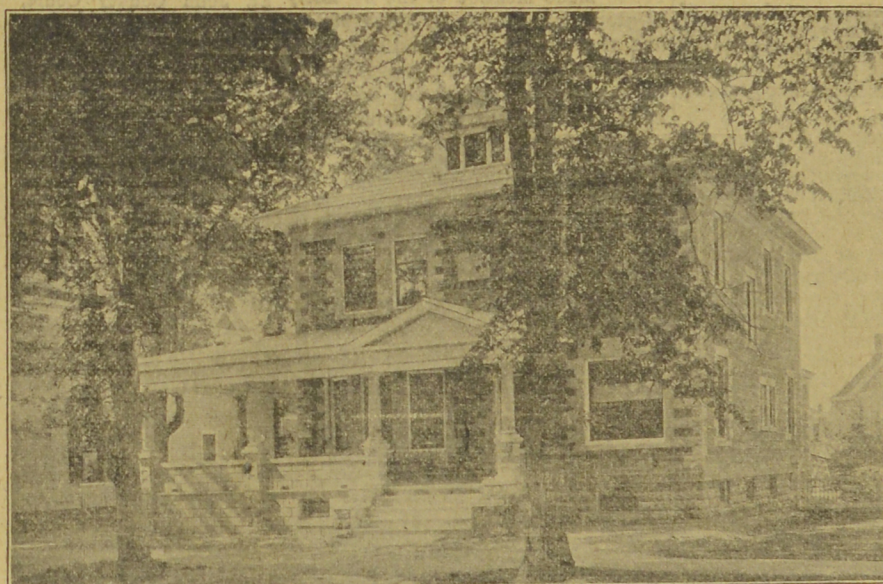
Every growing girl and young woman derives enormous benefit in many ways from this nutritive, vitalizing tonic.

It is specially suited for young women and is a guarantee of health and regularity as long as it is used.

Ferrozone is free from alcohol and perfectly safe to use. Prepared in the form of a chocolate-coated tablet and sold in 50c. boxes or six for \$2.50, at all dealers, or direct from The Catarrozone Co., Kingston, Ont.

ment in Water street. The Canadian press party motored 1500 miles in France and England, and the only piece of road that was not flawless was the shell-torn highway between Bar-le-Duc and Verdun.

"After a man has reached the age of 95, he ceases to worry about microbes" says a wise one. By the same token, the microbes cease to worry about him we dare say.



RESIDENCE OF MR. W. S. HOOPER

Built from blocks manufactured by The Concrete Builders Limited.

# Have Your Job Printing Done At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

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