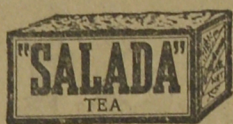


"Insist" on getting "Salada"
and you will be sure of clean, fresh
and delicious drawing Tea—



"SALADA"

Black - Green } Sealed Air-tight packets to preserve
or Mixed ... } its Goodness and Flavor

6514

A POUND OF BUTTER PUT UP AS A PRIZE IN BERLIN

Competition was Keen at a Costume Ball Recently Held—Other Prizes Included Ten Eggs, a Pair of High-heeled Slippers, and a Pair of Silk Stockings—Much Discontent Over the Present State of Affairs.

Paris, France, Dec. 31.—At a costume ball which I attended in Berlin the first prize was a pound of butter and the second prize ten eggs. The dancers competing for these prizes were well-to-do, middle class folks who could afford to pay 200 marks (\$16) for a pair of high heeled satin dancing slippers, 80 marks (\$18.50) for a pair of silk stockings and 25 marks (\$5.75) for a bottle of ordinary Moselle wine yet the competition was keen and nobody saw anything humorous about the selection of the prizes.

To me this was an extraordinary revelation of the state of affairs as regards food in Germany. It provided the proper perspective for the mass of figures I had obtained from government sources and served to emphasize the emptiness of the provision shops that I had visited in Berlin, Frankfurt and other cities.

Butter and Eggs Rare Articles

When people with plenty of money in their pockets consider that butter and eggs are prizes worth competing for, it means that butter and eggs are rare indeed. A pound of butter is priced as high as \$10 in Berlin and eggs are 20 cents apiece. But it is not the cost that counts as much as the difficulty in finding them.

During my fortnight in the fatherland I inquired thoroughly into the food problem. For the official figures given by officialdom from first hand

observation and my talks with Germans, some of whom were unaware they were talking with a foreigner, and with the French, Belgian and British prisoners of war, who certainly do not subscribe to German propaganda, I have arrived at the conviction that the bulk of the German people are undernourished today and may face starvation tomorrow.

All classes are openly discontented with the present situation and dismayed at future prospects. The patriotism that endured while the nation was at grips with the foe is no longer sufficient to subdue the cravings of underfed stomachs. The revolution has upset much of the spirit of self sacrifice that enabled Germany to keep her armies in fighting trim to the last. The people have become suspicious of those charged with distributing their meager rations. Stories of the vast stocks of food in the cellars of the imperial palace have stirred them to demand more food and, lest the whole nicely balanced machinery of distribution be wrecked, rations have been increased by drawing upon the reserve stores.

Tiny Lump of Fat for a Week

In cities of over 500,000 each individual is supposed to receive sixty grammes of fat-butter, margarine or grease of some kind—a week. In smaller towns the ration is still less. This means that the most that any

TESTIMONY OF OFFICERS OF NORTHLAND

Ottawa, Jan. 10.—Evidence of the Northland's officers was continued today, the purser, Richards, taking the stand, followed by Chief Officer Hutchinson and the chief engineer.

Mr. Justice Hodgins, before proceeding, referred to a statement issued by the White Star-Dominion Line officials in Quebec in the morning newspapers to the effect that they were completely satisfied with the trip of the Northland. In view of the fact that Northland officers were here to give evidence, the statement of the officials, Judge Hodgins said, placed the company in a very extraordinary position.

Mr. Holden, counsel for the steamship company, expressed concurrence in the view of the court. He had already drawn the attention of his client to the impropriety of such a statement. The interview must have emanated from a very subordinate officer.

one gets for eating or cooking purposes is a piece about as big as a man's thumb.

As regards milk, children under 1 year now get three-quarters of a liter a day (less than a quart); those from 1 to 4 years old, half a liter, and those from 4 to 6 years, a quarter of a liter. Everybody with whom I discussed the matter said that even this "inadequate amount" could not be maintained. Adults get no milk whatever.

The milk shortage is reflected in a statement made to us by Hugo Haase, chief of three radicals in the cabinet of six to the effect that 25 per cent of all legitimate and 50 per cent of all illegitimate babies born in the last year have died. The Berlin death rate in 1917 was 25 per cent higher than in 1916 and the increase in the last year is believed to have been even greater.

The food conditions in Germany can not be estimated accurately from a survey of any one section of the country. That is why reports of an abundance of food in the territories occupied by our armies are misleading if taken as an indication of the situation as a whole.

Berlin Had Only One Week's Supply

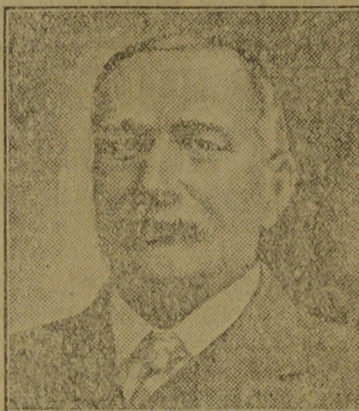
When the armistice was signed Berlin had food supplies for only one week. All the freight and passenger service into the city was suspended and for three days only trains carrying food were permitted to enter the Berlin yards. Hundreds of carloads of vegetables were frozen, and there was widespread looting from the trains and warehouses.

Another Case of Blood Poisoning

Persisted in paring his corns with a razor. Foolish when cure is so painless and sure with Putnam's Corn Extractor. Use Putnam's only—it's the best—guaranteed and painless, price 25c. at all dealers.

ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until
He Tried "FRUIT-A-LIVES".



MR. JAS. S. DELGATY.

R.R. No. 4. Gilbert Plains, Man. "In the year 1910, I had *Nervous Prostration* in its worst form; was reduced in weight from 170 pounds to 115 pounds.

The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take "Fruit-a-lives".

I began to mend almost at once; and after using this fruit medicine for 3 or 4 months, I was back to my normal state of health.

I never had such good health for twenty years as I have enjoyed the past six years. We are never without a box of 'Fruit-a-lives' in the house'.

JAS. S. DELGATY.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

WILL EMERGE FROM WAR WITH FLYING COLORS

(Saskatoon Star.)

One religious organization at least is going to emerge from the war with flying colors. The work of the Salvation Army at the front is going to be remembered by the soldiers as long as they live. A little story, published some time ago, of a Salvation Army doughnut wagon blown up by a German shell, and the prompt and decisive revenge accomplished by the American soldiers, who, fighting mad, laid down a curtain barrage and smashed the enemy trenches by a well-organized and effective raid, is merely illustrative of the fact that the Salvationists are working in posts of danger and in doing it appealing to the men to whom they are ministering.

The Salvation Army folk have a somewhat different conception of duty from other organizations. They are not over there for the sole purpose of ministering to the souls of the soldiers or solely to their bodily comfort. They are over there to be useful as opportunity presents itself, and their work has won them high regard.

When opportunity offers they hold evangelical service. When the boys want "sinkers" and coffee, the Army men and lassies supply them if they can "beg, buy or steal" them. They are working efficiently and gaining the love and admiration of the troops by their work. None of the soldiers, when they come back, will sneer at the "other army."

CHURCH SERVICES.

St. Paul's Presbyterian.

Morning service at 11 o'clock, conducted by Rev. W. D. Wilson. Evening service at 7 o'clock, conducted by the minister of the church, Rev. J. S. Sutherland. All are welcome.

Methodist Church.

Rev. Geo. M. Young, pastor. At 11 a.m. Rev. G. C. Warren, of Brunswick Street Baptist Church will preach. At 7 p.m. Rev. W. D. Wilson. Seats free, strangers welcome.

Brunswick Street Baptist.

Rev. J. S. Sutherland will preach at the morning service at 11 o'clock; Bible school and men's class at 2.30 p.m. Evening service at 7 o'clock. All are welcome.

Reformed Baptist.

Rev. H. C. Archer, pastor. Preaching on Sunday at 11 a.m. by the pastor; at 7 p.m. by Adj. Millar. Sunday school at 2.30 p.m. Prayer meeting on Wednesday evening at 7.30. All are welcome.

Salvation Army.

Week-end services as follows: Saturday at 8 p.m., salvation meeting. Sunday, 9.45 a.m., knee-drill; 11 a.m., Holiness; 3 p.m., praise and Thanksgiving; 7 p.m., salvation. 10.15 a.m., directory class; 1.45 p.m., Sunday school. All welcome.

YE MECCA, TEA ROOM

ORDERS TAKEN FOR HOME COOKING

OYSTERS, FRIED, STEWED OR RAW

GERTRUDE A. YOUNG Prop

'Phone - 219-21

On Account of Staff Shortage

due to military enlistments, the Royal Bank of Canada find it impossible to continue collection of this company's light bills. have engaged an Office at No. 88 YORK STREET, in the pre- FOR THE CONVENIENCE OF OUR CUSTOMERS, we misers occupied by HARRY C. MOORE, Electrical Engineer, where bills may be paid from the FIFTH to the TENTH of each month from 9.30 a.m. to 5 p.m.

THOSE MAKING PAYMENT LATER IN THE MONTH must do so at the Company's Main Office, No 1 Shore Street.

MARITIME ELECTRIC COMPANY, LIMITED.

MONTEITH'S Livery Stable

Phone 502, St. Mary's Street

A good assortment of up-to-date rigs.

All orders receive prompt attention.

J. R. Monteith

North Devon.

GRAFONOLAS

YOU MUST HAVE MUSIC IN YOUR HOME CHRISTMAS. Why not call and look over our complete line of Machines, also COLUMBIA RECORDS? You will never make a mistake by buying at the earliest possible date.

E. O. MacDonald

Music Store

560 Queen Street

SATURDAY'S SPECIAL

A DELAYED SHIPMENT OF

Wearever Aluminum Ware

Just received. We are going to offer for Saturday only a regular 75 cent Stew Pan for 49 cents.

And this advertisement must accompany each sale for this special buy.

Wearever Tea Kettles, Double Boilers, Windsor Kettles, Vegetable Pots, Sauce Pans, Muffin and Cake Tins. The ware that lasts a generation.

LAWLOR & CAIN

Our Store closes each Saturday at 6 o'clock during Jan. and Feb.

CEREALS

ROLLED OATS

KELLOGG'S TOASTED

GRANULATED CORNMEAL

CORNFLAKES

W. G. BUCKWHEAT FLOUR

QUAKER CORNMEAL

GRAHAM FLOUR

GRAPE NUTS

SHREDDED WHEAT

SPLIT PEAS

At Lowest Market Rates.

G. W. HODGE

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Tell the buying public what
you have for sale.

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