Children Cry for Fletcher's

Fletcher's Castoria is strictly a remedy for Infants and Children. toods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

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THE COOK MEDICINE CO

OF INTEREST

The use of coffee to give body and flavor to iced beverages affords opportunity for an endless variety of interesting experiments. One clever wo man has obtained surprisingly good results by mixing clear iced coffee with ginger ale, making the mixture about half and half. The majority of tastes, however, would probably prefer a larg er proportion of ginger ale.

Coffee Nectar.

Two quarts strong coffee, two cups sugar, lemon syrup, whipped cream.

Boil the coffee and the sugar toge ther for fifteen minutes. Allow to chill thoroughly, pour into tall glasses, add the grated rinds of the lemons used, then place in a saucepan and simmer very slowly until thick. Strain and bottle for use.

Coffee Fruit Punch.

Two quarts strong cuffee, 11/2 cup sugar, 1 cup water, 3 lemons, 2 oranges 1 can grated pineapple, 1 bottle Apollinaris water, half cup preserved cher ries, cut in quarters.

Boil the sugar and the water for five minutes, add the coffee, strained juice of the lemons and the oranges, then add the pineapple and allow to stand for one and a half hours. Strain and add the Apollinaris water, one gallon of ice water and the cherries. Pour into a punch bowl over a large piece of ice. Serve in punch glasses with wafers or cake.

RAISIN READ.

One yeast cake, 7 cup of lukewarm water, 1 cup of milk, scalded and cooled), 6 cups of flour sifted, 34 rup of sugar, 4 tablespoons of lard or butter, % cup of raisins and 1 teaspoonful of salt. Dissolve yeast and 1 tablespoon of sugar in the lukewarm water; add two cups of flour and the lard or butter well creamed with the sugar. Cover and set to rise for about an hour and a half. When well risen add raisins well floured and the rest of the BARRISTER, NOTARY, ETC. salt. Knead lightly. Place in a wellgreased bowl, cover and let rise until light (about an hour). Bake for fortyfive minutes.

RANDOM REMINDERS.

Paint that sticks to glass can be removed with hot vinegar.

Rid the chimney of soot by burning potato peeling in the stove or furnace. This simple method will be found par ticularly useful in stoves in which soft

If you have a bottle of poison in your medicine cabinet or on the medi cine shelf, tie a ribbon or string with a little bell attached around the neck of the bottle. If you at any time go to take out a bottle when dark, you will hear the little bell tinkle its warning.

An expeditious and cleanly way of removing meat from the shells of lobsters, crabs or shrimps, is to use a nut

12 Corner Westmorland and Aberdsen A wise woman who finds herself 12 Corner Northumberland and Saunwithout barley or rice for the soup, or who desires a change in that regard, 14 Corner Brunswick and Smythe will substitute oatmeal with excellent of Corner Charlotte and Smythe

> Soda should be used for washing greasy things, for the alkali added to the grease practically makes soap.

When cleaning candlesticks do no stand the candlesticks on the stove to melt the grease off, as people often do 25 Corner Brunswick and Westmor- for an easier and better plan is to fill them with boiling water. Don't allow them to stand any time, but pour the water off and rub the candlestick well with a dry cloth. Enamelled candle sticks as well as those of plain metal should be treated thus.





Wrapped to insure its perfect condition in all climates and seasons. Sealed tight — kept right. perfect gum in the perfect package.



When a girl is two years old father ockets; but the pleasure steadily de when she is twenty-good night

When her age begins to tell on her.

sairly good looking.

Considering that they are wiping woman can't very well keep it to brand new towels, wearing brand new shoes and cooking in brand new pots and pans, newly married folks get along pretty well after all.

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