

## Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER,  
DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence . . . . . 349-41

Office . . . . . 419-11

DR. GERRARD,  
DENTIST

TWENTY YEARS' LONDON, ENG., EXPERIENCE.

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Telephone 574.W. J. IRVINE,  
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Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a. m. to 1 p. m.,  
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REGENT STREET

Best and Most Modern Funerals  
Equipment in the City.Residence Telephone . . . . . 70-41  
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SUCCESSOR TO THE LATE  
JOHN G. ADAMS  
UNDERTAKER

610 Queen Street.

Phone or Telegraph Orders Shipped  
on all trains or boats at short  
notice.THE WINTER TERM  
OF THE  
FREDERICTON  
BUSINESS COLLEGE

Open on MONDAY, January 13, 1919.

Descriptive literature of our courses  
of study will be sent to any address  
on request.Address FREDERICTON BUSINESS  
COLLEGE, Fredericton, N. B.The only School in N. B. affiliated  
with the Business Educators' Association  
of Canada.

## New Years Plants

Potted Ferns, Begonias,  
Cherries, Heather Palms,  
Primulas,Also Xmas Baskets with  
beautiful bloom.In Cut Flowers, Roses, Carnations  
and Violets.Celery, Lettuce and Parsley.  
Phone 217.ADA M. SCHLEYER,  
FLORIST.FREDERICTON  
FIRE ALARMWhen You Hear the Alarm, Look for  
the Location in the Daily Mail.

- 6 Shoe Factory.
- 12 Corner Westmorland and Aberdeen Streets.
- 13 Corner Northumberland and Saunders Streets.
- 14 Corner Brunswick and Smythe Streets.
- 15 Corner Charlotte and Smythe Streets.
- 16 Corner George and Northumberland Streets.
- 17 Corner King and Northumberland Streets.
- 21 City Hall.
- 23 Corner York and George Streets.
- 24 Corner Queen and Westmorland Streets.
- 25 Corner Brunswick and Westmorland Streets.
- 26 Corner Charlotte and Westmorland Streets.
- 27 Corner King and York Streets.
- 28 Corner Saunders and York Streets.
- 31 Corner Queen and Regent Streets.
- 32 Corner Needham and Regent Streets.
- 34 Corner Queen and Carleton Streets.
- 35 Corner Brunswick and Carleton Streets.
- 36 Corner Charlotte and Carleton Streets.
- 37 Corner George and Regent Streets.
- 38 Corner King and Regent Streets.
- 44 Corner Queen and St. John Streets.
- 45 Corner Brunswick and St. John Streets.
- 46 Corner Charlotte and St. John Streets.
- 51 Corner King and Church Streets.
- 52 Corner George and Church Streets.
- 53 Corner Union and Church Streets.
- 54 Gas House.
- 55 Intercolonial Railway Station.
- 56 Lansdowne and Waterloo Row.

We often hear of the sweet simplicity of childhood, yet every mother considers her baby cunning.  
During courtship a man tells her he can't live without her, but after marriage he often discovers that he can't live with her.

OF INTEREST  
TO WOMEN

MANICURE YOUR NAILS.

The half moons or crescents at the base of the finger nails may be often brought back to light, if they have been cut; but unless it is pressed back carefully each day, it will soon cover them. It takes but a few minutes, and after the first time it is easy to do.

Do not cut the cuticle, as this is apt to make it tough and grow quicker. Push it down with an orange stick and if there are hang-nails, clip a bit, but very little, and in time they will not appear. To taper the fingers, pinch them gently and separately between the folds of a towel once or twice a day. Rub a little vaseline or cold cream on the nails at night and it will not only soften them, but it will prevent them from splitting.

The nails should be filed once a week. That will be quite enough. A bit of nail rouge can be used before the polish if you like the nails tinted. Be careful not to use too much, as nothing is in such bad taste as highly rouged nails. Use a buffer and a little pumice to polish.

## CLEANING OIL STAINS.

A good cleansing fluid for sponging or washing woollens is made by heating one and a half ounces of white castile soap in a pint of soft water until it has dissolved. Then add three quarts of cold water, one ounce of alcohol or ether and four ounces of ammonia. This should be slightly diluted for removing grease spots. For sponging use one-fourth of a cup to one pint of water.

Certain grease spots require special attention. Machine oil may be removed by sponging with turpentine. Spots of cream or chocolate should be washed first with clear, cold water to remove as much of the milk as possible, leaving only the grease to be treated. Vaseline cannot be removed after the clothing is boiled, but will come out when fresh if the stain is soaked in turpentine or kerosene.

Wagon and automobile grease requires loosening of the grimy fat and therefore lard or olive oil should be well rubbed into the spot and then removed as any other grease. The wax remaining on cloth after scraping the hardened spots may be absorbed with blotting paper and a hot iron. If it is in colored material it will need a final treatment with alcohol.

## PRINCESSES TRIM HATS.

When the war work of the Y. W. C. A. in Russia has all been told, one of the most interesting stories will lie in the establishment of the first woman's co-operative association at Moscow.

There, day after day, princesses work side by side with peasant girls, wives of high Russian officials make dresses or trim hats at long tables with simple, unlettered women—and the money is used for self-support of these princesses and notable women as well as for the peasant class.

The need and suffering throughout Russia was so great that it was a problem to find where the money would help the greatest number of people. It was thought best to expend it to help capital organizations for giving work and permanent opportunities to families and individuals to earn their own living.

The women bring their handiwork for sale or take orders to do dress-making, millinery, etc., in the rooms of the society or their own home.

Suitable work was found just in time, not long ago, to keep the wife of one of Russia's greatest generals from going out as a charwoman to earn bread for her husband, who was ill.

## BRIEF HINTS.

Panned chicken is delicious served with corn fritters—the latter made with canned corn.

Two tablespoonfuls of powdered sugar to the white of one egg make a good meringue.

It is never necessary to grease a pie tin. Pastry properly made will grease its own tin.

Nothing will make up for the absence of milk in a diet designed to promise good health.

LONDON TAKES  
THE WIND OUT  
OF THE YANK

London, England, Jan. 4.—The American stops boasting when he comes to London. He stops patting himself on the back and filling the air with ecstatic mispronunciations of Chat-eau Therry. The streets are jammed with soldiers—Australians, Arabs, New Zealanders, Canadians, Tommies. They drift by thousands through Piccadilly and the Strand. They are in all the restaurants and on all the buses. Slowly it dawns on the American that "Tipperary" is an older song than "Over There." This dawn is followed by the sudden realization that there are no black gowned wives and mothers mourning in the streets of London—that there is no daze over the heart of London. Cheerful, crowded, busy London swarms around the American as if there never had been any air raids, any Ypres, any Belgium or any Flanders.

There is only one outstanding oddity in London—woman. Something has happened to her. It is not so much that she wears boots and bloomers and washes restaurant windows, that she tends bar, runs busses, works behind most of the counters in the city or that she smokes in the street. It is that in four years she has grown up into a man.

A London woman dares look at the American as she sells him a package of cigarettes and her look is unfeminine. It is not hard, it is the look of one who says, "I belong to the race of human beings and not to the weaker sex." When he sees the London woman the American feels less inclined to boast than ever. Under wooden crosses in France lies a generation of Englishmen. Their women have taken their places in England.

Because the American no longer boasts his way through London the Londoner no longer smiles tolerantly at him. And pocketing his change at the tobaccoist's, the American feels a fellowship that his history and the story of Bunker Hill have never taught him.

MINARD'S  
"KING OF PAIN"  
LINIMENT

The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made  
MR. A. E. LAUNDY, EDMONTON, writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I was not to walk on it for four weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.  
Minard's Liniment Co., Limited  
Yarmouth, N.S.

## Old Dutch

The Hygienic  
CleanserKeeps the  
Sink immaculate  
and the  
taps brilliant.RULES FOR THE AVOIDANCE OF  
INFLUENZA AND CARE OF THE SICK

1. Live as much as possible in the open air, and have houses well ventilated. Admit all the sunlight possible.
2. Avoid all indoor assemblies, and travel as infrequently as possible.
3. If the disease appears in the family, put the patient at once to bed, preferably in an upper room, well aired, but so that the patient be not in a draft.

WAR SAVINGS  
STAMPS GOOD  
INVESTMENT

The paying of \$4 now for a War Savings Stamp and getting \$5 for it from the government in January, 1924, is a method of investing that appeals quite strongly to the average person. Nor is this surprising, for the money thus invested yields a little over 4½ per cent., compounded half-yearly. With a War Savings Stamp goes a War Savings Certificate to which the stamps are attached.

Obviously this is an excellent return when the nature of the security is taken into account. There is nothing safer in the world than Canada, and these stamps are backed by all the resources of the Dominion.

A person does not need to have \$4 in cash in order to take the first steps towards purchasing a War Savings Stamp. Thrift Stamps, which sell at 25 cents each, have been provided. When 16 of these have been purchased they may be exchanged for a War Savings Stamp. With the first Thrift Stamp purchased goes a Thrift Card, to which the Stamps should be fixed as soon as received.

After the 16 Thrift Stamps have been exchanged for a War Savings Stamp, the person doing so should start in again to buy Thrift Stamps, and thus begin saving for the second War Savings Stamp.

4. Keep patient by himself, permitting only the nursing attendant, the doctor and the clergyman to see him.
5. Have whoever enters the room to wear a mask of simple gauze over the mouth and nose. The same gauze should not be used for more than two hours, and then burned.
6. Insist upon the patient using a handkerchief to cover coughing or sneezing (paper ones will do); these should be burned at once after use.
7. Do not permit patient to mingle with his family or the public until all fever is gone, and until all discharges from mouth, nose and throat have dried up.
8. Patient, after recovery, should take particular care to avoid exposure to chills and dampness, as pneumonia is quite frequent under these circumstances and constitutes the gravest danger connected with the disease. Remain in house three or four days after feeling well, as this is a critical period after recovery.
9. Call a doctor upon the occurrence of suspicious symptoms as unusual backache, headache, chills followed by fever, etc., as it is dangerous to depend upon household treatment in this disease.
10. Do not be over-anxious. That is do not worry respecting the danger of contracting the disease. Such worry serves no good purpose and sometimes renders one more liable to contract it. Follow the above preventive measures and the advice of the physician.
11. If, in the family affected, there be no suitable provision for proper isolation of the patient, it is strongly recommended that he be removed to some hospital, or other place temporarily established, for the proper isolation and care of those affected.

It is estimated that 1,250,000 men are digging coal throughout the world—as against about 196,000,000 "digging for coal." It's an unequal world.

The Toronto Telegram's wedding notices are headed "Brides of the Hour"—and it's a blamed truthful light on the modern marriage.

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## CASTORIA

For Infants and Children  
In Use For Over 30 Years  
Always bears  
the  
Signature of *J. C. Fletcher*

Have Your Job  
Printing Done  
At Home

The Mail now has every facility for turning out High Class Job Printing work and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give us a trial order and be convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently. If you have a job of printing call up No. 67 and we will do the rest.

The Mail Printing Co  
327-329 Queen Street, Up Town