

CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Dr. H. H. Fletcher

In
Use

For Over

Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

DR. J. B. CROCKER, ADA M. SCHLEYER, DENTIST

FREDERICTON, N. B.

TELEPHONES:

Residence 349-41
Office 419-11

DR. GERRARD

OFFICE:

571 KING STREET, FREDERICTON

**ARTIFICIAL TEETH and
GOLDWORK a Specialty**

Superior Conveniences for Chloroform administration.
Telephone 574.

W. J. IRVINE,

DENTAL SURGEON

Opp. Soldiers' Barracks and Next Door to Bank of N. S. Building, Queen Street.

OFFICE HOURS—10 a. m. to 1 p. m.,
2 p. m. to 5 p. m.
Phone—338-11

DR. S. W. SPROULE DENTAL SURGEON

Graduate of Univ. of Toronto, Ont.

OFFICE:

Inches Building, Queen Street, lately occupied by Dr. L. R. Davison.
Telephone 281-21

DR. G. R. LISTER, DENTIST

Tel. 232-41. Burchill-Wilkinson Bldg. Below Regent.

J. A. McADAM, UNDERTAKER

REGENT STREET

Best and Most Modern Funerals
Equipment City.

Residence Telephone 30-41
Business Telephone 30-41

LT. COL.

after four years in
England, Belgium, France,
ada, has again taken over
agement of the

FREDERICTON BUSINESS COLLEGE

FREDERICTON, N. B.
The College will be kept open all
through the summer.
FALL TERM begins September 2nd.
Write for full particulars.

CLOTHES CLEANED

DRESSED and REPAIRED
Ladies and Gentlemen.

W. E. SEERY
251 George Street.

POTTED PLANTS, FERNS, SPIREA, TULIPS, HYACINTHS, DAFFODILS, PRIMROSES, BEGONIAS, Etc.

FLORIST

CUT FLOWERS—Roses, Carnations, Violets, Sweet Peas, Daffodils, etc.

LETTUCE.

SEASONABLE RECIPES.

Rice Muffins.

Place in a mixing bowl one egg, two tablespoons of sugar, two tablespoons of shortening, one teaspoon of salt, a cup of milk, one and a half cups of flour, four teaspoons of baking powder, one cup of cold boiled rice. Beat hard to thoroughly mix and then pour in well-greased muffin pans. Bake 20 minutes in a hot oven.

Indian Griddle Cakes.

One cup of cornmeal, one cup of flour, one teaspoon of salt, three level teaspoons of baking powder, two tablespoons of sirup, one tablespoonful of shortening, one egg, one and a quarter cups of milk. Beat hard to mix and then bake on hot griddles.

Louisiana Corn Bread.

Place in mixing bowl three-quarters cup of cornmeal, one and one-quarter cups of flour, one teaspoon of salt, five level teaspoons of baking powder, two tablespoons of shortening, four tablespoons of sirup, one egg, one and a

LOCATION OF FREDERICTON FIRE ALARM

When You Hear the Alarm, Look for the Location in the Daily Mail.

6 Shoe Factory.

12 Corner Westmorland and Aberdeen Streets.

12 Corner Northumberland and Saunders Streets.

14 Corner Brunswick and Smythe Streets.

15 Corner Charlotte and Smythe Streets.

16 Corner George and Northumberland Streets.

17 Corner King and Northumberland Streets.

21 City Hall.

23 Corner York and George Streets.

24 Corner Queen and Westmorland Streets.

25 Corner Brunswick and Westmorland Streets.

26 Corner Charlotte and Westmorland Streets.

27 Corner King and York Streets.

28 Corner Saunders and York Streets.

31 Corner Queen and Regent Streets.

32 Corner Needham and Regent Streets.

33 Corner Queen and Carleton Streets.

36 Corner Charlotte and Carleton Streets.

37 Corner George and Regent Streets.

38 Corner King and Regent Streets.

44 Corner Queen and St. John Streets.

45 Corner Brunswick and St. John Streets.

46 Corner Charlotte and St. John Streets.

51 Corner King and Church Streets.

52 Corner George and Church Streets.

53 Corner Union and Church Streets.

54 Gas House.

55 Intercolonial Railway Station.

56 Lansdowne and Waterloo Row.

OF INTEREST TO WOMEN

QUICKLY MADE INVALID DISHES.

Sudden illness sometimes demands invalid food that can be quickly made. And when a housewife must play the part of nurse, quickly and easily made invalid dishes are again in demand.

Broth.

This is the easiest sort of beef or mutton broth: Put one pound of lean meat through a chopper. Cover it with a pint of cold water and let it stand fifteen minutes. Then boil it slowly for thirty minutes and strain it. Season it and serve it very hot.

Eggs.

Eggs always form a staple of invalid diet. A nicely poached egg is appetizing and nourishing and can be eaten by anyone who is not a strictly liquid diet. If you have only one egg to poach you can do it in a big iron or granite spoon or ladle. Put a little butter in the spoon, melt it and hold the spoon in a saucepan of boiling water. Hold a cover over saucepan so the top of the egg will cook. Serve it on a little round of crustless toast, softened for a moment in the steam. Coddled eggs, too, are easily digested. To make them, have the water boiling hot, put in the eggs, cover them tightly, take from the fire and let them stand six or seven minutes.

Fruits, etc.

Orange whip is appreciated by invalids. Whip the white of an egg stiff and add a little sugar, a little orange pulp and a little orange juice—not enough to thin the egg perceptibly.

Grape juice, orange juice and lemonade can usually be given as beverages to anyone ill. But the doctor's permission should of course be obtained.

Toast tea is thirst quenching to anyone who has a fever, and it is harmless. To make it soak well made (brown but not charred) toast in water for thirty minutes, and then drain off the liquid. Serve it slightly chilled.

This barley water may not seem to be a quickly made dish, but it is easily made, and is ready in the morning if started at night. Wash a tablespoon of pearl barley, add two or three lumps of sugar, the rind of a lemon and the juice of half of one. Pour a quart of boiling water over it, let it stand eight hours—or over night—and strain it.

SEASONABLE RECIPES.

Rice Muffins.

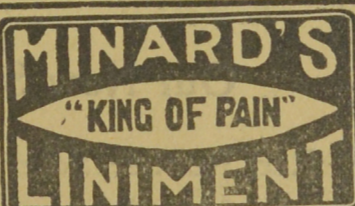
Place in a mixing bowl one egg, two tablespoons of sugar, two tablespoons of shortening, one teaspoon of salt, a cup of milk, one and a half cups of flour, four teaspoons of baking powder, one cup of cold boiled rice. Beat hard to thoroughly mix and then pour in well-greased muffin pans. Bake 20 minutes in a hot oven.

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I was cured of terrible lumbago by

Minard's Liniment
—Rev. Wm. Brown.

I was cured of a bad case of earache by

Minard's Liniment
—Mr. S. Kaubach.

I was cured of sensitive lungs by

Minard's Liniment
—Mrs. S. Masters

Manufactured by the
Minard's Liniment
Yarmouth, N.S.

Keep the Bowels Regular and You Won't be Sick.

If the bowels do not move regularly they will, sooner or later, become constipated, and constipation is productive of more ill-health than almost any other trouble.

The sole cause of constipation is an inactive liver, and unless the liver is kept active, you may be sure that headaches, piles, heartburn, biliousness, jaundice, floating specks before the eyes, and many other troubles will follow the wrong action of this, one of the most important organs of the body.

Milburn's Laxa-Liver Pills will regulate the bowels so that you will have a free and easy motion every day, and one pill a night for thirty days will cure the worst cases of constipation.

They do this by acting directly on the liver and making the bile pass through the bowels instead of allowing it to get into the blood, thus causing many stomach and bowel troubles.

Mrs. Jos. Labrec, Louise Apts., Calgary, Alta., writes:—"I have been troubled with constipation for the last two years. I have tried numerous treatments, but have never been relieved by anything until I used Milburn's Laxa-Liver Pills which are helping me wonderfully."

We do not claim that Milburn's Laxa-Liver Pills are a "cure-all," but we do claim that there is nothing better for a sluggish liver.

Price 25c. a vial at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

quarter cups of milk.

Beat hard to mix and then pour into well greased square pans. Bake for thirty-five minutes in a hot oven.

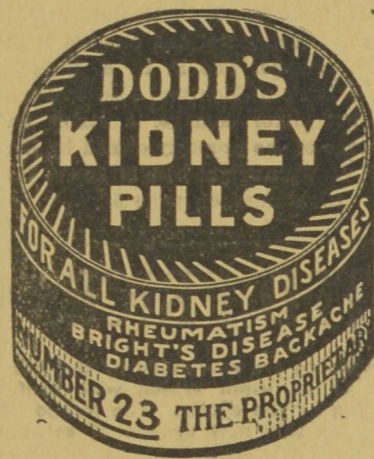
A FAMOUS COW.

President Hill of the Great Northern Railway has over his desk in his private office a picture of a cow.

"It is the only common cow that has ever been killed on our tracks," explains Mr. Hill. "A large number have been killed and we have always found when we came to adjust the loss that the animals were full blooded prize winners. This cow happened to belong to an honest Swede, who when the claims agent asked him what he valued her at, answered: 'Vel, ah tank she ban vor' about \$37."

Hopping off in the language of ocean flights, means starting on one leg.

With a patience for disagreeable weather and a soul for the sunshiny variety man ought to be happy all the time.



WANTS HUNS TO BE WILLING

London, May 30.—A letter signed by Earl Loreburn, Baron Buckmaster, Baron Southwark, Earl Beauchamp, Baron Parmoor and a number of other publicists has been sent to Premier Lloyd George and President Wilson urging that German appeal for modification of the peace terms should be considered impartially and sympathetically with a desire to meet them wherever possible.

"We believe," the letter says, "that peace willingly signed by the German government as representative of the German people is one of infinitely greater value than one forced on them by threats of famine and a far better foundation for the new world order to which we look forward."

'New Brunswick Grown'

Orders should now be placed for early May delivery. We make a specialty of **Apple Trees, Shrubs, Hedging, Roses and Strawberry Plants.** Experts have pronounced our apple trees excellent, comprising the leading varieties, including Mackintosh Red, Fameuse, Wealthy, Dudley and Bethel. This season's stock will soon be exhausted. Write for terms. Discount for cash with order. Mail orders solicited.

ST. JOHN VALLEY NURSERY BURTON, N. B.

CANADIAN PACIFIC

New All Sleeping-Car Trains

MONTREAL--TORONTO--VANCOUVER

SAVING A BUSINESS DAY EACH WAY ON
TRANSCONTINENTAL TRAINS

Daily — Commencing Sunday, June 1st, 1919.

SCHEDULE — Lv. St. John, 4.50 p. m., say Sat.
Ar. Montreal, 8.30 a. m., Sunday
Lv. Montreal, 3.30 p. m., Sunday
Ar. Vancouver, 10.00 a. m. Thursday

CONSIST — Diner, Standard and Compartment Observation Cars.

NO COACH PASSENGERS CARRIED, except a limited number of Parlor Car Passengers to Montreal or Ottawa.

NOTE — Open Top Observation Cars on rear of train between Kamloops and Field, July 1st to September 30th. **NO CINDERS —** Oil Burning Engines.

This Service in addition to Regular Transcontinental Trains carrying Coaches, Standard Sleepers, etc.

For Full Particulars of this Service communicate with
N. R. DesBRISAY, District Passenger Agent, St. John, N. B.

Have Your Job Work Done at Home

The Mail now has every facility for turning out High Class Job Printing Work, and there is no longer any reason why manufacturers, merchants and others should send their orders out of town.

Give Us a Trial Order and be Convinced.

We have a new office and up-to-date machinery, all run by electric power, and can turn out work promptly and efficiently.

If You have a Job of Printing, Call Up
No. 67. We will do the Rest.

The Mail Printing Company

327-329 Queen Street (Up Town)